

# How to use your rapid lateral flow test

Remember to **always read the instructions** that come with the test kit

	COVID-19 Self-Test (Rapid Antigen Test)	ACON Flowflex
<p><b>Swabbing process</b></p>	<p>4 times each tonsil, 10 circles, 1 nostril</p>	<p>3 circles, 1 nostril</p>
<p><b>Swab in tube</b></p>	15 secs	30 secs + rotate 5 times
<p><b>Resting time</b></p>	None	None
<p><b>Drops on device</b></p>	2	4
<p><b>Wait time</b></p>	<p><b>IMPORTANT</b></p> <p>Do not leave the test to develop for <b>longer than 30 minutes</b> as this will make the result void.</p>	<p><b>IMPORTANT</b></p> <p>Wait for <b>15 minutes</b> to read the result. <b>Do not read</b> the result <b>after 30 minutes</b>.</p>

**You've only completed your test once you've reported the result**

## Report your result

Scan the QR code or type in <https://www.gov.uk/report-covid19-result> to get to the reporting page

Report **all** results whether they are **positive**, **negative** or **void**

**You will need:**

- the code on the test cassette
- your organisation's unique organisation number



Your **Organisation Number (UON)** is .....