



Department
for Education

Experiences of Relationships and Sex Education, and sexual risk-taking

Young people's views from LSYPE2

Appendices

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Appendices

All findings are based on the Longitudinal Study of Young People in England 2.

The full methodology of this analysis including details of statistical tests and an introduction to the LSYPE2 study can be found in the main research report.

Appendix A

The following 11 survey questions were used in wave 6 of LSYPE2 to form the basis of the findings discussed in the research brief.

1. First of all we would like to ask where you learnt about sexual matters. Would you say you learnt about them at all from...?
2. Did you also learn about sexual matters at all from...?
3. Thinking back to when you were at school, when did you receive Sex and Relationships Education?
4. How useful was the Sex and Relationships Education you received at school in preparing you for adult life and your own relationships?
5. Have you ever had sexual intercourse with someone?
6. How old were you when you first had sexual intercourse?
7. Which of these precautions or forms of contraception do you use most regularly?
8. Which other precautions or forms of contraception do you use most regularly?
9. Have you ever had sex without using precautions or contraception? Please do not include any times when you might have been trying for a baby.
10. Have you ever contracted a sexually transmitted infection (such as Chlamydia, gonorrhoea or genital warts)?
11. Did you receive treatment for it?

Table 1: Did you learn about sexual matters at all from?

	Lessons at school %	Friends %	The internet %	Parents, siblings and other family members %	Sexual Partners %	Unweighted base
Total	83.7 (+/- 1.0)	70.6 (+/- 1.2)	54.2 (+/- 1.3)	44.9 (+/- 1.3)	44.4 (+/- 1.3)	6825
Heterosexual / straight	84.7 (+/- 1.0)	70.8 (+/- 1.3)	52.5 (+/- 1.4)	44.9 (+/- 1.4)	44.5 (+/- 1.4)	6082
Gay / lesbian	69.9 (+/- 7.6)	72.9 (+/- 7.4)	72 (+/- 7.4)	38.7 (+/- 8.1)	42 (+/- 8.2)	181
Bisexual	75.3 (+/- 4.6)	71.9 (+/- 4.8)	68.3 (+/- 5.0)	48.1 (+/- 5.3)	48.5 (+/- 5.3)	441
Other	83.1 (+/- 9.2)	59.3 (+/- 11.8)	68.2 (+/- 11.3)	49.4 (+/- 12.0)	29.8 (+/- 11.2)	87
Main parent non-religious	-	-	-	49.3 (+/- 2.5)	-	1954
Main parent religious	-	-	-	41.2 (+/- 2.0)	-	5247

Source: Longitudinal Study of Young People in England: cohort 2, wave 6.

‘-’ values either unavailable, or use different measurements, and are thus not comparable to other cohorts.

Table 2: If young people learnt about sexual matters from parents or school

	<i>Both school and parents</i> %	<i>Either school or parents</i> %	<i>No reputable sources</i> %	Unweighted base
Total	38.8 (+/- 1.3)	51.0 (+/- 1.4)	10.2 (+/- 0.8)	6809
Heterosexual / straight	39.0 (+/- 1.4)	51.7 (+/- 1.4)	9.3 (+/- 0.8)	6071
Gay / lesbian	31.9 (+/- 7.7)	44.5 (+/- 8.2)	23.6 (+/- 7.0)	182
Bisexual	39.5 (+/- 5.2)	44.4 (+/- 5.3)	16.1 (+/- 3.9)	441
Other	43.4 (+/- 12.2)	44.6 (+/- 12.2)	12.0 (+/- 8.0)	83

Source: Longitudinal Study of Young People in England: cohort 2, wave 6.

Table 3: Stage of school young people received SRE by their sexual risk-taking behaviours

	In primary school %	In secondary school %	In both primary and secondary school %	I didn't have any SRE at school %	Unweighted base
Total who received SRE at each stage	12.6 (+/- 0.9)	35.3 (+/- 1.3)	48.6 (+/- 1.3)	3.5 (+/- 0.5)	6848
Young people who had sex before the age of 16	29.7 (n=173) (+/- 4.2)	23.1 (n=362) (+/- 2.4)	24.2 (n=536) (+/- 2.0)	35.2 (n=56) (+/- 8.7)	4526
Sexually active young people who had had sex without using precautions or contraception	49.2 (n=298) (+/- 4.5)	41 (n=665) (+/- 2.7)	44.2 (n=1005) (+/- 2.3)	56.9 (n=91) (+/- 8.7)	4659
Young people who had contracted an STI	5.3 (n=32) (+/- 2.0)	4 (n=65) (+/- 1.1)	3.5 (n=80) (+/- 0.9)	9.8 (n=16) (+/- 5.2)	4673

Source: Longitudinal Study of Young People in England: cohort 2, wave 6.

Table 4: Thinking back to when you were at school, when did you receive Sex and Relationships Education¹?

	% who only received SRE in primary school	% who only received SRE in secondary school	% who received SRE in both primary and secondary	% of young people who did not receive any SRE in school	Unweighted base
Total	12.6 (+/- 0.9)	35.3 (+/- 1.3)	48.6 (+/- 1.3)	3.5 (+/- 0.5)	6848
Male	12.7 (+/- 1.3)	36.7 (+/- 1.8)	47.3 (+/- 1.9)	3.3 (+/- 0.7)	3473
Female	12.7 (+/- 1.3)	33.9 (+/- 1.8)	49.9 (+/- 1.9)	3.6 (+/- 0.7)	3331
Non-disabled	12.4 (+/- 1.0)	36.1 (+/- 1.4)	48.4 (+/- 1.5)	3.1 (+/- 0.5)	5728
Disabled	14.7 (+/- 2.5)	30.6 (+/- 3.2)	49.7 (+/- 3.5)	5.0 (+/- 1.5)	1040
Heterosexual / straight	12.6 (+/- 0.9)	35.9 (+/- 1.4)	48.2 (+/- 1.4)	3.2 (+/- 0.5)	6104
Gay / lesbian	15.4 (+/- 6.0)	29.1 (+/- 7.5)	47.8 (+/- 8.3)	7.7 (+/- 4.4)	182
Bisexual	13.0 (+/- 3.6)	30.9 (+/- 4.9)	52.5 (+/- 5.3)	3.6 (+/- 2.0)	440
Other	8.2 (+/- 6.7)	28.2 (+/- 10.9)	55.3 (+/- 12.1)	8.2 (+/- 6.7)	85
Non-FSM eligible	11.9 (+/- 1.1)	33.4 (+/- 1.6)	51.6 (+/- 1.7)	3.1 (+/- 0.6)	4244
FSM eligible	14.6 (+/- 1.8)	38.9 (+/- 2.5)	42.1 (+/- 2.5)	4.3 (+/- 1.0)	1891

Main parent non-religious	12.0 (+/- 1.6)	34.6 (+/- 2.4)	50.5 (+/- 2.5)	3.0 (+/- 0.9)	1963
Main parent Christian	13.0 (+/- 1.2)	34.6 (+/- 1.7)	48.6 (+/- 1.8)	3.8 (+/- 0.7)	4030
Main parent minority religious	12.7 (+/- 2.6)	40.6 (+/- 3.9)	43.3 (+/- 3.9)	3.4 (+/- 1.4)	808
In London	16.3 (+/- 2.8)	31.7 (+/- 3.5)	49.6 (+/- 3.8)	2.4 (+/- 1.2)	849
In the rest of England	12.5 (+/- 1.0)	35.4 (+/- 1.4)	48.3 (+/- 1.5)	3.8 (+/- 0.6)	5511

Source: Longitudinal Study of Young People in England: cohort 2, wave 6.

¹ The curriculum now refers to the subject as “Relationships and Sex Education”, but it was referred to as worded in the 2018 wave 6 questionnaire.

Table 5: How useful was the Sex and Relationships Education you received at school in preparing you for adult life and your own relationships?

	Very useful %	Fairly useful %	Slightly useful %	Not at all useful %	Unweighted base
Total	11.4 (+/- 0.9)	37.3 (+/- 1.3)	32.4 (+/- 1.3)	18.8 (+/- 1.1)	6598
Heterosexual / straight	11.6 (+/- 0.9)	38.5 (+/- 1.4)	32 (+/- 1.4)	17.9 (+/- 1.1)	5894
Gay / lesbian	6.6 (+/- 4.3)	22.2 (+/- 7.2)	36.5 (+/- 8.3)	34.7 (+/- 8.2)	167
Bisexual	10.1 (+/- 3.3)	29 (+/- 4.9)	36.3 (+/- 5.2)	24.6 (+/- 2.2)	427
Other	11.5 (+/- 8.1)	34.6 (+/- 12.0)	34.6 (+/- 12.0)	19.2 (+/- 10.0)	78
Disabled	12.3 (+/- 2.3)	31 (+/- 3.3)	32.7 (+/- 3.3)	23.9 (+/- 3.0)	990
Non-disabled	11.3 (+/- 1.0)	38.6 (+/- 1.5)	32.4 (+/- 1.4)	18.7 (+/- 1.1)	5536
Main parent non-religious	12.4 (+/- 1.7)	35.1 (+/- 2.4)	32.6 (+/- 2.4)	19.9 (+/- 2.0)	1900
Main parent Christian	9.8 (+/- 1.1)	37.6 (+/- 1.7)	33.5 (+/- 1.7)	19.1 (+/- 1.4)	3875
Main parent minority religious	16.5 (+/- 3.0)	41.4 (+/- 4.0)	26.5 (+/- 3.5)	15.6 (+/- 2.9)	776
FSM-eligible	14.7 (+/- 1.9)	37.8 (+/- 2.6)	28.8 (+/- 2.4)	18.7 (+/- 2.1)	1801
Non-FSM-eligible	10.0 (+/- 1.0)	37.6 (+/- 1.7)	33.8 (+/- 1.6)	18.6 (+/- 1.4)	4114

From London	14.8 (+/- 2.7)	38.9 (+/- 3.8)	28.3 (+/- 3.5)	17.9 (+/- 3.0)	836
From the rest of England	11.1 (+/- 1.0)	37.4 (+/- 1.5)	32.8 (+/- 1.4)	18.7 (+/- 1.2)	5294
Binge drinking	9 (+/- 1.0)	33.2 (+/- 1.7)	36.3 (+/- 1.7)	21.5 (+/- 1.5)	3788
Non-binge drinking	12.6 (+/- 1.8)	43.6 (+/- 2.7)	29.4 (+/- 2.5)	14.4 (+/- 1.9)	1723
Male*	12.2 (+/- 1.3)	38.5 (+/- 1.9)	30.9 (+/- 1.8)	18.4 (+/- 1.5)	3348
Female*	10.4 (+/- 1.2)	36.2 (+/- 1.9)	34.1 (+/- 1.9)	19.3 (+/- 1.6)	3212

Source: Longitudinal Study of Young People in England: cohort 2, wave 6.

*Gender differences not summarised in body of report as there was no significant difference between males and females in perceptions of usefulness of SRE.

Table 6: Which, if any, of these things have you discussed as part of any lessons at school?

	Sexually transmitted diseases %	Using condoms/the pill %	How to say no to sex %	Gay/lesbian relationships %	Relationships %	None of these %	Unweighted base
Total	80.5 (+/- 1.1)	79.4 (+/- 1.1)	58.6 (+/- 1.3)	51.1 (+/- 1.4)	73.6 (+/- 1.3)	7.4 (+/- 0.7)	6803
SRE was 'Very useful'	79.9 (+/- 3.3)	78.9 (+/- 3.3)	61.6 (+/- 4.0)	58.1 (+/- 4.0)	81.5 (+/- 3.3)	5.9 (+/- 1.9)	744
SRE was 'Fairly useful'	82.6 (+/- 1.7)	81.6 (+/- 1.8)	63.7 (+/- 2.2)	55.9 (+/- 2.3)	79.7 (+/- 1.9)	5.6 (+/- 1.0)	2425
SRE was 'Slightly useful'	84.6 (+/- 1.8)	84.1 (+/- 1.8)	60.4 (+/- 2.4)	49.4 (+/- 2.4)	73.9 (+/- 2.2)	5.1 (+/- 1.1)	2101
SRE was 'not at all useful'	75.8 (+/- 2.7)	73.3 (+/- 2.8)	49.1 (+/- 3.2)	44.1 (+/- 3.2)	62.6 (+/- 3.2)	11.7 (+/- 2.1)	1227
Disabled	78.7 (+/- 2.8)	78.4 (+/- 2.9)	54.9 (+/- 3.5)	45.5 (+/- 3.5)	70.6 (+/- 3.3)	7.9 (+/- 1.9)	1034
Non-disabled	80.8 (+/- 1.2)	79.4 (+/- 1.2)	59.1 (+/- 1.5)	52.1 (+/- 1.5)	74.1 (+/- 1.4)	7.3 (+/- 0.8)	5691
Male	80.1 (+/- 1.5)	79.1 (+/- 1.5)	58.6 (+/- 1.9)	51.3 (+/- 1.9)	71.8 (+/- 1.8)	7.3 (+/- 1.0)	3459
Female	80.9 (+/- 1.5)	79.6 (+/- 1.6)	58.5 (+/- 1.9)	50.7 (+/- 1.9)	75.5 (+/- 1.7)	7.5 (+/- 1.0)	3308

London	75.7 (+/- 3.3)	74.3 (+/- 3.3)	51.4 (+/- 3.8)	53.0 (+/- 3.8)	72.2 (+/- 3.6)	10.3 (+/- 2.3)	853
The Rest of England	80.6 (+/- 1.2)	79.7 (+/- 1.2)	59.5 (+/- 1.5)	51.6 (+/- 1.5)	74.3 (+/- 1.4)	7.0 (+/- 0.8)	5474
Non-FSM eligible	84.0 (+/- 1.3)	82.9 (+/- 1.3)	60.8 (+/- 1.7)	53.0 (+/- 1.7)	75.8 (+/- 1.5)	5.9 (+/- 0.8)	4246
FSM eligible	71.9 (+/- 2.3)	71.0 (+/- 2.3)	54.1 (+/- 2.6)	49.5 (+/- 2.6)	70.7 (+/- 2.4)	10.6 (+/- 1.6)	961

Source: Longitudinal Study of Young People in England: cohort 2, waves 3 and 6.

Table 7: Have you ever had sexual intercourse with someone?

	2009			2018		
	Yes	No	Unweighted based	Yes	No	Unweighted base
Total	83.3 (+/- 0.9)	16.7 (+/- 0.9)	8952	69.6 (+/- 1.2)	30.4 (+/- 1.2)	6782

Source: Longitudinal Study of Young People in England: cohort 1 and 2, wave 6.

Table 8: How old were you when you first had sexual intercourse (for those who are sexually active)?

	2009			2018		
	Before age 16 %	16 or later %	Unweighted based	Before age 16 %	16 or later %	Unweighted base
Total	34.4 (+/- 1.3)	65.6 (+/- 1.3)	7088	24.9 (+/- 1.4)	75.1 (+/- 1.4)	4547
Disabled	35.5 (+/- 4.8)	64.5 (+/- 4.8)	488	33.9 (+/- 4.0)	66.1 (+/- 4.0)	690
Non-disabled	34.4 (+/- 1.3)	65.6 (+/- 1.3)	6542	23.4 (+/- 1.5)	76.6 (+/- 1.5)	3819
FSM-eligible	-	-	-	30.8 (+/- 3.0)	69.2 (+/- 3.0)	1175
Non-FSM-eligible	-	-	-	23.3 (+/- 1.8)	76.7 (+/- 1.8)	2884
Binge drinking	35.2 (+/- 1.3)	64.8 (+/- 1.3)	6307	27.4 (+/- 1.8)	72.6 (+/- 1.8)	3122
Non-binge drinking	25.7 (+/- 4.6)	74.3 (+/- 4.6)	456	18.8 (+/- 2.6)	81.2 (+/- 2.6)	1104

Source: Longitudinal Study of Young People in England: cohort 1, wave 6 and cohort 2, wave 6.

'-' values either unavailable, or use different measurements, and are thus not comparable to other cohorts.

Table 9: Have you ever had sex without using precautions or contraception (for those who are sexually active)?

	2009			2018		
	Yes %	No %	Unweighted base	Yes %	No %	Unweighted base
Total	46.9 (+/- 1.3)	53.1 (+/- 1.3)	7399	44.1 (+/- 1.6)	55.9 (+/- 1.6)	4685
Heterosexual / straight	33.8 (+/- 1.3)	-	-	43.5 (+/- 1.7)	56.5 (+/- 1.7)	4180
Gay / lesbian	42.6 (+/- 10.3)	-	-	58.7 (+/- 9.8)	41.3 (+/- 9.8)	126
Bisexual	40.4 (+/- 9.1)	-	-	48.3 (+/- 6.1)	51.7 (+/- 6.1)	331
Other	33.3 (+/- 30.4)	-	-	39.5 (+/- 17.7)	60.5 (+/- 17.7)	38
YP who identify with gender assigned at birth	-	-		44.0 (+/- 1.6)	56.0 (+/- 1.6)	4626
YP who do not identify with gender assigned at birth	-	-		67.7 (+/- 18.8)	32.3 (+/- 18.8)	31
Drug-using	-	-	-	65.7 (+/- 3.7)	34.3 (+/- 3.7)	827
Non-drug using	-	-	-	39.3 (+/- 1.8)	60.7 (+/- 1.8)	3835

Source: Longitudinal Study of Young People in England: cohort 1, wave 6 and cohort 2, wave 6.

‘-’ values either unavailable, or use different measurements, and are thus not comparable to other cohorts.

Table 10: How often would you say you have sex without using precautions or contraception (for those who are sexually active)?

	2009					
	Rarely %	Less than half the time %	Around half the time %	Most times %	Always %	Unweighted base
Total	62.3 (+/- 1.9)	11.6 (+/- 1.2)	9.1 (+/- 1.1)	12.0 (+/- 1.2)	5.0 (+/- 0.8)	3399
	2018					
	Rarely %	Less than half the time %	Around half the time %	Most times %	Always %	Unweighted base
Total	51.5 (+/- 2.5)	13.4 (+/- 1.7)	11.9 (+/- 1.6)	15.2 (+/- 1.8)	8.0 (+/- 1.3)	2052
Male	47.5 (+/- 3.5)	14.0 (+/- 2.4)	12.9 (+/- 2.3)	18.4 (+/- 2.7)	7.3 (+/- 1.8)	1045
Female	55.7 (+/- 3.5)	13.0 (+/- 2.4)	10.8 (+/- 2.2)	11.6 (+/- 2.3)	8.8 (+/- 2.0)	998
Heterosexual / straight	52.1 (+/- 2.6)	13.6 (+/- 1.8)	12.2 (+/- 1.7)	15.1 (+/- 1.9)	7.0 (+/- 1.3)	1804
Gay / lesbian	29.3 (+/- 11.7)	8.0 (+/- 7.0)	8.0 (+/- 7.0)	25.3 (+/- 11.2)	29.3 (+/- 11.7)	75
Bisexual	56.3 (+/- 8.8)	13.9 (+/- 6.2)	11.4 (+/- 5.7)	10.1 (+/- 5.4)	8.2 (+/- 4.9)	158
Other	38.5 (+/- 30.2)	15.4 (+/- 22.4)	0	38.5 (+/- 30.2)	7.7 (+/- 16.5)	13

Source: Longitudinal Study of Young People in England: cohort 1 and 2, wave 6.

Table 11: Which precautions or forms of contraception do you use most regularly?

Contraception type	2009		2018	
	%	Unweighted base	%	Unweighted base
Condom	79.6 (+/- 1.1)	7326	68.4 (+/- 1.5)	4700
The Pill	60.9 (+/- 1.3)	6956	58.5 (+/- 1.6)	4690
Emergency contraception	12.7 (+/- 0.9)	6784	12.9 (+/- 1.1)	4678
Other	10.3 (+/- 0.8)	6993	14.9 (+/- 1.2)	4684

Source: Longitudinal Study of Young People in England: cohort 1, wave 6 and cohort 2, wave 6.

Table 12: Have you ever contracted a sexually transmitted infection (for those who are sexually active)?

	2009			2018		
	Yes %	No %	Unweighted base	Yes %	No %	Unweighted base
Total	5.1 (+/- 0.6)	94.9 (+/- 0.6)	7347	4.2 (+/- 0.7)	95.8 (+/- 0.7)	4698
Heterosexual / straight	-	-	-	3.9 (+/- 0.7)	96.1 (+/- 0.7)	4190
Gay / lesbian	-	-	-	8.6 (+/- 5.5)	91.4 (+/- 5.5)	128
Bisexual	-	-	-	5.7 (+/- 2.8)	94.3 (+/- 2.8)	332
Other	-	-	-	7.5 (+/- 9.3)	92.5 (+/- 9.3)	40
Binge-drinking	5.3 (+/- 0.6)	94.7 (+/- 0.6)	6526	4.8 (+/- 0.8)	95.2 (+/- 0.8)	3191
Non-binge-drinking	2.5 (+/- 1.6)	97.5 (+/- 1.6)	472	2.6 (+/- 1.0)	97.4 (+/- 1.0)	1158
Male	3.4 (+/- 0.7)	96.6 (+/- 0.7)	3703	2.5 (+/- 0.7)	97.5 (+/- 0.7)	2344
Female	6.9 (+/- 0.9)	93.1 (+/- 0.9)	3643	5.9 (+/- 1.1)	94.1 (+/- 1.1)	2333

Source: Longitudinal Study of Young People in England: cohort 1, wave 6 and cohort 2, wave 6.

'-' values either unavailable, or use different measurements, and are thus not comparable to other cohorts.

Table 13: Association of wellbeing to sexual risk-taking behaviours

	% of all people who had sex before the legal age of consent	% of sexually active who had sex without using precautions or contraception	% who contracted an STI	Unweighted base
Lower psychological distress at age 14/15	20.5% (+/- 1.8)	-	-	3663
Higher psychological distress at age 14/15	32.8% (+/- 3.4)	-	-	1273
<i>Did</i> experience high psychological distress between ages 16 and 19	-	48.6* (+/- 2.2)	5.4** (+/- 1.0%)	* 2640 ** 2646
<i>Did not</i> experience high psychological distress between ages 16 and 19	-	38.3* (+/- 2.4)	2.6** (+/- 0.8)	* 2032 ** 2041

Source: Longitudinal Study of Young People in England: cohort 2, waves 2, 4, 5 and 6. This analysis only included those who had reported sexual activity before the age of 19/20.

'-' values either unavailable, or use different measurements, and are thus not comparable to other cohorts.



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