

[REDACTED]

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**From:** [REDACTED]  
**Sent:** 08 January 2015 17:12  
**To:** [REDACTED]  
**Cc:** [REDACTED]  
**Subject:** Finasteride and Suicidal Ideation  
**Attachments:** Finasteride and suicidal ideation.xls; Finasteride EPITT form Final Draft.doc

**Categories:** requested, Red Category

Hi [REDACTED]

Please find attached all the cases for finasteride and suicidal ideation. We have 13 UK cases and 58 non-UK cases.

Of the 13 UK cases, 12 are associated with Propecia and 1 with Proscar (Highlighted red).

The outcomes for suicidal ideation for the UK cases are:

Unknown:6  
Recovered: 1  
Recovering: 1  
Not recovered: 5

Onset times are often unclear for when suicidal ideation starts exactly but 5 cases report symptoms from 2 weeks to within a year.

One case reports suicidal ideation only, 10 of the cases are associated with sexual dysfunction/ erectile dysfunction etc. 5 of the 13 cases also report depression as a reaction, 2 report suicide attempt and 1 suicidal behaviour. 2 UK cases report antidepressants as concomitant medication but it is unclear from the case whether these are treatment or concurrent medications.

I've also attached the foreign cases, from a brief assessment they seem to be quite confusing as indications and doses do not match up e.g indication alopecia, 5mg dose. Some cases also report Propecia and Proscar together as suspect drugs. I highlighted one case red in the foreign tab which is confounded by isotretinoin as a co-suspect. The majority of the cases are from the US which also contain some litigation cases.

Depressed mood is listed for Propecia & Depression is listed for Proscar. I think it is potentially difficult to determine if suicidal ideation is secondary to all the other "finasteride syndrome" side effects, however I still think it is important to consider in relation to how severe the other reactions are affecting the patients.

Let me know if you need anything else or if you would like to discuss.

Thanks,

[REDACTED]