

Appendix F: Questions for Intake24 for NDNS follow up

Food source questions

Asked after each meal

“Where was **most** of the food for this meal purchased or obtained from?”

- *Supermarket /convenience store/ corner shop/ petrol station – household shopping*
- *Supermarket / convenience store/ corner shop / petrol station – food on the go*
- *Fast food/ take-away*
- *Café/coffee shop/sandwich bar/deli*
- *Sit-down restaurant or pub*
- *Canteen at work or school/university/college*
- *Burger, chip or kebab van/’street food’*
- *Food charity/food bank*
- *Government or local authority food scheme e.g. food boxes/parcels*
- *Leisure centre/recreation or entertainment venue*
- *Vending machine in any location*
- *Other place (please specify)*
- *Don’t know*

Self-isolating/shielding questions

Asked at end of each recall

Do any of the following **currently** apply to you (tick all that apply):

- *self isolating at home due to you or a member of your household having COVID-19 symptoms*
- *self isolating at home due to you or a member of your household having a positive or pending coronavirus test result*
- *shielding or isolating due to vulnerability such as age or health conditions*

Infrequently consumed foods

Asked once at end of recall 1

In the last month, on how many days did you eat **fresh, tinned or frozen oily fish** such as salmon, sardines, mackerel, kippers, anchovies, pilchards, trout? Include oily fish eaten in stews, pies and other dishes. Do NOT include tuna.

If you did not eat in last month please enter 0

[ENTER number of days – range 0 and 31]

In the last month, on how many days did you eat **any type of fish**? This includes white fish such as cod, haddock, plaice, fresh or canned tuna and any shellfish such as prawns or mussels. Include any oily fish that you might have mentioned in the question before. Include stews, pies and other dishes containing fish.

If you did not eat in last month please enter 0

In the last month, on how many days did you eat **white meat** such as chicken and turkey?

Include stews, pies and other dishes containing white meat.

If you did not eat in last month please enter 0

In the last month, on how many days did you drink **100% fruit juice** such as apple or orange juice?

(Do NOT include juice drinks with other ingredients such as water, sugar or sweetener e.g. Fruit Shoot, Capri Sun, J20)

If you did not eat in last month please enter 0

In the last month on how many days did you drink **sugar sweetened soft drinks** such as squashes, cordials, energy drinks, cola, lemonade?

Do NOT include low calorie/sugar free/no added sugar varieties

If you did not eat in last month please enter 0