Total energy intake (kcal/day)


Sodium intake (mg/day)


Total fat intake (g/day)


Total fat intake (\% TE)


Free sugars (g/day)


Free sugars (\% TE)


Saturated fatty acids (g/day)


Saturated fatty acids (\% TE)


Fibre (g/day)


Total meat (g/day)


Total F+V portions (portions/day) 11+yrs


Total F+V (g/day)


Total fish (g/day)


Riboflavin (mg/day)


Riboflavin plus supps (mg/day)


Folate ( $\mu \mathrm{g} / \mathrm{day}$ )


Folate plus supps ( $\mu \mathrm{g} / \mathrm{day}$ )


Vitamin A ( $\mu \mathrm{g} / \mathrm{day}$ )


Vitamin A plus supps ( $\mu \mathrm{g} / \mathrm{day}$ )


Vitamin B12 ( $\mu \mathrm{g} / \mathrm{day}$ )


Vitamin B12 plus supps ( $\mu \mathrm{g} /$ day)


Vitamin C (mg/day)


Vitamin C plus supps (mg/day)


Vitamin D ( $\mu \mathrm{g} / \mathrm{day}$ )


Vitamin D plus supps ( $\mu \mathrm{g} / \mathrm{day}$ )


