Background Quality Report Continuous Working Patterns (CWP) Survey

September 2021

1. Introduction

1.1 Overview

The Continuous Working Patterns (CWP) Survey is a seven-day diary completed by trained, UK regular personnel to record the number of hours spent at work, on call, on breaks and off duty. The CWP report is produced annually and contains information about the working patterns of trained, UK regular personnel over the last seven years, with comparisons made between the current survey and the previous surveys.

1.2 Background and context

The Chief of Defence People (CDP) sponsors the survey under a remit from the Armed Forces Pay Review Body (AFPRB), which provides advice to the Prime Minister and the Secretary of State for Defence on the remuneration and charges for members of the UK Armed Forces.

Defence Statistics have been providing the AFPRB with information about the working patterns of trained, regular UK Armed Forces personnel since 1987/88. Since 1987/88, a number of changes have been made to the survey. For example, prior to 1995/96 the survey excluded Officers, and prior to 1996/97, Royal Marines were excluded. The locations for the Army and RAF have changed over the years depending on where trained, UK regular personnel have been stationed or deployed. The analysis methodology has also changed, moving from substitution to calculating a notional week, based upon the average Monday, the average Tuesday,, the average Sunday.

1.3 Methodology and production

Stage 1: Questionnaire design

Single Service questionnaires are used for the Royal Navy (Royal Navy and Royal Marines), the Army and RAF. All three single Service questionnaires contain a seven-day diary, with each day divided into four periods of six hours. Respondents are asked to record the number of hours they spend at work, on breaks, on call and off duty for all four periods of each day. Guidance on how different activities should be recorded are provided.

CWP 2020/21 questionnaires are published as a separate document and can be found on the <u>CWP</u> webpage.

Stage 2: Sample

The target population was regular members of the UK Armed Forces who were full time, trained strength. It excluded untrained personnel, those on long term absence, Special Forces, Gurkhas, reservists and personnel ranked above OF6. There were a number of other minor exclusions arising from the practicalities of running the survey e.g. those with invalid address data. Address data for personnel in the sample were obtained from the Joint Personnel Administration System (JPA). CWP is designed as a stratified sample survey. Stratification is by:

- Service: Royal Navy, Army and RAF.
- Rank group: Senior Officers (OF3 to OF6), Junior Officers (OF1 to OF2), Senior Ranks/Rates (OR6 to OR9) and Junior Ranks/Rates (OR1 to OR4).
- Broad location:
 - Royal Navy: sea and shore.
 - Army: United Kingdom, Germany, overseas Operations and elsewhere abroad.
 - RAF: United Kingdom, overseas Operations and elsewhere abroad.

Stage 3: Distribution

This survey is conducted using paper and, for the first time this year, online questionnaires. Paper questionnaires are packed by an external contractor and dispatched via the British Forces Post Office, RAF Northolt. An online survey, which is an equivalent of the paper questionnaire, was introduced towards the end of paper questionnaire data collection stage in May 2021. The online survey was distributed to those individuals in the sample who had not yet returned a paper questionnaire by that time. Lime survey is the platform used for distributing online survey.

Since 2018/19, when a unit or location had a large enough sample, the questionnaires are batched and when possible sent to a named point of contact. Prior to 2018/19, questionnaires were distributed in batches labelled for the Commanding Officer.

The CWP Survey 2020/21 was distributed to 19,102 personnel. A response is considered valid if at least one day within the seven-day diary is useable. 2,534 of the returned surveys were considered valid, which equated to a response rate of 13%. Of these valid surveys, 1,937 responses were paper survey returns. The introduction of the online survey has helped improve the response rate from 9% in 2019/20 to 13% this year.

Paper questionnaires are sent out in two waves, the first in November and the second in the following March, allowing responses to be collected between November and June 2021. The online questionnaire was launched on 10th May 2021 and closed on 14th June. This year, the survey was in field during a time of national restrictions, imposed as result of the COVID-19 pandemic. Please see 3.1 Impact of COVID-19 and 3.2 Addition of online survey for more details.

Stage 4: Analysis

Many respondents returned questionnaires which included leave days or days that had to be discarded because of inconsistent or missing data. If analysis was restricted to only those questionnaires that cover a full working week, results would be based on much less data and confidence intervals would be considerably wider. Therefore, the methodology used is based upon a 'notional' week made up of the average Monday, the average Tuesday,, the average Sunday. By calculating the average working hours separately for each day, as much of the data as possible is used.

The sample design and the difference in non-response between single Services, rank groups and broad locations mean that the distribution of characteristics of respondents do not reflect their distribution in the trained, regular, UK Armed Forces. This means that some types of personnel were over-represented and others underrepresented in the data. The survey data are weighted by single Service, rank group and broad location to ensure that the respondent profile matched the known population profile by these characteristics. The weights are calculated simply by dividing the population size within each weighting class (p) by the number of responses within the same weighting class (r). Weighting in this way assumes missing data are missing at random (MAR) only within strata. This means we assume that within a single strata, the working patterns of non-respondents are similar (on average) to the working patterns of respondents. If trained, regular UK Armed Forces personnel who did not respond to the CWP survey have different working patterns to those who did, than the CWP survey results will be biased.

Non-response that is directly related to individual working patterns will lead to bias within the survey results. For example, those busiest and hence working longer hours may be less likely to complete the survey.

In order to detect any statistical differences in working patterns between the current year and the previous year, a series of z-tests were conducted with an alpha level of 5%. A statistically significant difference means there is a less than 5% probability that the difference is the result of chance alone. If a statistical difference is found, it means that the difference between years is unlikely to be the result of random variation and is therefore indicative of a genuine change in hours spent at work, on duty or on call. It does not mean that the change is necessarily large or substantively "important". It is important to note that the absence of a statistically significant difference between years does not necessarily mean that no difference is expected to exist between populations. Simply that, given the

number of respondents, the detected difference is too small for us to be confident that a difference of this size could not have arisen due to chance variation in the survey process.

2. Relevance

The principal users of CWP are the Chief of Defence People (CDP) policy team, who sponsor the survey, and the Armed Forces Pay Review Body (AFPRB). The AFPRB uses the information about the working patterns of Service personnel in CWP when providing advice to the Prime Minister and the Secretary of State for Defence on the remuneration and charges for members of the UK Armed Forces.

The statistics and information in the CWP report can be used to answer parliamentary questions and Freedom of Information requests; they can also be used by the general public and media to monitor the working hours of trained, regular Armed Forces personnel.

3. Accuracy

CWP collects data about working patterns of trained, UK regular personnel from a stratified sample of approximately 19,102 personnel. The sample is stratified by Service (Royal Navy (Royal Navy and Royal Marines), Army and RAF), rank group and broad location.

The survey is designed to achieve a margin of error of within +/- 0.8 hours for each single Service average hours worked estimate and +/- 1.3 hours for each rank group average hours worked estimate. Table 1 shows a wider margin of error for the Army estimate of average hours worked as well as for Junior Ranks/Rates.

	UK Armed Forces margin of error (in hours)	Royal Navy margin of error (in hours)	Army margin of error (in hours)	RAF margin of error (in hours)
All ranks	+/- 0.67	+/- 0.85	+/- 1.12	+/- 0.77
Senior Officers	+/- 0.54	+/- 1.01	+/- 0.80	+/- 1.02
Junior Officers	+/- 0.76	+/- 1.30	+/- 1.07	+/- 1.57
Senior Ranks/Rates	+/- 0.62	+/- 1.08	+/- 0.96	+/- 1.08
Junior Ranks/Rates	+/- 1.16	+/- 1.50	+/- 1.82	+/- 1.30

 Table 1: Margins of error for average hours worked 2020/21 by rank group

Table 2 shows estimates of average hours worked by locations typically have higher margins of error due to limited population sizes and low response rates.

Service	Broad location	Margin of error (in hours)
Royal Navy	Ship / sea	+/- 1.80
	Shore	+/- 0.87
Army	United Kingdom	+/- 1.22
	Overseas Operations	+/- 1.60
	Elsewhere abroad	+/- 0.66
RAF	United Kingdom	+/- 0.85
	Overseas Operations	+/- 2.73
	Elsewhere abroad	+/- 1.07

For all three Services, rank groups and broad locations, levels of precision were lower (wider confidence intervals) for on duty and on call averages.

3.1 Impact of COVID-19

The survey was in field during a time of national restrictions, imposed as a result of the COVID-19 pandemic and two national lockdowns (November 2020 and January 2021). These circumstances may have impacted on working patterns. For example, some personnel worked remotely from home during this period and a large number of personnel were placed on standby as part of the <u>Armed</u> <u>Forces support during the COVID-19 pandemic</u>. Therefore, the impact of COVID-19 should be taken into account whilst interpreting the working patterns captured over the last two years, as well as how these compare to historical results.

To assess the potential impact of COVID-19 on working patterns of personnel, a question has been added in the survey this year: "Were your working patterns for this week affected by the current COVID-19 situation?" Just over a third (36%) reported that their working patterns were affected by COVID-19. 64% reported that their working patterns were not affected by COVID-19. (34% RAF, 35% Army, 36% Navy personnel reported their working patterns affected by COVID-19.)

Please see additional tables (Section 9) in the accompanying reference tables for comparisons between working patterns of those who reported their working patterns were affected by COVID-19 and those who stated they were not affected.

3.2 Addition of online survey

An online version of the CWP survey was introduced this year. Whilst the online survey allows us to reach more of our sampled personnel than using paper survey solely, an additional mode of survey instrument and the differences in timing of distribution between online and paper survey might have an impact on the responses we captured. Consequently, results from paper survey and online survey were analysed both separately and as a combined dataset. The main report focuses on the combined results. However, paper only results have been included in the reference tables and data quality notes have been added to the report where the direction of change differs between the combined and paper only results.

The online survey was launched on 10th May 2021 and closed on 14th June 2021. About a third of all valid responses were online. This may have affected the seasonality of results, since more responses than usual were received in the last month of the survey period.

3.3 Personnel deployed on overseas operations

Although we aim to sample all personnel deployed on overseas operations, the reduction in the number of personnel deployed and the difficulties making contact with those who are, has led to a reduction in the number of responses from deployed personnel in recent years. In 2019/20 and 2020/21 we trialled sending packs of unnamed questionnaires to points of contact overseas Operational locations. The points of contact arranged distribution of questionnaires to all personnel at their location. This method has led to an increase in response rates from the trialled locations when the surveys were successfully received by the point of contact. However, more work is required to make further improve response rates for these hard to reach locations.

3.4 Personnel based in Germany

In line with the announcement of the Strategic Defence and Security Review (SDSR) of 2010, the <u>Army Basing Programme (ABP)</u> was established to rebase the British Army from Germany to the UK by 2020. Large numbers of personnel moved from Germany back to the UK over the summer of 2019. This led to very low levels of response from Germany. Breakdowns for Germany have not been included in this report since 2019/20. However, Germany responses are still included in the overall Army and Rank group averages.

4. Timeliness and punctuality

4.1 Timeliness

Although the CWP results are usually published in August, the report has been delayed slightly this year due to the COVID-19 lockdown and its impact on data processing. As a result, the 2020/21 CWP results are being published in September 2021. It is important to note the data was collected between November 2020 and June 2021 for paper responses and between May and June 2021 for online responses, therefore, the statistics represent working patterns during this period. Once the data has been collected, it took approximately 3 months this year for Defence Statistics staff to produce and publish the statistical report.

4.2 Punctuality

As an Official Statistic, the release date for the CWP report was pre-announced on the <u>gov.uk</u> <u>statistical release calendar</u> section of GOV.UK in accordance with the guidance set out in the <u>Code</u> <u>of Practice for Official Statistics</u>.

5. Accessibility and clarity

5.1 Accessibility

The CWP report is published on the <u>Statistics at MOD</u> area of the gov.uk website as an accessible PDF document. Alongside this report, this Background Quality Report is published as an accessible PDF document whilst the background tables are available in Excel and ODS format.

5.2 Clarity

In addition to this background quality report, the start of the CWP report contains a key points and trends section that summarises the main CWP findings and an introduction that provides information about response rates and the statistical tests used. After the results sections, there is a methodology section that contains more detailed information about the target population, the questionnaire, weighting, cleaning and analysing the data. A glossary is also provided which defines the terms used throughout the report.

Tables, graphs and commentary are used to illustrate trends in the working patterns of trained, regular, UK Armed Forces personnel over the past seven years, and to highlight significant differences between the 2019/20 and the 2020/21 surveys. Where there have been issues with the data or time series comparisons, or revisions made, this has been noted in the relevant section of the report.

6. Coherence and comparability

6.1 Coherence

In February 2014, the Army's Family Federation produced a Working Hours Survey. However, neither the content nor the methodology is harmonised with CWP. Information about the working patterns of Army personnel were obtained by asking families of Service personnel multiple choice questions such as 'in the last two years, have your soldier's working hours increased?' and 'on average, how many hours a day does your soldier work for?'. The Working Hours Survey was conducted using online questionnaires and face to face interviews. Otherwise, CWP is the only survey directly measuring working patterns of Armed Forces personnel.

6.2 Comparability

CWP surveys are considered to be comparable over time. However, there have been changes to the location categories for the Army and RAF to reflect where Army and RAF personnel are stationed or

deployed. Where possible, revisions have been made to figures from previous surveys to ensure comparability over time.

The online survey introduced this year was set up to match the paper survey closely to minimise effect on comparability of responses collected from different survey instruments. Additional questions and analyses have been conducted to understand impact of COVID-19 on responses and differences in responses in online and paper survey, whilst maintaining comparability. Please refer to section 3.1 and 3.2 for further information

7. Trade-offs between output quality components

The main trade-off is between comparability over time, costs and accuracy. From 2012/13, CWP questionnaires moved from being issued in three or four waves to being issued in two waves – this was to lower the administration costs. The rationale for distributing questionnaires in several waves during the year was to obtain survey estimates that were more representative of the entire year and less influenced by seasonal variations, events or announcements. If responses do vary systematically (depending on the period of data collection) the change in number of waves may impact on the accuracy of our estimates and comparability of responses between surveys.

8. Assessment of user needs and perceptions

Defence Statistics work closely with the main customer and survey sponsor, CDP, to ensure that the statistics in the CWP report are relevant to policy requirements. In addition, the MOD invites all users to provide feedback on the contents of CWP and provides contact details on the front page of the report.

9. Performance, cost and respondent burden

9.1 Performance and cost effectiveness

The external contractor cost for the 2020/21 survey is approximately £50,000 (including VAT) and includes packing, distributing and data processing of the CWP questionnaires. Costs are closely monitored, and Defence Statistics strive to balance quality and timeliness against costs.

9.2 Respondent burden

Response to CWP is voluntary. Participant information is provided within the questionnaire to encourage informed consent. The CWP questionnaire is currently estimated to take between ten and thirty minutes to complete every day. Therefore, this survey could take between one hour and ten minutes and three hours and thirty minutes to complete over the seven-day period.

10. Confidentiality, transparency and security

10.1 Confidentiality

Confidentiality protocols are adhered to, as set out in the Defence Statistics Disclosure and Confidentiality Policy – Identifiable Survey Data. CWP is a confidential survey rather than anonymous. The raw data is not seen by anyone outside of Defence Statistics which ensures that no person from any respondents' chain of command is able to access individual level data. Only aggregated results are provided to anyone not directly involved with the analysis. The results are only presented for groups containing at least 30 respondents.

10.2 Transparency

The production process is considered to be transparent. Each questionnaire is distributed with a participant information sheet to ensure that respondents make an informed decision before completing the survey. The CWP report is published with details of the methodology and a

background quality report so that users are aware of potential data issues and quality of the output. A list of those that require 24hr pre-release access to the statistical results are published on the <u>Defence Statistics pre-release access list</u> section of the gov.uk website.

10.3 Security

All staff involved in the CWP production process adhere to the MOD and Civil Service data protection regulations. In addition, all members of the survey analysis team have to follow the relevant codes of practice for the Government Statistical Services (GSS). All data is stored, accessed and analysed using the MOD's restricted network and IT system.

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