

Annual Report 2020

Published February 2021

©Crown copyright 2021

SACN's webpage is available at: www.gov.uk/government/groups/scientific-advisory-committee-on-nutrition

Contents

Foreword	1
About the committee	3
Openness	3
Membership	3
Remuneration and committee finance	3
Declaration of interests	3
Procedures	4
SACN's work in 2020	5
Work programme	5
Horizon scanning	5
Watching brief	6
SACN's working groups and subgroup	7
Subgroup on Maternal and Child Nutrition	7
Joint Working Group on Lower Carbohydrate Diets for Adults with Type 2 D	
Older Adults Working Group	
Nutrition and Maternal Health Working Group	11
Annex 1	12
SACN's terms of reference	12
Annex 2	13
Membership of the committee	13
Membership of the Subgroup on Maternal and Child Nutrition (SMCN)	16
Membership of the Joint Working Group on Lower Carbohydrate Diets for A with Type 2 Diabetes	
Membership of the Older Adults Working Group	20
Membership of the Nutrition and Maternal Health Working Group	21

Annex 3	23
Committee members' biographies	23
Biographies for those who are not members of SACN	29
Subgroup on Maternal and Child Nutrition (SMCN)	29
Older Adults Working Group	30
Joint Working Group on Lower Carbohydrate Diets for Adults with Type 2 Dia	
Nutrition and Maternal Health	33
Annex 4	34
Remuneration and committee finance	34
Annex 5 Declarations of interest	35
SACN Main Committee	35
SACN Subgroup on Maternal and Child Nutrition (SMCN)	98
Joint Working Group on Lower Carbohydrate Diets for Adults with Type 2 Dia	
Working Group on Older Adults	131
Working Group on Nutrition and Maternal Health	132

Foreword

It is my pleasure to introduce the 20th annual report of the Scientific Advisory Committee on Nutrition (SACN) which covers the work of the committee in 2020. This is my first report as Chair of SACN since taking over the role in June from Professor Ann Prentice who has chaired the committee for the last 10 years and been a member of SACN since its inception in 2000. Professor Julie Lovegrove, a longstanding member of SACN, is supporting me as Deputy Chair.

I would like to thank Professor Prentice for her tremendous leadership of the committee. Her guidance has ensured that SACN has delivered high quality risk assessments including the reports on Iron and Health in 2011, Dietary Reference Values for Energy in 2011, Carbohydrate and Health in 2015, Vitamin D and Health report in 2016 and most recently the Saturated Fats and Health in 2019. The recommendations made in these reports have impacted considerably on Government policy and public health. I know that I speak on behalf of all SACN members and the secretariat to thank Professor Prentice for all the kindness and support she had shown over the years; we wish her well for the future. This is not a final goodbye as Ann will continue as a member of the Subgroup on Maternal and Child Nutrition and will chair the Nutrition and Maternal Health working group.

This has been a challenging year for us all due to the COVID-19 pandemic. The committee and secretariat have continued to work at pace and SACN has responded to the challenge of the pandemic by transitioning to virtual meetings and considering a number of COVID-19 related issues whilst continuing to progress its core ongoing workstreams. We have continued to facilitate public access to open sessions as much as possible utilising the virtual format.

SACN published two rapid reviews of vitamin D and acute respiratory tract infections in June and December this year and published a post meeting paper on a rapid scoping exercise on nutrition and immune function in relation to COVID-19 in July. SACN also collaborated with the National Institute for Health and Care Excellence (NICE) and Public Health England (PHE) on a rapid guideline on vitamin D and COVID-19 which was published in December 2020. SACN will continue to monitor emerging evidence on nutrition and COVID-19 through 2021.

In March, SACN published its draft report on lower carbohydrate diets for adults with type 2 diabetes for public consultation for a period of 8 weeks. Interested parties were invited to submit comments relating to the scientific content of the draft report and to alert the working group to any evidence it may have missed. Twenty-six responses were received to the public consultation. SACN will publish its responses to all consultation comments when the final report is published. The aim is to publish the final report in 2021.

In March, SACN also published a light touch refresh of SACN's code of practice and framework for the evaluation of evidence, which were updated following committee discussions in 2019. A working group has been set up to consider more complex amendments to the framework for the evaluation of evidence, with the first meeting due to take place in 2021.

In September a supplement to the 2017 position statement on Military Dietary Reference Values for Energy was published, which included new evidence available for submariners and military specialists. I would like to thank Dr Jo Fallowfield, Head of Applied Physiology at the Institute of Naval Medicine, and Professor Joe Millward, Emeritus Professor of Human Nutrition at the University of Surrey, for their invaluable support in drafting the supplement.

Throughout 2020 the older adults working group and the secretariat have worked at pace to progress the nutrition and older adults position statement, which was published in January 2021.

The subgroup on maternal and child nutrition has continued to progress its review of the evidence on feeding children aged 12 to 60 months. They have also supported the response to a number of consultations.

Due to the COVID-19 epidemic, some pieces of work, including the maternal health risk assessment and more detailed consideration of the evaluation framework continued at a slower pace.

Professor Ian Macdonald stood down from the committee after 15 years of service to SACN. I would like to thank Professor Macdonald for his contributions and insights over the years and wish him well for the future.

Finally, I would like to thank members of the main committee, its subgroup and working groups, and the secretariat, for their commitment to the work of SACN in 2020.

Intony

Professor Ian Young, Chair

About the committee

The role of SACN is to provide scientific advice on, and risk assessment of, nutrition and related health issues. It advises the four UK health departments and other government departments and agencies.

Members are appointed as independent scientific experts on the basis of their specific skills and knowledge. The committee also includes 2 lay members.

SACN is supported in its work by a secretariat provided by PHE. The secretariat has scientific expertise that enables it to provide SACN members with comprehensive background information and briefing papers to inform the assessments and decision-making processes of the committee.

SACN's terms of reference are provided in Annex 1.

Openness

SACN is committed to a policy of openness and engagement. Papers for the committee's meetings, agendas and minutes are posted on the <u>committee website</u>, subject to certain exceptions on grounds of commercial or other sensitive information. As part of the policy of openness, the committee's three main meetings are normally held in open session by default. Some agenda items for SACN main meetings and the majority of SACN working groups and subgroup meetings are held in closed session. Due to the COVID-19 pandemic, this year the June and November SACN meetings were held virtually with the full June meeting held in closed session for technological reasons.

Membership

Details of membership of the committee, its working groups and subgroup can be found in Annex 2. Biographies of all members are provided in Annex 3.

Remuneration and committee finance

Remuneration and committee finances are shown in Annex 4.

Declaration of interests

Members are required to declare all their interests at the time of their appointment and to promptly notify the secretariat of any changes. Before, or at the start of every meeting, members are asked to declare any changes to their interests which are recorded in the minutes. It is the responsibility of each member to indicate if they have an interest in any item of business on the agenda of a meeting of SACN or its subgroup or working groups. SACN's policy on identifying and declaring interests and handling any potential or actual conflict of interests is set out in the <u>SACN Code</u> of <u>Practice</u>.

A <u>register of members' interests</u> is maintained on SACN's website. The register is updated as soon as possible after an interest is declared. A snapshot of the register of interests is included in Annex 5.

Procedures

Meeting agendas are compiled from a number of sources including outstanding items from previous meetings, items suggested by the committee, outside bodies including other Scientific Advisory Committees as well as items brought forward from the committee's work programme. Updates from SACN's subgroup and working groups and from the devolved administrations, are regular features on the agenda.

SACN's work in 2020

This is the 20th annual report of SACN and covers the calendar year 2020.

The main committee met three times in 2020: on 10 March, 11 June and 20 November. One meeting was chaired by Professor Ann Prentice, one by Professor Julie Lovegrove (the Deputy Chair from June 2020) and one by Professor Ian Young. The meetings on 11 June and 20 November were held virtually due to the COVID-19 pandemic.

The Subgroup on Maternal and Child Nutrition (SMCN) met twice in 2020: on 5 February and virtually on 2 October.

The Joint Working Group on Lower Carbohydrate Diets for Adults with Type 2 Diabetes held 3 meetings virtually in 2020: on 12 May, 30 June and 29 September.

The Older Adults Working Group met three times in 2020: on 16 January and virtually on 13 February and 1 May.

Work programme

The following issues were on the committee's main work programme:

- lower carbohydrate diets for adults with type 2 diabetes
- nutrition and older adults living in the community
- feeding children aged 12 60 months
- vitamin D and acute respiratory tract infections/COVID-19
- nutrition and immune function in relation to COVID-19
- supplementary information to the SACN position statement on military dietary reference values for energy (submariners and special forces)
- nutrition and maternal health

Horizon scanning

Details of horizon scan discussions are within published meeting minutes.

SACN held Horizon scan discussions at its meetings in March and November in 2020.

Members agreed to prioritise a concise piece of work on the assessment of dietary iron bioavailability and how this might impact on Dietary Reference Values.

Watching brief

The committee agreed to keep a watching brief on the following items:

- adolescents (as a population subgroup)
- calcium
- folic acid
- iodine
- protein
- iron
- results of ongoing randomised controlled trials on vitamin D and acute respiratory tract infection risk
- nutrition and Covid-19

The committee also agreed to keep the following items on a watching brief, but as a lower priority: magnesium, selenium, sustainable healthy diets and vitamin A.

SACN's working groups and subgroup

The committee operates through sub and working groups comprising SACN members and co-opted specialists (for more information, please see the <u>SACN Code</u> <u>of Practice</u> and <u>Framework for evaluation of evidence</u>). These groups develop recommendations and advice on specific areas of public health nutrition. The following groups were active during 2020:

- Subgroup on Maternal and Child Nutrition
- Lower Carbohydrate Diets for Adults with Type 2 Diabetes (Joint Working Group)
- Older Adults Working Group
- Nutrition and Maternal Health Working Group

These groups report back on progress to the main committee at each SACN meeting.

Subgroup on Maternal and Child Nutrition

Background

SMCN is a specialist standing group that advises government on issues relating to maternal and child nutrition, an area in which health departments need regular scientific advice for policy making and for regulatory purposes.

Terms of reference

The terms of reference for SMCN are to advise, through SACN, on aspects of maternal and child diet and nutrition, as referred to it by PHE, the UK Health Departments and SACN.

Activity

In 2020, SMCN focused on progressing its review on feeding children aged 12 to 60 months.

This review forms part of a wider piece of work considering the scientific basis of current recommendations for feeding children up to 5 years of age, the first part of which the 'Feeding in the first year of life' report was published in 2018.

The terms of reference for this review are defined below.

• To review the scientific basis of current recommendations for complementary and young child feeding up to 5 years (60 months) of age. This second report covers young children aged 12 to 60 months of age.

- To consider evidence on developmental stages and other factors that influence eating behaviour and diversification of the diet in the early years.
- To review the nutritional basis for current dietary recommendations applying to breastfeeding mothers (where relevant to the health of the infant).
- To make recommendations for policy, practice and research.

At its first meeting of 2020, the group considered the draft evidence tables and quality assessment on the topics for which data had started to be extracted (micronutrients, oral health, eating and feeding behaviour). The group also considered nutritional intake and status data from the National Diet and Nutrition Survey (NDNS) and Diet and Nutrition Survey of Infants and Young Children (DNSIYC), including secondary analyses on social patterning. At its second meeting, in October 2020, the group considered draft chapters on risks of chemical toxicity (based on considerations of the Committee on Toxicity) and oral health; the draft evidence tables, key points and draft outline for macronutrients and caregiver practices; and the evidence identified on obesity and dietary patterns.

Throughout the year, a number of meetings were held virtually with topic leads to discuss the evidence identified, key outcomes, main findings and draft chapter outlines for the following topics: micronutrients (April, July and November); macronutrients (May); oral health (May); and eating and feeding behaviour, including caregiver practices (May, July and December).

SMCN considered the draft scope of the next SACN review on nutrition and maternal health at its meeting in February 2020.

Professor Marion Hetherington joined SMCN in January 2020 and Professors Peter Aggett and Angus Walls stood down in April 2020.

Joint Working Group on Lower Carbohydrate Diets for Adults with Type 2 Diabetes

Background

In 2017, SACN were asked by PHE to review the evidence on lower carbohydrate diets (alongside higher fat and/or higher protein) compared to current government advice for adults with type 2 diabetes. Since SACN does not usually make recommendations relating to clinical conditions, a joint working group comprising members of SACN and members nominated by Diabetes UK, the British Dietetic Association, the Royal College of Physicians and the Royal College of General Practitioners was established to consider this issue. Representatives from NHS England and NHS Health Improvement, the National Institute for Health and Care Excellence (NICE) and devolved health departments were invited to observe the joint working group. The group is jointly chaired by SACN (Professor Ian Macdonald until

March 2020, Professor Ian Young from March 2020) and Diabetes UK (Mr Douglas Twenefour).

Terms of reference

- Review the evidence on lower carbohydrate diets (alongside higher fat and/or higher protein) compared to current government advice for adults with type 2 diabetes
- Consider the impact, in adults with type 2 diabetes, of lower compared with higher carbohydrate diets on markers and clinical outcomes of type 2 diabetes including any potential adverse effects
- Make recommendations based on the review of the evidence.

The draft report on lower carbohydrate diets for adults with type 2 diabetes was published for an 8-week public consultation in March 2020. Twenty-six responses were received from a variety of individuals and organisations.

Activity

The joint working group held 3 meetings virtually in 2020.

At the first meeting in May, the joint working group considered the responses received to the public consultation on the draft report. Members also considered a systematic review and meta-analysis that was published after the cut-off date for consideration of evidence (September 2018) and that was identified by a stakeholder during the public consultation.

At the second meeting in June, the joint working group considered feedback from SACN members (at the June SACN meeting) on the group's draft replies to the public consultation responses and key issues raised in the consultation.

At the third meeting in September, the joint working group considered the main changes to the draft report that took account of the responses to the public consultation and discussed draft recommendations before consideration by SACN at its meeting in November 2020.

Older Adults Working Group

Background

The Older Adults Working Group was established in 2018 to prepare a position statement on nutrition and older adults. This was a result of horizon scanning in 2016 and discussion of this issue by SACN in March 2017.

Terms of reference

- Review current evidence on the role of nutrition in older adults and its impact on healthy ageing. This will include consideration of:
 - i. key nutritional issues relevant to age-related health, including age-related changes in cognition, physical and metabolic function
 - ii. current dietary intake and patterns compared to current UK government advice
 - iii. evidence according to chronological age: 65-74 years, 75 years and above.
- Draw conclusions on the state of the evidence in relation to existing advice and make recommendations where possible.

Activity

Through 2020 the working group completed work on the draft position statement for publication.

- At its meeting in January, the working group considered amendments made to each chapter of the draft position statement since its meeting in November 2019, and outstanding actions.
- At its meeting in February, the working group considered revisions that had been made to the position statement since the January meeting, agreed a set of additional actions and agreed to ask SACN to consider the position statement at its March meeting.
- At its meeting in May, the working group considered comments from SACN's June meeting, discussed and agreed changes made to the draft position statement to reflect SACN's comments and some further amendments and agreed to submit the draft to SACN for final approval at its meeting in June.
- At its meeting in June, SACN agreed to sign off the position statement for publication, subject to the amendments discussed at the meeting, and final agreement by the Older Adults Working Group and SACN Chairs.

The position statement was published in January 2021.

Nutrition and Maternal Health Working Group

The Nutrition and Maternal Health Working Group met for the first time in December 2019 to discuss the draft scope and comments on it requested from interested parties in June 2019.

Professor Basma Ellahi joined the working group as a co-opted external expert in February 2020.

The updated draft scope and full list of comments from interested parties were considered by SMCN and SACN at their meetings in February and March respectively, following which responses to the comments received from interested parties were published on the SACN website as an <u>annex to the March 2020</u> meeting minutes.

Due to the COVID-19 outbreak, work on this risk assessment was slower than anticipated in 2020. The second working group meeting took place in early February 2021.

Annex 1

SACN's terms of reference

SACN is an advisory committee set up to provide scientific advice on, and risk assessment of, nutrition and related health issues. It advises the governments of all 4 UK countries and is supported by a Public Health England (PHE) secretariat.

SACN's advice covers the scientific aspects of nutrition and health with specific reference to:

- nutrient content of individual foods and advice on diet as a whole, including the definition of a balanced diet and the nutritional status of people
- monitoring and surveillance of the above aspects
- nutritional issues which affect wider public health policy issues including conditions where nutritional status is one of a number of risk factors (such as cardiovascular disease, cancer, diabetes, oral health, osteoporosis and obesity)
- nutrition of vulnerable groups (such as infants, older adults and ethnic minorities) and health inequality issues
- research requirements for the above.

SACN's remit is to assess the risks and benefits of nutrients, dietary patterns, food or food components to health by evaluating scientific evidence and to make dietary recommendations for the UK based on its assessment. Conclusions drawn from any evidence considered are those that are applicable to the UK population, including any vulnerable groups which have been identified. Before providing advice, SACN assesses the possible risks that may be associated with implementing particular recommendations such as the potential risks of excess intakes or adverse impacts on other health outcomes or nutrients. In addition, principal residual areas of uncertainty are identified and form recommendations for further research.

The committee does not advise on how recommendations are taken forward for policy; the committee's role is risk assessment and not risk management. SACN has a public health focus, therefore the treatment of disease is outside SACN's remit unless specifically requested to consider. Alcohol, other than as a source of energy, is also outside SACN's remit.

Annex 2

Membership of the committee

Chair Professor Ann Prentice (until May 2020) Honorary Professor of Global Nutrition and Health, Medical Research Council (MRC) Nutrition and Bone Health Research Group, Cambridge (formerly Director of MRC Elsie Widdowson Laboratory, Cambridge)

> Professor Ian Young (from June 2020; previously as SACN member) Professor of Medicine, Queen's University Belfast

Deputy Chair

Professor Julie Lovegrove (from June 2020) Professor of Human Nutrition, Director of the Hugh Sinclair Unit of Human Nutrition and Deputy Director for the Institute for Cardiovascular and Metabolic Research, University of Reading

Other members

Ms Gill Fine Public Health Nutritionist

Dr Darren Greenwood Senior Lecturer in Biostatistics, University of Leeds

Professor Paul Haggarty Deputy Director, Rowett Institute of Nutrition and Health, University of Aberdeen

Professor Susan Jebb Professor of Diet and Population Health, University of Oxford

Professor Mairead Kiely Head of School of Food and Nutritional Sciences, University College Cork

Professor Susan Lanham-New Head of the Nutritional Sciences Department, University of Surrey

Professor Ian Macdonald (until March 2020) Professor of Metabolic Physiology, School of Life Sciences, University of Nottingham Dr David Mela (Industry member) Retired from Unilever

Professor Ken Ong Professor of Paediatric Epidemiology, MRC Epidemiology Unit and Department of Paediatrics, University of Cambridge

Mrs Gemma Paramor (Lay member) Finance professional in accounting and investment management

Professor Lucilla Poston Tommy's Professor of Maternal and Fetal Health, Head of School of Life Course Sciences, King's College London

Professor Hilary Powers Professor Emeritus of Nutritional Biochemistry, Department of Oncology and Metabolism, University of Sheffield

Professor Sian Robinson Professor of Lifecourse and Lifestyle, Newcastle University

Dr Stella Walsh (Lay member) Retired academic

Professor Charlotte Wright Professor of Community Child Health, University of Glasgow

Observers

Ms Emily Chan (until June 2020) Food Standards Agency Northern Ireland

Ms Naomi Davidson (from July 2020) Food Standards Agency Northern Ireland

Dr Naresh Chada Department of Health, Northern Ireland

Ms Laura Wilson Food Standards Scotland

Dr Sarah Rowles Department of Health and Social Services, Wales

Ms Debby Webb Department of Health and Social Care, England

Secretariat Public Health England

Ms Rachel Allen (from November 2020) Ms Martina Brayley (from October 2020) Ms Amber Clarke (from January 2020) Dr Adrienne Cullum Ms Margie van Dijk (from January to December 2020) Dr Daphne Duval Ms Rachel Elsom Ms Estella Hung Ms Emma Jeffcock (until January 2020) Professor Louis Levy (until February 2020) Ms Emma Peacock (until September 2020) Ms Mamta Singh Mr Heiko Stolte Ms Gillian Swan

Membership of the Subgroup on Maternal and Child Nutrition (SMCN)

Chair Professor Ken Ong Professor of Paediatric Epidemiology, MRC Epidemiology Unit and Department of Paediatrics, University of Cambridge

Other members

Professor Peter Aggett (co-opted external expert until April 2020) Honorary Professor, School of Medicine, Lancaster University, and Emeritus Professor and Past Head of Lancashire School of Postgraduate Medicine and Health, University of Central Lancashire

Professor Marion Hetherington (from January 2020) Thomas Ward Endowed Chair in Psychology, University of Leeds

Professor Alan Jackson (SMCN member to June 2020, co-opted external expert from June 2020) Professor of Human Nutrition, University of Southampton

Professor Mairead Kiely (SACN member) Head of School of Food and Nutritional Sciences, University College Cork

Professor Lucilla Poston (SACN member) Tommy's Professor of Maternal and Fetal Health, Head of School of Life Course Sciences, King's College London

Professor Ann Prentice (SACN Chair until May 2020) Honorary Professor of Global Nutrition and Health, MRC Nutrition and Bone Health Research Group, Cambridge (formerly Director of MRC Elsie Widdowson Laboratory, Cambridge)

Professor Siân Robinson (SACN member) Professor of Lifecourse and Lifestyle, Newcastle University

Professor Angus Walls (co-opted external expert until April 2020) Professor of Restorative Dentistry and Director of the Edinburgh Dental Institute, University of Edinburgh

Dr Stella Walsh (SACN member) Lay member

Professor Charlotte Wright (SACN member) Professor of Community Child Health, University of Glasgow

Observers

Ms Linda Wolfson (until March 2020) Scottish Government

Ms Debby Webb Department of Health and Social Care, England

Ms Mary McNamara (until September 2020) Department of Health and Social Care, England

Ms Emily Chan (until June 2020) Food Standards Agency Northern Ireland

Ms Naomi Davidson (from July 2020) Food Standards Agency Northern Ireland

Ms Laura Wilson (from July 2020) Food Standards Scotland

Dr Naresh Chada Department of Health, Northern Ireland

Ms Karen Jewell Welsh Government

Membership of the Joint Working Group on Lower Carbohydrate Diets for Adults with Type 2 Diabetes

Co-Chair Professor Ian Macdonald (SACN member) (until March 2020) Professor of Metabolic Physiology, School of Life Sciences, University of Nottingham

> Professor Ian Young (from March 2020; previously working group member) Professor of Medicine, Queen's University Belfast

Co-Chair Mr Douglas Twenefour Deputy Head of Care, Diabetes UK

Other members

Professor Peter Aggett (co-opted external expert) Honorary Professor, School of Medicine and Health, Lancaster University, and Emeritus Professor and Past Head of Lancashire School of Postgraduate Medicine and Health, University of Central Lancashire

Dr Pamela Dyson (representing the British Dietetic Association) Research dietitian, Oxford Centre for Diabetes, Endocrinology and Metabolism. University of Oxford

Professor Nita Forouhi (independent expert) Programme Leader and Consultant Public Health Physician, Professor of Population Health and Nutrition, MRC Epidemiology Unit, University of Cambridge School of Clinical Medicine

Dr Darren Greenwood (SACN member) Senior Lecturer in Biostatistics, University of Leeds

Dr Rachel Pryke (representing the Royal College of General Practitioners) General practitioner, Redditch, Worcestershire

Professor Roy Taylor (representing the Royal College of Physicians) Professor of Medicine and Metabolism, Newcastle University

Ms Ruth Waxman Patient representative

Observers

Ms Lorraine Shuker NHS England

Dr Monica Desai National Institute for Health and Care Excellence

Dr Naresh Chada Department of Health, Northern Ireland

Dr Sarah Rowles Department of Health and Social Services, Wales

Ms Emily Chan (until June 2020) Food Standards Agency Northern Ireland

Ms Naomi Davidson (from July 2020) Food Standards Agency Northern Ireland

Ms Laura Stewart Population Health Directorate, Scottish Government

Ms Hayley Keegan Department of Health and Social Care, England

Membership of the Older Adults Working Group

Chair Ms Gill Fine (SACN member) Public Health Nutritionist

Other members

Professor Harry McArdle (co-opted external expert) Professor Emeritus of Biomedical Sciences, Rowett Institute of Nutrition and Health, University of Aberdeen Honorary Professor of Biological Sciences, University of Nottingham

Professor Siân Robinson (SACN member) Professor of Lifecourse and Lifestyle, Newcastle University

Dr Stella Walsh (SACN member) Lay member

Professor Angus Walls (co-opted external expert) Professor of Restorative Dentistry and Director of the Edinburgh Dental Institute, University of Edinburgh

Observers

Ms Debby Webb Department of Health and Social Care

Ms Emily Chan (until June 2020) Food Standards Agency Northern Ireland

Ms Naomi Davidson (from July 2020) Food Standards Agency Northern Ireland

Ms Gillian Campbell Food Standards Scotland

Dr Sarah Rowles Department of Health and Social Services, Wales

Membership of the Nutrition and Maternal Health Working Group

Chair Professor Ann Prentice (SACN Chair until May 2020) Honorary Professor of Global Nutrition and Health, MRC Nutrition and Bone Health Research Group, Cambridge (formerly Director of MRC Elsie Widdowson Laboratory, Cambridge)

Other members

Professor Annie Anderson (co-opted external expert) Professor of Public Health Nutrition, University of Dundee

Professor Basma Ellahi (co-opted external expert from February 2020) Professor of Public Health Nutrition, Faculty of Health and Social Care, University of Chester

Dr Darren Greenwood (SACN member) Senior Lecturer in Biostatistics, University of Leeds

Professor Paul Haggarty (SACN member) Deputy Director, Rowett Institute of Nutrition and Health, University of Aberdeen

Professor Mairead Kiely (SACN member) Head of School of Food and Nutritional Sciences, University College Cork

Professor Susan Lanham-New (SACN member) Head of the Nutritional Sciences Department, University of Surrey

Professor Lucilla Poston (SACN member) Tommy's Professor of Maternal and Fetal Health, Head of School of Life Course Sciences, King's College London

Professor Siân Robinson (SACN member) Professor of Lifecourse and Lifestyle, Newcastle University

Professor Angus Walls (co-opted external expert until April 2020) Professor of Restorative Dentistry and Director of the Edinburgh Dental Institute, University of Edinburgh

Dr Stella Walsh (SACN member) Lay member

Observers

Mr Douglas Hedley Food Standards Agency

Ms Rachel McBryde Department of Health and Social Care

Dr Sarah Rowles Department of Health and Social Services, Wales

Ms Emily Chan (until June 2020) Food Standards Agency Northern Ireland

Ms Naomi Davidson (from July 2020) Food Standards Agency Northern Ireland

Ms Laura Wilson Food Standards Scotland

Ms Karen Todd Department of Health and Social Care

Annex 3

Committee members' biographies

Professor Ian Young (SACN Chair from June 2020)

Professor of Medicine at Queen's University Belfast and Deputy Medical Director and Consultant Chemical Pathologist at the Belfast Health and Social Care Trust. In addition, he is Chief Scientific Advisor to the Department of Health (NI) and Director of Health and Social Care Research and Development for Northern Ireland. His main clinical and research interests are in lipid metabolism, carbohydrate metabolism and antioxidants, particularly in relation to the prevention of cardiovascular disease. He is an author of over 350 published research papers and is on the editorial boards of several leading international journals. He frequently speaks at national and international meetings on lipid management and topics related to laboratory medicine.

Professor Ann Prentice (SACN Chair until May 2020)

Programme Leader of the MRC Nutrition and Bone Health (NBH) Research Group, Cambridge and Head of the Calcium, Vitamin D and Bone Health research team at MRC Unit, The Gambia. She was Director of the MRC Elsie Widdowson Laboratory, Cambridge from 1998-2018. The NBH Group is currently hosted by the MRC Epidemiology Unit at the University of Cambridge where she is Honorary Professor of Global Nutrition and Health. Her main research interests are nutritional aspects of bone health, rickets and osteoporosis; dietary requirements for human growth, pregnancy and lactation and old age, with particular reference to micronutrients. She has published extensive peer-reviewed articles, book chapters and reports. Professor Prentice was President of the Nutrition Society (from 2004 to 2007). She has also served on a number of national and international advisory committees, including COMA's Subgroup on Nutrition and Bone Health. She is an Honorary Professor of the University of Cambridge, University of Witwatersrand, South Africa and Shenyang Medical College, PR China, a Visiting Professor of the University of Southampton and an Honorary Doctor of the University of Surrey. She is an Honorary Fellow of the Nutrition Society, the Association for Nutrition (AfN) and the Royal College of Paediatric and Child Health (RCPCH) and is an elected Fellow of the International Union of Nutritional Sciences, the Academy of Medical Sciences and the Royal Society of Biology. She was appointed an OBE in the Birthday Honours List of 2006.

Ms Gill Fine

Independent Public Health Nutritionist. She currently serves as a Trustee and Scientific Governor at the British Nutrition Foundation. She was the Independent Board Member for the Agriculture and Horticulture Development Board Beef and Lamb Sector Board from 2014 until the end of her second term in March 2020. From 2004 to 2010, she was Director of Consumer Choice and Dietary Health at the Food Standards Agency (FSA) and was responsible for the strategic direction and the delivery of the FSA's Eating for Health and Choice programme. This wide remit comprised nutrition, GM, supplements, organics, additives, novel foods, food standards and general food labelling. She was also responsible for agreeing the overall direction of the Agency's research portfolio across the group's remit. She has first-hand experience of a wide range of food and dietary policies and how they impact on public health. She has served on several government committees and was previously a member of SACN from 2001 to 2004.

Dr Darren Greenwood

Senior Lecturer in Biostatistics, School of Medicine, University of Leeds. His research focuses on the development and application of statistical methods in nutrition and perinatal epidemiology. Recent research includes meta-analysis of observational studies, pooling individual participant data across separate studies, and correcting for measurement error and incomplete data in nutrition epidemiology. Current work includes investigation of dietary patterns in relation to health outcomes and validation of dietary assessment tools using objective recovery and predictive biomarkers. He is the current Director of the World Health Organization Collaborating Centre for Nutritional Epidemiology, has authored over 200 research articles, served on the Royal Statistical Society Medical Section committee and is a regular statistical reviewer for a number of leading international journals.

Professor Paul Haggarty

Deputy Director of the Rowett Institute of Nutrition and Health, University of Aberdeen and Deputy Lead on a £20m multi-disciplinary UK Research and Innovation (UKRI)/Global Challenges Research Fund (GCRF) Action against Stunting hub designed to reduce global undernutrition and stunting in children. His research is concerned with the dietary and social determinants of health, transgenerational effects, the influence of early life, and the interaction between nutrition and the human genome. He works on epigenetics and nutritional metabolism, primarily in large population-based cohorts in the UK and Internationally. He represents SACN on the UK Committee on Toxicity. He is Chair of the Biotechnology and Biological Sciences Research Council (BBSRC) Bioscience for an Integrated Understanding of Health Strategy Advisory Panel His research is funded by Scottish Government, UKRI and medical charities.

Professor Susan Jebb

Professor of Diet and Population Health, Nuffield Department of Primary Care Health Sciences, University of Oxford. Her main research interests are in the prevention and treatment of obesity and cardiometabolic risk through behavioural interventions at both the individual and population level to change diet. She was Chair of the government Expert Advisory Group on Obesity from 2007 to 2011, independent Chair of the Public Health Responsibility Deal Food Network from 2011 to 2015 and Chair of a NICE Public Health Advisory Committee from 2014 to 2018. She is a Fellow of the Academy of Medical Sciences and was appointed an OBE in 2008 for services to public health.

Professor Mairead Kiely

Head of the School of Food and Nutritional Sciences at University College Cork (UCC), Ireland. Mairead is co-chair of the Cork Centre for Vitamin D and Nutrition Research and leads the Maternal and Child Nutrition Research platform at the INFANT research centre, UCC. Her research is mainly in micronutrients and maternal and child nutrition. She has conducted many studies on vitamin D requirements throughout the life course and health effects. Mairead is registered with AfN (Public Health Nutrition) and currently chairs the Irish Section of the Nutrition Society.

Professor Susan Lanham-New

Professor of Human Nutrition and Head of the Nutritional Sciences Department at the University of Surrey. Her research focuses on nutrition and bone health with a particular focus on vitamin D. She has won a number of awards including the Nutrition Society Silver Medal for her work showing a link between acid-base homeostasis and skeletal integrity and the 2018/2019 British Nutrition Foundation Prize for her work on Nutrition and Musculoskeletal Health. She is editor of the first academic textbook on Nutritional Aspects of Bone Health. She is Editor-in-Chief of the Nutrition Society Textbook Series. She is a member of the Nutrition Forum for the Royal Osteoporosis Society, a Trustee of the British Nutrition Foundation and the new Honorary Secretary for the Nutrition Society. She has recently been awarded Fellowship status of the Society of Biology and Fellowship status of the AfN. She led an application for Nutritional Sciences at Surrey that won the 2017/2018 Queen's Anniversary Prize for Higher Education, which is the first time the Prize has been awarded to nutritional sciences. Her research is funded by the BBSRC, MRC, the Ministry of Defence and medical charities.

Professor Julie Lovegrove

Professor of Human Nutrition at the University of Reading, Director of the Hugh Sinclair Unit of Human Nutrition and the Deputy Director of the Institute for Cardiovascular and Metabolic Research (ICMR). Her main areas of research interest are the investigation of nutritional influences on cardiovascular disease risk, including nutrient/gene interactions and personalised nutrition. Of particular interest are the effects of dietary fats, carbohydrates and phytochemicals on vascular reactivity, insulin resistance and lipid metabolism in different population groups. She also has experience and interest in ethical issues associated with human research and serves on several research ethics committees. She was Chair of the Accreditation Committee for the AfN and Deputy Chair of Council for AfN until 2019. She represents SACN on the project board for the National Diet and Nutritional Survey (NDNS) and was a member of the joint SACN-COT Working Group on Potassium-based Sodium Replacers. She is also a member of two International Life Science Institute (ILSI) working groups. She was awarded a Fellowship of the AfN in 2014. She is President of the Nutrition Society for UK and Ireland.

Professor Ian Macdonald (until March 2020)

Professor of Metabolic Physiology and completed his 4-year term as Head of the School of Life Sciences at the University of Nottingham in July 2017. His research interests concern nutritional and metabolic aspects of obesity, diabetes and cardiovascular disease, with additional interests in nutrition and metabolism in exercise. His research involves studies in healthy individuals and various patient groups, and combines whole body physiological measurements, molecular investigation of tissue samples and dietary interventions. Editor of the International Journal of Obesity, Honorary Treasurer of the World Obesity Federation (formerly International Association for the Study of Obesity) and Honorary Treasurer of the Federation of European Nutrition Societies. He was President of the UK Nutrition Society from 2007 to 2010 and in 2013 was awarded a Fellowship of the AfN and elected as a Fellow of the International Union of Nutritional Sciences. He is also a Fellow of the Royal Society of Biology and of the Physiological Society. In November 2017 he was awarded the British Nutrition Foundation Prize.

Dr David Mela

Retired in June 2019 from his role as a Senior Scientist at Unilever R&D, which followed an academic research career in the US and UK. He has published over 100 professional papers, mainly in the biological and behavioural aspects of food choice, eating behaviour and energy balance, ranging from consumer research through energy metabolism. At Unilever, he was involved with research programmes to assess the potential health and wellness impacts of different dietary guidance, foods and ingredients and input into the management of specific technical and regulatory

issues. He has also participated in a wide range of academic and trade groups involved in the evaluation, commissioning and delivery of research in nutrition and health. Since 2019 he has represented SACN on the Advisory Committee on Novel Foods and Processes (ACNFP).

Professor Ken Ong

Co-leads the Early Life Aetiology and Mechanisms of Diabetes and Related Metabolic Disorders programme at the MRC Epidemiology Unit, University of Cambridge. His research at the Unit and the Department of Paediatrics identified rapid postnatal growth, weight gain and early reproductive timing as determinants of and also potential targets for prevention of childhood obesity, type 2 diabetes and related disorders. His programme examines the mechanisms that underlie these lifecourse trajectories to disease risk and works closely with other Unit programmes to develop and test early life behavioural interventions to prevent childhood obesity. He is also an honorary consultant paediatric endocrinologist and clinical lead for childhood obesity at the Cambridge University Hospitals NHS Trust. He also represents SACN on the UK Committee on Toxicity.

Mrs Gemma Paramor

Finance professional who has worked in both the accounting and investment management industries. She is a member of the Institute of Chartered Accountants of England and Wales. In her current employment as an Investment Partner she is focused on the healthcare sector. She is accustomed to the interpretation of scientific data, is a practiced decision-maker with a focus on risk assessment and has considerable experience of communicating complex healthcare issues to a nonexpert audience. Gemma studied Biological Sciences at Oxford University and is the mother of two children.

Professor Lucilla Poston

Tommy's Professor of Maternal and Fetal Health, King's College London and Head of the School of Life Course Sciences. Her research focuses on the consequence of exposures in utero for life-long health of the child, particularly in relation to maternal nutritional status and gestational diabetes. She is a member of the Early Nutrition Academy and President of the International Society for the Developmental Origins of Health and Disease.

Professor Hilary Powers

Professor Emeritus in Nutritional Biochemistry, Department of Oncology and Metabolism at the University of Sheffield. Her research has focused on the role of B vitamins in health and disease with specific focus on methyl donor nutrients and Human papillomavirus infection-linked cancers and functional biomarkers of micronutrient status. She has published extensively in this field. She represents SACN on the Project Board for the National Diet and Nutrition Survey (NDNS). Her activities in the nutrition community have included membership of the Standing Committee on Nutrition for the RCPCH, the Expert Panel for the American Institute for Cancer Research (AICR)/World Cancer Research Fund (WCRF) Reports into Food, Nutrition, Physical Activity and Cancer, a Working Group for the International Agency for Research in Cancer (IARC) and on various grant awarding bodies for the BBSRC and WCRF. She is co-editor of the classic textbook, *Human Nutrition*. She was made an Honorary Fellow of the Nutrition Society in 2018.

Professor Siân Robinson

Professor of Lifecourse and Lifestyle at Newcastle University. She is a nutritional epidemiologist, with a background in population studies - previously having worked on a number of national and international birth cohort studies while at the University of Southampton. Her main interests are in lifecourse influences of diet and lifestyle on health in later life, with a particular focus on inequalities in health in older age, and translational research to inform preventive and treatment strategies.

Dr Stella Walsh

Experienced lay member who has served on several government and industry committees and has responded to consultations on behalf of consumers. She is a member and previous secretary of the National Consumer Federation (NCF). She has a long-standing interest in food, nutrition and health. She has been a consumer member on the Institute of Grocery Distributors and on other FSA and Defra committees. Until 2015, she was also a consumer member on the Veterinary Residues Committee.

Professor Charlotte Wright

Professor of Community Child Health, School of Medicine and Nursing at Glasgow University and honorary consultant paediatrician at the Royal Hospital for Children in Glasgow. She trained as a clinical epidemiologist. Her chief research interests are feeding and growth in infancy, under-nutrition and growth screening. In her clinical and teaching roles, she is involved in a range of public health nutrition issues, particularly the promotion of breastfeeding and the management of childhood obesity. She recently headed the RCPCH group who designed the new UK growth charts.

Biographies for those who are not members of SACN

Subgroup on Maternal and Child Nutrition (SMCN)

Professor Peter Aggett (until April 2020)

Honorary Professor, School of Medicine, Lancaster University, and Emeritus Professor and past Head of Lancashire School of Postgraduate Medicine and Health, University of Central Lancashire. He is interested in trace element metabolism in health and disease. He has served on national and international advisory committees relating to clinical nutrition, public health nutrition, nutritional requirements, nutrient safety and risk assessment, such as the European Commission Scientific Committee on Food, the Committee on Toxicology, the Advisory Committee for Novel Foods and Processes, and the Expert Group on Vitamins and Minerals. He was a member of COMA for 7 years and a member of SACN between 2001 and 2019. He is also a past Chair and secretary of the Committee on Nutrition of the European Society for Paediatric Gastroenterology, Hepatology and Nutrition, past Chair of the Nutrition Committee of the RCPCH and past Chair of the Nutrition Committee of the Royal College of Physicians of London.

Professor Angus Walls (until April 2020)

Professor of Restorative Dentistry and Director of the Edinburgh Dental Institute, University of Edinburgh. He was a member of SACN between 2009 and 2019. His research interests focus on the oral healthcare problems of an ageing population at a time of marked change in oral health status. The relationships are between diet and oral diseases such as tooth wear, decay and soft tissue pathology and the number and functional capacity of the residual dentition and foods choice. His work has embraced basic epidemiology and the development of dietary interventions to address specific problems.

Professor Alan Jackson

Emeritus Professor of Human Nutrition, University of Southampton. He was appointed to the first Chair in Human Nutrition in an undergraduate medical school in the UK in 1985. From 2001 until 2010 he was Chair of SACN. He trained in paediatrics before taking up a post caring for severely malnourished children and carrying out research to determine the adaptive mechanisms that come into play in that condition and need to be addressed for successful therapy.

Professor Marion Hetherington

Thomas Ward Endowed Chair in Psychology, School of Psychology, University of Leeds and Affiliate Professor, Department of Nutritional Sciences, The Pennsylvania State University. First appointed to a Chair in Biopsychology in 2001 at the University of Liverpool; with specialist interests in infant feeding and the psychology of eating behaviour. Deputy Editor in Chief, Appetite and past President of the Society for the Study of Ingestive Behavior. Recent research has focussed on portion size control in children and creative use of packaging to nudge consumers towards smaller portions of high energy density, highly palatable foods.

Older Adults Working Group

Professor Harry McArdle

Deputy Director of Science and the Director of Academic Affairs at the Rowett Institute of Nutrition and Health, University of Aberdeen, until January 2015. He retired in March 2016 and is currently a Professor Emeritus of Biomedical Sciences at the same Institute and an Honorary Professor in Biological Sciences at the University of Nottingham. His main research interests involved micronutrients and the critical role they play in growth and development. He is currently a co-applicant, with Professor Nicola Lowe of the University of Central Lancashire, testing whether biofortified wheat can improve zinc status in impoverished Pakistani women. He was a member of SACN between 2009 and 2019. He represented SACN on the Advisory Committee on Novel Foods and Processes (ACNFP), is a member of the Minerals Working Group, Novel Foods Working Group and Health Claims Working Group for the European Food Safety Authority (EFSA) and is a member of the Panel on Nutrition, Novel Food and Food Allergens (NDA) for EFSA.

Joint Working Group on Lower Carbohydrate Diets for Adults with Type 2 Diabetes

Dr Pamela Dyson

Research dietitian at the University of Oxford and holds a sessional contract as a diabetes specialist dietitian with Oxford University Hospitals NHS Foundation Trust. She also holds a voluntary post as Chief Executive Officer of the Oxford Health Alliance, a charity set up to combat the epidemic of non-communicable disease. Her main research interests are dietary management of diabetes, weight management and behavioural aspects of lifestyle change. She has a particular interest in establishing the evidence base for dietary interventions and is currently co-chaired the 2018 Diabetes UK Nutrition Working Group which revised and updated the nutrition guidelines for the prevention and treatment of diabetes.

Professor Nita Forouhi

Programme Leader in Nutritional Epidemiology and Professor of Population Health and Nutrition, MRC Epidemiology Unit, University of Cambridge. Her research focuses on identifying dietary factors for the risk of type 2 diabetes and cardiometabolic disease, systematically addressing the key challenges in nutritional research, combining scale and depth of investigation using large epidemiological cohorts. She has an interest in developing and using improved methods to assess diet, including the measurement of nutritional biomarkers, in understanding ethnic and other between-population differences in health, and in global nutrition and health. She is the Deputy Lead for the Diet, Nutrition & Lifestyle Theme of the NIHR Cambridge Biomedical Research Centre. She is a Principal Investigator of several studies, an Honorary Consultant Public Health Physician with PHE , has served on numerous advisory bodies and is Director of Organisational Affairs at the University of Cambridge School of Clinical Medicine leading on issues of equality, diversity and inclusion.

Dr Rachel Pryke

Part-time GP and trainer in Redditch, Worcestershire. She was the Royal College of General Practitioners (RCGP) Clinical Champion for Nutrition until 2015 and began a NICE Fellowship in April 2015. Established the RCGP Nutrition Group in 2013. She has written extensively. She runs primary care obesity training courses throughout the UK and has collaborated with WHO on a European primary care obesity training package. She is a member of the National Child Measurment Programme Board, PHE Obesity Priority Programme Board and RCGP representative for the Obesity Health Alliance.

Professor Roy Taylor

Professor of Medicine and Metabolism, University of Newcastle and Honorary Consultant Physician in Newcastle. He has run clinical services in diabetes, obstetric medicine and general medicine since appointment to present post in 1985. In 2008 he published a simple hypothesis of the cause of type 2 diabetes which lead to the series of research studies confirming that it was a potentially reversible condition. From 2016, he stopped providing direct clinical care in order to focus on research into the aetiology and pathogenesis of type 2 diabetes. This involved development of novel magnetic resonance methodology and use of in vivo metabolic tests. He is a member of the American Diabetes Association/ European Association for the Study of Diabetes and Diabetes UK working group on defining remission of type 2 diabetes. He is the author of the book 'Life Without Diabetes'.

Mr Douglas Twenefour

Deputy Head of Care at Diabetes UK and a registered dietitian. He has extensive clinical experience within the NHS as a Specialist Obesity and Diabetes dietitian. As spokesperson for Diabetes UK, he has featured on various national, regional and international media platforms. He holds a Master of Philosophy degree in Nutrition, a Postgraduate Diploma in Dietetics, and a Bachelor of Science Degree in Nutrition and Food Science. He has worked with a number of universities, academic institutions and health organisations worldwide, and is currently Co-Chair of Diabetes UK Nutrition Guidelines committee.

Ms Ruth Waxman

Chair of Enfield Diabetes Support Group and formally a patient representative on Diabetes Clinical Working Group at Enfield Clinical Commissioning Group (CCG) prior to the changes. She represented patients' views at Diabetes Retinopathy Group, Diabetes Stakeholder Group and Diabetes Reference Group prior to changes at CCG. She meets with Diabetes UK London regional manager to provide updates on diabetes care in Enfield. She works with diabetes consultant nurses and diabetes specialist nurses in Enfield and prior to COVID-19 was working with a local surgery to support their patients with diabetes. Has spoken in Parliament and given presentations to GPs, healthcare professionals, medical students and lay people about living with diabetes. As a member of Diabetes Voices, has met Members of Parliament to inform them about diabetes care. Was a patient representative at NICE to discuss new medications for diabetes. Patient representative on NCL low calorie diet steering group.

Nutrition and Maternal Health

Professor Annie Anderson

Professor of Public Health Nutrition and Co-director of the Centre for Research into Cancer Prevention and Screening at the School of Medicine, University of Dundee. Her main research interests are on theory based, behaviourally focused dietary and obesity (population and individual) interventions with a special interest in cancer prevention, maternal nutrition and food policy. She was a member of SACN between 2001 and 2011. She has participated as an expert advisor for the World Health Organisation (WHO) IARC, NICE, Department of Health and Social Care, FSA and Scottish Government Advisory Committees on topics ranging from infant feeding survey design, obesity and cancer prevention to Food and Drink Policy development. She is currently President of the UK Society for Behavioural Medicine.

Professor Basma Ellahi

Professor Basma Ellahi is a Public Health Nutritionist with experience in senior management, teaching and research. She is a fellow of the higher education academy in the UK and a Registered Nutritionist with the Association for Nutrition (AfN) in the UK and a member of the Nutrition Society of UK and Ireland as well as both the African and Pakistani Nutrition societies. She is section editor for the Journal of Population Health and Nutrition.

She recognises the importance of good quality education for nutritionists and has been involved in capacity building workshops on the African and Asian subcontinent. Her research interests focus on the health and wellbeing of diverse minority communities and in particular south Asian using both quantitative and qualitative methodologies. She has also been a collaborator in a number of international nutrigenetics projects at University of Reading.

Annex 4

Remuneration and committee finance

The amount paid to committee members for fees in 2020 was:

- those who chaired a meeting received a fee of £200 per face to face meeting;
 £160 for a whole day, or £80 for a half day, meeting held virtually
- members not chairing received £160 per face to face meeting; £120 for a whole day, or £60 for a half day, meeting held virtually
- members who attended a meeting and/or provided comments before or after the meeting also received a reading fee of £40.

Committee members were also paid fees for non-SACN meetings if they were attending in their capacity as members of SACN.

PHE also met travel and subsistence costs for those attending main meetings and working group/subgroup meetings.

The cost of the committee fees and expenses for the calendar year 2020, excluding secretariat resources, was £26,120. Costs were met by PHE.

Annex 5 Declarations of interest

SACN Main Committee

	PERSONAL INTER	RESTS	NON-PERSONAL INTERESTS	
Member	Organisation Details		Organisation	Details
Ms Gill Fine	Sainsbury's	Nature of interest: Shareholder	None	N/A
		Financial: yes (shareholdings). Value		
		of shares over £5,000: No		
		Subject matter: N/A		
		Dates: 1986 to present		
	Agriculture and	Nature of interest: Independent sector		
	Horticulture	board member for AHDB Beef and		
	Development	Lamb		
	Board (AHDB)	Financial: Yes (expenses reimbursed,		
		and honoraria received). Amount		
		received per annum over £5,000: No		
		Subject matter: governance issues		
		and providing insights from a public		
		health nutrition perspective		
		Dates: Board member: April 2014 to		
		March 2020		

	PERSONAL INTER	RESTS	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
	Musgrave Group	Nature of interest: Consultancy		
		Financial: Yes (fee received, travel		
		and subsistence reimbursed) Amount		
		received per annum over £5,000: No		
		Subject matter: strategic issues and		
		providing insights from a public health		
		nutrition perspective		
		Dates: May 2015 to December		
		2019, Nov 2020 - TBC		
	British Nutrition	Nature of interest: Scientific governor		
	Foundation	(until November 2019) and Trustee		
		Financial: Yes (travel and subsistence		
		reimbursed). Amount received per		
		annum over £5,000: No		
		Subject matter: governance issues		
		and providing insights from a public		
		health nutrition perspective		
		Dates: May 2011 to present		
		I	I	

PERSONAL INTERESTS		NON-PERSONAL INTERESTS		
Organisation	Details	Organisation	Details	
Springer	Nature of interest: Book editor	University of	Nature of interest: Head of Centre	
	Financial: Yes (royalties related to "Tu	Leeds	Financial: Yes (research funding).	
	 YK, Greenwood DC (Eds.) (2008) Modern Methods for Epidemiology. Springer." <i>Amount received per annum over £5,000:</i> No Subject matter: Statistical methods Dates: 2012 to present 	(World Health Organization Collaborating Centre)	Amount received per annum over £5,000: Yes Subject matter: Nutritional Epidemiology Dates: 2018 to 2022, with the possibility of extension	
	Organisation	OrganisationDetailsSpringerNature of interest: Book editor Financial: Yes (royalties related to "Tu YK, Greenwood DC (Eds.) (2008) Modern Methods for Epidemiology. Springer." Amount received per annum over £5,000: No Subject matter: Statistical methods	OrganisationDetailsOrganisationSpringerNature of interest: Book editorUniversity ofFinancial: Yes (royalties related to "TuLeedsYK, Greenwood DC (Eds.) (2008)(World HealthModern Methods for Epidemiology.OrganizationSpringer." Amount received per annumCollaboratingover £5,000: NoCentre)Subject matter: Statistical methods	

	PERSONAL INTER	RESTS	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
			EU Framework 7	Nature of interest: Research
				collaboration
				Financial: No (Free data access)
				Subject matter: Diet in pregnancy,
				maternal weight gain, birth outcomes
				and child health
				Dates: 2016 to 2019
			Department of	Nature of interest: Research
			Health and	Financial: Yes (research funding).
			Social Care	Amount received per annum over
			Policy Research	£5,000: Yes
			Programme	Subject matter: Maternal iodine
				status, birth outcomes and child
				cognition
				Dates: 2016 to 2019

	PERSONAL INTER	RESTS	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
			Yorkshire	Nature of interest: Research
			Cancer	Financial: Yes (research funding).
			Research	Amount received per annum over
				£5,000: Yes
				Subject matter: Increasing bowel
				cancer screening uptake
				Dates: 2016 to 2019
			Strategic	Nature of interest: Research
			Interdisciplinary	Financial: Yes (research funding).
			Pump-Priming	Amount received per annum over
			Scheme	£5,000: Yes
				Subject matter: Linking measures of
				environmental sustainability of diet to
				automated online dietary assessment
				Dates: 2019 to 2020

	PERSONAL INTE	RESTS	NON-PERSONAL	NON-PERSONAL INTERESTS		
Member	Organisation	Details	Organisation	Details		
			GrowMedTech	Nature of interest: Research		
			(Research	Financial: Yes (research funding).		
			England	Amount received per annum over		
			Connecting	£5,000: Yes		
			Capability Fund)	Subject matter: Developing a diet		
				optimisation engine to support nutrition		
				of gastroenterology patients		
				Dates: 2019 to 2020		
			Leeds City	Nature of interest: Research		
			Region	Financial: Yes (research funding).		
				Amount received per annum over		
				£5,000: Yes		
				Subject matter: Automated		
				processing of web-scraped dietary		
				data to augment dietary assessment		
				tools		
				Dates: 2019 to 2020		

	PERSONAL INTER	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details	
			British Heart	Nature of interest: Research	
			Foundation	Financial: Yes (research funding).	
				Amount received per annum over	
				£5,000: Yes	
				Subject matter: Objective assessment	
				of fatigue or dyspnoea as the	
				mechanism of exercise limitation in	
				heart failure: Implications for	
				individualised therapy	
				Dates: 2019 to 2022	
	1	1	1	1	

	PERSONAL INTERESTS		NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
Professor Paul	Biotechnology	Nature of interest: Chair of the	Scottish	Nature of interest: Research
Haggarty	and Biological	Biotechnology and Biological Sciences	Government	Financial: Yes (research funding).
	Sciences	Research Council (BBSRC) Strategy		Amount received per annum over
(As Deputy	Research	Advisory Panel on Bioscience for an		£5,000: Yes
Director of	Council	Integrated Understanding of Health		Subject matter: Scottish
Research at the	(BBSRC)	Financial: Yes (expenses reimbursed		Government's Rural and Environment
Rowett Institute,		and honoraria received). Amount		Science and Analytical Services
Professor		received per annum over £5,000: No		Division (RESAS) funded research
Haggarty has		Subject matter: Advising BBSRC on		programme on food and health
administrative		the overall balance and direction of its		Dates: 2016 to 2021
responsibility for		research grants portfolio.		
institutional		Dates: 2017 to present		
interests that are				
not covered by				
personal or non-				
personal				
interests)				

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Biotechnology	Nature of interest: Chair of the	Arthritis	Nature of interest: Research
	and Biological	Biotechnology and Biological Sciences	Research UK	Financial: Yes (research funding).
	Sciences	Research Council (BBSRC)		Amount received per annum over
	Research	Agriculture, Food, Nutrition and Health		£5,000: Yes
	Council	Working Group		Subject matter: Unlocking the Joint
	(BBSRC)	Financial: No		Morphogenetic Code in Mesenchymal
		Subject matter: Advising UKRI on		Stem Cells from Human Synovium.
		research across the Agri-Food-		Dates: 2019 to 2024
		Nutrition-Health spectrum.		
		Dates: 2020		
	Biotechnology	Nature of interest: Member of the Diet	UKRI Global	Nature of interest: Research
	and Biological	and Health Research Industry Club	Challenges	Financial: Yes (research funding).
	Sciences	(DRINC) and Priming Food Partnership	Research Fund	Amount received per annum over
	Research	(PFP) initiatives review panel	(GCRF)	£5,000: Yes
	Council	Financial: No		Subject matter: GCRF Action against
	(BBSRC)	Subject matter: Advising UKRI on		Stunting Hub.
		research across the Agri-Food-		Dates: 2019 to 2024
		Nutrition-Health spectrum.		
		Dates: 2020		

	PERSONAL INTER	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Scottish	Nature of interest: Presentation of		
	Parliament	evidence at the Scottish Parliament.		
	Health and Sport	Financial: No		
	Committee	Subject matter: Presentation of		
		evidence to parliament on the		
		'Provisional UK Common Framework		
		on Nutrition labelling, Composition and		
		Standards'		
		Dates: Dec 2020		
	Scottish	Nature of interest: Presentation of		
	Parliament	evidence at the Scottish Parliament.		
	Health and Sport	Financial: No		
	Committee	Subject matter: Presentation of		
		evidence to parliament on the		
		'Provisional UK Common Framework		
		on Food and Feed Safety and Hygiene'		
		Dates: Jan 2021		

	PERSONAL INTER	RESTS	NON-PERSONA	L INTERESTS
Member	Organisation	Details	Organisation	Details
Professor Susan	Academy of	Nature of interest: Fellow	Guys and St.	Nature of interest: Research
Jebb	Medical	Financial: No.	Thomas	Financial: Yes (to University of
	Sciences	Subject matter: Medical research	Foundation	Oxford). Amount received per annum
		Dates: 2018-Present		over £5,000: Yes.
				Subject matter: Project to design
				evaluation plans for interventions in
				grocery stores in Lambeth and
				Southwark
				Dates: 2018-2019
	Nutrition Society	Nature of interest: Member	British Heart	Nature of interest: Research
		Financial: No.	Foundation	Financial: Yes (to University of
		Subject matter: Nutrition research		Oxford). Amount received per annum
		Dates: 2017-Present		<i>over £5,000</i> : Yes
				Subject matter: Diet & Obesity
				Research. Systematic review of
				weight regain after intentional weight
				loss and its impact on cardiovascular
				and other related health outcomes.
				Dates: 2018-Present

	PERSONAL INTER	RESTS	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
	Science Media	Nature of interest: Member of	National	Nature of interest: Senior Investigator
	Centre	Advisory Board	Institute for	Financial: Yes (to University of
		Financial: No.	Health Research	Oxford). Amount received per annum
		Subject matter: Science	(NIHR)	<i>over £5,000</i> : Yes
		communication		Subject matter: Diet and Obesity
		Dates: 2017-Present		Research
				Dates: 2018-Present
	Association for	Nature of interest: Member	NIHR Biomedical	Nature of interest: Research
	Study of Obesity	Financial: No.	Research Centre	Financial: Yes (to University of
		Subject matter: Obesity research		Oxford) Amount received per annum
		Dates: 1987-Present		<i>over £5,000</i> : Yes
				Subject matter: Diet, Obesity and
				Lifestyle Theme
				Dates: 2017-Present

	PERSONAL INT	PERSONAL INTERESTS		INTERESTS
Member	Organisation	Details	Organisation	Details
	University of	Nature of interest: Scientific Advisory	Public Health	Nature of interest: Member
	Cambridge	Board member	England Obesity	Financial: No
		Financial: Yes (travel and	Reduction &	Subject matter: Obesity Policy
		subsistence) Amount received per	Reformulation	Dates: 2017-Present
		annum over £5,000: No	Group	
		Subject matter: Wellcome Trust		
		Behaviour By Design programme		
		Dates: 2018 - present		
	University of	Nature of interest: Scientific Advisory	Wellcome Trust	Nature of interest: Research
	Newcastle	Board member		Financial: Yes (to University of
		Financial: Yes (travel and		Oxford) Amount received per annum
		subsistence) Amount received per		over £5,000: Yes
		annum over £5,000: No		Subject matter: Livestock,
		Subject matter: DHSC Policy		Environment and People programme
		Research Unit on Behavioural		Dates: 2017-Present
		Sciences		
		Dates: 2019 - present		

	PERSONAL INTE	PERSONAL INTERESTS		L INTERESTS
Member	Organisation	Details	Organisation	Details
			NIHR	Nature of interest: Research
			Technology	Financial: Yes (to University of
			Assessment	Oxford). Amount received per annum
			Programme	<i>over £5,000</i> : Yes
				Subject matter: Weight management
				interventions for women postnatally
				Dates: 2017-Present
			British Heart	Nature of interest: Research
			Foundation	Financial: Yes (to University of
				Oxford). Amount received per annum
				over £5,000: Yes.
				Subject matter: DPhil Studentship
				Dates: 2016-2019
			British Heart	Nature of interest: Research
			Foundation	Financial: Yes (to University of
				Oxford). Amount received per annum
				over £5,000: Yes
				Subject matter: Development and
				feasibility testing of a behavioural
				intervention to reduce salt intake.
				Dates: 2016-Present

	PERSONAL INTE	PERSONAL INTERESTS		INTERESTS
Member	Organisation	Details	Organisation	Details
			NIHR	Nature of interest: Research
			Collaborations	Financial: Yes (to University of
			for Leadership	Oxford). Amount received per annum
			in Applied	<i>over £5,000</i> : Yes
			Health Research	Subject matter: Disease prevention
			and Care	through health behaviour change
			(Sept 2019	programme
			became Applied	Dates: 2015-Present
			Research	
			Centre)	
			Cambridge	Nature of interest: Research
			Weight Plan	Financial: Yes (to University of
				Oxford). Amount received per annum
				over £5,000: Yes
				Subject matter: Project to test
				effectiveness of total diet replacement
				programme
				Dates: 2015-2020

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
Professor	Food Safety	Nature of interest: Member of the	Science	Nature of interest: Research
Mairead Kiely	Authority of	Public Health Nutrition Sub-Committee;	Foundation	Financial: Yes (PhD student funding
(As Head of the	Ireland	Member of the Tolerable Upper Levels	Ireland	and research funding). Amount
School of Food		working group; Member of the Healthy		received per annum over £5,000: Yes
and Nutritional		Eating working group for young		Subject matter: PINPOINT Project:
Sciences at		children aged 1-5 years.		Personalised nutrition for the preterm
University		Financial: Yes (travel and subsistence		infant
College Cork,		reimbursed). Amount received per		Dates: 2015 to 2020
Professor Kiely		annum over £5,000: No		
has		Subject Matter: Public Health Nutrition		
administrative		policy		
responsibility for		Dates: 2008 to present.		
institutional				
interests that are				
not covered by				
personal or non-				
personal				
interests)				

	PERSONAL INTER	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	European	Nature of interest: Editorial board	Danone Early	Nature of interest: Research
	Journal of	member; micronutrients editor.	Life Nutrition	Financial: Yes (research funding).
	Nutrition	Financial: No		Amount received per annum over
		Subject Matter: Nutrition Science		<i>£5,000</i> : Yes
		Dates: 2016-present		Subject matter: PINPOINT
				Personalised nutrition for the preterm
				infant
				Dates: 2015 to 2020
	Journal of	Nature of interest: Editorial Board	Fresenius Kabi	Nature of interest: Research
	Human Nutrition	member		Financial: Yes (research funding).
	and Dietetics	Financial: No		Amount received per annum over
		Subject matter: Editorial		<i>£5,000</i> : Yes
		Dates: 2012 to present		Subject matter: Cash contribution to
				the PINPOINT project: Personalised
				nutrition for the preterm infant
				Dates: 2015 to 2020

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Vitamin D	Nature of interest: Member of the	Crème Global	Nature of interest: Research
	Workshop	workshop executive committee	Nutrition	Financial: Yes (research funding).
		Financial: No		Amount received per annum over
		Subject matter: Vitamin D Science		£5,000: Yes
		Dates: March 2018-present		Subject matter: Benefit-in-kind and
				cash contribution to the PINPOINT
				project: Personalised nutrition for the
				preterm infant
				Dates: 2015 to 2020
	Solaris Health	Nature of interest: Speaker at CPD	Science	Nature of interest: Research
		meeting	Foundation	Financial: Yes (PhD student funding
		Financial: Yes (travel expenses)	Ireland	and research funding). Amount
		Amount received per annum over		received per annum over £5,000: Yes
		£5,000: No		Subject matter: COMBINE Project:
		Subject matter: Vitamin D		Cork Nutrition and Microbiome
		requirements in pregnant women and		Maternal-Infant Cohort Study
		children		Dates: 2015 to 2020
		Dates: May 2019		

	PERSONAL INTER	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Ranks Forum	Nature of interest: Speaker at Ranks	Irish Centre for	Nature of interest: Member of the
		Forum meeting	Fetal and	executive management team
		Financial: Yes (travel expenses)	Neonatal	Financial: No
		Amount received per annum over	Translational	Subject matter: INFANT
		£5,000: No	Research	Dates: November 2015-present
		Subject matter: Vitamin D	(INFANT)	
		requirements in pregnant women and		
		children		
		Dates: September 2019		
	Nestle Nutrition	Nature of interest: Speaker at Nestle	Enterprise	Nature of interest: Research
	Institute	Nutrition Institute European Meeting	Ireland Meat	Financial: Yes (research funding).
		Financial: Yes (Honorarium and travel	Technology	Amount received per annum over
		expenses) Amount received per annum	Institute	£5,000: Yes
		over £5,000: No		Subject matter: Analysis of
		Subject matter: Vitamin D in preterm		BASELINE cohort data.
		infants		Dates: 2018 to 2019
		Dates: September 2019		

	PERSONAL INTERESTS		NON-PERSONAL	NON-PERSONAL INTERESTS		
Member	Organisation	Details	Organisation	Details		
			Irish	Nature of interest: Research		
			Government	Financial: Yes (research funding).		
			Dept of	Amount received per annum over		
			Agriculture Food	£5,000: Yes		
			and the Marine	Subject matter: Healthy Sustainable		
				Diets research		
				Dates: 2020 to present		
		1		1		

	PERSONAL INTER	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
Professor Susan	D3TEX Ltd	Nature of interest: Research Director	Ministry of	Nature of interest: Research
Lanham-New		Financial: Yes (shareholdings). Value	Defence	Financial: Yes (research funding).
		of shares over £5,000: No		Amount received per annum over
		Subject matter: Develop an effective		£5,000: Yes
		and cost-efficient textile-based solution		Subject matter: Vitamin D research
		to help combat vitamin D deficiency in		for prevention of stress fractures in the
		veiled women		Royal Marines
		Dates: 2007 to present		Dates: 2014 to present
	Nutrition Society	Nature of Interest: Nutrition Science	European Union	Nature of interest: Research
		Communication.		Financial: Yes (research funding).
		Financial: Yes (travel expenses only)		Amount received per annum over
		Amount received per annum over		£5,000: Yes
		£5,000: No		Subject matter: Vitamin D research
		Subject matter: Trustee of the		ODIN project
		Nutrition Society (Hon Secretary)		Dates: 2014 to 2020
		Dates: 2018 to present		

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	British Nutrition	Nature of Interest: Nutrition Science	Ministry of	Nature of interest: Research
	Foundation	Communication.	Defence	Financial: Yes (research funding).
		Financial: Yes (travel expenses only)		Amount received per annum over
		Amount received per annum over		£5,000: Yes
		£5,000: No		Subject matter: Vitamin D research
		Subject matter: Trustee of the British		for optimising health in British
		Nutrition Foundation		Submariners
		Dates: 2019 to present		Dates: 2014 to present
	Thornton-Ross	Nature of Interest: Webinar	Higher	Nature of interest: Research
		Financial: Yes (donated to Surrey	Education	Financial: Yes (research funding).
		Student Hardship Fund)	Funding Council	Amount received per annum over
		Amount received per annum over		£5,000: Yes
		£5,000: No		Subject matter: Nutrition and exercise
		Subject matter: Vitamin D		strategies for healthy ageing
		Dates: July 2020		Dates: 2017 to 2021

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation Details		Organisation	Details
	Thornton-Ross	Nature of Interest: Article in Journal	Solaris	Nature of interest: Research
		of Community Nursing	Pharmaceuticals	Conference talk on Vitamin D
		Financial: Yes (donated to the Royal		Financial: Yes (research funding).
		Osteoporosis Society)		Amount received per annum over
		Amount received per annum over		£5,000: No
		£5,000: No		Subject matter: Talk at a conference
		Subject matter: Vitamin D		in Birmingham, July 2019. Honorarium
		Dates: July 2020		paid. Talk at a conference in London,
				November 2019. Honorarium paid.
				Dates: 2019
	General Mills	Nature of Interest: Definition of	Rank Prize	Nature of interest: Research
		normal and healthy bone	Funds	Financial: Yes (research funding).
		Financial: Yes (travel expenses only)		Amount received per annum over
		Amount received per annum over		£5,000: Yes
		£5,000: No		Subject matter: Scientific Meetings on
		Subject matter: Calcium		Vitamin D
		Dates: July 2020		Dates: 2019

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Guardian	Nature of Interest: Podcast	Biotechnology	Nature of interest: Research
		Financial: Yes (travel expenses only)	and Biological	Financial: Yes (research funding).
		Amount received per annum over	Sciences	Amount received per annum over
		£5,000: No	Research	£5,000: Yes
		Subject matter: Vitamin D	Council	Subject matter: Doctoral Training
		Dates: June 2020		Programme on Food Bio-Systems.
				Led by Reading University and
				includes Universities of Surrey,
				Cranfield, Brunel, Belfast, Aberystwyth
				and Surrey
				Dates: 2019-2028
	Psychological	Nature of Interest: Podcast		
	Society	Financial: Yes (travel expenses only)		
		Amount received per annum over		
		£5,000: No		
		Subject matter: Vitamin D		
		Dates: June 2020		

	PERSONAL INTER	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Nutrition Society	Nature of Interest: Webinar		
		Financial: Yes (travel expenses only)		
		Amount received per annum over		
		£5,000: No		
		Subject matter: Vitamin D		
		Dates: May-August 2020		
	Thornton-Ross	Nature of Interest: Publication and		
		Webinar		
		Financial: Yes (honorarium donated to		
		charity)		
		Amount received per annum over		
		£5,000: No		
		Subject matter: Vitamin D		
		Dates: May/June 2020		
	General Mills	Nature of Interest: Publication		
		Financial: Yes (travel expenses only)		
		Amount received per annum over		
		£5,000: No		
		Subject matter: Definition of normal		
		and healthy bone in relation to calcium.		
		Dates: May 2020		

	PERSONAL INTER	RESTS	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
	US Council for	Nature of Interest: Webinar		
	Responsible	Financial: Yes (travel expenses only)		
	Nutrition	Amount received per annum over		
		£5,000: No		
		Subject matter: Vitamin D		
		Dates: November 2020		
	Parliamentary	Nature of Interest: Talk		
	Food and Health	Financial: Yes (travel expenses only)		
	Forum	Amount received per annum over		
		£5,000: No		
		Subject matter: Vitamin D, acute		
		respiratory infections and COVID-19		
		Dates: September 2020		

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS		
Member	Organisation	Details	Organisation	Details	
	The Times; The	Nature of Interest: Written Media			
	Financial Times;	Pieces			
	The New York	Financial: No			
	Times; Wall	Subject matter: Vitamin D			
	Street Journal;	Dates: March-December 2020			
	New Scientist;				
	Daily Express				
	1	1	1		

	PERSONAL INTER	RESTS	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
Professor Julie	International Life	Nature of interest: Chair (since 2017)	British Heart	Nature of interest: Research
Lovegrove	Sciences	and Member (since 2016) of ILSI	Foundation	Financial: Yes (research funding).
	Institute (ILSI)	Europe Qualitative Fat Intake Expert		Amount received per annum over
	Europe	Group on 'Update on Health Effects of		£5,000: Yes
		Different Dietary Saturated Fats'		Subject matter: The physiological
		Financial: Yes (travel and subsistence		importance and integration of receptor-
		reimbursed). Amount received per		mediated inhibitory mechanisms in
		annum over £5,000: No		platelets in health and disease
		Subject matter: Health effects of		Dates: 2015 to 2020
		saturated fats		
		Dates:		
		Member: November 2016 to present		
		Chair: May 2017 to present		

	PERSONAL INTER	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation Details		Organisation	Details
	International Life	Nature of interest: Member of ILSI	Biotechnology	Nature of interest: Research grant
	Sciences	Europe Expert Group on 'Efficacy of	and Biological	Financial: Yes (research funding).
	Institute (ILSI)	dietary interventions on metabolic	Sciences	Amount received per annum over
	Europe	syndrome';	Research	£5,000: Yes
		Financial: Yes (travel and subsistence	Council	Subject matter: Research into
		reimbursed). Amount received per		saturated fat and lipid markers of
		annum over £5,000: No		cardiovascular disease risk
		Subject matter: Efficacy of dietary		Dates: June 2017 to May 2020
		interventions on metabolic syndrome		
		Dates: November 2014 to present		
	Nutrition Society	Nature of interest: President Elect	Biotechnology	Nature of interest: Research grant
		Financial: Yes (travel expenses).	and Biological	Financial: Yes (research funding).
		Amount received per annum over	Sciences	Amount received per annum over
		£5,000: No	Research	£5,000: Yes
		Subject matter: UK Learned Society	Council	Subject matter: Research into the
		of Nutrition		impact of dietary intake on bile acids
		Dates: January 2019 - August 2019		as biomarkers of health and
				cardiovascular risk.
				Dates: May 2017 to April 2020

	PERSONAL INTER	RESTS	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
	Nutrition Society	Nature of interest: President	Biotechnology	Nature of interest: Research grant
		Financial: Yes (travel expenses).	and Biological	Financial: Yes (research funding).
		Amount received per annum over	Sciences	Amount received per annum over
		£5,000: No	Research	£5,000: Yes
		Subject matter: UK Learned Society	Council	Subject matter: Research into
		of Nutrition		circulating fatty acids as biomarkers of
		Dates: September 2019 - September		health and disease
		2022		Dates: August 2017 to July 2020
			Biotechnology	Nature of interest: Research grant
			and Biological	with PepsiCo, Mars Wrigley, Unilever,
			Sciences	Premier Foods, Arla, Pladis, Mondelez
			Research	as a partner
			Council	Financial: Yes (research funding).
				Amount received per annum over
				£5,000: Yes
				Subject matter: Research into impact
				of reduced fat foods on satiety and
				food intake
				Dates: January 2017 – April 2019

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
			Barham	Nature of interest: Research grant
			Benevolent	Financial: Yes (research funding).
			Foundation	Amount received per annum over
				£5,000: Yes
				Subject matter: Research into impact
				of animal and plant protein on
				cardiometabolic risk
				Dates: April 2017 – March 2020
			European	Nature of interest: Research grant
			Institute of	with PepsiCo as a partner
			Innovation and	Financial: Yes (research funding).
			Technology	Amount received per annum over
			Food Knowledge	£5,000: Yes
			and Innovation	Subject matter: Research into
			Centre &	personalised nutrition app
			PepsiCo	development
				Dates: January 2019 – December
				2019

	PERSONAL INTER	RESTS	NON-PERSONAL INTERESTS		
Member	Organisation	Details	Organisation	Details	
			Dutch Dairy	Nature of interest: Research grant	
			Council	Financial: Yes (research funding).	
				Amount received per annum over	
				£5,000: Yes	
				Subject matter: Research into impact	
				of substitution of saturated fats from	
				different foods on cardiometabolic risk	
				Dates: October 2019 - September	
				2023	
			Danish Dairy	Nature of interest: Research grant	
			Foundation	Financial: Yes (research funding).	
				Amount received per annum over	
				£5,000: Yes	
				Subject matter: Research into impact	
				of substitution of saturated fats from	
				different foods on cardiometabolic risk	
				Dates: October 2019 - September	
				2023	

	PERSONAL INTER	RESTS	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
			European	Nature of interest: Research grant
			Institute of	with OME Health as a partner
			Innovation and	Financial: Yes (research funding).
			Technology	Amount received per annum over
			Food4Health	£5,000: Yes
			Knowledge and	Subject matter: Research Proposal
			Innovation	for intervention on diet and metabolic
			Centre	health
				Dates: September 2019 - December
				2019
			EU Horizon 2020	Nature of interest: Research grant
				Financial: Yes (research funding).
				Amount received per annum over
				£5,000: Yes
				Subject matter: Research
				"FoodCloud" Personalised nutrition
				Dates: October 2019 - September
				2023

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS		
Member	Organisation	Details	Organisation	Details	
			Rank Prize	Nature of interest: Research grant	
			Foundation	Financial: Yes (research funding).	
			Studentship	Amount received per annum over	
				£5,000: Yes	
				Subject matter: Research into impact	
				of substitution of saturated fats from	
				different foods on cardiometabolic risk	
				Dates: October 2019 - September	
				2023	
	1 	·	1		

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
Professor lan	Nature	Nature of interest: Editor International	Unilever	Nature of interest: University lead in
Macdonald	Publishing	Journal of Obesity		strategic link with Unilever
	Group	Financial: Yes (honorarium received).		Financial: Yes (University of
		Amount received per annum over		Nottingham receives PhD student and
		£5,000: Yes		research project funding). Amount
		Subject matter: Editing the journal		received per annum over £5,000: Yes
		Dates: 2005 to present		Subject matter: Research
				Dates: 2014 to present
	Mars	Nature of interest: Presence on Mars	Mars	Nature of interest: Research project
	Incorporated	Scientific Advisory Council as a	Incorporated,	grant
		Waltham Centre for Pet Nutrition	Technology	Financial: Yes (BBSRC research
		research advisor	Strategy Board	funding to the University of
		Financial: Yes (honorarium received,	(Innovate UK)	Nottingham). Amount received per
		paid to University of Nottingham).	and	annum over £5,000: Yes
		Amount received per annum over	Biotechnology	Subject matter: Dietary carbohydrates
		£5,000: No	and Biological	Dates: 2014 to 2019
		Subject matter: Advice on nutrition	Sciences	
		research	Research	
		Dates: 2014 to present	Council	
			(BBSRC)	

	PERSONAL INTER	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Mars	Nature of Interest: Peer-review of pet	Biotechnology	Nature of interest: Research project
	Incorporated-	nutrition research projects	and Biological	grant on Bedrest: impact of immobility
	Waltham Centre	Financial: Yes (honorarium received).	Sciences	on Insulin sensitivity
	for Pet Nutrition	Amount received per annum over	Research	Financial: Yes (BBSRC research
		£5,000: No	Council	funding to the University of
		Subject matter: Pet nutrition research	(BBSRC)	Nottingham). Amount received per
		Dates: 2015 to present		annum over £5,000: Yes
				Subject matter: Insulin resistance
				Dates: 2016 to 2019
	Mars UK/Europe	Nature of Interest: Member of	Wilmington	Nature of Interest: Advisory Group
		Nutrition Advisory Board, and Health	Health Care	for the Development of a Diabetes
		and Wellbeing Committee		Care Scenario
		Financial: Yes (travel and subsistence		Financial: No
		costs reimbursed. Honorarium paid to		Subject matter: Providing advice on
		the University of Nottingham). Amount		the development of a clinical care
		received per annum over £5,000: No		scenario for people with type 2
		Subject matter: Expert advice on		diabetes
		human nutrition and on broader		Dates: July 2018 to Jan 2019
		aspects of Health and Wellbeing		
		Dates: October 2015 to present		

	PERSONAL INTER	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	International Life	Nature of interest: Member of Dietary		
	Sciences	Carbohydrates Task Force		
	Institute Europe	Financial: Yes (travel and subsistence		
		reimbursed). Amount received per		
		annum over £5,000: No		
		Subject matter: Link between dietary		
		carbohydrates and health		
		Dates: July 2015 to present		
	International Life	Nature of interest: Member of expert		
	Sciences	group on 'Efficacy Markers of Diabetes		
	Institute Europe	Risk'		
		Financial: Yes (travel and subsistence		
		reimbursed). Amount received per		
		annum over £5,000: No		
		Subject matter: Markers of insulin		
		resistance and sensitivity		
		Dates: Late 2015 to present		
	Royal Society of	Nature of Interest: Fellow		
	Biology	Financial: No		
		Dates: from 2014 to present		

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	International	Nature of Interest: Fellow		
	Union of	Financial: No		
	Nutritional	Dates: from September 2015 to		
	Sciences	present		
	Association for	Nature of Interest: Fellow		
	Nutrition	Financial: No		
		Dates: from 2015 to present		
	Nestle R&D	Nature of interest: Member of Nestle		
		R&D Scientific Advisory Board		
		Financial: Yes (travel and		
		subsistence reimbursed, and		
		honorarium paid). Amount received per		
		annum over £5,000: Yes		
		Subject matter: Expert advice on food		
		and nutrition research		
		Dates: November 2018 to present		

	PERSONAL INTER	RESTS	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
	Nestle Science	Nature of interest: Member of Nestle		
	and Technology	STAC		
	Advisory	Financial: Yes (travel and subsistence		
	Council (STAC)	reimbursed, and honorarium paid).		
		Amount received per annum over		
		£5,000: Yes		
		Subject matter: Expert advice on food		
		and nutrition research		
		Dates: November 2019 onwards		

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Wilmington	Nature of Interest: Chairing Regional		
	Health Care	Transformation and Sustainability		
		Network meetings about Prevention of		
		Diabetes and Management of Diabetes		
		Mellitus in the English NHS Regions.		
		Financial: Yes (travel expenses and		
		an honorarium received) Amount		
		received per annum over £5000: No		
		Subject matter: Chairing the		
		meetings, giving an initial overview of		
		recent advances in diabetes		
		prevention, obesity, or diabetes		
		management, summarising at the end		
		of the meeting		
		Dates: 2017 to present		

Nov Scie Adv	ganisation		NON-PERSONAL INTERESTS		
Scie Adv	3	Details	Organisation	Details	
Adv	ovozymes	Nature of interest: Member of SAB			
	ientific	Financial: Yes (travel and subsistence			
(SA	lvisory Board	reimbursed. Honorarium paid to the			
	AB)	University of Nottingham) Amount			
		received per annum over £5,000: No			
		Subject matter: Expert advice on food,			
		nutrition and health			
		Dates: October 2018 to present			
Νον	ovozymes	Nature of interest: Member of STIB			
Scie	ience,	Financial: Yes (travel and subsistence			
Тес	chnology and	reimbursed. Honorarium paid to the			
Inne	novation	University of Nottingham. Amount			
Воа	oard (STIB)	received per annum over £5,000: No			
		Subject matter: Expert advice on food,			
		nutrition and health			
		Dates: November 2019 onwards			

	PERSONAL INTE	RESTS	NON-PERSONAL	
Member	Organisation	Details	Organisation	Details
Dr David Mela	Unilever	Nature of interest: Shareholder.	None	n/a
		Former employee (to June 2019)		
		Financial: Yes – Shareholdings (and		
		salary package up to June 2019).		
		Value of shares over £5,000: Yes		
		Subject matter: N/A		
		Dates: 2005 to present		
	UK Research	Nature of interest: Reviewer		
	and Innovation,	Financial: Yes (travel expenses only).		
	Future Leaders	Amount received per annum over		
	Fellowships	£5,000: No		
		Subject matter: Research grant		
		proposals		
		Dates: 2019		
	Joint	Nature of interest: Reviewer		
	Programming	Financial: Yes (travel expenses only).		
	Initiative 'a	Amount received per annum over		
	Healthy Diet for	£5,000: No		
	a Healthy Life'	Subject matter: Research grant		
		proposals		
		Dates: 2019		

	PERSONAL INTER	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Graduate School	Nature of interest: Member of		
	VLAG	International Advisory Board		
	(Wageningen	Financial: No		
	University and	Subject matter: Research and		
	associated	postgraduate education		
	institutes)	Dates: 2016 to present		
	Research	Nature of interest: Member of criteria		
	Excellence	and assessment phase of Main REF		
	Framework	Panel A, 'Medicine, health and life		
	(REF) 2021	sciences'		
		Financial: Yes (honorarium / travel		
		expenses). Amount received per		
		annum over £5,000: No		
		Subject matter: Assessment of		
		research quality in UK higher education		
		institutions		
		Dates: 2018 to present		

	PERSONAL INTER	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	SWEET – a	Nature of Interest: Member of Science		
	Research	and Industry Advisory Board for the		
	Consortium	Research Programme		
	awarded an EU	Financial: Yes (travel and		
	Horizon 2020	accommodation provided for attending		
	grant.	Consortium meetings, no payments		
		made to DJM) Amount received per		
		annum over £5,000: No		
		Subject matter: Sweeteners and		
		sweetness enhancers: Impact on		
		health, obesity, safety and		
		sustainability		
		Dates: October 2018 to present		
	Nature	Nature of interest: Editorial Board		
	Publishing	Member, International Journal of		
	Group	Obesity		
		Financial: No		
		Subject matter: Reviewing papers and		
		making recommendations to editors		
		Dates: 2019 to present		

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Danone	Nature of interest: Consultancy		
		Financial: Yes (fee received). Amount		
		received per annum over £5,000: No		
		Subject matter: Sugars and		
		sweeteners		
		Dates: August 2019		
	Unilever	Nature of interest: Consultancy		
		Financial: Yes. Amount received per		
		annum over £5,000: Yes		
		Subject matter: Sugars,		
		Carbohydrates and Health		
		Dates: May-November 2020		
	1		l	I

	PERSONAL INTE	ERESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
Professor Ken	Soleno	Nature of interest: Research, Local	Mead Johnson	Nature of interest: Research
Ong	Therapeutics,	Clinical Investigator	Nutrition	Financial: Yes (research funding to
	Inc	Financial: Yes; Amount received per		the University of Cambridge). Amount
		annum over £5,000: No		received per annum over £5,000: Yes
		Subject matter: Clinical trial in		Subject matter: Discovery of
		patients with Prader-Willi syndrome		biomarkers for infant nutrition
		Dates: 2019 to present		Dates: 2009 to present
			Biotechnology	Nature of interest: Research
			and Biological	Financial: Yes (research funding to
			Sciences	the University of Cambridge). Amount
			Research	received per annum over £5,000: Yes
			Council	Subject matter: Biomarkers for infant
			(BBSRC) with	nutrition
			Danone Nutricia	Dates: 2017 to present
			Research and	
			Mead Johnson	
			Nutrition as	
			collaborating	
			partners	

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
Mrs Gemma	Veritas	Nature of interest: Employer	None	n/a
Paramor	Investment	Financial: Yes (salary). Amount		
	Partners (UK)	received per annum over £5,000: Yes		
	Limited	Subject matter: Equity research, may		
		include companies with food-related		
		business models		
		Dates: May 2016 to present		
	Sainsbury Plc	Nature of interest: Spouse's employer		
		Financial: Yes (salary). Amount		
		received per annum over £5,000: Yes		
		Subject matter: Senior head office		
		finance role at supermarket chain		
		Dates: July 2016 to July 2019		
	Just Eat Plc	Nature of interest: Spouse		
		shareholding		
		Financial: Yes. Amount received per		
		annum over £5,000: Yes		
		Subject matter: Market place for		
		online food delivery		
		Dates: March 2018 to August 2019		

	PERSONAL INTER	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
Professor	Medical	Nature of interest: Member, Applied	Nutricia	Nature of interest: PhD studentship
Lucilla Poston	Research	Global Health Research Board	Research BV	support
	Council	Financial: Yes (expenses), Amount	(Danone)	Financial: Yes (research funding and
		received per annum over £5,000. No		PhD student support) Amount received
		Subject matter: Global health		per annum over £5,000. No
		including nutrition		Subject matter: Probiotic modulation
		Dates: 2015 to present		of the microbiome in pregnancy and
				epigenetic effects on the offspring
				Dates: 2016 to 2020
	National Institute	Nature of interest: Expert adviser for	Medical	Nature of interest: Research Grant
	for Health and	the NICE Centre for Guidelines (CfG)	Research	Co-Applicant
	Care Excellence	Financial: Yes (expenses), Amount	Council	Financial: Yes (research funding)
	(NICE)	received per annum over £5,000. No		Amount received per annum over
		Subject matter: Women's Health		£5,000. Yes
		including nutrition		Subject matter: Creating an open
		Dates: 2018 to 2021		access knowledge hub of nutritional
				biomarkers for use in global health
				settings
				Dates: 2018-2020

	PERSONAL INTERESTS		NON-PERSONA	L INTERESTS
Member	Organisation	Details	Organisation	Details
	International	Nature of interest: President of	British Heart	Nature of interest: Research Grant PI
	Society for the	Society	Foundation	Financial: Yes (research funding)
	Developmental	Financial: Yes (expenses), Amount		Amount received per annum over
	Origins of	received per annum over £5,000. No		£5,000. Yes.
	Disease	Subject matter: promote research into		Subject matter: The influence of a
		the foetal and developmental origins of		complex intervention of diet and
		disease.		physical activity in obese pregnant
		Dates: 2017 to present		women of the cardiometabolic
				phenotype of 3-year-old children;
				analysis of the UPBEAT trial.
				Dates: 2017 to 2020.
	International Life	Nature of interest: Member of group	Diabetes UK	Nature of interest: Research Grant
	Sciences Institute:	Financial: Yes (expenses), Amount		co-applicant
	Obesity and	received per annum over £5,000. No		Financial: Yes (research funding)
	Diabetes and	Subject matter: Nutrition in women		Amount received per annum over
	Early Nutrition & Long-Term	with gestational diabetes		£5,000. Yes
	Health Task	Dates: 2017 to present		Subject matter: Gestational Diabetes,
	Forces. Expert			the epigenome and the health of the
	group;			next generation.
	gestational diabetes			Dates: 2017 to 2020

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
	Early Nutrition	Nature of interest: Member of Early	Roche	Nature of interest: Provision of
	Academy	Nutrition Academy executive	Diagnostics	research samples for diagnostics
		Financial: No		analysis
		Subject matter Online educational		Financial: Yes. Amount received per
		programme for nutrition in early life		annum over £5,000. Yes
		(including pregnancy)		Subject matter: Gestational Diabetes
		Dates: 2015 to present		Dates: 2019
	Wellcome Trust	Nature of interest: Member, Henry	Dexcom	Nature of interest: Agreement for
		Dale Fellowship Committee		provision of glucose monitors
		Financial: Yes (expenses), Amount		Financial: No (in kind agreement)
		received per annum over £5,000. No		Amount received per annum over
		Subject matter: Medical and Biological		£5,000. No
		Sciences training programme		Subject matter: Gestational Diabetes
		Dates: 2020 to present		Dates: 2019

	PERSONAL INTER	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
Professor Hilary	World Cancer	Nature of interest: Deputy chair	None	n/a
Powers	Research Fund	WCRF Continuous Update Panel		
	(WCRF)	Financial: Yes (honoraria received,		
		travel and subsistence reimbursed).		
		Amount received per annum over		
		£5,000: No		
		Subject matter: diet and cancer		
		Dates: 2012 to 2019		
	Hugh Sinclair	Nature of interest: External Expert		
	Trust	Advisor		
	Committee,	Financial: No		
	University of	Subject matter:		
	Reading	Dates: 2018 to present		
	Oxford	Nature of interest: Book editor of new		
	University Press	edition of 'Human Nutrition'		
		Financial: Yes (royalties)		
		Amount received per annum over		
		£5,000: No		
		Subject matter: Human Nutrition		
		Dates: 2019 to present		

	PERSONAL INTERESTS		NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	British Nutrition	Nature of Interest: Nutrition		
	Foundation	Communication		
		Financial: Yes (Annual Prize award)		
		Amount received per annum over		
		£5,000: No		
		Subject matter: B vitamins		
		Dates: 2020		
	Sküma	Nature of interest: Consultant		
		Financial: Yes (fee)		
		Amount received per annum over		
		£5,000: No		
		Subject matter: vitamin-enriched		
		beverages		
		Dates: 2019 to 2020		

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
	National Institute	Nature of interest: Member of expert		
	for Care	Panel		
	Excellence	Financial: Yes, (reading and		
	(NICE)	attendance fee)		
		Amount received per annum over		
		£5,000: No		
		Subject matter: vitamin D and Covid-		
		19		
		Dates: 2020		
	1		·	

	PERSONAL INTERESTS		NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
Professor Ann	Shenyang	Nature of Interest: Appointment of		
Prentice	Medical College,	Honorary Professor		
	People' Republic	Financial: No		
	of China	Subject Matter: N/A		
		Dates: 1995 to present		
	University of	Nature of interest: Appointment of		
	Witwatersrand,	Honorary Professor		
	South Africa	Financial: No		
		Subject matter: N/A		
		Dates: 2013 to present		
	University of	Nature of interest: Appointment of		
	Surrey	Honorary Doctor		
		Financial: No		
		Subject matter: N/A		
		Dates: 2014 to present		

	PERSONAL INT	ERESTS	NON-PERSONA	L INTERESTS
Member	Organisation	Details	Organisation	Details
	Rank Prize	Nature of interest: Committee		
	Funds	member		
		Financial: Yes (travel expenses).		
		Amount received per annum over		
		£5,000: No		
		Subject matter: Grant awards		
		Dates: 2015 to present		
	Nestle	Nature of interest: Council Member		
	Foundation	Financial: Yes (honoraria received,		
		travel expenses reimbursed). Amount		
		received per annum over £5,000: Yes		
		Subject matter: Grant awards		
		Dates: 2015 to present		
	University of	Nature of interest: Honorary		
	Southampton	appointment of Visiting Professor		
		Financial: Yes (travel expenses).		
		Amount received per annum over		
		£5,000: No		
		Subject matter: N/A		
		Dates: 2015 to present		

	PERSONAL INTER	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	University of	Nature of interest: Appointment of		
	Cambridge	Honorary Professor		
		Financial: No		
		Subject matter: N/A		
		Dates: 2017 to present		
	Public Health	Nature of interest: Member of		
	England (PHE)	Advisory Committee to the consortium		
		contracted to PHE		
		Financial: No		
		Subject matter: National Diet and		
		Nutrition Survey Y11-14		
		Dates: 2018-present		
	Medical	Nature of interest: Honorary Senior		
	Research	Research Fellow		
	Council;	Financial: No		
	The Gambia Unit	Subject matter: Research in The		
	at the London	Gambia		
	School of	Dates: 2018-present		
	Hygiene and			
	Tropical			
	Medicine			

	PERSONAL INT	ERESTS	NON-PERSONAL	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details	
	Academy of	Nature of interest: Member of			
	Nutrition	Working Group on Evidence Based			
	Sciences	Nutrition			
		Financial: No			
		Subject matter: Evidence gathering			
		on nutrition guidelines			
		Dates: 2019-present			

	PERSONAL INTERESTS		NON-PERSONAI	
Member	Organisation	Details	Organisation	Details
Professor Sian	Biotechnology	Nature of interest: Panel member	None	N/A
Robinson	and Biological	Financial: Yes (honoraria received).		
	Sciences	Amount received per annum over		
	Research	£5,000: No		
	Council	Subject matter: Grant awards		
		Dates: 2016 to present		
	Springer Nature	Nature of interest: Deputy Editor of		
		Nutrition Journal		
		Financial: Yes (honoraria received).		
		Amount received per annum over		
		£5,000: No		
		Subject matter: Editorial role		
		Dates: 2017 to present		
	Oxford	Nature of interest: Associate Editor of		
	University Press	Age and Ageing		
		Financial: No		
		Subject matter: Editorial role		
		Dates: 2019 to present		
	<u> </u>	l	l	

		PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details	
Dr Stella Walsh	National	Nature of interest: Consumer member	None	N/A	
	Federation of	Financial: No			
	Consumers	Subject matter: Member of food			
		network, responses made to			
		government consultations on food			
		issue			
		Dates: 1980 to present			
-	The Ancient	Nature of interest: Trustee			
1	Barwick-in-Elmet	Financial: No			
-	Trust	Subject matter: charity which provides			
		fund for disadvantaged people in the			
		Trust area			
		Dates: 2017 to present			

	PERSONAL INTER	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
Professor	United Nations	Nature of interest: Chair group to	Glasgow	Nature of interest: Research grant
Charlotte Wright	Children's Fund	establish learning objectives on	Children's	Financial: Yes (research funding).
	(UNICEF) UK	breastfeeding and infant feeding	Hospital Charity	Amount received per annum over
	baby Friendly	Financial: Yes (travel expenses).	/ Scottish	£5000: Yes
	initiative	Amount received per annum over	Government	Subject matter: Investigation of The
		£5,000: No		Incidence, Demographics and
		Subject matter: To establish learning		Nutritional Profile Of Childhood
		objectives on breastfeeding and infant		Vitamin D Deficiency In Greater
		feeding in the first year of life for		Glasgow And Clyde
		medical students and junior doctors.		Dates: May 2018-April 2021
		Dates: 2017 to 2019		
	Scottish	Nature of interest: Research	Scottish	Nature of interest: Research grant
	Funding Council	Financial: Yes (research funding).	Funding	Financial: Yes (post-doctoral position
		Amount received per annum over	Council- Global	funding). Amount received per annum
		£5,000: Yes	Challenges	<i>over £5000</i> : Yes
		Subject matter: Developing a valid	Research Fund	Subject matter: Research on
		and feasible assessment tool for use in	(GCRF)	undernutrition in Kenya
		an adaptive intervention for moderate		Dates: Oct 2018 to March 2019
		acute malnutrition		
		Dates: Oct 2018 – March 2019		

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Yorkhill	Nature of interest: Research	Scottish	Nature of interest: Research grant
	Children's	Financial: Yes (research funding	Funding	Financial: Yes (visiting PG
	Charity	received). Amount received per annum	Council- Global	researcher). Amount received per
		over £5,000: Yes	Challenges	annum over £5000: Yes
		Subject matter: The role of weight	Research Fund	Subject matter: Research on
		gain in the identification of under and	(GCRF)	undernutrition in Ghana
		over nutrition: compiling a longitudinal		Dates: November 2020- July 2021
		growth dataset		
		Dates: January 2014 – July 2018		
	Hong Kong	Nature of interest: Research		
	Government	Financial: Yes (travel and subsistence		
	Health and	reimbursed). Amount received per		
	Medical	annum over £5,000: Yes		
	Research Fund	Subject matter: Commissioned Study		
		on Review of Growth Charts for Hong		
		Kong Children		
		Dates: Feb 2019 – Jan 2023		

	PERSONAL INTER	RESTS	NON-PERSONAL	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details	
	Hong Kong	Nature of interest: Panel member			
	University	Financial: Yes (travel and subsistence			
	Grants	reimbursed). Amount received per			
	Committee	annum over £5,000: Yes			
		Subject matter: Health Sciences			
		Panel for the Hong Kong Research			
		Assessment Exercise 2020			
		Dates: 2020			
	National Institute	Nature of interest: Quality Standard			
	for Health and	Committee			
	Care Excellence	Financial: Yes (travel and subsistence			
	(NICE)	reimbursed by NICE). Amount received			
		per annum over £5,000: No			
		Subject matter: Quality standard			
		committee on faltering growth			
		Dates: July 2019 – June 2020			
		<u> </u>	I	I	

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
Professor lan Young	None	N/A	None	N/A

SACN Subgroup on Maternal and Child Nutrition (SMCN)

	PERSONAL INTER	RESTS	NON-PERSONAL INTERE	STS
Member	Organisation	Details	Organisation	Details
Professor Peter	European Food	Nature of interest: Member of	None	N/A
Aggett	Safety Authority	Panel and Working Groups of		
	(EFSA)	Additives and Nutrient Sources		
		(now Food Additives and		
		Flavourings); and of WGs of GMO,		
		Animal Feeds (FEEDAPP), and		
		Nutrition and Allergies Panels		
		(NUTRI) and of the Scientific		
		Committee. Currently Member -		
		Copper Uncertainty Factor		
		(NUTRI), and of WG HBGV for		
		nutrients and additives (SCER)		
		WGs.		
		Financial: Yes (honoraria		
		received, travel and subsistence		
		reimbursed). Amount received per		
		annum over £5,000: No		
		Subject matter: Dietary Reference		
		Values (DRVs) for minerals:		
		Additive Risk Assessment:		

	PERSONAL INTE	RESTS	NON-PERSONAL INTERE	STS
Member	Organisation	Details	Organisation	Details
		Approaches to setting Health Based Guidance Values Dates : 2014 to present		
	Royal College of Physicians	Nature of interest: Chair of Nutrition Committee Financial: Yes (travel expenses). Amount received per annum over £5,000: No Subject matter: Nutrition support, policy and practice, advancing post qualification training in Nutrition for the RCP Dates: 2015 to 2019		
	European and Developing Countries Clinical Trials Partnership (EDCTP)	Nature of interest: Panel Member Financial: Yes (travel and accommodation expenses. Honoraria reimbursed). Amount received per annum over £5,000: No Subject matter: Research Ethics and Governance: Review of		

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
		protocols for and conduct of		
		proposed collaborative research		
		between European Centres and		
		Developing Countries into		
		management of infectious		
		diseases.		
		Dates: 2017 to present		

	PERSONAL INTE	RESTS	NON-PERSONAL INTER	ESTS
Member	Organisation	Details	Organisation	Details
Professor	Elsevier	Nature of interest: Journal Editor	Purely Nutrition Ltd	Nature of interest: Partner for
Marion		(Deputy Editor in Chief)		Economic and Social Research
Hetherington		Financial: Yes (quarterly stipend)		Council collaborative studentship
		Amount received per annum over		(X2)
		£5,000: No		Financial: Yes (research funding).
		Subject matter: Appetite		Amount received per annum over
		Dates: 2013 - present		£5,000: No
				Subject matter: Research on use
				of storybooks and sensory play in
				preschool children to increase
				vegetable intake
				Dates: 2014 to present
	Danone	Nature of interest: Consultant	Obesity Policy	Nature of interest: Scientific
		Financial: Yes	Research Unit hosted	Advisor
		Amount received per annum over	by University College	Financial: Yes (travel expenses).
		£5,000: No	London (UCL)	Amount received per annum over
		Subject matter: Supporting		£5,000: No
		responsive feeding – webinar,		Subject matter: UCL hosted policy
		scientific publications		unit on obesity prevention
		Dates: 2011- present		Dates: 2014 to present

	PERSONAL INTE	RESTS	NON-PERSONAL INTER	RESTS
Member	Organisation	Details	Organisation	Details
	Ella's Kitchen	Nature of interest: Chair of	Biotechnology and	Nature of interest: Research
		roundtable for policy event on	Biological Sciences	Financial: Yes (to University of
		infant feeding	Research Council	Leeds)
		Financial: Yes	(BBSRC) Diet and	Amount received per annum over
		Amount received per annum over	Health Research	£5,000: Yes
		£5,000: No	Industry Club	Subject matter: Downsizing
		Subject matter: One off policy		studies in children (portion control)
		event		Dates: 2015-2020
		Dates: November 2019		
	Nestlé Nutrition	Nature of interest: Participant at	EU Framework 7	Nature of interest: Advisory Panel
	Institute	workshop on nutrition education		Member
		Financial: Yes (travel and		Financial: Yes (travel expenses)
		honoraria)		Amount received per annum over
		Amount received per annum over		£5,000: No
		£5,000: No		Subject matter: Nudge-It Project
		Subject matter: Nutrition		advisor
		education around responsive		Dates: 2015 to 2018
		feeding of infants		
		Dates: September 2018		
	Give A Child A	Nature of interest: Trustee	Danone	Nature of interest: Partner for
	Норе	Financial: No		Economic and Social Research

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
		Subject matter: Supporting the		Council collaborative studentship
		Revival Centre, Matugga, Uganda		(X1)
		Dates: 2016 to present		Financial: Yes (research funding).
				Amount received per annum over
				£5,000: No
				Subject matter: Research on
				responsive feeding
				Dates: 2015 to 2018
	1	1	1	1

	PERSONAL INTE	RESTS	NON-PERSONAL INTERE	STS
Member	Organisation	Details	Organisation	Details
Professor Alan	Association for	Nature of interest: Trustee	BerGenBio ASA	Nature of interest: Son Dr Akil
Jackson	Nutrition	Financial: No		Jackson
		Subject matter: Professional		Financial: No
		regulator		Subject matter: Medical Director
		Dates: 2017 to 2020		Dates: 2018-present
	World Health	Nature of interest: Nutrition Topic		
	Organization	Advisory Group: guideline		
		development group		
		Financial: Yes (travel and		
		subsistence reimbursed). Amount		
		received per annum over £5,000:		
		No		
		Subject matter: 1. Composition of		
		RUTF. 2. Wasting in childhood		
		Dates: 2019 to present		
	World Cancer	Nature of interest: Member		
	Research Fund	continuous update project		
	International	Financial: Yes (honorarium).		
		Amount received per annum over		
		£5,000: No		

	PERSONAL INTE	RESTS	NON-PERSONAL INTERE	STS
Member	Organisation	Details	Organisation	Details
		Subject matter: Review of		
		progress of activities		
		Dates: 2018 to present		
	International	Nature of interest: Convenor of		
	Union of	International Malnutrition Task		
	Nutritional	Force		
	Sciences	Financial: Yes (travel and		
		subsistence reimbursed). Amount		
		received per annum over £5,000:		
		No		
		Subject matter: Malnutrition		
		Dates: 2006 to present		
	International	Nature of interest: Chair of		
	Union of	International Task Force on		
	Nutritional	Cancer and Nutrition		
	Sciences	Financial: Yes (travel and		
		subsistence reimbursed). Amount		
		received per annum over £5,000:		
		No		
		Subject matter: Cancer and		
		Nutrition		

	PERSONAL INTE	RESTS	NON-PERSONAL INTERE	STS
Member	Organisation	Details	Organisation	Details
		Dates: 2018 to present		
	University of the	Nature of interest: Scientific		
	West Indies	Advisor to Caribbean Institute for		
		Health Research		
		Financial: Yes (travel and		
		subsistence reimbursed). Amount		
		received per annum over £5,000:		
		No		
		Subject matter: Scientific Advisor		
		to Caribbean Institute for Health		
		Research		
		Dates: 2013 to present		
	1	1	1	

	PERSONAL INTER	RESTS	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
Professor Angus Walls	GlaxoSmithKline	Nature of interest: Consultancy Financial: Yes (honoraria received). Amount received per annum over £5,000: No Subject matter: Oral healthcare for older people Dates: 2014 to present	GlaxoSmithKline	Nature of interest: Biotechnology and Biological Sciences Research Council CASE studentship sponsored by GlaxoSmithKline Financial: Yes (student funding). <i>Amount received per annum over</i> £5,000: Yes
				Subject matter: Barriers to achieving a high standard of personal oral health care Dates: 2016 to 2019
	Oral and Dental Research Trust	Nature of interest: Director and Chair Financial: No Subject matter: Charity that funds oral and dental research Dates: 2013 to present		
	Research Excellence Framework 2021	Nature of interest: Member of criteria and assessment phase of sub-panel 3 for 'Allied Health		

	PERSONAL INT	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details	
		Professions, Dentistry, Nursing			
		and Pharmacy'			
		Financial: Yes (honoraria received			
		/ travel and subsistence			
		reimbursed). Amount received per			
		annum over £5,000: No			
		Subject matter: assessment of			
		research quality in UK higher			
		education institutions			
		Dates: March 2018 to December			
		2021			
	1		1	1	

Joint Working Group on Lower Carbohydrate Diets for Adults with Type 2 Diabetes

	PERSONAL INTERESTS		NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
Dr Pamela	Diabetes UK	Nature of interest: Co-chair of	None	N/A
Dyson		nutrition working group		
		Financial: No		
		Subject matter: Revising and updating		
		dietary guidelines for management of		
		diabetes		
		Dates: 2015 to present		
	Oxford Health	Nature of interest: Voluntary Chief		
	Alliance	Executive Officer of registered charity		
		Financial: No		
		Subject matter: Preventing non-		
		communicable disease		
		Dates: 2010 to present		

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Medicine Matter	Nature of interest: Consultancy		
	Diabetes	Financial: Yes. Amount received per		
		annum over £5,000: No		
		Subject matter: Producing dietary		
		guidelines for management of diabetes		
		for GPs education programme		
		Dates: 2017 to present		
	John Wiley	Nature of interest: Editorial board fee		
		for Practical Diabetes/writing and		
		editing book/writing commissioned		
		articles		
		Financial: Yes (honoraria and		
		expenses). Amount received per		
		annum over £5,000: No		
		Subject matter: Dietary management		
		of diabetes		
		Dates: 2014 to date		

	PERSONAL INTE	RESTS	NON-PERSONAL	. INTERESTS
Member	Organisation	Details	Organisation	Details
	Oxford	Nature of interest: Royalties for book		
	University Press	Financial: Yes (royalties). Amount		
		received per annum over £5,000: No		
		Subject matter: Dietary management		
		of diabetes		
		Dates: 2014 to date		
	Diabetes UK	Nature of interest: Member of the		
		Council of Healthcare Professionals		
		Financial: No		
		Subject matter: Informing the work of		
		Diabetes UK and providing dietary		
		expertise		
		Dates: 2019 to present		
	NB Medical	Nature of interest: Consultancy		
		Financial: Yes. Amount received per		
		annum over £5,000: No		
		Subject matter: Filmed webinar of		
		dietary guidelines for diabetes for use		
		in GP update education courses		
		Dates: 2017 to present		

	PERSONAL INTERESTS		NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Primary Care	Nature of interest: Presentation about		
	Diabetes	dietary management of type 2 diabetes		
		Financial: Yes (honorarium). Amount		
		received per annum over £5,000: No		
		Subject matter: Diet and type 2		
		diabetes		
		Dates: 5 November 2020		
	Sri Lankan	Nature of interest: Presentation about		
	Diabetes and	diabetes remission		
	Cardiovascular	Financial: No		
	Disease Society	Subject matter: Dietary interventions		
	(SLDC)	for type 2 diabetes remission		
		Dates: 10 November 2020		
	1	1	1	

	PERSONAL INTER	RESTS	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
Professor Nita	International	Nature of interest: Unpaid, invited	Medical	Nature of interest: Core funding for
Forouhi	Life Sciences	member of expert group on systematic	Research	programme of research in nutritional
	Institute-Europe	review on 'Update on health effects of	Council	epidemiology
		different dietary saturated fats'. No	Epidemiology	Financial: Yes (Research funding;
		physical meetings or travel.	Unit	PhD student funding). Amount received
		Financial: No		per annum over £5,000: Yes
		Subject matter: Contributed to		Subject matter: understanding the
		academic discussion on developing a		links between diet and health; using
		protocol for the systematic review of a		dietary assessment methods with
		link between different dietary saturated		greater precision, including use of
		fats and risk factors for cardiometabolic		objective biomarkers of nutrition,
		health		understanding causality and gene-diet
		Date: March 2017 to June 2019		interactions.
				Dates: 2010 to present
	Science Media	Nature of interest: Member of expert	National	Nature of interest: Research
	Centre	group for science comments	Institute for	Financial: Yes (to Medical Research
		Financial: No.	Health Research	Council Epidemiology Unit, University
		Subject matter: Science	(Cambridge)	of Cambridge) Amount received per
		communication	Biomedical	annum over £5,000: Yes
		Dates: 2015 to present	Research Centre	Subject matter: Diet related research
				Dates: 2017-Present

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Public Health	Nature of interest: Member of the	Public Health	Nature of interest: Honorary
	Genomic	Board of Trustees	England	Consultant Public Health Physician
	Foundation	Financial: No.		Financial: No.
	(University of	Subject matter: Duties as Board of		Subject matter: Honorary role
	Cambridge)	Trustees include oversight of		Dates: 2013 to present
		governance structures, including		
		financial and ethical issues		
		Dates: 2017 to present		
	Diabetic	Nature of interest: Associate Editor of		
	Medicine -	journal		
	Journal	Financial: Yes. Amount received per		
		annum over £5,000: No		
		Subject matter: review of and advice		
		on scientific articles submitted to the		
		journal		
		Dates: 2013 to December 2020		

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
	Diabetes UK	Nature of interest: Expert adviser to		
		Diabetes UK dietary guidelines and		
		position statements		
		Financial: No.		
		Subject matter: Expert adviser on		
		guidelines and position statements		
		Dates: 2016 to present		

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	British Medical	Nature of interest: Series co-lead for a		
	Journal (BMJ)	collection of articles for the BMJ. The		
		publication (open access) and launch		
		of these articles is sponsored for the		
		BMJ by Swiss Re.		
		Financial: No for BMJ series co-lead		
		role. Yes for travel/accommodation for		
		2 days for series launch meeting.		
		Amount received per annum over		
		£5,000: No		
		Subject matter: Critical review of the		
		science and politics of food and health.		
		Co-lead of series, and lead author of 2		
		papers (dietary fats; dietary		
		management of diabetes)		
		Dates: 2017 to present		

	PERSONAL INTERESTS		NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	National	Nature of interest: Expert adviser for		
	Institute for	the NICE Centre for Guidelines		
	Health and Care	Financial: No.		
	Excellence	Subject matter: Expert adviser on		
	(NICE)	updating guidelines, participation in		
		committees as a topic specialist		
		member, performing peer reviews.		
		Dates: 2017 to 2020		
	Youth	Nature of Interest: Invited keynote		
	Leadership	speaker		
	Forum, Knovva	Financial: Yes (small honorarium to		
	Academy	research, not personal, account).		
	meeting	Amount received per annum over		
	(Cambridge)	£5,000: No		
		Subject matter: Food for health		
		Dates: August 2019		

	PERSONAL INTERESTS		NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	European	Nature of Interest: Invited speaker in		
	Congress of	session on food and cardiovascular		
	Cardiology,	health		
	Paris	Financial: No		
		Subject matter: Low-carbohydrate		
		diets and cardiovascular disease		
		Dates: September 2019		
	South Asian	Nature of Interest: Invited speaker at		
	health	online (virtual) conference		
	Foundation, UK	Financial: No		
		Subject matter: Low-calorie versus		
		low- carbohydrate diets		
		Dates: October 2020		

	PERSONAL INTE	RESTS	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
Dr Rachel Pryke	Primary Care	Nature of interest: Own limited	None	n/a
	Obesity Training	company through which I run obesity		
	Ltd	training courses and develop training		
		resources		
		Financial: Yes. Amount received per		
		annum over £5,000: No		
		Subject matter: Obesity education		
		Dates: 2016 to present		
	SCOPE/World	Nature of interest: Clinical Care		
	Obesity	Committee member		
		Financial: No.		
		Subject matter: Educational projects		
		and e-learning development on obesity		
		Dates: 2017 to present		

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Public Health	Nature of interest: National Child		
	England	Measurement Programme Reference		
		Group member (GP representative)		
		Financial: Yes (travel expenses for		
		meeting attendance). Amount received		
		per annum over £5,000: No		
		Subject matter: Discussions on		
		childhood obesity strategies and		
		initiatives		
		Dates: 2014 to present		
	Royal College of	Nature of interest: Webinar Chair		
	General	(Novo Nordisk)		
	Practitioners	Financial: Yes (travel expenses for		
		meeting attendance). Amount received		
		per annum over £5,000: No		
		Subject matter: Obesity and COVID-		
		19		
		Dates: May 2020		

	PERSONAL INTERESTS		NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Royal College of	Nature of interest: Webinar Chair		
	General	(Novo Nordisk)		
	Practitioners	Financial: Yes (travel expenses for		
		meeting attendance). Amount received		
		per annum over £5,000: No		
		Subject matter: Obesity		
		Dates: May 2020		
	World Health	Nature of interest: Developing		
	Organisation	Interventions		
	(WHO)	Financial: Yes (travel expenses for		
		meeting attendance). Amount received		
		per annum over £5,000: No		
		Subject matter: NCD risk factors in		
		Primary Health Care		
		Dates: May 2020		
	I	1		

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
Professor Roy	ADIT	Nature of interest: Lectures on the	Diabetes UK	Nature of interest: Co-Chief
Taylor	Conferences	pathophysiology of type 2 diabetes		Investigator, Research Grant: Diabetes
	Board	Financial: Yes (expenses). Amount		Remission Clinical Trial.
		received per annum over £5,000: No		Financial: Yes (awarded to Newcastle
		Subject matter: Pathophysiology and		University). Amount received per
		clinical information		annum over £5,000: Yes
		Dates: 2017 to present		Subject matter: This involves study of
				the effectiveness and underlying
				mechanisms of reversal of type 2
				diabetes by dietary means.
				Dates: 2014-present

	PERSONAL INT	ERESTS	NON-PERSONA	L INTERESTS
Member	Organisation	Details	Organisation	Details
	Lilly	Nature of interest: Lectures on the	Diabetes UK	Nature of interest: Chief Investigator,
		nature of type 2 diabetes and chairing		Research Grant: Reversal of Type 2
		educational meetings		Diabetes Upon Return to Normal Eating
		Financial: Yes (expenses). Amount		in Non-obese people (ReTUNE).
		received per annum over £5,000: No		Financial: Yes. Amount received per
		Subject matter: Academic and clinical		annum over £5,000: Yes
		information on type 2 diabetes		Subject matter: This involves study of
		Dates: 2015 to present		the personal fat threshold during
				reversal of type 2 diabetes in non-obese
				people by calorie restriction.
				Dates: January 2018-present
	Diabetes UK	Nature of interest: Chair of Trial		
		Steering Group for the Diabetes UK		
		funding trial: 'Gestational weight gain,		
		gestational diabetes and pregnancy		
		outcomes. A multi-site randomised		
		controlled interventional study'.		
		Financial: No.		
		Subject matter: evaluation of calorie		
		restriction in pregnancy.		
		Dates: August 2018 to present		

	PERSONAL INTERESTS		NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Short Books	Nature of interest: Authorship of book,		
		'Life without Diabetes'		
		Financial: Yes. All author royalties go		
		directly to Diabetes UK. Copyright		
		permission expenses of £5,000		
		refunded to RT.		
		Subject matter: Pathophysiology of		
		type 2 diabetes (T2D)		
		Dates: December 2019		
	Novartis	Nature of interest: Lectures on the		
		nature of type 2 diabetes		
		Financial: Yes. Amount received per		
		annum over £5,000: No		
		Subject matter: Academic and clinical		
		information on type 2 diabetes		
		Dates: 2015 to present		

	PERSONAL INTERESTS		NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	4 th International	Nature of interest: Lectures on the		
	Diabetes	new understanding of type 2 diabetes		
	Summit, Pune	and Practical achievement of remission		
	India	of type 2 diabetes		
		Financial: No		
		Subject matter: Academic and clinical		
		information on type 2 diabetes		
		Dates: March 2020		
	American	Nature of interest: Lecture on Clinical		
	Diabetes	aspects of long term remission of type		
	Association	2 diabetes		
	Annual	Financial: No		
	Scientific	Subject matter: Academic and clinical		
	Sessions,	information on type 2 diabetes		
	Chicago (virtual)	Dates: June 2020		

	PERSONAL INTERESTS		NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	St Petersburg	Nature of interest: Lecture on the new		
	(virtual)	understanding of type 2 diabetes: A		
		reversible condition		
		Financial: No		
		Subject matter: Academic and clinical		
		information on type 2 diabetes		
		Dates: September 2020		
	The Obesity	Nature of interest: Lecture on		
	Society Annual	Remission of T2DM: Mechanistic		
	Meeting, San	Lessons from Counterpoint,		
	Diego (virtual)	Counterbalance and DiRECT		
		Financial: No		
		Subject matter: Academic and clinical		
		information on type 2 diabetes		
		Dates: November 2020		

	PERSONAL INTER	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details	
	American	Nature of interest: Lecture on			
	College of	Averting the looming global pandemic -			
	Lifestyle	Lessons from DiRECT, Counterpoint			
	Medicine Annual	and Counterbalance Research Studies			
	meeting,	Financial: No			
	Atlanta, Georgia	Subject matter: Academic and clinical			
		information on type 2 diabetes			
		Dates: November 2020			
	University of	Nature of interest: Guest Lecture on			
	The Pacific,	Aetiology of type 2 diabetes and its			
	California	practical implications			
		Financial: Yes. Amount received per			
		annum over £5,000: No			
		Subject matter: Academic and clinical			
		information on type 2 diabetes			
		Dates: December 2020			
		1	I		

	PERSONAL INT	ERESTS	NON-PERSONA	L INTERESTS
Member	Organisation	Details	Organisation	Details
Mr Douglas	24 Health	Nature of interest: Director	Diabetes UK	Nature of interest: Permanent working
Twenefour	Limited	Financial: Yes. Amount received per	(Current	contract
		annum over £5,000: No	Employer)	Financial: Yes (salary) Amount
		Subject matter: A digital start-up		received per annum over £5,000: Yes
		offering health information to people		Subject matter: Deputy Head of Care
		from African background		Diabetes UK has corporate partnerships
		Dates: 2019 to present		with various companies listed here
				https://www.diabetes.org.uk/Get_involve
				d/Corporate/Acknowledgements/. The
				salary received is solely from Diabetes
				UK (not the corporate partnerships).
				Dates: 2013 to present
	John Wiley	Nature of interest: Publication of an	Diabetes UK	Nature of interest: Co-chair of
		article in Practical Diabetes	(Current	nutrition working group
		Financial: Yes. Amount received per	Employer)	Financial: No
		annum over £5,000: No		Subject matter: Revising and updating
		Subject matter: Saturated fats and		dietary guidelines for management of
		management of type 2 diabetes		diabetes
		Dates: August 2020		Dates: 2013 to present

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
			Diabetes UK and	Nature of interest: Webinar Chair
			Nutrilicious	Financial: No
				Subject matter: Carbohydrates and
				type 2 diabetes
				Dates: June 2020
			Diabetes UK and	Nature of interest: Webinar Chair
			Nutrilicious	Financial: No
				Subject matter: Reversing type 2
				diabetes
				Dates: November 2020

	PERSONAL INTE	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details	
Ms Ruth	None	n/a	North Central	Nature of interest: Member in steering	
Waxman			London Clinical	group	
			Commissioning	Financial: No	
			Group	Subject matter: Patient representative	
				in low calorie diet steering group	
				Date: September 2020 to present	
	1		1	1	

Working Group on Older Adults

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
Professor Harry	European Food	Nature of interest: Panel member	None	n/a
McArdle	Safety Authority	Financial: Yes (honoraria received,		
		travel and subsistence reimbursed).		
		Amount received per annum over		
		£5,000: No		
		Subject matter: Member of Dietetic		
		Products, Nutrition and Allergies Panel		
		(NDA), and working groups on Health		
		Claims, Novel Foods, and Dietary		
		Reference Values		
		Dates: June 2015 to present		
	European Food	Nature of interest: Member, Nutrition		
	Safety	Dietetics and Allergy Committee		
	Organisation	Financial: Yes (honoraria received,		
		travel and subsistence reimbursed).		
		Amount received per annum over		
		£5,000: Yes		
		Subject matter: Advising on Food		
		Safety for European Commission		
		Dates: 2018-2021		

Working Group on Nutrition and Maternal Health

	PERSONAL INTERESTS		NON-PERSONA	L INTERESTS
Member	Organisation	Details	Organisation	Details
Professor Annie	Bowel Cancer	Nature of interest: Member, advisory	Scottish	Nature of interest: Research grant
Anderson	UK	board	Government	Financial: Yes (research funding
		Financial: No		received). Amount received per annum
		Subject matter: Bowel cancer		<i>over £5,000</i> : Yes
		Dates: 2006 to present		Subject matter: A randomised
				controlled trial to assess the impact of
				a lifestyle intervention (ActWell) in
				women attending NHS breast
				screening clinics
				Dates: 2017-2019
	Scottish Cancer	Nature of interest: Member, Board of	Evelyn Ferris	Nature of interest: Research grant
	Foundation	Directors	Mudie Trust	Financial: Yes (research funding
		Financial: No		received). Amount received per annum
		Subject matter: Cancer		over £5,000: Yes
		Dates: 2006 to present		Subject matter: Cancer Prevention -
				Engaging Older Men
				Dates: 2018-2019

	PERSONAL INTE	PERSONAL INTERESTS		L INTERESTS
Member	Organisation	Details	Organisation	Details
	Scottish Cancer	Nature of interest: Co-director	Scottish	Nature of interest: Research grant
	Prevention	Financial: No	Government	Financial: Yes (research funding
	Network	Subject matter: Cancer prevention		received). Amount received per annum
		Dates: 2009 to present		<i>over £5,000</i> : Yes
				Subject matter: Feasibility testing of
				the BeWEL intervention in a non-
				research environment
				Dates: 2018-2019
	First Steps	Nature of interest: Patron		
	Nutrition Trust	Financial: No		
		Subject matter: Maternal and child		
		nutrition		
		Dates: 2015 to present		
	Health Services	Nature of interest: Member		
	and Population	Financial: Yes (travel reimbursed).		
	Health	Amount received per annum over		
	Committee,	£5,000: No		
	Scottish	Subject matter: Population health		
	Government	Dates: 2015 to present		

	PERSONAL INTE	RESTS	NON-PERSONAL	. INTERESTS
Member	Organisation	Details	Organisation	Details
	International	Nature of interest: Editorial Board		
	Journal of	member		
	Behaviour,	Financial: No		
	Nutrition and	Subject matter: Editorial		
	Physical Activity	Dates: 2007 to present		
	Journal of	Nature of interest: Editorial Board		
	Human Nutrition	member		
	and Dietetics	Financial: No		
		Subject matter: Editorial		
		Dates: 1992 to present		
	World Cancer	Nature of interest: Chair International		
	Research Fund	Grant Panel; Chair scientific awards		
		committee		
		Financial: Yes (travel expenses)		
		Amount received per annum over		
		£5,000: No		
		Subject matter: Diet, physical activity,		
		alcohol, obesity and cancer		
		Dates: 2018-2021		

	PERSONAL INTE	PERSONAL INTERESTS		INTERESTS
Member	Organisation	Details	Organisation	Details
	UK Society for	Nature of interest: President Elect		
	Behavioural	(Vice President)		
	Medicine	Financial: Yes (travel expenses)		
		Amount received per annum over		
		£5,000: No		
		Subject matter:		
		Dates: 2019-present		
	UK Nutrition	Nature of interest: Review Panel		
	Research	Financial: Yes (travel expenses)		
	Partnership for	Amount received per annum over		
	health and	£5,000: No		
	disease	Subject matter: Collaborative Awards		
		Expert Review Panel (Medical		
		Research Council)		
		Dates: 2018-2019		
		<u> </u>	I	I

	PERSONAL INTE	RESTS	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
Professor	Liverpool Hope	Nature of interest: External examiner	Age UK/	Nature of interest: Grant
Basma Ellahi		and REF adviser	Malnutrition	Financial: Yes (research funding
(co-opted		Financial: Yes. Amount received per	Task Force	received) Amount received per annum
member)		annum over £5,000: No		<i>over £5000</i> : Yes
		Subject matter: Nutrition and Health		Subject matter: Evaluation of
		Dates: 2015-2019		Malnutrition Prevention Pilot
				Programme
				Dates: 2014-2018
	Bournemouth	Nature of interest: External examiner	Nutrition	Nature of interest: Grant
	University	MSc and PhD examiner	Society (NS)	Financial: Yes. Amount received per
		Financial: Yes, Amount received per		annum over £5000: No
		annum over £5,000: No		Subject matter: 1) Attended African
		Subject matter: Nutrition		Nutrition Epidemiology Conference
		Dates: 2016-2019		(ANEC) conference in Ghana and
				present skills workshop on behalf of
				NS.
				2) Attended conference in Tanzania
				(Federation of African Nutrition
				Societies - FANUS) and presented two
				workshops.
				Dates: July 2014 and May 2015

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Sheffield	Nature of interest: PhD Examiner	Change Step	Nature of interest: Grant
	University,	Financial: Yes. Amount received per	and Listen In	Financial: Yes (evaluation funding
	London Met	annum over £5,000: No		received) Amount received per annum
	University,	Subject matter: Nutrition		over £5,000: Yes
	Greenwich	Dates: between 2014-2019		Subject matter: Programme
	University,			evaluation of service for armed forces
	Nottingham			veterans
	University,			Dates: Sept 2015-Sept 2016
	Cardiff			
	Metropolitan			
	University			
	Agriculture	Nature of interest: Honorary	Cambridge City	Nature of interest: Grant
	University	Associate Professor	Foodbank	Financial: Yes. Amount received per
	Faisalabad,	Financial: Yes. Amount received per		annum over £5,000: Yes
	Pakistan	annum over £5,000: No		Subject matter: Research on older
		Subject matter: Nutrition		people and foodbanks in Cambridge
		Dates: 2017-current		Dates: Jan 2016- Feb 2019

	PERSONAL INTERESTS		NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Zayed University, United Arab Emirates	Nature of interest: External examiner BSc Financial: Yes. Amount received per annum over £5,000: No Subject matter: Public Health Nutrition Dates: 2020 onwards	British Council	 Nature of interest: Workshop Financial: Yes, Amount received per annum over £5,000: No (travel reimbursement) Subject matter: Attend British council workshop in Morocco as part of developing links programme. Dates: May 2019
	Truro and Penwith College	Nature of interest: External examiner undergraduate degree (Fd) Financial: Yes. <i>Amount received per</i> <i>annum over £5,000</i> : No Subject matter: Nutrition Dates: 2019 onwards		

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	British Council	Nature of interest: Workshop		
		Financial: Yes. Amount received per		
		annum over £5,000: No (travel and		
		accommodation paid for by the		
		University of Central Lancashire but		
		funded by British Council and		
		honorarium)		
		Subject matter: Delivered workshop		
		on capacity building with UK and		
		Pakistani researchers. Mentored		
		researchers and present research		
		findings.		
		Dates: March 2015		
	Nutrition Society	Nature of interest: Trustee		
		Financial: Yes (travel/accommodation		
		expenses and subsistence in relation to		
		duties)		
		Amount received per annum over		
		£5,000: No		
		Subject matter: Nutrition Science		
		Dates: 2016-2019		

	PERSONAL INTE	RESTS	NON-PERSONAL	INTERESTS
Member	Organisation	Details	Organisation	Details
	Nutrition Society	Nature of interest: Committee		
		Member		
		Financial: Yes (travel/accommodation		
		expenses and subsistence in relation to		
		duties)		
		Amount received per annum over		
		£5,000: No		
		Subject matter: Nutrition Science		
		Dates: 2015-2016		
	Association for	Nature of interest: Trustee/Committee		
	Nutrition	Member		
		Financial: Yes (travel/accommodation		
		expenses and subsistence in relation to		
		duties)		
		Amount received per annum over		
		£5,000: No		
		Subject matter: Nutrition		
		Dates: Trustee 2014-2016		
		and Committee membership 2013-date		

	PERSONAL INT	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details	
	Coventry	Nature of interest: External examiner			
	University	MSc Public Health Nutrition			
		Financial: Yes			
		Amount received per annum over			
		£5,000: No			
		Subject matter: Nutrition			
		Dates: 2020 onwards			
	1	1	1		