

Remote Health Advice

Syndromic Surveillance System: England

29 December 2020

Year: 2020

Week: 52

Key messages

Data to: 28 December 2020

Key messages. Syndromic indicators at a glance. Data summary. Indicators by syndrome.

In this issue:

NHS 111 telephone calls:

Cold/flu

Fever

Cough

Loss of taste or smell

Difficulty breathing

Sore throat

Potential COVID-19

Diarrhoea

Vomiting

Eye problems

Heat/sun impact

Insect bites

NHS 111 online assessments:

Cold/flu Fever Cough Loss of taste or smell Difficulty breathing Potential COVID-19

Introduction to charts and caveats.

Notes and further information.

Acknowledgements.

NHS 111 'potential COVID-19' calls and online assessments increased during week 52, notably in London (figures 8 & 8b, 17 & 17b). Calls and online assessments for 'loss of taste or smell' also increased (figure 5 & 15). Calls for cough and difficulty breathing increased in week 52 (figures 4 & 6).

Please note: due to technical issues, syndromic call numbers for the North West are currently incomplete and should be treated with caution.

Note: during the COVID-19 pandemic, patients with COVID-19 symptoms are generally advised to initially access a COVID-19 test through the national COVID-19 testing programme. This is likely to result in lower numbers of patients accessing health advice as monitored through syndromic surveillance systems. Syndromic data should therefore be interpreted with some caution and in the context of other COVID-19 monitoring data sources. Please see <u>notes and</u> <u>caveats</u> section for more information about the 'potential COVID-19' and standard NHS 111 syndromic indicators.

A Cold Watch System operates in England from 1 November to 31 March each year. As part of the Public Health England Cold Weather Plan for England the PHE Real-time Syndromic Surveillance Team will be monitoring the impact of cold weather on syndromic surveillance data during this period. Cold weather alert level (current reporting week): Level 1/2 Winter preparedness/Alert & readiness http://www.metoffice.gov.uk/weather/uk/coldweatheralert/

Syndromic indicators at a glance:

Indicator	Trend*	Level
Cold/flu calls	no trend	below baseline levels
Fever calls	no trend	below baseline levels
Cough calls	increasing	below baseline levels
Loss of taste or smell calls	increasing	*
Difficulty breathing calls	increasing	below baseline levels
Sore throat calls	increasing	below baseline levels
Potential COVID-19' calls	increasing	*
Diarrhoea calls	no trend	below baseline levels
Vomiting calls	increasing	below baseline levels
Eye problems calls	no trend	below baseline levels
Cold/flu online assessments	no trend	*
Fever online assessments	no trend	*
Cough online assessments	no trend	*
Loss of taste or smell online assessments	increasing	*
Difficulty breathing online asssessments	increasing	*
'Potential COVID-19' online assessments	increasing	*

Data summary

* Indicators where there are no historical data to allow assessment of 'level' compared to baseline

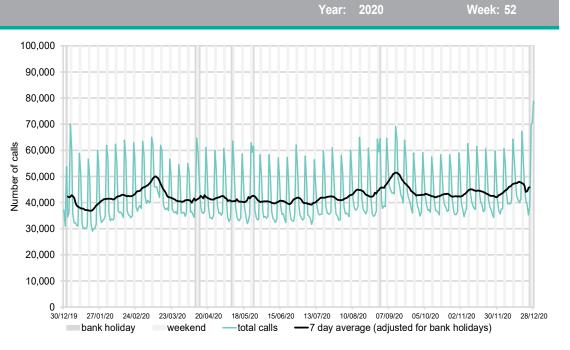
Year	Week	Total calls	Total online assessments
2020	52	373,575	153,746

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1. Total NHS 111 calls

The total number of syndromic calls recorded each day by NHS 111.



2: Cold/flu

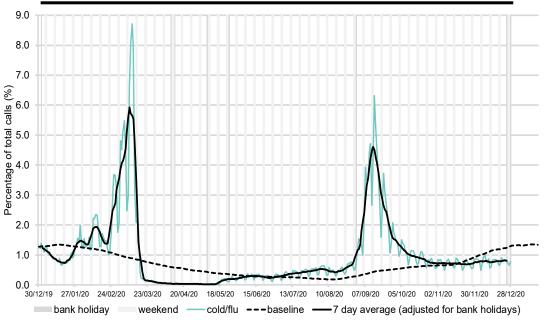
Daily 'cold/flu' calls as a percentage of total calls (and 7-day moving average*). Baselines are constructed from historical data since 2013.

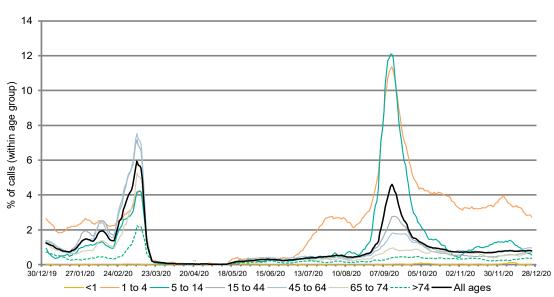


Cold/flu calls as a percentage of total calls within each age group, shown as a 7 day moving average*. Age groups below 5 years old not shown.

*7-day moving average adjusted for bank holidays.

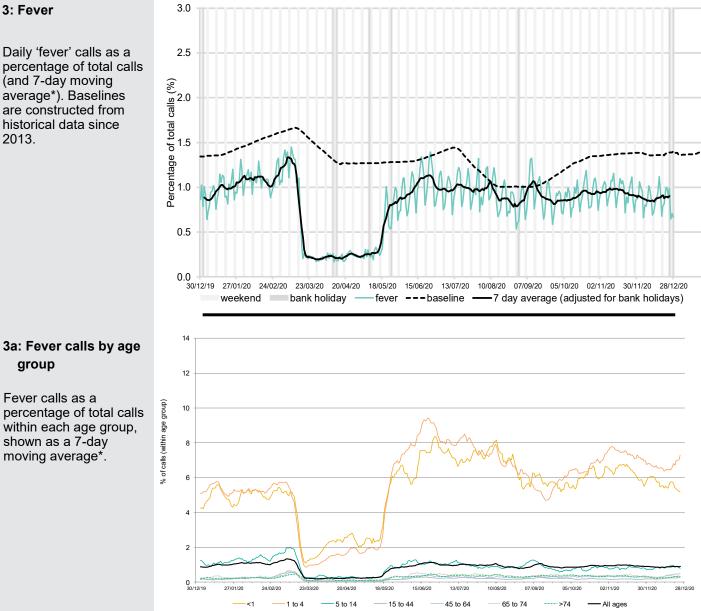
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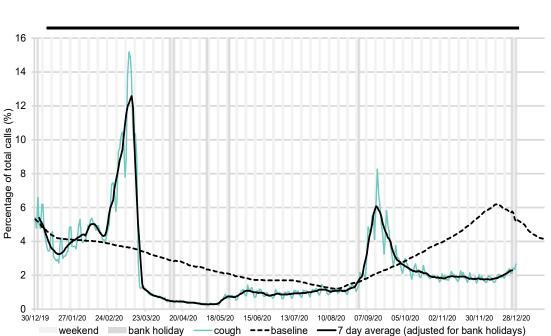
Daily 'fever' calls as a percentage of total calls (and 7-day moving average*). Baselines are constructed from historical data since 2013.



4: Cough

group

Daily 'cough' calls as a percentage of total calls (and 7-day moving average*). Baselines are constructed from historical data since 2013.



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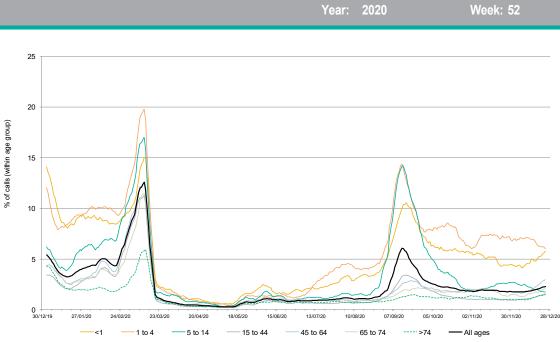
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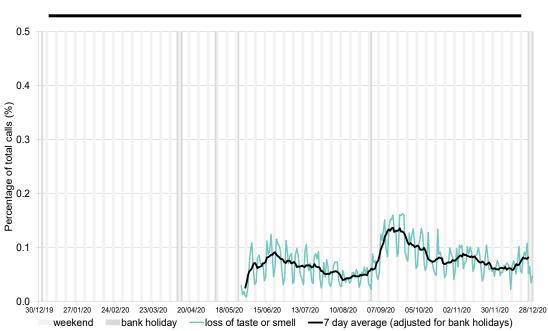
4a: Cough calls by age group

Cough calls as a percentage of total calls within each age group, shown as a 7-day moving average*.



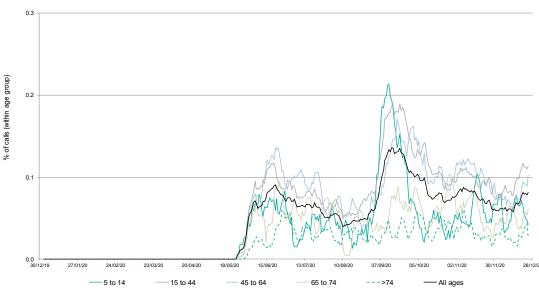
5: Loss of taste or smell

Daily 'loss of taste or smell' calls as a percentage of total calls (and 7-day moving average*).



5a: Loss of taste or smell by age group

'Loss of taste or smell' calls as a percentage of total calls within each age group, shown as a 7-day moving average*.





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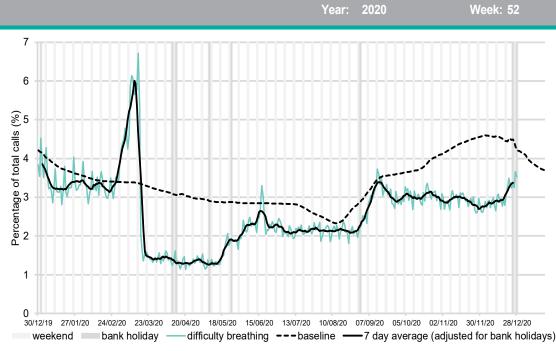
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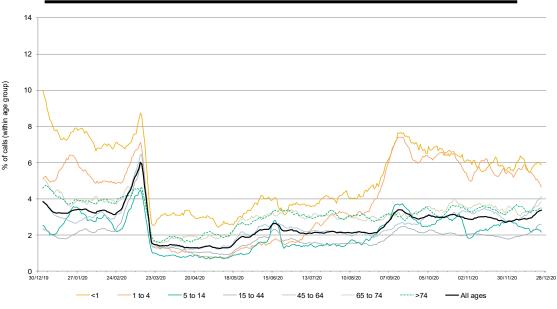
6: Difficulty breathing

Daily 'difficulty breathing' calls as a percentage of total calls (and 7-day moving average*). Baselines are constructed from historical data since 2013.

6a: Difficulty breathing calls by age group

Difficulty breathing calls as a percentage of total calls within each age group, shown as a 7day moving average*.





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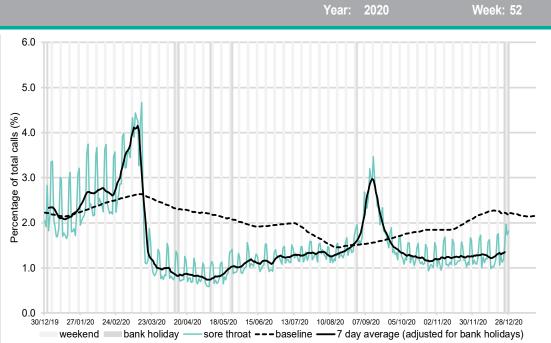
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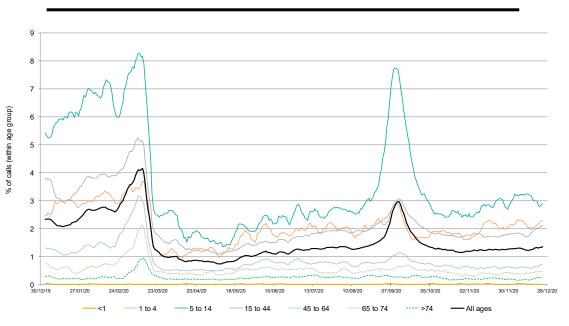
7: Sore throat

Daily 'sore throat' calls as a percentage of total calls(and 7-day moving average*). Baselines are constructed from historical data since 2013.

7a: Sore throat calls by age group

Sore throat calls as a percentage of total calls within each age group, shown as a 7-day moving average*.



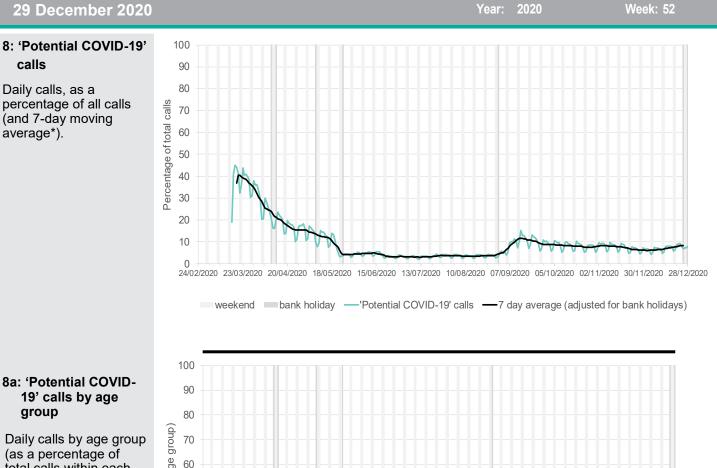


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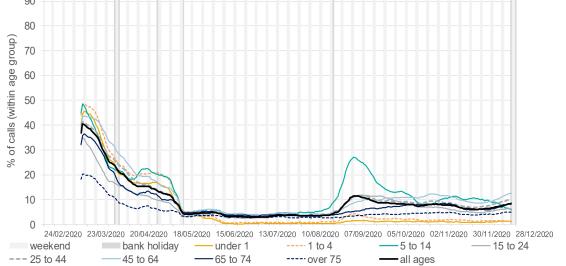
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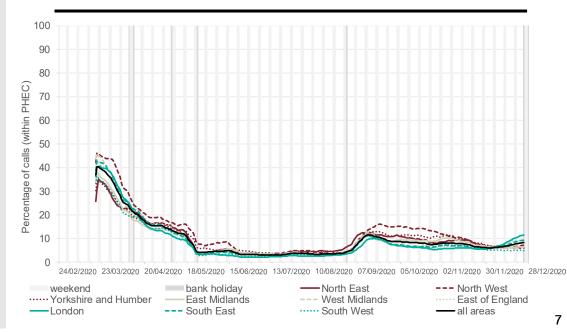


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total calls within each age group, shown as a 7-day moving average*).





8b: 'Potential COVID-19' calls by PHE Centre

Daily calls, by PHE Centre (as a percentage of total calls within each PHEC, shown as a 7-day moving average*).

*7-day moving average adjusted for bank holidays.

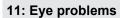


9. Diarrhoea

Daily 'diarrhoea' calls as a percentage of total calls (and 7-day moving average*). Baselines are constructed from historical data since 2013.

10: Vomiting calls

Daily 'vomiting' calls as a percentage of total calls (and 7-day moving average*). Baselines are constructed from historical data since 2013.



Daily 'eye problems' calls as a percentage of total calls (and 7-day moving average*). Baselines are constructed from historical data since 2013.

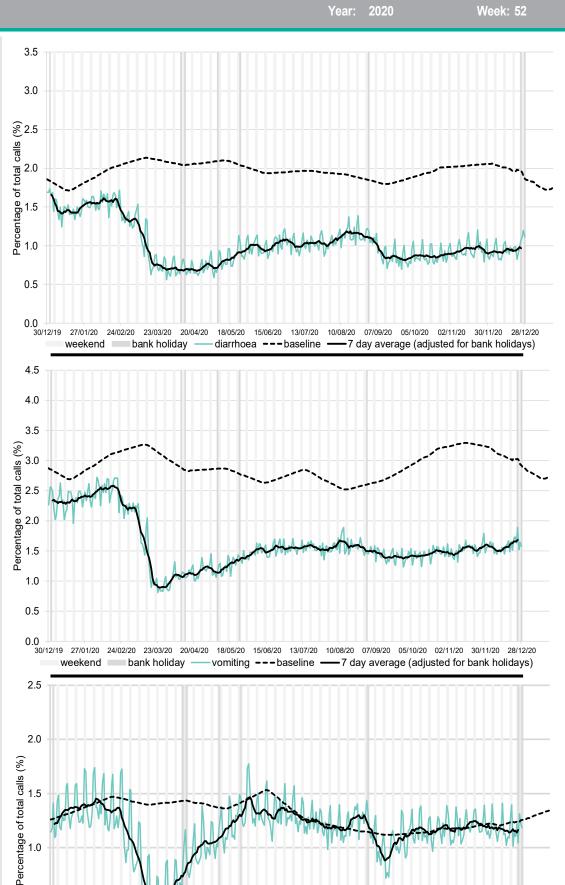
1.5

1.0

0.5

weekend bank holiday -





0.0 30/12/19 27/01/20 24/02/20 23/03/20 20/04/20 18/05/20 15/06/20 13/07/20 10/08/20 07/09/20 05/10/20 02/11/20 30/11/20 28/12/20 7 double to the second sec

eye problems ---baseline ---7 day average (adjusted for bank holidays)

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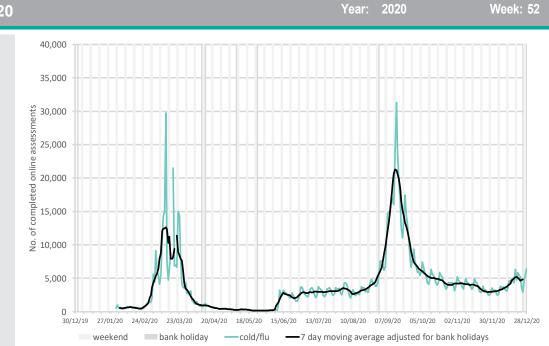


12: NHS 111 online cold/flu

Number of 'cold/flu'

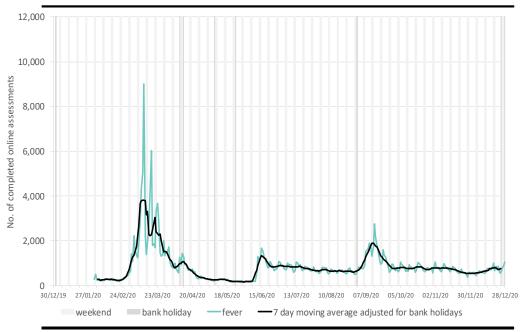
online completed assessments, with 7-day moving average*.

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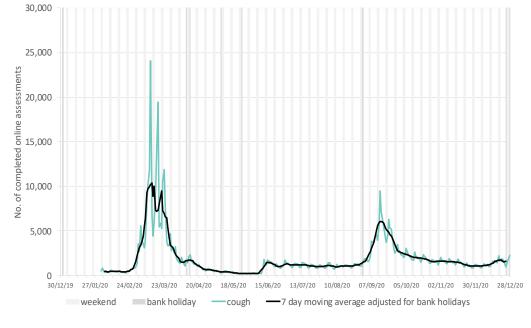
13: NHS 111 online fever

Number of 'fever' online completed assessments, with 7day moving average*.



14: NHS 111 online cough

Number of 'cough' online completed assessments, with 7day moving average*.



*7-day moving average adjusted for bank holidays.

smell

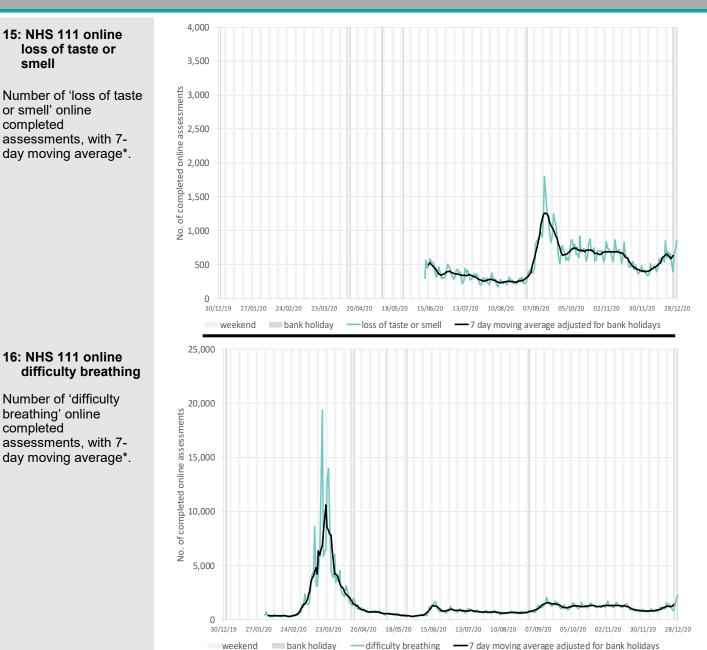
completed

completed

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17: 'Potential COVID-19' completed online assessments

Number of completed NHS 111 online assessments which have a 'potential COVID -19' final disposition (and 7-day moving average*).

17a: 'Potential COVID-19' completed online assessments by age group

Number of completed NHS 111 online assessments which have a 'potential COVID -19' final disposition, by age group (as a percentage of total assessments within each age group) for ages 15 years and over, shown as a 7-day moving average*.

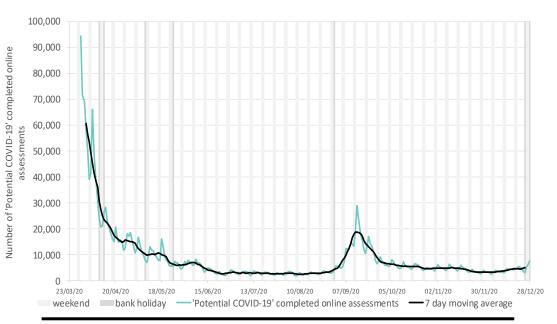
17b: 'Potential COVID-19' completed online assessments by PHE Centre

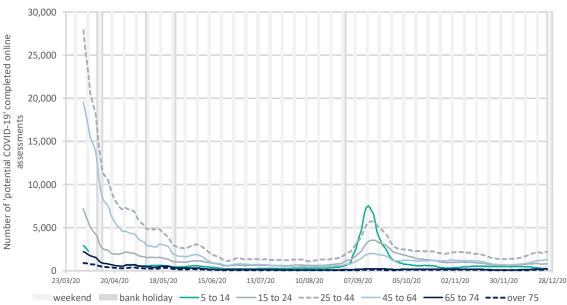
Number of completed NHS 111 online assessments which have a 'potential COVID -19' final disposition, by PHE Centre (as a percentage of total assessments within each PHEC, shown as a 7-day moving average*).

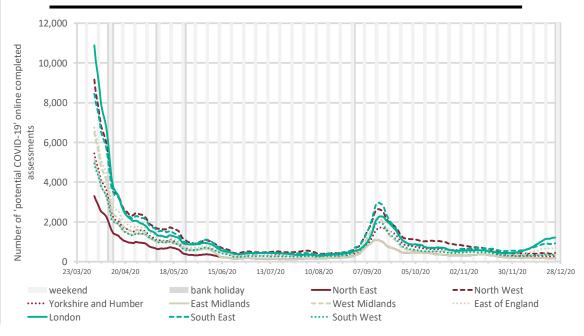
*7-day moving average adjusted for bank holidays.



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29 December 2020		Year: 2020	Week: 52		
Introduction to charts and caveats:	COVID-19 syndromic surveillance data: During the current COVID-19 pandemic, NHS 111 are triaging 'potential COVID-19' patients using new and evolving telephone and online systems. PHE are working with NHS 111 and NHS England to ensure that syndromic surveillance indicators monitor trends in these calls and online assessments. However, changes within the NHS 111 triaging systems will be reflected in our routine syndromic indicators and 'potential COVID-19' indicators.				
	An individual may use both the NHS 111 Online and NHS 111 telephony services. Therefore, counts of individuals from the two services cannot be considered as distinct counts of individuals with potential COVID-19 symptoms. All NHS 111 syndromic trends should be interpreted with caution due to current national advice and guidance regarding access to health care services during the COVID-19 pandemic.				
	 NHS 111 'potential COVID-19' call data The NHS 111 'potential COVID-19' syndromi integrated urgent care service calls and therefor rather than numbers. 				
	• The 'Potential COVID-19' syndromic indicato Pathways and given a COVID-19 disposition (or potential COVID-19 symptoms reported by call for coronavirus. Prior to 11 May 2020 callers w via COVID-19 Pathways. From 11 May 2020 c COVID-19 symptoms are triaged in symptom s routine syndromic indicators.	call outcome). These dat ers and are not based o ith COVID-19-like sympt allers who are assessed	a are based on n outcomes of tests toms were assessed as having probable		
	 NHS 111 'potential COVID-19' completed on The NHS 111 online data presented in this resymptoms reported by the public via the NHS 7 Response Centre and are not based on outcor launches a COVID-19 online assessment may change their answers and follow multiple journ presented are therefore completed online asses should be used to monitor trends rather than n From 11 June 2020 online users who are ass symptoms will be triaged using symptom species 	eport are based on 'poter 111 Online service or the nes of tests for coronavin access the service multi eys through the online sy essments rather than cou umbers. sessed as having probab	COVID-19 rus. Any user that ple times and can ystem. The data ints of individuals and		
	Notes on charts • Weekends and bank holidays are marked by				
	 grey). A 7-day moving average (adjusted for barreported in each chart, unless specified. Baselines represent seasonally expected level historical data since September 2013. They take in data collection, population coverage or report the latest data on a regular basis however they COVID-19 affecting the NHS 111 service and provide the second secon	els of activity and are co ke account of any known rting practices. Baselines v currently exclude data f	nstructed from substantial changes s are refreshed using from 2020 due to		
	 NHS 111 call data are analysed on a daily bastatistical algorithm underpins each system, rosignificantly or is statistically significantly high fanalyses are assessed by the ReSST, along we deemed of public health importance is alerted 	utinely identifying activity or the time of year. Resu ith analysis by age grou	/ that has increased ults from these daily		
Notes and further	• Further information about NHS 111 can be fou				
information:	 <u>https://www.nhs.uk/using-the-nhs/nhs-services</u> The Remote Health Advice Syndromic Surveil the PHE Real-time Syndromic Surveillance we about syndromic surveillance: <u>https://www.gov.uk/government/collections/syndrom</u> 	lance bulletin can also b bsite which also contain	e downloaded from s more information		
Acknowledgements:	We are grateful to NHS 111 and to NHS	Digital for their assista	nce and support in		
Contact ReSST:	providing the anonymised data that underp Surveillance System.	in the Remote Health	Advice Syndromic		
syndromic.surveillance @phe.gov.uk	Produced by: PHE Real-time Syndr Web: <u>https://www.gov.uk/government/collections</u>	omic Surveillance Team /syndromic-surveillance-sys	stems-and-analyses 12		