**Websites offering medicinal treatment services for jet lag – August 2020**

The following companies have amended their advertising for jet lag treatment services, following MHRA action on complaints to ensure that off-label use of licensed prescription only medicines is not promoted:

ABSM Healthcare Ltd (trading as The Independent Pharmacy)

Expert Health Limited (trading as LloydsPharmacy Online Doctor)

Health Bridge Ltd (trading as Zavamed)

MedExpress Enterprises Ltd (trading as MedExpress)

Simple Online Healthcare Limited (trading as Simple Online Pharmacy)

We advised the companies that images of, or detailed information about, medicines that are not licensed for this condition should not be shown on their webpages. We reminded them that the suitability of a particular product as part of a service for jet lag should be a professional prescribing decision based on a consultation to identify the suitability of any product or treatment for an individual.

The list relates to specific advertising action taken on a particular date and is no endorsement of the ongoing practices of the website.

You can see details of MHRA guidance for providers that offer medicinal treatment services in [Appendix 6](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/407289/Appendix_6_-_Blue_Guide.pdf) of the [MHRA Blue Guide](https://www.gov.uk/government/publications/blue-guide-advertising-and-promoting-medicines).