

Remote Health Advice

Syndromic Surveillance System: England

10 August 2020

In this issue:

Key messages.

a glance.

Data summary.

Year: 2020

Week: 32

Key messages

Data to: 09 August 2020

During week 32, there were further small increases in NHS 111 calls for cold/flu (figure 2). There were also increases in cough calls in children aged <1 and 1-4 years, however these remain below seasonally expected levels (figure 4a). Insect bites increased and heatstroke calls were elevated in line with the recent warm weather (figures 12 & 13)

NHS 111 calls and online assessments for potential COVID-19 remained stable (figures 8 & 19).

Please see <u>notes and caveats</u> section for more information about the 'potential COVID-19' and standard NHS 111 syndromic indicators.

A Heat-Health Watch system operates in England from 1 June to 15 September each year. As part of the Heatwave Plan for England, the PHE Real-time Syndromic Surveillance team will be routinely monitoring the public health impact of hot weather using syndromic surveillance data. Heat-health watch level (current reporting week): Level 1: Summer preparedness / Level 3: Heatwave action

http://www.metoffice.gov.uk/weather/uk/heathealth/

Syndromic indicators at a glance:

2	Indicator	Trend*	Level
, 	Cold/flu	increasing	above baseline levels
act	Fever	no trend	below baseline levels
	Cough	increasing	similar to baseline levels
nline nts:	Loss of taste or smell	no trend	*
	Difficulty breathing	no trend	below baseline levels
	Sore throat	increasing	below baseline levels
	'Potential COVID-19' calls	no trend	*
	Diarrhoea	increasing	below baseline levels
	Vomiting	increasing	below baseline levels
	Eye problems	decreasing	similar to baseline levels
or smell	Heat/sun impact	no trend	above baseline levels
Ithing	Insect bites	increasing	above baseline levels
/ID-19	Cold/flu online assessments	no trend	*
o charts its. ther n.	Fever online assessments	no trend	*
	Cough online assessments	no trend	*
	Loss of taste or smell online assessments	decreasing	*
	Difficulty breathing online asssessments	no trend	*
	'Potential COVID-19' online assessments	no trend	*

Data summary

* Indicators where there are no historical data to allow assessment of 'level' compared to baseline

Year	Week	Total calls	Total online assessments
2020	32	294,803	128,301

NHS 111 telephone

Indicators by syndrome.

Syndromic indicators at

calls:

Cold/flu Fever

Cough

- Loss of taste or smell
- Difficulty breathing

Sore throat

Potential COVID-19

Diarrhoea

Vomiting

Eye problems

Heat/sun impact

Insect bites

NHS 111 online assessments:

Cold/flu Fever Cough Loss of taste or sm Difficulty breathing Potential COVID-1

Introduction to charts and caveats.

Notes and further information.

Acknowledgements.

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10 August 2020

1. Total NHS 111 calls

100,000 90,000

80,000

70,000

s60,000 calls 50,000

2.0

0.0 11/08/19

08/09/19

06/10/19

bank holiday

03/11/19

01/12/19

weekend

29/12/19

26/01/20

cold/flu

23/02/20

--- baseline

22/03/20

19/04/20

17/05/20

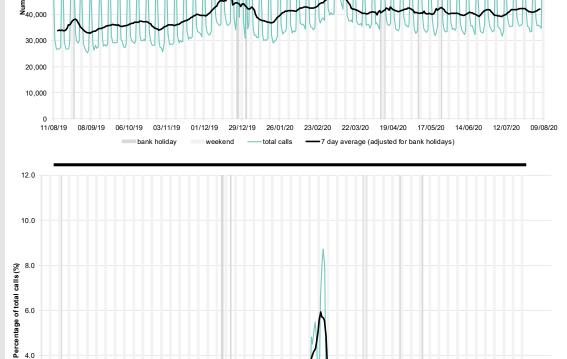
7 day average (adjusted for bank holidays)

14/06/20

12/07/20

09/08/20

The total number of syndromic calls recorded each day by NHS 111.



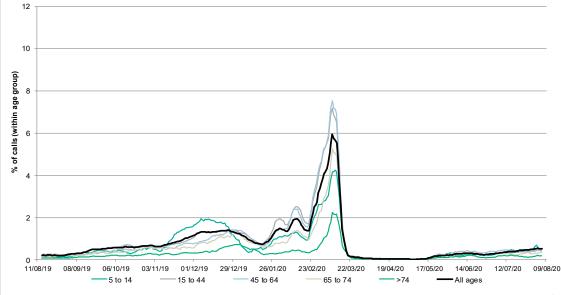
2: Cold/flu

Daily 'cold/flu' calls as a percentage of total calls (and 7-day moving average*). Baselines are constructed from historical data since 2013.

2a: Cold/flu by age group

Cold/flu calls as a percentage of total calls within each age group, shown as a 7 day moving average*. Age groups below 5 years old not shown.





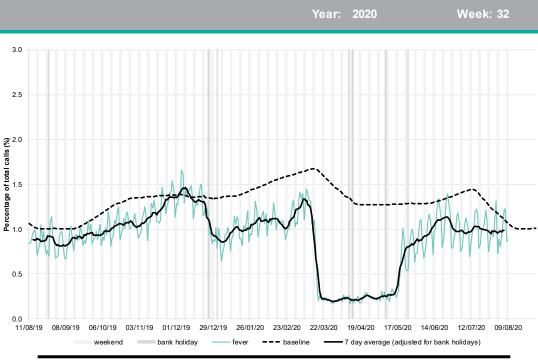
Remote Health Advice

Week: 32

*7-day moving average adjusted for bank holidays.

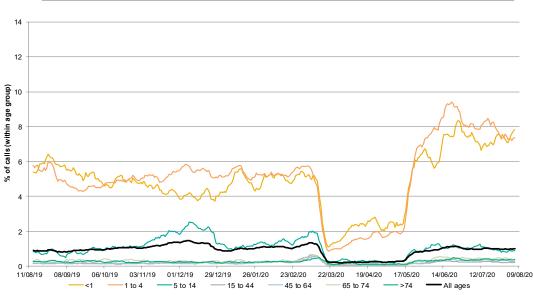
3: Fever

Daily 'fever' calls as a percentage of total calls (and 7-day moving average*). Baselines are constructed from historical data since 2013.



3a: Fever calls by age group

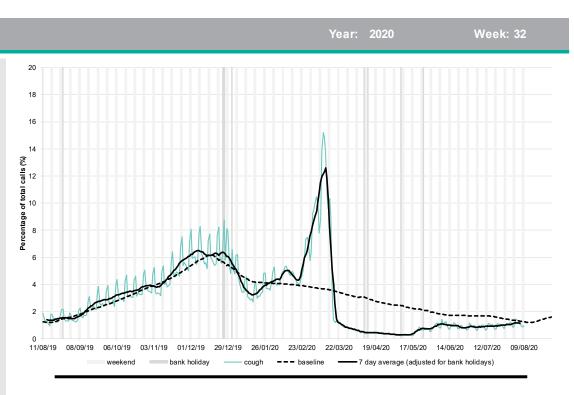
Fever calls as a percentage of total calls within each age group, shown as a 7-day moving average*.



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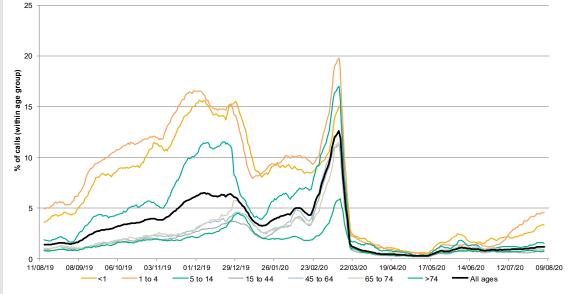
4: Cough

Daily 'cough' calls as a percentage of total calls (and 7-day moving average*). Baselines are constructed from historical data since 2013.



4a: Cough calls by age group

Cough calls as a percentage of total calls within each age group, shown as a 7-day moving average*.

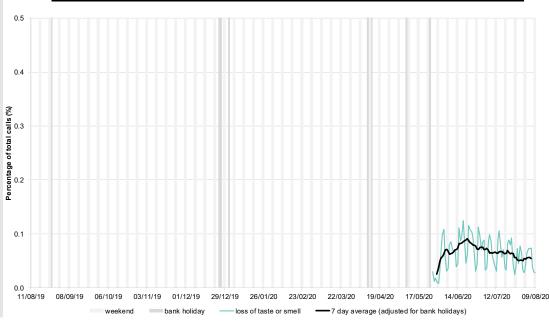


5: Loss of taste or smell

Daily 'loss of taste or smell' calls as a percentage of total calls (and 7-day moving average*).

*7-day moving average

adjusted for bank holidays.



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6: Difficulty breathing

14

12

10

8

6

2

n

11/08/19

08/09/19 06/10/19 03/11/19 01/12/19 29/12/19

Percentage of total calls (%)

10 August 2020

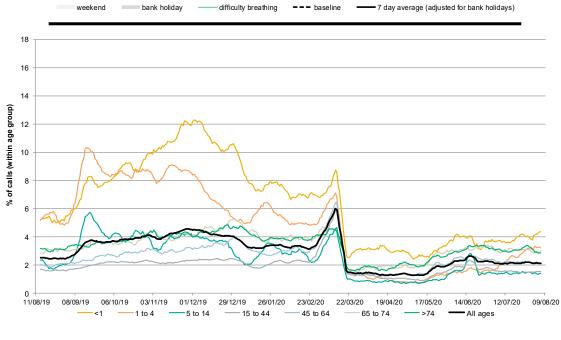
Daily 'difficulty breathing' calls as a percentage of total calls (and 7-day moving average*). Baselines are constructed from historical data since 2013.

6a: Difficulty breathing calls by age group

Difficulty breathing calls as a percentage of total calls within each age group, shown as a 7day moving average*.

7: Sore throat

Daily 'sore throat' calls as a percentage of total calls(and 7-day moving average*). Baselines are constructed from historical data since 2013.



26/01/20

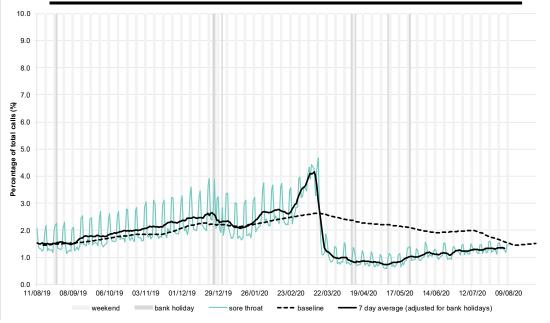
23/02/20 22/03/20

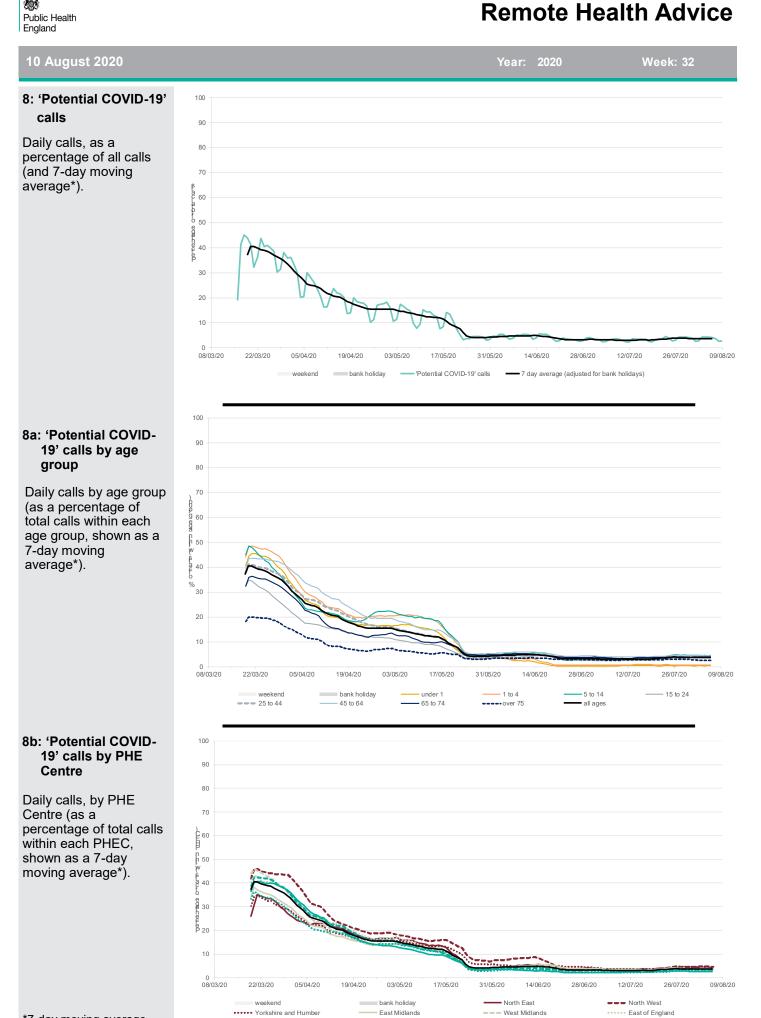
19/04/20

17/05/20

14/06/20

12/07/20 09/08/20





--- South East

*7-day moving average adjusted for bank holidays.

- London

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6

all areas

····· South West

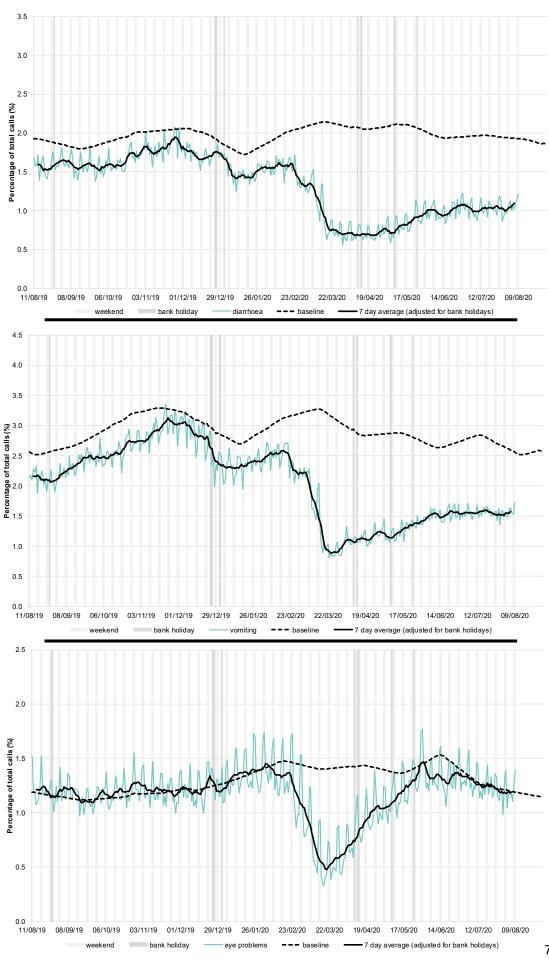


9. Diarrhoea

Daily 'diarrhoea' calls as a percentage of total calls (and 7-day moving average*). Baselines are constructed from historical data since 2013.

10: Vomiting calls

Daily 'vomiting' calls as a percentage of total calls (and 7-day moving average*). Baselines are constructed from historical data since 2013.



11: Eye problems

Daily 'eye problems' calls as a percentage of total calls (and 7-day moving average*). Baselines are constructed from historical data since 2013.

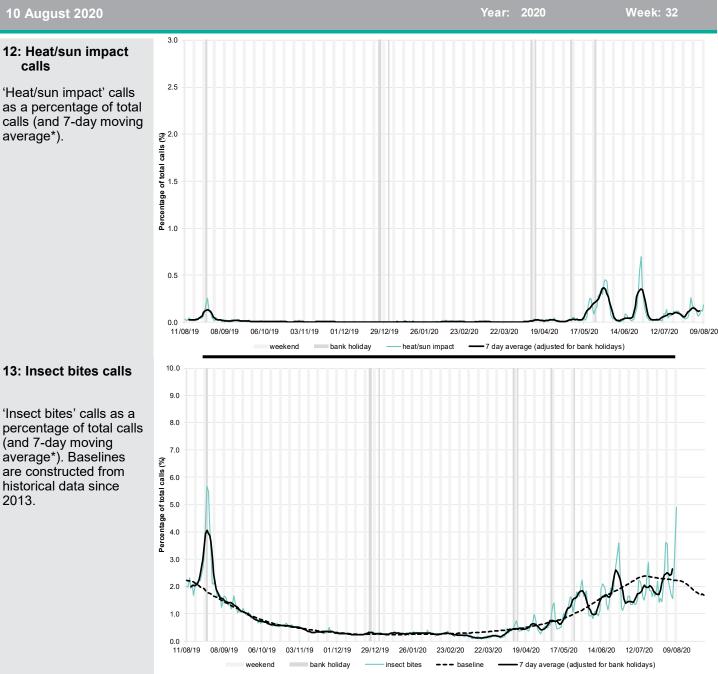
*7-day moving average adjusted for bank holidays.

Remote Health Advice

Week: 32

*7-day moving average adjusted for bank holidays.

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2013.

10 August 2020

12: Heat/sun impact calls

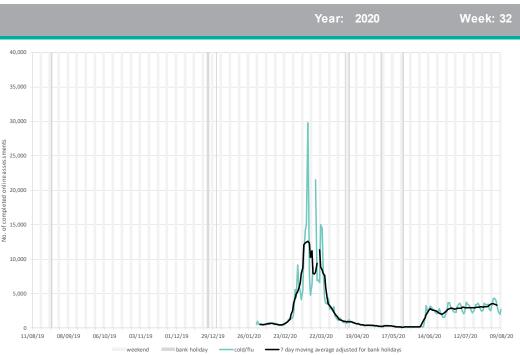
'Heat/sun impact' calls as a percentage of total calls (and 7-day moving average*).

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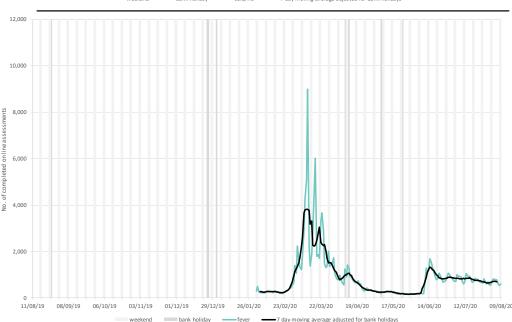
14: NHS 111 online cold/flu

Number of 'cold/flu' online completed assessments, with 7day moving average*.



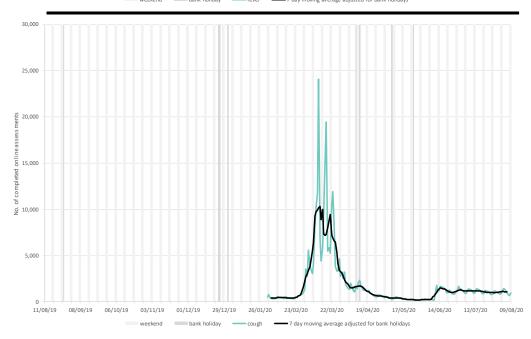
15: NHS 111 online fever

Number of 'fever' online completed assessments, with 7day moving average*.



16: NHS 111 online cough

Number of 'cough' online completed assessments, with 7day moving average*.



WW Public Health England

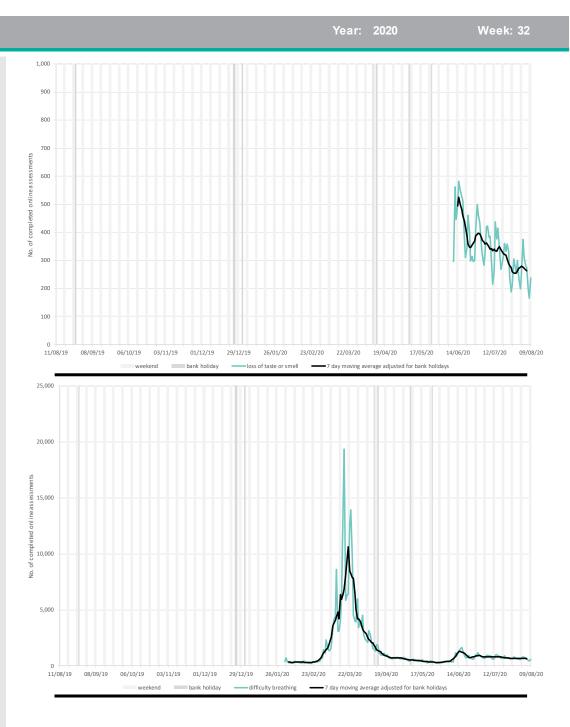
10 August 2020

17: NHS 111 online loss of taste or smell

Number of 'loss of taste or smell' online completed assessments, with 7day moving average*.

18: NHS 111 online difficulty breathing

Number of 'difficulty breathing' online completed assessments, with 7day moving average*.



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19: 'Potential COVID-19' completed online assessments

100,000

90,000

70,000

60,000

50,000

40,000

30.000 20,000 10.000

22/03/20

05/04/20

19/04/20

03/05/20

nk holidav

17/05/20

onlineasses 80,000

Number of 'Potential COVID-19' completed

Number of completed NHS 111 online assessments which have a 'potential COVID -19' final disposition (and 7-day moving average*).

19a: 'Potential COVID-19' completed online assessments by age group

Number of completed NHS 111 online assessments which have a 'potential COVID -19' final disposition, by age group (as a percentage of total assessments within each age group) for ages 15 years and over, shown as a 7-day moving average*.

19b: 'Potential COVID-19' completed online assessments by PHE Centre

Number of completed NHS 111 online assessments which have a 'potential COVID -19' final disposition, by PHE Centre (as a percentage of total assessments within each PHEC, shown as a 7-day moving average*).

*7-day moving average adjusted for bank holidays. **Remote Health Advice**

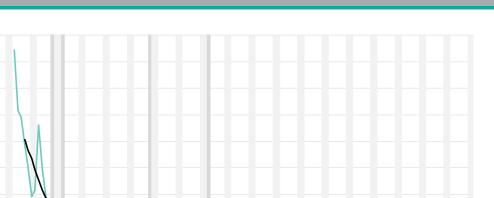
12/07/20

28/06/20

7 day

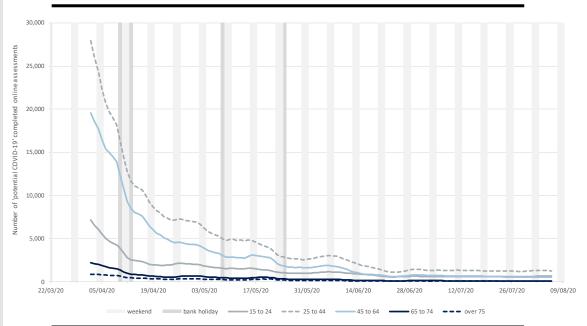
26/07/20

09/08/20



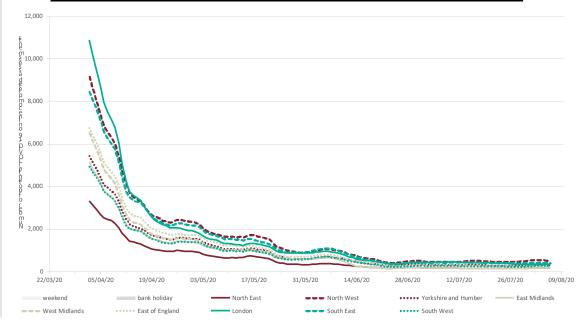
14/06/20

issessi



31/05/20

ntial COVID-19' com





10 August 2020	Year: 2020 Week: 32
Introduction to charts and caveats:	COVID-19 syndromic surveillance data: During the current COVID-19 pandemic, NHS 111 are triaging 'potential COVID-19' patients using new and evolving telephone and online systems. PHE are working with NHS 111 and NHS England to ensure that syndromic surveillance indicators monitor trends in these calls and online assessments. However, changes within the NHS 111 triaging systems will be reflected in our routine syndromic indicators and 'potential COVID-19' indicators.
	An individual may use both the NHS 111 Online and NHS 111 telephony services. Therefore, counts of individuals from the two services cannot be considered as distinct counts of individuals with potential COVID-19 symptoms. All NHS 111 syndromic trends should be interpreted with caution due to current national advice and guidance regarding access to health care services during the COVID-19 pandemic.
	 NHS 111 'potential COVID-19' call data The NHS 111 'potential COVID-19' syndromic indicator may not include all NHS 111 integrated urgent care service calls and therefore should be used to monitor trends in calls rather than numbers.
	• The 'Potential COVID-19' syndromic indicator includes NHS 111 calls triaged using NHS Pathways and given a COVID-19 disposition (call outcome). These data are based on potential COVID-19 symptoms reported by callers and are not based on outcomes of tests for coronavirus. Prior to 11 May 2020 callers with COVID-19-like symptoms were assessed via COVID-19 Pathways. From 11 May 2020 callers who are assessed as having probable COVID-19 symptoms are triaged in symptom specific pathways which are included in our routine syndromic indicators.
	 NHS 111 'potential COVID-19' completed online assessment data The NHS 111 online data presented in this report are based on 'potential COVID-19' symptoms reported by the public via the NHS 111 Online service or the COVID-19 Response Centre and are not based on outcomes of tests for coronavirus. Any user that launches a COVID-19 online assessment may access the service multiple times and can change their answers and follow multiple journeys through the online system. The data presented are therefore completed online assessments rather than counts of individuals and should be used to monitor trends rather than numbers. From 11 June 2020 online users who are assessed as having probable COVID-19
	 symptoms will be triaged using symptom specific pathways. Notes on charts Weekends and bank holidays are marked by vertical grey lines (bank holidays darker grey). A 7-day moving average (adjusted for bank holidays) is overlaid on the daily data reported in each chart, unless specified. Baselines represent seasonally expected levels of activity and are constructed from historical data since September 2013. They take account of any known substantial changes in data collection, population coverage or reporting practices. Baselines are refreshed using
	 the latest data on a regular basis. NHS 111 call data are analysed on a daily basis to identify national and regional trends. A statistical algorithm underpins each system, routinely identifying activity that has increased significantly or is statistically significantly high for the time of year. Results from these daily analyses are assessed by the ReSST, along with analysis by age group, and anything deemed of public health importance is alerted by the team.
Notes and further information:	 Further information about NHS 111 can be found at: <u>https://www.nhs.uk/using-the-nhs/nhs-services/urgent-and-emergency-care/nhs-111/</u> The Remote Health Advice Syndromic Surveillance bulletin can also be downloaded from the PHE Real-time Syndromic Surveillance website which also contains more information about syndromic surveillance: <u>https://www.gov.uk/government/collections/syndromic-surveillance-systems-and-analyses</u>
Acknowledgements:	We are grateful to NHS 111 and to NHS Digital for their assistance and support in providing the anonymised data that underpin the Remote Health Advice Syndromic Surveillance System.
Contact ReSST: syndromic.surveillance @phe.gov.uk	Produced by: PHE Real-time Syndromic Surveillance Team Web: https://www.gov.uk/government/collections/syndromic-surveillance-systems-and-analyses 12