



HM Government

Our plan to rebuild

The next part of our plan to get back to normal



**easy
read**

This is an Easy Read version of
'The next chapter in our plan to
rebuild: The UK Government's
COVID-19 recovery strategy, July
2020.'

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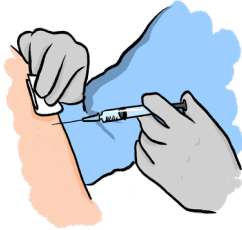
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Introduction



This information comes from the UK Government.



People have had to stay indoors because of the **Coronavirus COVID-19 pandemic**.



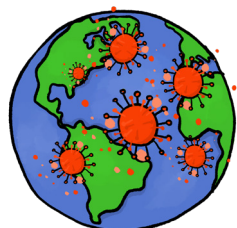
This is the second part of our plan to get things back to normal.



Coronavirus COVID-19 is a new illness that affects your lungs and breathing.



Most people don't get very ill with it. Some people will die if they catch it.



A **pandemic** is when an illness spreads around world.

The current situation



We have stopped Coronavirus from spreading so much.



There are now fewer people dying from the illness.



There are fewer people in hospital with it.



But Coronavirus is still here. We have to be careful.



Testing

We can now test anyone for Coronavirus.

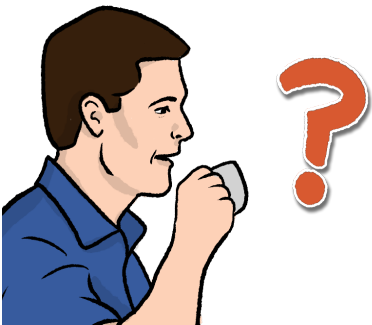


You may have Coronavirus if you have:

- a new cough, and you keep coughing



- a high temperature



- a change to the way you can taste or smell things, or you've lost your sense of taste or smell.

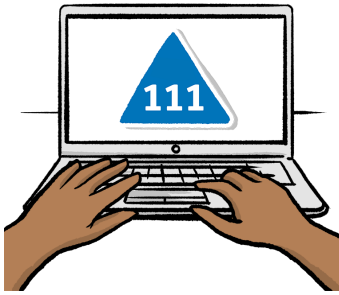


To get a test you can:

- go to one of our test sites



- order a test to be sent by post.

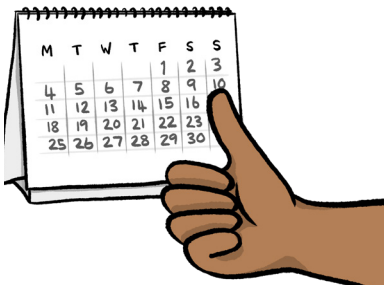


You can find out about how to do this by:

- Going to: **www.111.nhs**



- Phoning **119**.

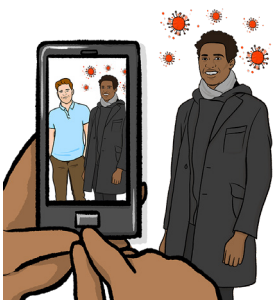


Most people get the result the same day.



Test and trace

Test and trace is a way for us to manage the spread of Coronavirus.



If a test shows that you have Coronavirus, we can trace everyone that you've been close to recently.



We will tell the people you've been close to that they've been in contact with someone who has Coronavirus.



Then they can stay at home and away from other people, to stop it spreading further.



Local outbreaks

Using test and trace we can also see if there are parts of the country where more people have Coronavirus.



If there are lots of people with Coronavirus in one area, it is called a **local outbreak**.



We need to stop local outbreaks spreading to other parts of the country.

The latest changes



Local action

We want local councils to manage any outbreaks in their area.

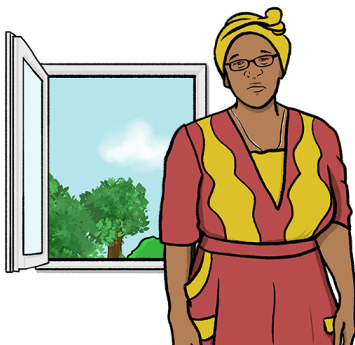


Where there is a local outbreak
Councils can now set up rules for their area.



These rules might be to:

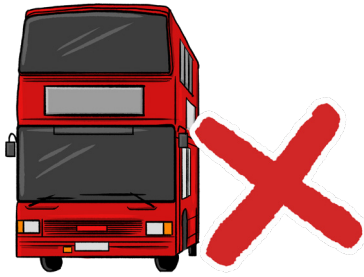
- close a business for a short time



- make everyone stay at home for a short while in a town or area



- stop groups of people meeting up



- stop buses or trains

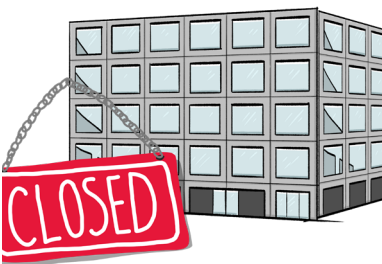


- make everyone wear face masks.



Work

Many people have not been able to work because they had to stay at home.

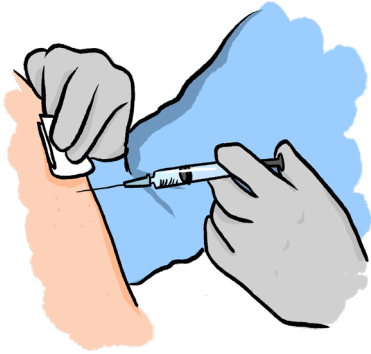


Some businesses have had to close.



Many people are worried about how they are going to earn money to live.

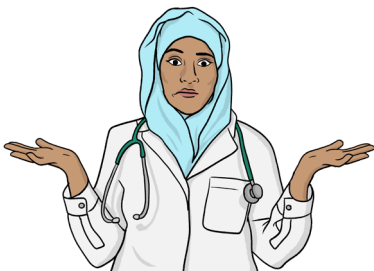
Vaccines and treatments



A **vaccine** is an injection or jab that stops you getting certain illnesses.



A **treatment** is some medicine or a way to help you get better.



We haven't got a vaccine for Coronavirus yet. But scientists are working on it.



We are giving money to scientists so they can find a good vaccine as quickly as possible.



We are also getting ready to give everyone in the country an injection or jab as soon as we have a good vaccine.



We are giving money to doctors and scientists who are looking for new ways to treat Coronavirus.



Already doctors have found new treatments which mean many people should not be so seriously ill if they catch it.

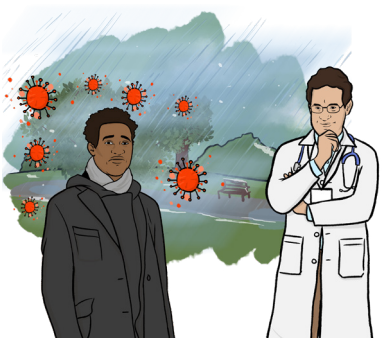
Preparing for winter



Coronavirus is a new illness. We don't know if it will get worse in winter.



Some similar illnesses, like colds and flu, are usually worse in winter.



Doctors are worried that more people will catch Coronavirus in the winter.

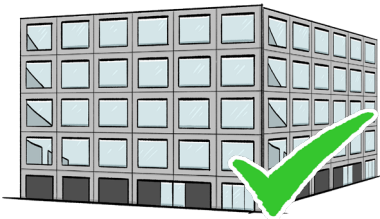


We are giving an extra £3billion to the NHS to help them get ready for winter.

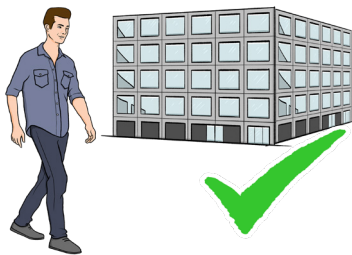
Slowly getting back to normal



Lots of shops and businesses have already opened up again. They have been doing things to keep staff and customers safe.

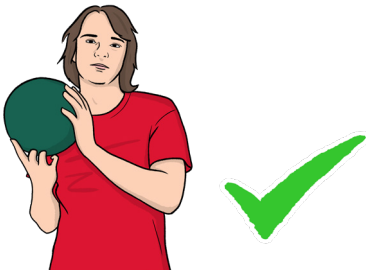


It is time to let more businesses open up.



From 1 August:

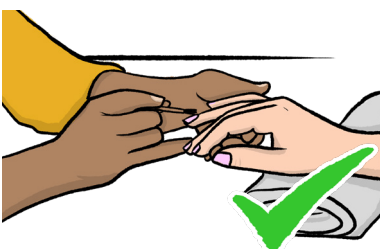
- businesses can ask their workers to come back to work in the office if it is safe



- other places can open like bowling, skating rinks and casinos



- concerts will be allowed indoors, if they follow rules about keeping people safe



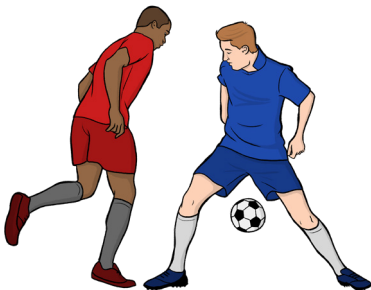
- beauty treatments can start up again



- wedding meals of up to 30 people will be allowed.



Nightclubs are still not allowed to be open.



We are looking at how we can open up places for large groups of people like concerts and sports events. We hope to open these up properly from October.



In September all schools will open for all children.

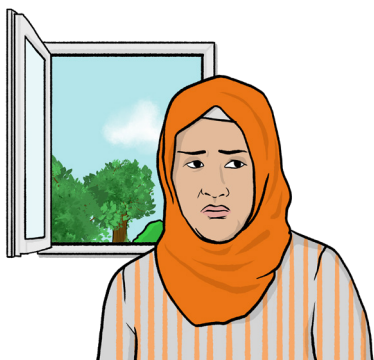


If things go well

We think that we can return to normal in November.



This means that you won't have to stay 1 metre apart and wear face masks at that time.



But if things don't go well

If Coronavirus starts to come back, we may have to ask people to stay at home again.



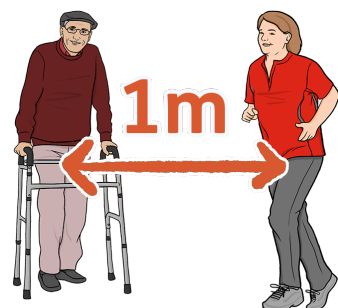
We may have to close more businesses again.



Stay safe

In the meantime, you should carry on:

- washing your hands often
- keeping at least 1 metre away from other people
- wearing a face mask inside where there are other people.



For more information



If you need more information, please go to:



- Government website:
www.gov.uk/coronavirus