

# **Remote Health Advice**

Syndromic Surveillance System: England

#### 20 July 2020

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calls: Cold/flu Fever Cough

Syndromic indicators at

Indicators by syndrome.

NHS 111 telephone

Loss of taste or smell

Difficulty breathing

Potential COVID-19

Sore throat

Diarrhoea

Vomiting

Acknowledgements.

Year: 2020

Week: 29

### Key messages

Data to: 19 July 2020

During week 29 NHS 111 calls and online assessments for potential COVID-19 remained stable (figures 8 & 19). There was a small increase in cold/flu calls (figure 2) and cough calls increased in the 1-4 years age group (figure 4a). Other respiratory indicators also remained stable.

Please see notes and caveats section for more information about the 'potential COVID-19' and standard NHS 111 syndromic indicators.

A Heat-Health Watch system operates in England from 1 June to 15 September each year. As part of the Heatwave Plan for England, the PHE Real-time Syndromic Surveillance team will be routinely monitoring the public health impact of hot weather using syndromic surveillance data. Heat-health watch level (current reporting week): Level 1: Summer preparedness http://www.metoffice.gov.uk/weather/uk/heathealth/

### Syndromic indicators at a glance:

Eye problems	Indicator	Trend*	Level
	Cold/flu	increasing	similar to baseline levels
Heat/sun impact	Fever	no trend	below baseline levels
Insect bites	Cough	no trend	below baseline levels
	Loss of taste or smell	no trend	*
NHS 111 online	Difficulty breathing	no trend	below baseline levels
assessments:	Sore throat	no trend	below baseline levels
Cold/flu	'Potential COVID-19' calls	no trend	*
Fever	Diarrhoea	no trend	below baseline levels
	Vomiting	no trend	below baseline levels
Cough	Eye problems	no trend	similar to baseline levels
Loss of taste or smell	Heat/sun impact	increasing	similar to baseline levels
Difficulty breathing	Insect bites	increasing	below baseline levels
Potential COVID-19	Cold/flu online assessments	no trend	*
	Fever online assessments	no trend	*
Later back and a short	Cough online assessments	no trend	*
Introduction to charts and caveats.	Loss of taste or smell online assessments	no trend	*
Notes and further	Difficulty breathing online asssessments	no trend	*
information.	'Potential COVID-19' online assessments	no trend	*

### Data summary

\* Indicators where there are no historical data to allow assessment of 'level' compared to baseline

Year	Week	Total calls	Total online assessments
2020	29	293,332	130,870

### **\$\$**\$ Public Health England

#### 20 July 2020

#### 1. Total NHS 111 calls

100,000 90,000

80,000

12.0

10.0

Percentage of total calls %) 0.9 0.9 0.8

2.0

0.0 21/07/19

18/08/19

15/09/19

bank holiday

13/10/19

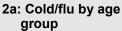
weekend

The total number of syndromic calls recorded each day by NHS 111.

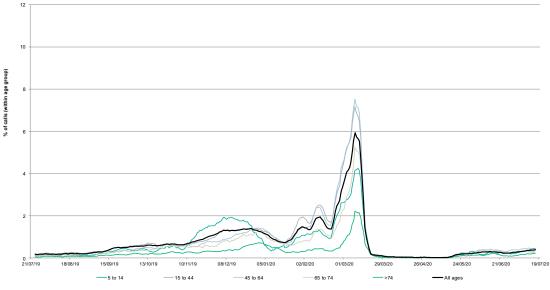
70.000 <u>8</u>60,000 50,000 **Ž**40,000 30,000 20,000 10,000 0 10/11/19 08/12/19 24/05/20 21/06/20 19/07/20 21/07/19 18/08/19 15/09/19 13/10/19 05/01/20 02/02/20 01/03/20 29/03/20 26/04/20 bank holiday weekend total calls 7 day average (adjusted for bank holidays)

#### 2: Cold/flu

Daily 'cold/flu' calls as a percentage of total calls (and 7-day moving average\*). Baselines are constructed from historical data since 2013.



Cold/flu calls as a percentage of total calls within each age group, shown as a 7 day moving average\*. Age groups below 5 years old not shown.



10/11/19 08/12/19 05/01/20 02/02/20 01/03/20 29/03/20 26/04/20

--- baseline

-

cold/flu

### **Remote Health Advice**

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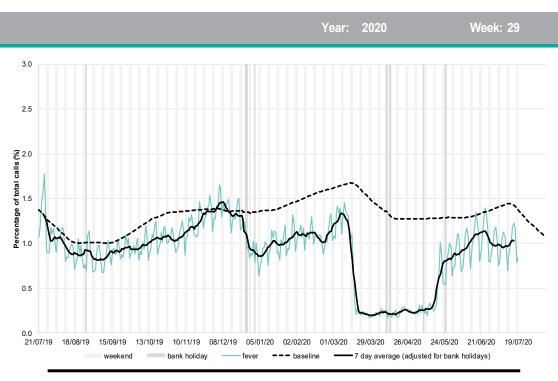
24/05/20 21/06/20

7 day average (adjusted for bank holidays)

19/07/20

#### 3: Fever

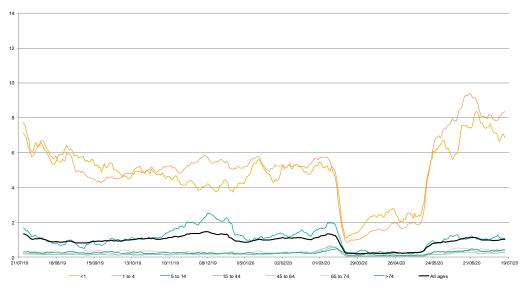
Daily 'fever' calls as a percentage of total calls (and 7-day moving average\*). Baselines are constructed from historical data since 2013.



## 3a: Fever calls by age group

Fever calls as a percentage of total calls within each age group, shown as a 7-day moving average\*.

% of calls (within age group)



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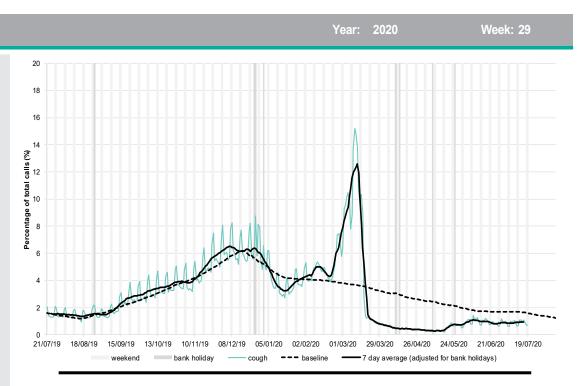
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#### 4: Cough

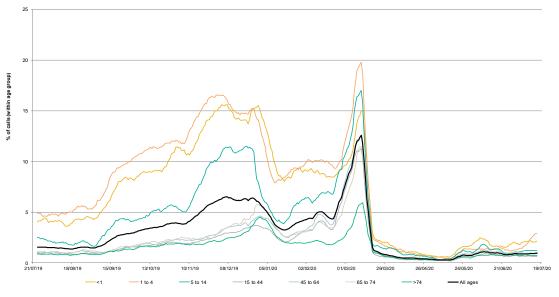
Daily 'cough' calls as a percentage of total calls (and 7-day moving average\*). Baselines are constructed from historical data since 2013.

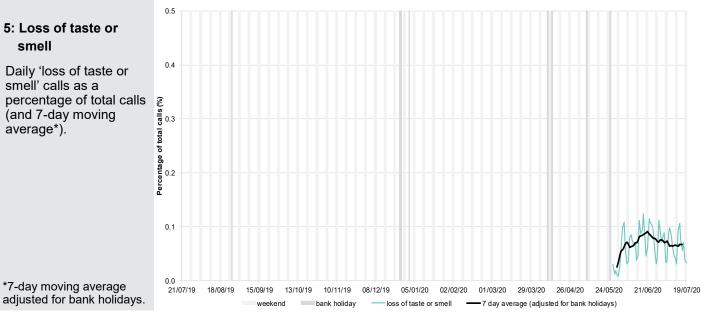
#### 4a: Cough calls by age group

Cough calls as a percentage of total calls within each age group, shown as a 7-day moving average\*.



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#### 5: Loss of taste or smell

Daily 'loss of taste or smell' calls as a percentage of total calls (and 7-day moving average\*).

\*7-day moving average

#### 4



#### 6: Difficulty breathing

Daily 'difficulty breathing' calls as a percentage of total calls (and 7-day moving average\*). Baselines are constructed from historical data since 2013.

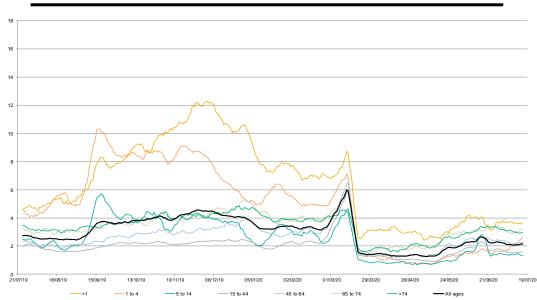




# 6a: Difficulty breathing calls by age group

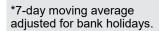
Difficulty breathing calls as a percentage of total calls within each age group, shown as a 7day moving average\*.

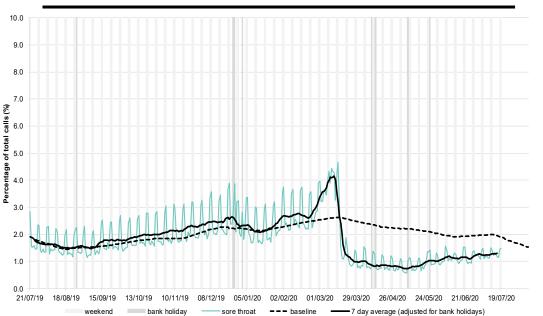
% of calls (within age group)

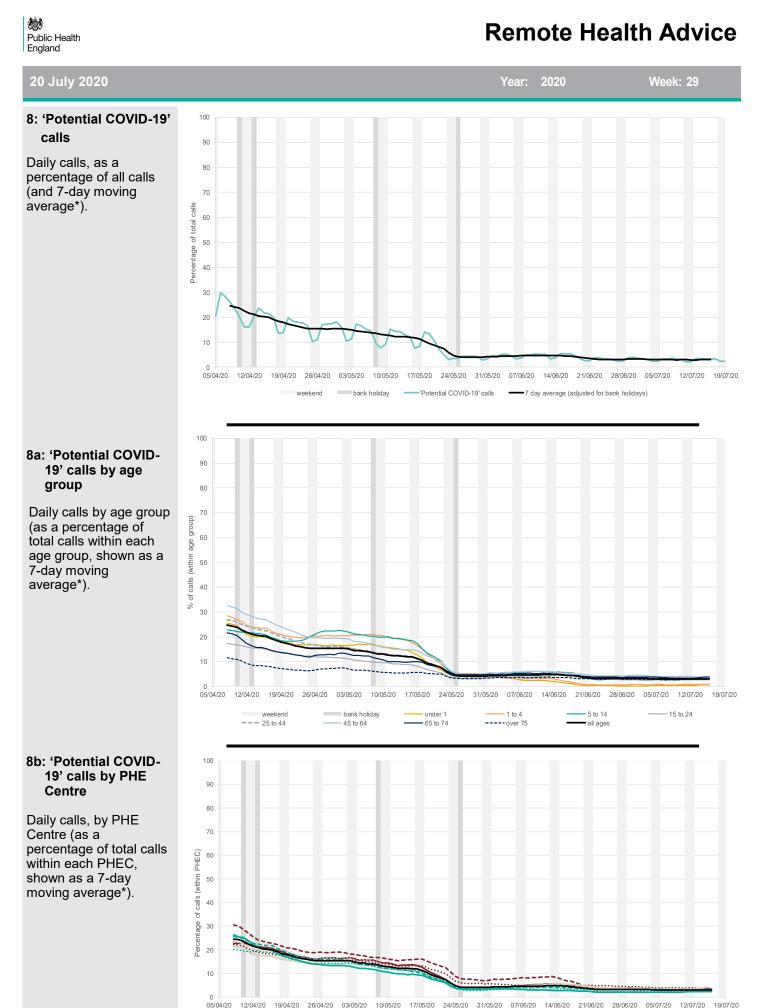


#### 7: Sore throat

Daily 'sore throat' calls as a percentage of total calls( and 7-day moving average\*). Baselines are constructed from historical data since 2013.







bank holiday

East Midlands

--- South East

- North East

--- West Midlands

····· South West

\*7-day moving average adjusted for bank holidays.

weekend

London

····· Yorkshire and Humber

--- North West

····· East of England

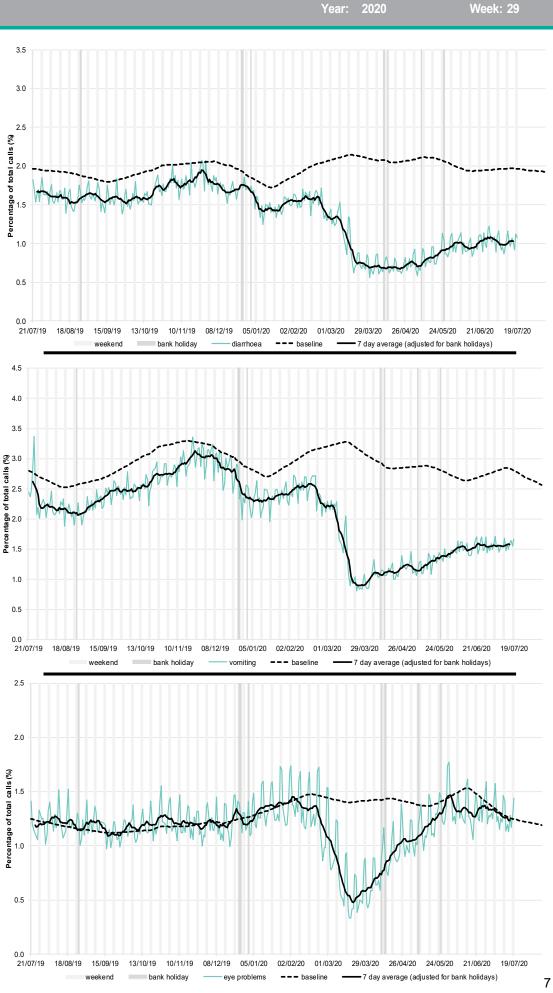
all areas

#### 9. Diarrhoea

Daily 'diarrhoea' calls as a percentage of total calls (and 7-day moving average\*). Baselines are constructed from historical data since 2013.

#### 10: Vomiting calls

Daily 'vomiting' calls as a percentage of total calls (and 7-day moving average\*). Baselines are constructed from historical data since 2013.



#### 11: Eye problems

Daily 'eye problems' calls as a percentage of total calls (and 7-day moving average\*). Baselines are constructed from historical data since 2013.

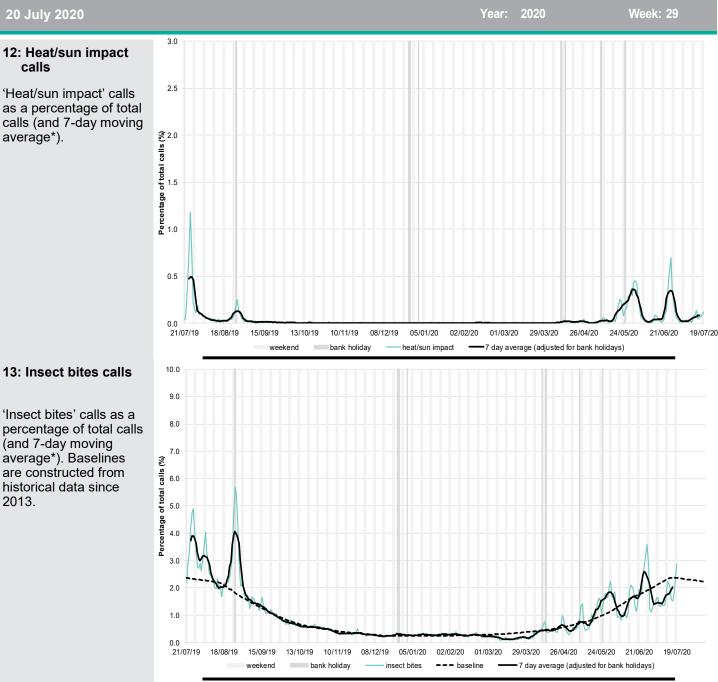
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2020

**X** 

Public Health England

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### 敛 Public Health England

#### 20 July 2020

#### 14: NHS 111 online cold/flu

40,000

35,000

30.000

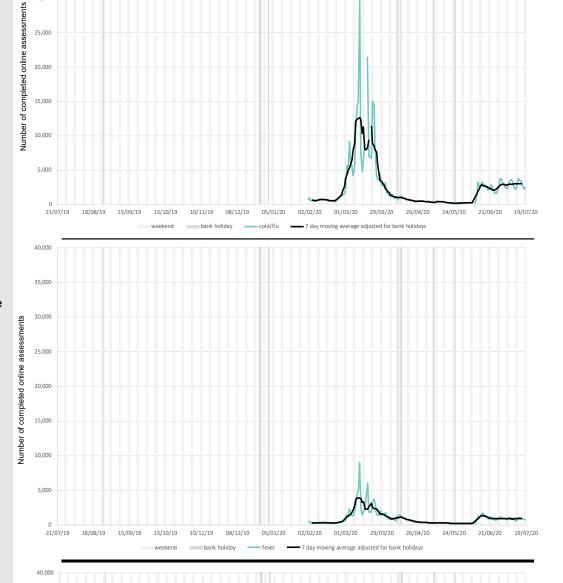
25,000

20,000

Number of 'cold/flu' online completed assessments, with 7day moving average\*.

#### 15: NHS 111 online fever

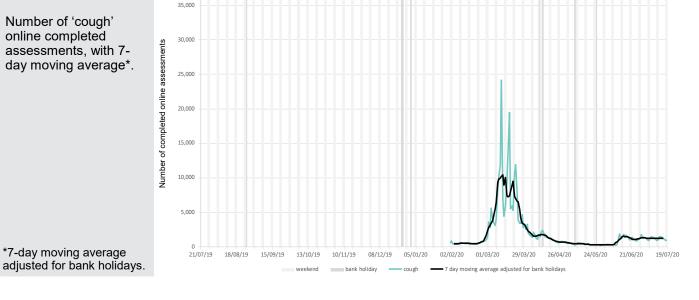
Number of 'fever' online completed assessments, with 7day moving average\*.



#### 16: NHS 111 online cough

Number of 'cough' online completed assessments, with 7day moving average\*.

\*7-day moving average

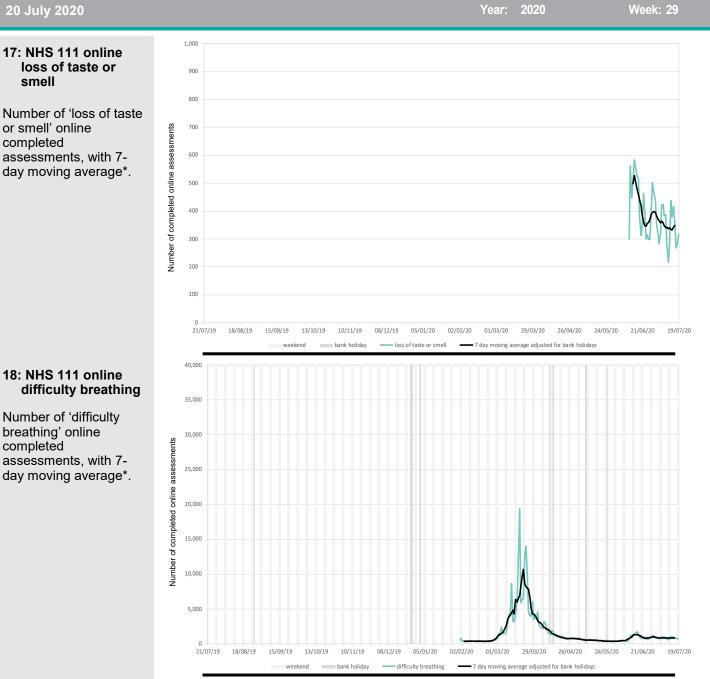


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2020

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#### 19: 'Potential COVID-19' completed online assessments

Number of completed NHS 111 online assessments which have a 'potential COVID -19' final disposition (and 7-day moving average\*).

#### 19a: 'Potential COVID-19' completed online assessments by age group

Number of completed NHS 111 online assessments which have a 'potential COVID -19' final disposition, by age group (as a percentage of total assessments within each age group) for ages 15 years and over, shown as a 7-day moving average\*.

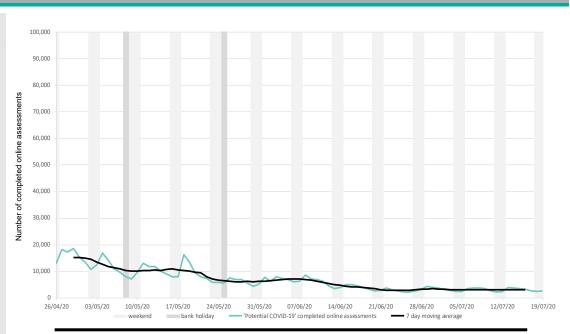
#### 19b: 'Potential COVID-19' completed online assessments by PHE Centre

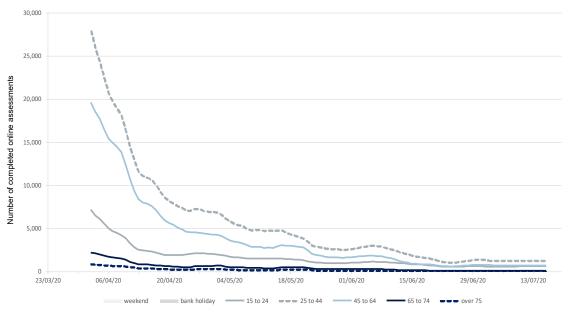
Number of completed NHS 111 online assessments which have a 'potential COVID -19' final disposition, by PHE Centre (as a percentage of total assessments within each PHEC, shown as a 7-day moving average\*).

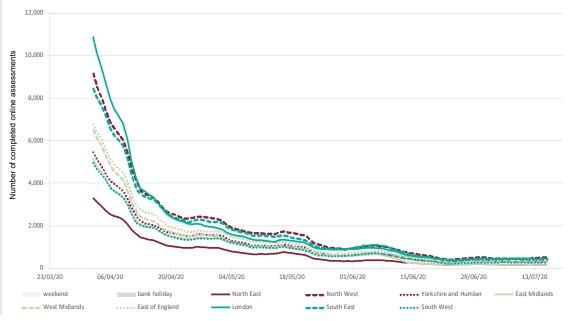
\*7-day moving average adjusted for bank holidays.

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20 July 2020	Year: 2020 Week: 29
Introduction to charts and caveats:	<b>COVID-19 syndromic surveillance data:</b> During the current COVID-19 pandemic, NHS 111 are triaging 'potential COVID-19' patients using new and evolving telephone and online systems. PHE are working with NHS 111 and NHS England to ensure that syndromic surveillance indicators monitor trends in these calls and online assessments. However, changes within the NHS 111 triaging systems will be reflected in our routine syndromic indicators and 'potential COVID-19' indicators.
	An individual may use both the NHS 111 Online and NHS 111 telephony services. Therefore, counts of individuals from the two services cannot be considered as distinct counts of individuals with potential COVID-19 symptoms. All NHS 111 syndromic trends should be interpreted with caution due to current national advice and guidance regarding access to health care services during the COVID-19 pandemic.
	<ul> <li>NHS 111 'potential COVID-19' call data</li> <li>The NHS 111 'potential COVID-19' syndromic indicator may not include all NHS 111 integrated urgent care service calls and therefore should be used to monitor trends in calls rather than numbers.</li> </ul>
	• The 'Potential COVID-19' syndromic indicator includes NHS 111 calls triaged using COVID-19 Pathways and given a COVID-19 disposition (call outcome). These data are based on potential COVID-19 symptoms reported by callers and are not based on outcomes of tests for coronavirus. Prior to 11 May 2020 callers with COVID-19-like symptoms were assessed via COVID-19 Pathways. From 11 May 2020 callers who are assessed as having probable COVID-19 symptoms are triaged in symptom specific pathways which are included in our routine syndromic indicators.
	<ul> <li>NHS 111 'potential COVID-19' completed online assessment data</li> <li>The NHS 111 online data presented in this report are based on 'potential COVID-19' symptoms reported by the public via the NHS 111 Online service or the COVID-19 Response Centre and are not based on outcomes of tests for coronavirus. Any user that launches a COVID-19 online assessment may access the service multiple times and can change their answers and follow multiple journeys through the online system. The data presented are therefore completed online assessments rather than counts of individuals and should be used to monitor trends rather than numbers.</li> </ul>
	<ul> <li>From 11 June 2020 online users who are assessed as having probable COVID-19 symptoms will be triaged using symptom specific pathways.</li> </ul>
	<ul> <li>Notes on charts</li> <li>Weekends and bank holidays are marked by vertical grey lines (bank holidays darker grey). A 7-day moving average (adjusted for bank holidays) is overlaid on the daily data reported in each chart, unless specified.</li> <li>Baselines represent seasonally expected levels of activity and are constructed from biotexisted data size.</li> </ul>
	historical data since September 2013. They take account of any known substantial changes in data collection, population coverage or reporting practices. Baselines are refreshed using the latest data on a regular basis.
	• NHS 111 call data are analysed on a daily basis to identify national and regional trends. A statistical algorithm underpins each system, routinely identifying activity that has increased significantly or is statistically significantly high for the time of year. Results from these daily analyses are assessed by the ReSST, along with analysis by age group, and anything deemed of public health importance is alerted by the team.
Notes and further information:	<ul> <li>Further information about NHS 111 can be found at: <u>https://www.nhs.uk/using-the-nhs/nhs-services/urgent-and-emergency-care/nhs-111/</u></li> <li>The Remote Health Advice Syndromic Surveillance bulletin can also be downloaded from the PHE Real-time Syndromic Surveillance website which also contains more information about syndromic surveillance:</li> </ul>
Acknowladgementer	https://www.gov.uk/government/collections/syndromic-surveillance-systems-and-analyses
Acknowledgements:	We are grateful to NHS 111 and to NHS Digital for their assistance and support in providing the anonymised data that underpin the Remote Health Advice Syndromic Surveillance System.
Contact ReSST: syndromic.surveillance @phe.gov.uk	<b>Produced by:</b> PHE Real-time Syndromic Surveillance Team Web: <u>https://www.gov.uk/government/collections/syndromic-surveillance-systems-and-analyses</u> 12