Baseline study on diploma midwives in Bangladesh

Final report July 2019

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Preface

The Department for International Development (DFID) has commissioned Oxford Policy Management (OPM) to carry out a baseline study to understand the long-term impacts of diploma midwives on health outcomes in Bangladesh. OPM has collaborated with Mitra and Associates to conduct this research project. This report includes the findings of the baseline study of this research.

This research has been commissioned by South Asia Research Hub, Research and Evidence Division, Department for International Development, Government of UK. However, the views expressed do not necessarily reflect the UK Government's official policies.

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Professor Sophie Witter and Della Sherratt have peer reviewed the study design and the reports. Josh Chipman and Tamanna Khair from OPM Bangladesh, Laura Shelton from OPM Oxford, and S N Mitra and Fuad Pasha from Mitra and Associates provided operational guidance, and logistical support to implement this study.

Finally, we would like to thank the enumerators, quality control officers, researchers, and analysts from Mitra and Associates and all the respondents of this study.

Executive summary

Background

There are significant global evidences that midwife led care can be effective for achieving maternal and neonatal health outcomes. Historically, Bangladesh did not have a dedicated midwifery workforce. After taking various initiatives to create dedicated workforces for midwifery care over last couple of decades, the Government of Bangladesh with the support from development partners have initiated producing diploma midwives. Developed in line with international standards, this three-year diploma education in midwifery was launched nationwide in December 2012. First two batches of the midwives, who have completed their diploma has recently been recruited by the public service commission and deployed in the public sector health facilities. Therefore, this is the ideal time to conduct a comprehensive study involving both the demand and the supply side to understand the baseline status and also to identify the key challenges that the programme is facing at this early stage.

The overall objectives of this study are to set the baseline to understand the long-term impact, or value added, by the new midwifery cadre to maternal and new-born health in Bangladesh, and to suggest suitable strategies to effectively develop, deploy and utilise them in achieving better maternal and newborn health outcomes. The study has also aimed to document the historical context and processes followed to scale up this programme. The results of this study needs to be compared with follow-up studies, to be conducted a few years after the midwives have been fully integrated into the health institutions. The findings of this study will help policy makers and development partners in Bangladesh to better understand the baseline status of the deployment of the midwives in the public services, identify potential challenges in the integration of the midwives into the broader health system, and adopt appropriate policy reforms to address those challenges.

Methods

The study design encompasses a mixed methods approach with three key components, namely the policy landscaping through desk review and key informant interviews, user surveys which included mothers and children through a survey and providers which are the midwives via survey, focus group discussions and case studies. Each of the components either solely or jointly facilitated in reaching the research objectives. The objective of the user (household) survey is to set the baseline status of the key maternal and neonatal health indicators in the areas where the midwives are deployed in order to compare the results with a follow-up survey. This will help understanding the value added or effectiveness of having diploma midwives, by comparing the results of the key indicators of this user survey with future surveys.

Data at the field were collected and partially analysed by the survey partner, Mitra and Associates. The field teams were deployed after a week of rigorous training and piloting. A dedicated and independent quality assurance team was also engaged for quality assurance. We have used SPSS and Stata to generate descriptive statistics of the quantitative survey results and have done thematic analysis for the qualitative data. Limitations include the lack of control that would have allowed a quasi-experimental design to fully understand the counterfactual of the programme. Another limitation was use of self-assessed questionnaire instead of systematic and rigorous skills test to measure the midwives' competencies. Ethical clearance to conduct this study was taken from Ethical Review Committee (ERC) of OPM and Institutional Review Board (IRB) of the Institute of Health Economics (IHE) of the University of Dhaka.

Findings

The policy landscaping analysis of our study found that efforts to create a distinct identity for this group of midwives such as by providing a pink uniform, from other midwives and health workers who perform deliveries, but more emphasis is needed in this area to create a distinct identity for this health workforce. Confusion by health professionals about the responsibilities of a nurse and midwife is common, especially in the facilities where nurses are few in number and midwives are making up for their duties. The qualitative interviews have suggested that there are lack of supervisions. To empower these young midwives to lead maternal care independently as per there training and job role, it is important to educate and seek cooperation from both physicians and nurses to relieve their current authoritative status. In addition, it is equally important to promote midwifery services in the community to create awareness about this cadre who are looked upon as possibly too young in comparison to the older women who have been providing prenatal and child birth, particularly in rural areas.

In terms of facility preparedness, the Upazila Health Complexes are better equipped and have better capabilities to facilitate midwives in carrying out deliveries and other midwifery services. With regards to career progression, scope for further education for midwives and the ability to reach senior positions in the public services that are currently taken up by nurses, need to be ensured and encouraged. Additionally, at public sector nursing institutes, nurses are currently conducting the midwifery courses, which needs to be adapted so that midwives can take up the role of tutors to midwifery students and separate midwifery institutes are established to ensure sufficient capacity development.

The key results from the household surveys are listed below. Most of the indicators, except the skin-to-skin contact after birth have high level of coverage or prevalence. It would be important to observe how these indicators and trends are changed when the midwives are fully deployed in the health facilities and have offered their services for at least 2-3 years. It is also expected that the institutional deliveries would further increase and so as the deliveries skill birth attendants, and the prevalence of caesarean section would reduce.

Indicators	Results
Percentage of women who received any ANC	86.3 %
Percentage of women who received any ANC from skilled provider	78.9 %
Percentage of women receiving Antenatal care visit 4+	38.4 %
Number of ANC visits (mean ± SD)	3.7 ± 2.3
Percentage delivered at health facility	53.9 %
Percentage delivered by a Skilled Birth Attendant (SBA)	55.8 %
Percentage delivered by C-section	35.2 %
Percentage of instruments boiled before the cord was cut	85.9 %
Percentage of mothers who applied nothing to the cord	69.6 %
Percentage of birth that have skin-to-skin contact	11.2 %
Percentage who received colostrum	98.1 %
Percentage of mothers receiving postnatal care from skilled provider	54.3 %
Percentage of new born receiving postnatal care from skilled provider	54.6 %
Percentage of children receiving all basic vaccinations	80.1 %
Percentage of mothers using any contraception method	79.0 %
Percentage of mothers using any modern method	74.0 %

Key findings: Household survey

The key findings of the midwifery survey are presented in the table below. We have carried out a knowledge test using various scenarios and the average score is quite satisfactory.

Most of the midwives are highly motivated and wish to work in public sector in the long run, which is encouraging. However, many of them have also expressed their interest to work in urban areas and also wanted to get migrated abroad in the long term. A significant proportion of the midwives have reported working on tasks that are unrelated to midwifery, which is a major concern.

Key findings: Midwifery survey

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While the quantitative survey revealed high level of satisfaction of the midwives with their training and workplace, on further probing in the qualitative study some of them have raised some concerns about some particular aspects of the training and the facility preparedness. Some of them has also highlighted the challenges they are facing in integrating into the existing health systems.

Conclusion

Survey findings and evidence from previous nationally represented surveys revealed there is a positive trend in most of the maternal, neonatal, and reproductive health indicators. Further efforts are required to create a distinct identity of the new cadre of midwives and for better integration into the existing health system. With adequate training and knowledge, many midwives are unable to perform midwifery tasks due to lack of authorisation from supervisors, lack of equipment and supplies and due to filling in the roles of nurses.

In the presence of a range of health care providers operating at the field, an awareness among the community is essential in order for mothers to be informed, seek out and learn to trust these relatively younger midwives in comparison to the traditionally elder health care providers for midwifery services. It is essential to provide the midwives an enabling working environment by clarifying, communicating and educating the senior health workers and physicians the exact job description of a midwife, equipping facilities with appropriate functioning equipment and supplies and properly managing and supervising midwives at the facility. To ensure growth of this profession, there needs to be a clear career trajectory for midwives. To capture the progress of these midwives, additional research including a followup survey, if possible with the same cohort of midwives for which the consent has already been taken, would be beneficial to this programme.

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List of abbreviations

ANC	Antenatal Check-ups
BDHS	Bangladesh Demographic and Health Survey
BNC	Bangladesh Nursing Council
BNMC	Bangladesh Nursing and Midwifery Council
CBHC OP	Community Based Health Care Operational Plan
СС	Community Clinic
СНСР	Community Health Care Provider
CSBAs	Community Skilled Birth Attendants
DFID	Department for International Development
DGHS	Directorate General of Health Services
DGNM	Directorate General of Nursing and Midwifery
DNS	Directorate of Nursing Services
DPHN	District Public Health Nurse
EPI	Extended Programme on Immunization
ERC	Ethical Review Committee
FGD	Focus Group Discussions
FWA	Family Welfare Assistants
FWV	Family Welfare Visitors
GoB	Government of Bangladesh
HA	Health Assistants
HPNSP	Health, Population and Nutrition Sector Programme
ICM	International Confederation of Midwives
IHE	Institute of Health Economics
IRB	Institutional Review Board
JNM	Junior Nurse-Midwives
KII	Key Informants' Interviews
MDGs	Millennium Development Goals
MNCAH OP	Maternal, Neonatal, Child and Adolescent Health Operational Plan
MoHFW	Ministry of Health and Family Welfare
NGOs	Non-Governmental Organisations
NM	Nurse-Midwives
NMES OP	Training, Research Development
OPM	Oxford Policy Management
PPES	Probability Proportional to Estimated Size
PSU	Primary Sampling Units
SACMO	Sub-Assistance Community Medical Officer
SARH	South Asia Research Hub

SBA	Skilled Birth Attendance	
SRHR	Sexual and Reproductive Health and Rights	
ТВА	Traditional Birth Attendants	
ТоТ	Training of Trainers	
TRD OP	Training, Research and Development Operational Plan	
UN	United Nations	
UNDP	United Nations Development Programme	
UNFPA	United Nations Population Fund	
WHO	World Health Organization	

1 Introduction

1.1 Background

There is significant global evidence on the impact of skilled midwives on saving maternal and newborn lives. A Cochrane systematic review, with 15 trials involving 17,674 women of potentially low-risk and high-risk pregnancy complications, revealed that those low-risk women, who received the midwife model of care, had better maternal outcomes, a reduced number of procedures in labour, and increased satisfaction with care compared to physician led care. (Sutcliffe, et al., 2012). Midwives, and out-of-hospital birth settings, allows women to avoid unnecessary caesarean sections in comparison to alternate care models (Sakala, 1993).

Political commitment, in maternal and neonatal health, is evident in Bangladesh, which is articulated in several policy and strategic documents, and has created a foundation for the considerable progress in this area. Bangladesh's midwifery education has been developed with technical and financial assistance from the World Health Organization (WHO) and United Nations Population Fund (UNFPA) to ensure it is targeted, effective, and in line with international standards. The approach to this education was composed of; a six-month advanced midwifery certificate to expand the skills of existing nurses and midwives, running since 2010; and, a three-year direct entry diploma in midwifery, launched nationwide, in December 2012.

Currently, 54 institutions (38 government and 16 private) have a total of 1,535 places (975 government and 560 private) for the three year diploma in midwifery. As of 31 January 2018, the Bangladesh Nursing and Midwifery Council (BNMC) registered 1,187 diplomas (three years) in midwifery, and 1,592 completed the six month advanced midwifery certificate. Another 696 completed, on 16 February 2018, the three year diploma in midwifery course's comprehensive (licensing/pre-registration) examination, conducted by the BNMC (BNMC, 2018).

Whilst the midwifery programme is currently being implemented, it is necessary to have a preliminary understanding on the baseline status of this programme, and to engage in future follow-ups to see what impact the midwives have had on maternal and newborn health. This study will provide important and timely insights on the long-term impact, or value added, by the midwifery programme and will allow policy makers, and development partners, to better understand the context, aiding in the development of strategies to ensure maximum benefit in maternal health.

1.2 Maternal and newborn health in Bangladesh

Maternal health services have improved steadily through antenatal check-ups (ANC) uptake (26% with four or more ANC visits in 2011 to 31% in 2014) and access to skilled delivery (Skilled Birth Attendance - SBA delivery: 32% to 42%, facility delivery: 29% to 37%) (NIPORT, 2015). The 2014 Bangladesh Demographic and Health Survey (BDHS) indicated progress in postnatal care, with 36% of mothers and 32% of children receiving check-ups from a medically trained provider within two days of delivery, compared to 27% and 30% in 2011 respectively.

Despite the tremendous effort in the reduction of maternal deaths nationwide, with maternal mortality rate reducing by 12.5% between 2010 and 2016 (BMMS, 2016), the country still loses 14 mothers a day due to: delivery complications; complications in the post-partum period; delivery by unskilled home birth attendants; and, lack of appropriate care by a sklied provider, for obstetric complications. Progress on neonatal mortality has been slow. More than 80% of the neonatal deaths occur within seven days, 50% within the first 24 hours of life, with most occurring in the home, in the absence of care by skilled birth attendants, and are often unregistered. These are largely due to preventable and treatable conditions –

complications due to prematurity, intrapartum-related deaths (including birth asphyxia) and neonatal infections (sepsis, meningitis, and pneumonia).

Care during labour, during birth, in the first week of life, and care for the small and sick newborn - have great impact on ending neonatal deaths and stillbirths (McClure, et al., 2007). The availability of qualified providers is important to reduce maternal and neonatal complications and deaths, and the availability of dedicated trained midwives can further have a significant impact in saving lives in countries such as Bangladesh, where the ratio of trained health workers is less than desired (WHO, 2006).

Taking this evidences into consideration, the Government of Bangladesh (GoB), with the support from development partners, have started training midwifes as a dedicated health workforce. They are being trained at government, and non-governmental, training institutes throughout the country, with a majority of the non-governmental training institutes under the supervision of BRAC University. The first two cohorts of the qualified midwives have been recently deployed in the public sector health facilities, allowing for an ideal time to conduct comprehensive research to understand the current conditions and identify challenges and their policy implications.

1.3 Objectives of the study

The overall objectives of this study are to understand the long-term impact, or value added, by the new midwifery cadre to maternal and new-born health in Bangladesh, and to suggest suitable strategies to effectively develop, deploy and utilise them in achieving better maternal and newborn health outcomes. The specific objectives are to explore whether:

- licensed midwives have necessary knowledge and skills;
- the system is utilising them optimally and efficiently;
- the midwives can make any difference to the health and well-being of women of reproductive age, especially pregnant women and newborns, and
- if not, then what are the barriers and what needs to be done to remove these?

The study has also aimed to document the historical context and processes followed to scale up this programme. The results of this study needs to be compared with follow-up studies, to be conducted a few years after the midwives have been fully integrated into the health institutions.

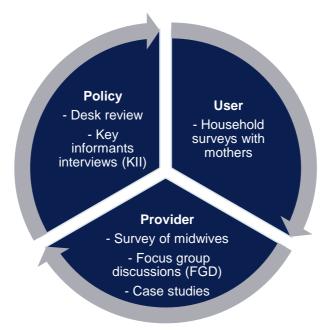
The findings of this study will help policy makers and development partners in Bangladesh to better understand the baseline status of the deployment of the midwives in the public services, identify potential challenges in the integration of the midwives into the broader health system, and adopt appropriate policy reforms to address those challenges.

2 Methodology

2.1 Overall design

We have applied a mixed methods approach, with three different components, yet have ensured an overall cross-cutting theme and analysis. The three key areas of this research; policy, user (mothers and children) and provider (midwives), were explored using various tools as shown in Figure 1.

Figure 1: Research areas and tools



Each of the components either solely or jointly facilitated in reaching the research objectives as shown in Figure 2. The details of the individual components are explained in the subsequent sections.

Figure 2: Research objectives and corresponding tools

Licensed midwives have necessary knowledge and skills	 Survey of midwives KIIs with policy makers and development partners Focus group discussions
	Desk review
The system is utilising them optimally and efficiently	 KIIs with policy makers and development partners FGDs with midwives
The midwives are able to make any difference to the health and well- being of women of reproductive age especially pregnant and the new-borns	KIIs with policy makers and development partnersHousehold surveys
what are the barriers and what needs to be done to remove these	 Desk reviews Key informant interviews Focus group discussions

2.2 Methodology

2.2.1 Component A: Policy landscaping

The methods included a desk review and key informants' interviews (KII). A rapid horizon scanning was also conducted as a part of the KII.

The themes explored in the KIIs include:

- Historical background and introduction of the midwifery programme;
- Preparedness of the midwife's education institutes;
- Integration with health systems;
- Utilisation; and,
- Potential impact.

We used the information collected from the KIIs to conduct a horizon scanning to foresee the key challenges, which are likely to emerge in the short and medium term. We have applied a synthesis (scenario creation) method for the horizon scanning, to explore the research question 'What are the key challenges in the integration of the midwives in the health system?' The data collected through the KIIs is presented under the policy landscaping section of this document (Section 3.4)

The KII participants included 23 officials from various organisations who were actively engaged in scaling up the midwifery programme. A semi-structured questionnaire was used for the KIIs, and data was collected during August and November 2018.

2.2.2 Component B: The user survey

We conducted a cross-sectional baseline survey involving women with recent experience of receiving maternal health services in the areas where the midwives have been recently deployed. Hence, the survey population are mothers who have children that are less than two years of age, from the selected upazilas (subdistricts), which were identified by the Government for the first and second phase of midwife deployment. The objective of this survey was to set the baseline status of the key maternal and neonatal health indicators in the areas where the midwives are deployed in order to compare the results with an endline survey, likely to be conducted in three-four years.

The calculated sample size was 1,200 mothers, with the statistical assumptions of infinite population, 95% confidence, 5% margin of error, a prevalence of 0.5, design effect of 3, cluster size of 24 and number of clusters 50. To accommodate a 15% non-response rate, the total sample size was increased to 1380. This sample size is large enough to be a representative sample of the target population and to detect statistically significant changes across the groups (e.g. between urban-rural and between wealth quintiles). It is also a sufficient size to detect relatively rare events, such as complications. The final sample which was used in the analysis was 1,320.

The sample was selected using a multistage random selection procedure. Fifty villages/mohollas were selected from the sampling frame of selected 342 upazilas (subdistricts) where the midwives were deployed. The following procedures were utilised in selecting the 50 villages.

The first stage of sampling involved: preparing a list of 342 Upazilas according to divisions and districts; with the size of the household listed in alphabetical order of, divisions, district and upazila names; and, development of a column with corresponding cumulative household size as a sampling frame for selecting the upazilas (see Annex G). Thus, 50 Upazilas were selected from the list of 342, with probability proportional to estimated size (PPES), the size being measured in terms of estimated number of households.

During the second stage, a list of the villages was prepared by the selected upazila. The 2011 census list of villages was used as the sample frame for the selections of villages. One village was randomly selected from an upazila. Thus, altogether, 50 villages were selected from the 50 upazilas for the household survey.

Households in every selected village were then identified during a census, whereby the listing team recorded whether the household included a mother with a child less than two years of age, and sought the required information to identify the household (such as identifying the head of the household, the location, members of the household, etc.). In this way, it could be ascertained which mothers were eligible to take part in the survey.

On the completion of each cluster listing, the teams identified those households with mothers of children less than two-years of age then prepared a sampling framework with those selected households, for the final stage of sampling. The final stage selection involved a selection of the ultimate sample of up to 30 households in a cluster, with mothers of an under two-year-old. The households were drawn by using a systematic sampling technique from each village sampling frame.

The sampling frame of this survey comprised of the sub-districts (upazilas) where the newly trained midwives are deployed and the primary sampling units (PSUs) and the households within the PSUs were drawn using Probability Proportionate to Size (PPS). The survey results are therefore representative to the general population of these upazilas and is not nationally representative. However, since these upazilas are distributed across all eight divisions of Bangladesh and are roughly proportionate to the population size of each divisions, we do not anticipate much difference between this survey population with that of the general population of Bangladesh.

2.2.3 Component C: Survey on midwives

This component involved both quantitative and qualitative methods. A total of 1143 midwives, including 158 BRAC trained midwives and 985 government trained midwives were deployed in 342 upazilas in Bangladesh. Amongst the 1143 midwives, 593 midwives were deployed from the first cohort (127 BRAC and 466 Government trained midwives) and 550 from the second (31 BRAC and 519 Government trained midwives).

For the quantitative survey, the calculated sample size of midwives was 288. The statistical assumptions were population size of 1143, 95% confidence level, 5% margin of error and a conservative prevalence of 50%. Simple random sampling was used without any cluster, and therefore the design effect was 1. Considering the 15% non-response rates and attrition in the follow-up survey, the total sample size was increased to 331. BRAC trained midwives were oversampled in order to have an adequate sample of this cohort so the results between government-trained and BRAC affiliated institutes could be compared. We have used sampling weights to generate representative data for the overall sampling population. The final 329 interviewed included 190 midwives trained in government institutes and 139 midwives trained in institutes affiliated to BRAC University.

For the qualitative element, six focus group discussion (FGD) sessions were conducted; three FGDs were held in Dhaka and the remaining three will be held outside Dhaka. Between four and six midwives were chosen as FGD participants from amongst the listed midwives in a district, or the nearby upazilas, who expressed willingness to attend the FGD session.

In addition, midwives provided 10 case studies to capture a comprehensive understanding surrounding their training and work, and was used to reflect the findings of the FGD.

2.3 Data collection

Data were collected between September and December 2018. The desk review and KIIs at the central level were conducted by the core team members of the team, particularly the HRH expert. Mitra and Associates recruited the enumerators for collecting data from the health facilities and households. They were received one week training from the OPM and Mitra and Associates researchers. Five enumerator teams were deployed in the field and each team included six members. A dedicated and independent quality assurance team was also engaged for quality assurance. We used Computer Assistant Personal Interviewing (CAPI) for quantitative data collection and paper-pen method for the qualitative data collection.

2.4 Data analysis

We used thematic analysis using the data collected through KIIs and FGDs from the policy makers, development partners and the midwives. We have also used horizon scanning using scenario creation method to foresee the key challenges likely to arise while integrating the midwives in the broader health system.

The quantitative data were analysed using SPSS and Stata. As the midwives trained from BRAC University were oversampled to get a reasonable sample from that cohort, we used sampling weights while analysing midwifery survey data to get the representative data from the entire sampling frame. Since the households were sampled using PPES, we considered the household survey data to be self-weighted and therefore have not used separate weights during the analysis. We used assets to divide the households into socio-economic quintiles. We mostly reported descriptive statistics and compared the results with the previous national surveys to show a trend in the key indicators.

2.5 Limitations

One of the significant limitations of this study was the lack of control that would have allowed a quasi-experimental design to fully understand the counterfactual of the programme, i.e. what would have happened in absence of the programme. The main reason this control could not be included was due to the Government of Bangladesh's plan to deploy midwives in all upazilas in Bangladesh, thus rendering it unlikely that there would be an upazila without a midwife in the upazila and union level facilities in four to five years' time.

Due to budgetary constraints, we could not do a systematic and rigorous skills test to measure the midwives' competencies. To address this gap, self-assessment questions, in the questionnaires, were used, asking the midwives to report on their competency level and how confident they felt they were in performing their assigned tasks. This approach, of course, has its limitations in that some of the responses may not be accurate due to self, rather than independent assessment.

2.6 Ethical considerations

We have obtained ethical clearance from the Ethical Review Committee (ERC) of OPM and Institutional Review Board (IRB) of the Institute of Health Economics (IHE) of the University of Dhaka.

All the enumerators were briefed, during the training, about research ethics and its importance and informed consent was obtained from all respondents prior to data collection. Participation in the survey was voluntary, and the participants were able to refuse to participate or withdraw themselves at any stage of the interviews. Data was presented at an aggregate level, and the datasets were fully anonymised prior to analysis.

One of the key ethical challenges while conducting this study was to ensuring privacy and confidentiality of the midwives while they were interviewed. This is because most of the

health facilities from which they were sampled were quite busy and often it was difficult to find a place with proper privacy to conduct the interviews maintaining privacy. We have identified this challenge at the pretesting stage and have considered various options to mitigate this risk, including home visits, interviewing outside the health facility premise etc. However, most of the alternatives also had other challenges and we have finally decided to carry out the interviews at the health facilities. We have instructed the enumerators specifically on this issue and have asked them to choose an isolated place for the interviews.

3 Policy landscaping

3.1 Historical context

Midwifery services were previously provided by the Traditional Birth Attendants (TBAs) in the majority of cases, and others were provided by obstetricians, physicians, nurses, junior midwives, and Family Welfare Visitors (FWV). In Bangladesh, training of TBAs began in 1978 and after 20 years, ended in 1998, during which 52,000 women were trained by the Government (Jahangir 1997) in addition to a few thousand being trained by non-governmental organisations (NGOs). The objective of TBA training was primarily to change the practices surrounding deliveries, such as teaching cleanliness, so that maternal and neonatal mortality could be established. The programme ended as it did not significantly lower the rate of maternal mortality as evidenced through national demographic surveys.

United Nations (UN) agencies, including WHO (WHO 1999), quickly developed a new programme to train Skilled Birth Attendants (SBAs), with the same goal of reducing the rate of maternal mortality. This programme aimed to train SBAs to a higher professional level than TBAs. The Government of Bangladesh welcomed the new SBA programme and undertook a study to identify training needs and support of SBAs (OGSB et al 2002). The results showed that ideal trainees were all female community-based Family Welfare Assistants (FWAs) and female Health Assistants (HA). After the study, a six-month training pilot for the SBAs began in 2003, and 90 FWAs and female HAs were trained in six districts. The selection criteria for becoming an SBA were: appropriate level of education, aged between 21 and 45 years, a positive attitude, and a willingness to provide support. However, before making a full assessment of the pilot training, seven more districts were selected for SBA training. The plan was to provide midwifery services for most women who deliver their babies at home, with the aim in training all the FWAs and HAs as Community Skilled Birth Attendants (CSBAs). This would provide about one CSBA per 6,000 of the population or 1,000 families, to manage about 50 to 60 normal deliveries and at least one third referrals every year (MOHFW 2011). The SBAs, in the Bangladesh context, was defined as health workers (such as FWAs, female HAs) working at the community level with proficient education, training, and abilities in midwifery skills, as defined by the International Confederation of Midwives (ICM). They were required to manage normal (uncomplicated) pregnancies, childbirth, and the immediate postnatal period, and identify and refer complications, providing them with first-line management of the women and newborns. They are certified and registered by the Bangladesh Nursing Council (BNC).

A 2011 evaluation of the CSBA programme showed that a poor utilisation of CSBAs for home deliveries (DGHS 2011). Several issues were identified for this, including the busy schedules of the service providers trained as CSBA, inadequate monitoring and supervision, and lack of community awareness. Other studies also indicated lack of awareness amongst the community about CSBA. Many national/international NGOs and UN agencies such as the United Nations Development Programme (UNDP) also trained CSBA (locally known as private CSBA) by selecting young women from the community and/or providing their community health workers with an additional six months of training. The Government also started CSBA training for the female Community Health Care Provider (CHCP) of the Community Clinic (CC). Interestingly to note, although CSBAs were supposed to work in the community and make home delivery a safe option, they were also used by the Government in facilities, such as in the community clinics, and many NGOs also deployed them in union level government facilities (Union Health and Family Welfare Centers and Union Sub Centers). Under the 4th Health, Population and Nutrition Sector Programme (4th HPNSP) 2017 – 2022, the Maternal, Neonatal, Child and Adolescent Health Operational Plan (MNCAH OP) has the provision to train to 1,098 CSBAs (DGHS 2017a), the Community Based Health Care Operational Plan (CBHC OP) aims to train female CHCP as CSBA, with the plan to establish one CC in each union conducting normal delivery (DGHS 2017b) and

the Training, Research and Development Operational Plan (TRD OP) has provisions of CSBA training for FWAs and female HAs (NIPORT 2017).

Bangladesh did not have dedicated diploma educated midwives, and the service was mainly dominated by nurses, who had supplementary midwifery training. Since there are existing shortages of nurses in the country (WHO, 2006), the majority are deployed in other clinical areas, and a small proportion of them are engaged in midwifery services. To accommodate this new midwifery programme, the Directorate of Nursing Services (DNS) has been upgraded and renamed as the Directorate General of Nursing and Midwifery (DGNM); Bangladesh Nursing Council (BNC) has been renamed to the Bangladesh Nursing and Midwifery Council (BNMC) through adaptation of new law in 2016; and, the Bangladesh Midwifery Society was formed in 2010.

3.2 Training

The Prime Minister of Bangladesh, whilst addressing the 65th General Assembly of the United Nations in 2010 stated that the progress in attaining the Millennium Development Goals (MDGs) was seen in 'doubling the percentage of births attended by a skilled health worker by 2015 (from the current level of 24.4%) through training an additional 3,000 midwives, staffing all 427 sub-district health centres to provide round-the-clock midwifery services, and upgrading all 59 district hospitals and 70 Mother and Child Welfare Centres as centres of excellence for emergency obstetric care services,' (MOHFW 2011). At that time CSBAs, FWVs, junior midwives and nurse-midwives were available as SBAs and in providing midwifery services.

To meet the need for SBAs to be able to conduct safe deliveries, the key options for consideration were: (1) Revise implementation of the training of CSBAs and review the numbers needed, (2) Revise the whole career structure of nurse/midwife training where the current registered nurse-midwives (RNM) will complete a six month certificated course in advanced midwifery, whilst a new two-year course would begin for registering junior nursemidwives (JNM) with the possibility to continue towards a two year course, and obtain a degree as RNM; and, (3) Restart the training of FWVs for 18 months, with an additional six months specifically geared towards midwifery (MOHFW 2011). Budgets were allocated for training 8,200 CSBAs and 3,172 midwives through the MNCAH OP (DGHS 2011) and 74 batches of FWVs were to be trained for six months in midwifery through Training, Research Development (TRD) OP (NIPORT 2011), and 3,000 midwives by Nursing Education and Services (NES) OP (DNS 2011) during 2011-2016 under the Health, Population and Nutrition Sector Development Programme (HPNSDP). Under the 4th HPNSP 2017-2022, the Maternal, Child, Reproductive and Adolescent Health Operational Plan (MCRAH OP) had provision to train 900 FWVs for six months in midwifery skills (DGFP 2017), the Training, Research and Development Operational Plan (TRD OP) had provisions for Midwifery Skill Practice Training for FWVs (NIPORT 2017), and Nursing and Midwifery Education and Services Operational Plan (NMES OP) aimed to increase production of registered midwives to 975 per year (from 38 institutions) totalling 4875. NMES OP also expected to initiate a B.Sc. in Midwifery, with the help of UNFPA (DGNM 2017).

Bangladesh's midwifery education strategy constituted a six-month advanced midwifery certificate to expand the skills of existing nurse-midwives, which started in 2010, and a three-year direct entry diploma in midwifery, launched nationwide in December 2012, with 525 students in 20 educational sites and another batch in December 2013 in an extended number of 27 educational facilities. It was then expanded in 2015, with a third intake of 800 students into 31 institutes/colleges. As of 26 September 2018, there were 55 institutes (38 government and 17 private) with a total of 1,565 available placements (975 government and 590 private) for the three year diploma in midwifery (details in annexure). As of 31 October 2018, the BNMC have registered 2,131 diplomas (three year) in midwifery, and 1,592 sixmonth midwifery training completed diploma nurse-midwives (BNMC 2018).

The BNC, in collaboration with the DNS, developed the midwifery curriculum, with technical assistance from WHO and UNFPA, by engaging international consultants. The curriculum was informed by the ICM Standards for Education and prepares midwives to meet the ICM competencies for practice (Malin et al 2017). This three-year diploma course began as a government add-on within the existing nursing institutes/colleges, having a limited ability to provide only 25 placements per institutions in most cases. These nursing institutes were already suffering from problems of faculty, classrooms, library facilities, practical classes, and clinical training in the hospitals (Md. Humayun et al 2010, Berlan 2011, Oulton 2009). Naturally, add-on diploma's in midwifery courses aggravated the limitations. One study found that the midwifery students perceived that they were not given opportunities to practice their theoretical or clinical knowledge and skills. They described that these possibilities were restricted due to several factors. Partly they linked it to weak coordination with health care facilities, where there was competition between nurses, nursing students, intern doctors, and midwifery students when supporting a woman giving birth. Furthermore, there was a gap between their theoretical knowledge and practical experience, and there were no clinical teachers (Malin et al 2018). Sharing institutions with nursing students was also found to be problematic by the midwifery students, with one stating:

'Nursing students have their own ego, and they don't usually mix with us. They have separate floors for living and they do not allow us to go to their rooms. The new candidates for the midwifery courses are forced to live with 13 to 14 girls together in a room' (Malin et al 2018).

The practical courses at the Barisal Medical College Hospital for midwives do not offer enough exposure to duties in the labour ward, or with newborns, and they may be deferred to regular nursing duties to service overcrowding. The living conditions at the college are unsuitable, with seven girls living in a room meant for two, lack of sanitary facilities and a security risk as they have to go outside their rooms to study (Evaluation Office 2016).

The teachers in all the institutions were nurse-midwives. A number of development partners came together to support the Training of Trainers (ToT) Midwifery Programme to improve the knowledge and skills of those given the task of teaching the six-month post-basic midwifery programme. This 28-day course focused on ensuring that teachers had the knowledge to implement the curriculum, and to conduct the required learning assessments. As of December 2016, 113 teachers have been trained (Malin et al 2017).

For the development of the midwifery faculty, the DGNM introduced, in 2016, a blended web-based master's program on Sexual and Reproductive Health and Rights (SRHR) with the technical support from Dalarna University, Sweden. Thirty students from the first batch graduated in December 2017, with 30 more completing the second batch in December 2018, and 30 more to be enrolled in March 2018. However, teaching staff at Dhaka Nursing College were reported to be overstretched to service both nursing and midwifery educational needs (Evaluation Office 2016).

To overcome the limitations in knowledge and skills base in the basic course, DGNM with technical assistance from UNFPA, arranged a three-month long internship programme for 474 licensed midwives, by placing them in different upazila health complexes in groups comprising of between four and six students, from 1 July to 30 September 2018 (DGNM 2018a). Also, DGNM has identified 27 upazila health complexes for 29 nursing institutes (out of 38 currently offering courses) for the practical exposure of midwifery students in batches through rotations (DGNM 2018b).

3.3 Deployment

The Government has created 2,996 midwifery posts of under the DGNM in five successive financial years staring from 2014-2015. These posts are created as four per upazila health complexes and one per union sub-centre. In total, 421 upazila health complexes and 1312

union sub-centres have midwife posts. Details of the midwife posts in government health facilities are provided in Table 1.

Financial Years		alth Complex JHC)	Union Sub·	-centres (USC)	Total Midwives
	# of UHC	# of Midwife	# of USC	# of Midwife	Midwives
2014 – 2015	104	416	184	184	600
2015 – 2016	122	488	112	112	600
2016 – 2017	105	420	180	180	600
2017 – 2018	56	224	376	376	600
2018 – 2019	34	136	460	460	596
Total	421	1,684	1,312	1,312	2,996

Table 1:	Distribution of the midwives'	posts in government health facilities
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In December 2015, and July 2016, DNS posted senior staff nurses/staff nurses, who held a diploma in nursing services and midwifery, with a further six months training in midwifery in the newly created posts of midwives at upazila health complexes and union sub-centres. 1200 such certified midwives were posted as the diploma midwives were not available.

The MOHFW appointed and deployed 593 diploma midwives on 28 June 2018, and 550 on 19 August 2018, in the different upazila health complexes and union sub-centres. Thus, 1143 diploma midwives now in the midwives' posts in upazila health complexes and union sub-centres.

3.4 Challenges in integration into the health systems

Creating a distinct identity

The role of a midwife is the latest addition in the Bangladesh health workforce, and they are facing problems with their identity due to the overlap of certified and diploma educated midwives, and those health workers who perform deliveries. The Government has trained, and deployed, two types of midwives those certified, (trained as nurse-midwives and then provided with additional six months midwifery training) and those who hold a diploma (trained as midwives) at upazila health complexes and union sub-centres in the newly created posts. The Government also trained CSBAs, many of whom are conducting normal deliveries at the community clinics. NGOs also deployed CSBAs in the Government union facilities, including in union sub-centres. FWVs posted at union health and family welfare centres also conduct deliveries, and efforts are on-going to increase their performance. Thirteen private institutions run an 18-month junior midwifery course consisting of 360 placements and are accredited by the BNMC. To offer a distinct identity for those diploma educated midwives, they are given just a pink uniform, which might help. However, most of the KII respondents and the midwives participated in the FGDs suggested that further effort is needed in order for them to carve out a distinct and valued identity.

"Since so many providers are performing midwifery service, it's difficult to distinct diploma midwife. Unless dedicated efforts are undertaken as quickly as possible to inform all concerned about the diploma midwife, return from this specialized health workforce may be delayed and not optimum"

• A key informant from an UN agency

Working as nurse

Since nurses and midwives are taught in the same institutes (nursing institutes/colleges, and both are controlled by the same authority of DGNM), a newly qualified midwife is often confused with a nurse by many health professionals. With the vacant positions of nurses, midwives are often seen by the local authorities as an additional role to support nursing. In July 2017, out of the 32,874 nurses (positions under DGNM), 26,761 were filled, leaving 7,113 (21.64 %) positions vacant (DGHS 2017). Compared to district and above level hospitals, the most prevalent vacant nursing positions are located in upazila health complexes, where midwives are usually posted. Unless local authorities, such as upazila health and family planning officers (UH&FPO) are well oriented about the midwife's role and ensure midwives are allowed to function within their post, many midwives may end up functioning as nurses.

"Since I have so much shortage of nurses, I am not in a position to allow the midwives for midwifery functions only. After all I am to manage the full operation of my hospital optimally. So I need to use all human resources available to me as much as possible"

An UH&FPO as a key informant

Supervision

Some of the KII respondents highlighted that the DGNM lacks the capacity and the authority to follow-up with the midwives posted in the upazila health complexes and union subcentres. A District Public Health Nurse (DPHN), embedded within the district civil surgeon's office, is expected to play this role, yet the DPHN is not supported with any form of transport to accomplish this duty. A DPHN is a diploma nurse-midwife with a post-basic nursing education in public health, thus technically may not be able to provide supervisory support to midwives. Moreover, DPHN may not be able to negotiate with UH&FPO due to several reasons, such as administrative - having lower position, social - women to men etc., to make sure midwives are able to function with their specific role as midwives.

"Provision of adequate supervision is a pre-requisite to get the optimum return from the deployed midwives, as they are new in the health workforce, comparatively junior to other similar workers and moreover struggling to establish their positions. They desperately need supportive supervision in intense manner. Unfortunately this is well planned and executes properly and left as business as usual"

A development partner key informant

Empowerment and cooperation from the doctors

In Bangladesh, nurses are only posted where physicians are available. Nurses assist physicians and follow their instruction as they are not empowered to independently undertake tasks. In such an environment, midwives are expected to lead maternal care independently and are placed under the supervision of physicians, both at UHC and USC. How the existing medical establishment, particularly in regard to physicians, will react to this, is yet to be observed.

Midwives are posted in the UHCs and expected to run midwifery care in in-patient and outpatient maternity units. Currently, the maternity care is provided by physicians at the outpatient department, and by nurses in the in-patient department, under supervision of physicians. To allow midwives to operate midwifery care in both inpatient and outpatient departments, physicians and nurses need to endorse the approach and co-operate. Physicians sit above midwives in the administrative and medical hierarchy and although nurses and midwives are technically at the same hierarchical level, nurses are usually senior to a midwife in terms of age and service length. Without the appropriate education surrounding the need for inclusion, physicians and nurses will be reluctant to relinquish their current authoritative status. The DGNM has arranged 27 UHCs as practical sites for midwifery students to learn from midwifery led care, however, these 27 UHCs can be considered as isolated islands amongst the 421 sites where midwives will be posted.

Age

At present, the entire cohort of midwives are young professionals, who have recently graduated and entered into government jobs, with many of them unmarried and without children of their own. Historically and culturally most women in Bangladesh, particularly those in rural areas, receive prenatal and childbirth care from an older female, who they believe has authority through their own experience of giving birth. This puts young, newly graduated and childless midwives at a disadvantage and they may suffer from lack of credibility. In many cases, expectant mothers may refuse their care, instead looking toward older females, such as nurses to assist them during delivery. To ease this issue, it requires the promotion of midwifery services amongst the entire community; an important activity but not one that has been undertaken.

Facility preparedness

Midwifery posts are created at UHCs and USC and at the union level, there are also union health and family welfare centres (UH&FWC), and a facility belonging to the Directorate General of Family Planning (DGFP). USC provides out-patient services but, in most cases, the USC cannot facilitate deliveries as they lack proper space such as labour rooms and recovery rooms, and do not have ward space for pre and postdelivery care. Whereas the UH&FWC provides out-patient services, and has in most cases, a labour room and recovery space with two residential quarters. The UH&FWC also has an FWV, who is accredited by the BNMC for midwifery tasks, thus midwives will be better utilised at UH&HWC than at USC.

Policy

Since midwifery as profession has been supported by the prime minister, all relevant stakeholders wish to also endorse the role. This was reflected by the budgetary provisions in the HPNSDP 2011-2016 aiming to train 8,200 CSBAs, 6172 (3172+3000) midwives and 74 batches of FWVs with six months midwifery skills. Current 4th HPNSP 2017-2022 also has budgetary provisions to train CSBAs (1098 by MNCAH OP, 4500 CHCP by CBHC OP and also by TRD OP), midwives (4875 diploma and introduction of B.Sc. in midwifery by NMES OP) and FWVs (900 by MCRAH OP and more by TRD OP). Currently the country's deliveries are roughly equal between facility and home delivery (50%: 50%) (BDHS 2017). Thus, to make delivery safe, both fronts need to be covered.

Introduction of diploma educated midwives and deploying them initially at UHC and USC, with the provision to later cover other facilities (district and medical college hospitals) has the aim to make all facilities safe for child delivery. Two departments under the Ministry of Health and Family Welfare (MoHFW) are involved in service delivery, namely The Director General of Health Services (DGHS) and Directorate General of Family Planning (DGFP). In current arrangement, only DGHS facilities (UHC and USC) are utilising midwives. Therefore the DGFP wanted to upgrade their FWVs to ICM standard midwives. Thus, investments were made under HPNSDP, and again under the 4th HPNSP, to provide FWVs with the additional six months midwifery (to produce certified midwives by providing six months training to the diploma nurse-midwives). The DGFP supposed that by three lots of successive six months midwifery training to FWVs would make their training equivalent to a diploma educated midwife with 36 months overall training (18 months basic and 18 months additional). However, it seems not to have been considered that the entry requirement of the diploma led midwife course is a Higher Secondary Certificate – 12 grades (HSC), whereas entry requirement of FWVs is a Secondary School Certificate – 10 grades, (SSC).

Since the Government opted for diploma educated midwives, it must decide whether other existing midwifery courses (such as junior midwifery and FWVs) should continue. If the Government opts for solely diploma educated midwives, then it can ask the private junior midwifery training institutes to convert into diploma midwife institutions. It may also make the decision to: (1) convert the existing Family Welfare Training Institutes into midwifery

institutes by providing additional physical infrastructure, and other support, including faculty development, and put those under the DGNM from existing NIPORT (National Institute of Population Research and Training) administrative control; and (2) upgrade all the existing FWV positions (in UH&FWC and MCWC – maternal and child welfare centres etc.) to midwife positions, and allow existing FWVs to continue, but recruit only midwives when FWVs are separated from the posts.

Working with CSBAs

CSBAs are not contributing enough in increasing skill birth attendance in home deliveries, (BDHS 2017 unpublished data reveals their contribution as less than 1% within the deliveries attended by medically trained providers). However, to make 50% of home deliveries safe, in order to deter negative maternal and neonatal health outcomes, there is no option but to make them effective. The Government has budgeted for more CSBA training under the 4th HPNSP, yet, CSBA's roles need to be redefined. Currently CSBA (FWAs and female HAs) are expected to complete domiciliary visits, attend community clinics, satellite clinics/EPI sessions in addition to their CSBA tasks. They are not supervised and mentored for CSBA tasks, as their supervisors (AHI – assistant health inspector for HA and FPI – family planning inspector for FWA) have no knowledge regarding CSBA tasks. Pilot programmes have shown to improve CSBA performance when FWVs were placed as their mentors. The mid-term review of the HPNSDP in 2014, recommended scaling up of CSBA mentoring (IRT 2014), with the demand for both the DGHS and DGFP to work together; a relationship yet to materialise.

Career progression

In total 2,996 midwives' posts have been created, but the career progression of midwives and subsequent issues are yet to be thought through. If these issues are not addressed within the next seven to 10 years, a large proportion of the midwifery positions will be a cause of frustration, agitation and low performance. As posts in the DGNM now belong to nurses, positions need to be created for midwives to enable equal opportunities for both cadre of health workers to move to top level positions, of which there are few. Instead of placing effort on introducing B.Sc. degrees in midwifery (as planned), efforts need to focus on career progression and promoting the existing midwifery roles and the benefits to maternal and newborn health.

Teaching quality and curriculum

Currently, nursing teachers also teach midwifery courses, and as they are primarily nursing staff, when there is room for promotion, they immediately move into nursing posts. Therefore, posts for midwifery tutors need to be created where midwives are deployed, and the investment into their capacity development firmly secured. Similarly, in the future, dedicated midwifery institutes need to be established for the benefit of both nursing and midwifery. Existing add on midwifery with nursing is an obstruction for both roles for optimum growth.

It is also important to mention here that the curriculum used by the government and BRAC University were initially different. The entry requirements were also different. As a result many BRAC University trained midwives from the first batch could not join the public service. Later, both government and BRAC University accredited training institutes started using the same curriculum. However, there are some differences in the training modality, which might affect the training outcome and competence of the midwives.

4 Findings from user survey

4.1 Description of survey population

The household surveys interviewed, a total of 1320 mothers with children less than 2 years of age, a response rate of 96%. The mean age of the mothers was 24.5 years with standard deviation (SD) of 5.3. Most of the mothers interviewed had only one child. Seventy eight percent of the mothers have completed primary or higher education (Table 2). Wealth quintile was computed as an indicator of household economic status using information on household assets. There is an equal distribution of mothers across the five levels of wealth quintile, lowest to highest.

Table 2: Characteristics of the mother

Background characteristics of mothers	Percent
Current marital status	
Married	99.6
Separated	0.2
Widowed	0.2
Education attainment	
No Education	6.3
Primary incomplete	16.0
Primate complete	13.1
Secondary incomplete	44.3
Secondary complete or higher	20.3
Religion	
Islam	92.7
Hinduism	7.2
Christianity	0.1
Division	
Barishal	5.8
Chittagong	18.6
Dhaka	20.5
Khulna	12.1
Mymensingh	7.9
Rajshahi	16.9
Rangpur	14.3
Sylhet	3.9
Wealth Quintile	
Lowest	20.0
Second	20.0
Middle	20.2
Fourth	19.8
Highest	20.1

Background characteristics of mothers	Percent
	Mean ± SD
	Median
Mother's age in years	24.5 ± 5.3
	24.0
Total number of births	1.0 ± 0.1
	1.0
Total	100
Number	N=1,320

The primary sampling units (PSU) from which the households were sampled is shown in Figure 3. These PSUs were sampled from the subdistricts where midwives are deployed.





The mean (SD) age of the last child was 12.4 (6.3) months. The sex ratios in the sample were 51.8% male and 48.2% female.

Table 3: Characteristics of youngest child

	Percent
Sex of last child born	
Male	51.8
Female	48.2
	Mean ± SD
	Median
Age of last child born in months	12.4 ± 6.3
Age of last child born in months	12.0
Total	100
Number	1,320

More than 99% of the husbands of the sampled mothers work in both formal and informal sectors. The primary education completion rate was lower amongst husbands than that of the mothers, with 62.4% having completed primary or higher education.

Table 4: Characteristics of husband

	Percent
Educational attainment	
No Education	13.5
Primary incomplete	23.3
Primate complete	15.7
Secondary incomplete	26.5
Secondary complete or higher	20.2
Do not know	0.8
Husband's occupation	
Business/Traders	22.5
Non-Agricultural day labour	20.9
Service/Salaried worker	20.6
Agricultural day labour	15.6
Farmer (Crops)	10.1
Other Self-employment	4.8
Rickshaw/van pulling	4.6
Unemployed	0.5
Student	0.2
Small/cottage industry	0.2
Physically challenged	0.2
Total	100
Number	1,320

4.2 Antenatal care

4.2.1 Antenatal care coverage

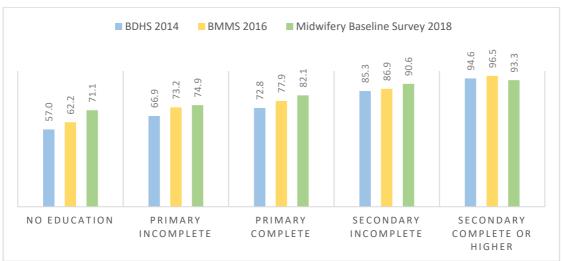
Table 5 shows the percent distribution antenatal care (ANC) received by the sampled mothers during their last pregnancy including the types of providers. Women interviewed were asked to report on all persons they had consulted for ANC purpose.

Table 5: Coverage of Antenatal Care

			Skilled bi	rth atte	ndant*					Un	skilled b	oirth att	endanť	ŧ		Number of		ANC from	
Background characteristics	Doctor	Nurse	Midwife (diploma)	Midwife (others)	FWV	CSBA	SACMO	СНСР	НА	FWA	NGO Worker	TTBA	UTBA	Unqualified doctor	Others	women who received ANC	Any ANC	skilled	Number of women, N
Mother's age at birth																			
<20	88.0	3.7	0.5	0.0	8.3	0.5	0.5	7.4	0.9	3.2	29.2	0.0	0.0	2.3	2.8	216	90.0	81.7	240
20-34	86.6	3.6	0.0	0.3	9.5	0.5	0.6	4.2	0.1	2.9	26.8	0.0	0.6	2.2	3.8	861	85.7	78.7	1005
35-49	77.4	6.5	0.0	0.0	12.9	0.0	0.0	6.5	0.0	6.5	32.3	0.0	1.6	4.8	1.6	62	82.7	72.0	75
Educational attainment																			
No education	59.6	8.5	0.0	0.0	29.8	2.1	0.0	2.1	0.0	4.3	21.3	0.0	4.3	6.4	4.3	47	71.1	56.7	67
Primary incomplete	79.4	5.9	0.0	0.0	12.4	1.2	0.6	8.8	1.2	2.4	32.4	0.0	0.6	2.4	4.1	170	74.9	65.2	227
Primary complete	76.8	6.3	0.0	1.4	13.4	0.7	0.7	5.6	0.0	4.2	29.6	0.0	0.7	3.5	6.3	142	82.1	70.5	173
Secondary incomplete	89.4	1.3	0.0	0.2	7.2	0.2	0.8	4.5	0.0	3.4	26.6	0.0	0.2	2.5	2.6	530	90.6	84.0	585
Secondary complete or higher	95.2	5.2	0.4	0.0	6.4	0.0	0.0	3.2	0.4	2.4	26.4	0.0	0.4	0.8	3.2	250	93.3	89.9	268
Wealth Quintile																			
Lowest	76.0	3.9	0.0	1.0	13.2	1.0	0.5	9.3	0.0	2.9	29.9	0.0	2.0	3.9	5.4	204	77.3	66.3	264
Second	82.9	4.8	0.0	0.5	11.4	1.0	1.0	5.2	0.0	2.4	35.7	0.0	0.0	4.3	2.4	210	79.5	71.6	264
Middle	82.6	4.7	0.4	0.0	13.1	0.4	1.3	5.5	0.0	4.7	34.3	0.4	0.4	2.5	5.5	236	88.7	79.3	266
Fourth	91.7	2.2	0.0	0.0	5.2	0.0	0.0	3.5	1.3	3.9	21.7	0.0	0.4	1.3	2.2	230	88.1	82.4	261
Highest	96.1	3.5	0.0	0.0	5.4	0.0	0.0	1.9	0.0	1.9	18.1	0.0	0.0	0.4	2.3	259	97.7	94.7	265
Total	86.4	1.3	0.0	0.1	3.2	0.1	0.3	1.0	0.0	0.8	5.5	0.0	0.2	0.8	0.4	1139	86.3	78.9	1320

Footnote: Multiple responses possible

Eighty six percent of the mothers in the sample had received ANC at least once from a provider. About 80% of women received ANC from a skilled birth attendant, including a qualified doctor, nurse, a three year diploma certified midwife, other midwives, family welfare visitor (FWV), community skilled birth attendant (CSBA), or sub-assistance community medical officer (SACMO) – doctors being the most sought after. The likelihood of receiving ANC from a skilled birth attendant increased with women's education level and wealth status. This positive trend is shown in Figure 4 and Figure 5, with the data compared with past surveys, namely the Bangladesh Demographic Health Survey (BDHS) 2014 and Bangladesh Maternal Mortality Survey (2016).





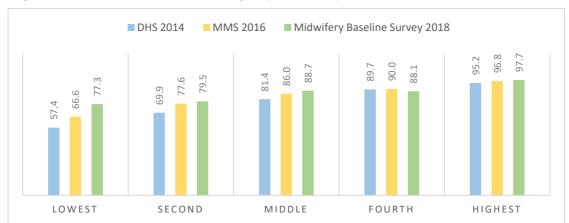


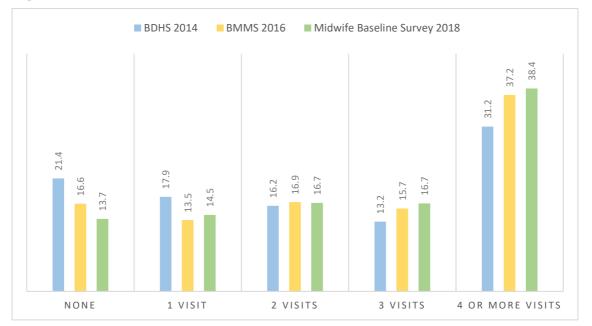
Figure 5: Trends in ANC coverage by wealth quintile

As shown in Table 6, 38.4% of the women in the study received the WHO recommended four or more ANC visits during pregnancy. In comparison to previous surveys, namely BDHS 2014, and BMMS 2016, over time there has been a decline in the number of women having no ANC visit at all followed by an upward trend of more women seeking four or more ANC visits.

Table 6:	Number of	antenatal care	e visits and	timing of first visit
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	Percent
Number of ANC visits	
None	13.7
1	14.5
2	16.7
3	16.7
4+	38.4
Number of months pregnant at time of first ANC visit	
No antenatal care	13.7
<4 months	26.1
4-5 months	29.6
5-6 months	21.4
8+ months	9.2
Total	100.0
Number of women	1,320
	Mean ± SD
	Median
Number of visits	3.7 ± 2.3
	3.0
Number of months progrant during first visit	4.9 ± 1.9
Number of months pregnant during first visit	5.0
Number	1,139





4.2.2 Place of Antenatal Care

Table 7 shows the percentage distribution of the women by location where they had received ANC. During the same pregnancy women may visit multiple places for ANC so the categories are not mutually exclusive and hence do not sum to 100%. Of the various sources, the private sector is the most prominent for ANC (74.5%) followed by the public sector (36.2%), then home (29.4%) and non-governmental organisations (NGO) (5.8%).

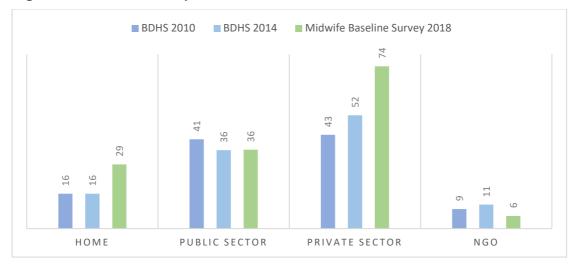
This trend is visible in Figure 7 when comparing figures with previous BDHS studies (2010 and 2014). In addition, there is sharp increase of women going to private sectors for ANC, smaller relative increases in receiving ANC at home, whilst other trends remain constant.

Women who are younger, started or completed secondary school, or belong to the top wealth quintiles are more likely to seek ANC care from the private sector. In comparison, women with less education and with lower social status are more likely to receive ANC from the public sector.

	Home	Public Sector	Private Sector	NGO Sector	Other	Number of women who
		received ANC, N				
Mother's age at birth						
<20	30.6	38.0	75.5	5.6	0.5	216
20-34	28.6	35.3	74.8	5.8	0.5	861
35-49	37.1	41.9	66.1	6.5	0.0	62
Educational attainment						
No education	31.9	46.8	55.3	8.5	0.0	47
Primary incomplete	30.0	47.7	64.1	7.1	0.0	170
Primary complete	32.4	44.4	67.6	5.6	0.0	142
Secondary incomplete	28.1	32.1	77.9	5.7	0.2	530
Secondary complete or higher	29.6	30.4	81.6	4.8	1.6	250
Wealth Quintile						
Lowest	34.3	49.0	63.7	6.4	0.0	204
Second	33.8	38.6	70.0	8.6	1.0	210
Middle	36.9	48.7	68.6	5.1	0.0	236
Fourth	23.0	25.7	83.0	3.5	0.4	230
Highest	20.9	22.0	84.2	5.8	0.8	259
Total	29.4	36.2	78.0	5.8	0.4	1139
Number	61	187	846	40	5	1139

Table 7: Place of Antenatal Care

Note: Multiple responses possible





4.2.3 Components of Antenatal Care

Women interviewed were asked about the care they received during ANC visits to assess the quality received. In particular they were asked whether a measurement of weight, blood pressure, collection of urine and blood samples were taken, whether an ultrasound was conducted and whether they were informed about complications of pregnancy and family planning methods. Of the women who received ANC (i.e. a majority of the women) received most of the components of care – 86% and 91% had their weight and blood pressure measured, respectively, 74% and 72% provided urine and blood samples, and 87% had ultrasonography (Table 8). The likelihood of each component of care has a positive association with education level and social status.

Fifty three percent of the mothers reported receiving tetanus infectious during the ANC visits with the last pregnancy. The proportion is less than what is expected, but this does not necessarily inform the coverage as it is possible that some of the mothers have completed fourth or the fifth dose of the tetanus toxoid immunization in their previous pregnancy which would give them protection of at least 10 years or for the entire duration of the childbearing age respectively (WHO 2006).

Smaller proportions of women who received ANC were informed about pregnancy complications, and family planning was relatively lower – 29% and 15%, respectively. Though the likelihood of knowing the complication signs increases with education, it does not vary much with social status.

In comparison to previous surveys (Figure 8), percentages of women receiving ANC and having their blood pressure and weight measured has been constant at around 88% in the last four years, whilst the rates of testing urine and blood have gradually increased.

Table 8: ANC services received during last pregnancy

		Procedure performed during antenatal care ¹									Other antenatal care services			
	Weighed	Blood pressure measured	Urine sample taken	Blood sample taken	Ultra- sonogram	Informed signs of pregnancy complication	Informed of family planning methods	Number of women received ANC	Received tetanus injection	Taken iron tablets/ syrup	Number of women	Number of times received tetanus injection	Number of women who received TI	
				Perce	nt			Ν	Perce	ent	Ν	Mean	Ν	
Mother's age at birth														
<20	88.9	90.7	68.5	65.3	88.9	25.5	10.6	216	75.8	81.2	240	1.68	182	
20-34	86.9	90.7	76.3	74.2	87.3	29.6	15.4	861	48.3	76.2	1005	1.42	483	
35-49	80.6	91.9	67.7	67.7	79.0	29.0	25.8	62	49.3	69.3	75	1.35	37	
Educational attainment														
No education	68.1	80.9	53.2	51.1	68.1	12.8	14.9	47	53.7	64.2	67	1.51	35	
Primary incomplete	82.9	89.4	68.2	65.9	82.9	27.6	16.5	170	52.4	66.5	227	1.49	119	
Primary complete	81.0	88.7	65.5	65.5	79.6	28.9	19.0	142	53.2	75.1	173	1.50	92	
Secondary incomplete	88.7	90.6	75.8	72.6	89.1	28.7	14.3	530	55.6	77.8	585	1.47	324	
Secondary complete or higher	92.8	95.2	84.4	83.2	94.0	32.8	13.6	250	49.3	87.3	268	1.49	132	
Wealth Quintile														
Lowest	82.4	86.8	67.2	61.3	75.5	30.4	18.6	204	53.4	67.4	264	1.56	140	
Second	81.4	89.0	68.1	68.1	85.2	28.6	16.2	210	57.2	72.7	264	1.47	151	
Middle	90.3	89.8	71.2	67.8	84.3	30.5	16.5	236	50.0	79.7	266	1.41	133	
Fourth	89.1	93.0	79.1	77.8	92.2	31.7	14.8	230	54.8	76.6	261	1.49	142	
Highest	90.0	94.2	83.8	83.0	96.1	23.6	10.4	259	51.3	87.2	265	1.49	136	
Total	86.9	90.8	74.4	72.2	87.2	28.8	15.1	1,139	53.3	87.2	1,320	1.48	702	

Note: Multiple responses possible

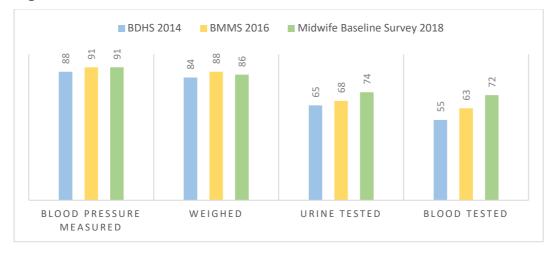


Figure 8: Trends in ANC services received

4.2.4 Cost of Antenatal Care

Most of the mothers had incurred expenses for seeking antenatal care. Out of 1,139 mothers 1,126 (98.9%) had some form of expense, 1,126 (98.9) reported paying for the service or treatment while 1,013 (88.9%) incurred cost for the transportation. Sixteen (1.4%) reported accommodation expense. The median total cost for seeking ANC was BDT 1,126 (GBP 10.20)¹. The cost of ANC were higher in mothers from high income households than that or the low income households with the mean total expense of BDT 5511 (GBP 50.10 in richest quintile compared to BDT 2379 (GBP 21.62) in poorest quintile.

	Total costs	Treatment Costs	Transportation costs	Accommodation costs						
	Mean ± SD									
	Median									
Mother's age at birth										
<20	2874 ± 3302	2462 ± 2658	344 ± 517	1886 ± 2068						
<20	1,770	1,500	200	1,000						
20-34	3632 ± 4882	3213 ± 4388	448 ± 693	3900 ± 4941						
20-34	2,100	2,000	200	2500						
35-49	4011 ± 4793	3603 ± 4375	480 ± 551	0						
35-49	2,100	2,000	200	0						
Educational attainment										
No education	2596 ± 3841	2052 ± 2495	255 ± 344	15000 ± 0						
No education	1,650	1,300	200	15,000						
Primary incomplete	2403 ± 2764	2186 ± 2504	302 ± 428	500 ± 0						
Primary incomplete	1,475	1,300	200	500						
Primary complete	2780 ± 3363	2444 ± 2976	411 ± 607	900 ± 141						
Primary complete	1,720	1,650	200	900						
Secondary incomplete	3578 ± 4991	3146 ± 4460	391 ± 646	2773 ± 2666						
Secondary incomplete	2,100	2,000	200	2,500						
Secondary complete or	4671 ± 5277	4104 ± 4741	639 ± 809	500 ± 0						
higher	3,100	3,000	300	500						

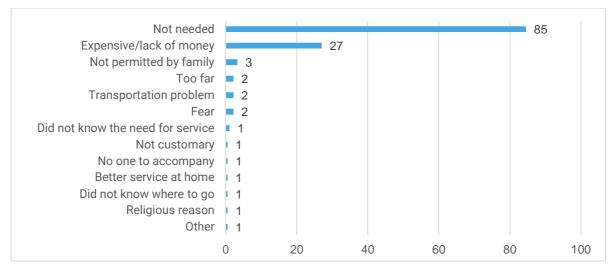
Table 9: Mean (SD) and median cost of seeking ANC in Bangladeshi Taka

¹ 1 GBP = 110 BDT as published in xe.com on 15^{th} of April 2019

	Total costs	Treatment Costs	Transportation costs	Accommodation costs
Wealth Quintile				
Lewest	2379 ± 3240	2053 ± 2666	310 ± 454	15000 ± 0
Lowest	1,340	1,150	200	15,000
Second	2820 ± 3474	2522 ± 3068	354 ± 637	500 ± 0
Second	1,640	1,500	170	500
	2834 ± 3630	2551 ± 3277	321 ± 489	1450 ± 1281
Middle	1,800	1,520	200	1,250
Foundh	3541 ± 3685	3072 ± 3145	457 ± 586	3140 ± 3463
Fourth	2,220	2,000	200	2,500
llichaot	5511 ± 6803	4830 ± 6183	651 ± 893	2260 ± 2310
Highest	3,500	3,000	300	1,000
Number	1,126	1,118	1,013	16

While 86.3% mothers surveyed sought ANC during their last childbirth, a 181 (13.7%) did not seek any ANC from any provider. While the proportion of not seeking ANC has declined compared to the other recent national surveys that reported 13.7% (BMMS 2016) and 16.6% (BDHS 2014) non-coverage, it is important to understand the reasons why some mothers and/or their households are still reluctant to seek ANC. As shown in Figure 9, the most frequently reported reasons for not seeking antenatal care was lack of understanding on the usefulness of ANC (85%) and cost (27%).

Figure 9: Reasons for not seeking antenatal care



Note: Multiple response possible

4.2.5 Pregnancy Complications diagnosed during Antenatal Care

Figure 10 reveals that 66% of women did not face any pregnancy complication during their last pregnancy. Of the 34% of women that did show single or multiple signs of complications, the most common was lower abdominal pain (20%). Trends from previous BMMS surveys (2010 and 2016) reveal that women reporting pregnancy complications has reduced over time (Figure 11).

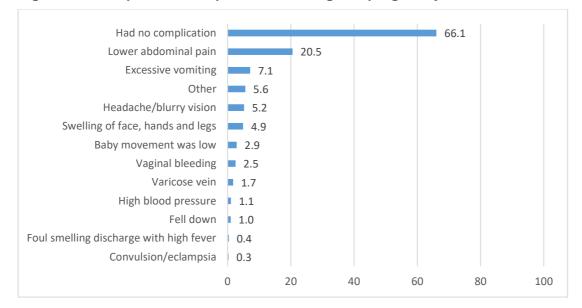
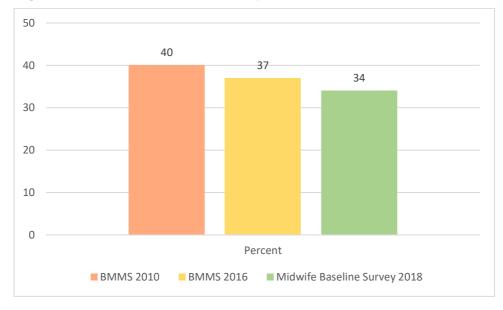


Figure 10: Complications experienced during last pregnancy





Of the mothers with complications, 18% did not to seek treatment, the rate which decreased with higher education and social status. Of the mothers that did seek treatment for health care providers, the most prominent source was doctors for younger, more educated, and socially well-off women.

Table 10:	Health care	seeking fo	or maternal	complications
-----------	-------------	------------	-------------	---------------

		Health	care seekir	ng provi	ders		
	Doctor 80.3 70.4 65.6	Unskilled birth attendant s	Did not seek treatmen t	Total	Number of women who had complications		
			Percen	t			N
Mother's age at birth							
<20	80.3	5.6	2.8	1.4	9.9	100.0	71
20-34	70.4	2.0	6.7	0.6	20.3	100.0	345
35-49	65.6	3.1	15.6	0.0	15.6	100.0	32

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		Health care seeking providers											
	Doctor	Other Skilled birth attendant s	Unskilled birth attendant s	Others	Did not seek treatmen t	Total	Number of women who had complications						
Educational attainment													
No education	47.1	0.0	29.4	0.0	23.5	100.0	17						
Primary incomplete	52.5	3.8	15.0	1.3	27.5	100.0	80						
Primary complete	81.0	1.7	3.5	0.0	13.8	100.0	58						
Secondary incomplete	71.3	3.6	5.6	0.5	19.0	100.0	195						
Secondary complete or higher	86.7	1.0	0.0	1.0	11.2	100.0	98						
Wealth Quintile													
Lowest	52.8	3.4	14.6	1.1	28.1	100.0	89						
Second	63.9	3.6	7.2	1.2	24.1	100.0	83						
Middle	75.9	5.8	5.8	0.0	12.6	100.0	87						
Fourth	77.1	0.0	4.8	1.2	16.9	100.0	83						
Highest	85.9	0.9	1.9	0.0	11.3	100.0	106						
Total	71.7	2.7	6.7	0.7	18.3	0	448						

4.3 Delivery care

4.3.1 Place of delivery

Table 11 presents the distribution of live births by place of delivery, according to background characteristics. About half of the births, 54% were delivered in a health facility. With further breakdown, 38% of deliveries took place in private health facilities, 14% in public health facilities and 2% in NGO operated health facilities, and 46% of births were delivered at home. In addition, the number of antenatal visits during the pregnancy has a positive association with the probability of delivering at a health facility.

Table 11: Place of delivery

		Р	Delivered	NI				
	Неа	alth facil	ity		Other/		in a	Number of
	Public sector	Private sector	NGO	Home	missing	Total	health facility	births
				Perce	ent			N
Mother's age at birth								
<20	15.8	40.4	2.1	40.8	0.8	100.0	58.3	240
20-34	14.0	37.8	1.5	46.4	0.3	100.0	53.3	1,005
35-49	8.0	32.0	1.3	58.7	0.0	100.0	41.3	75
Antenatal care visits								
None	7.2	10.5	1.1	80.7	0.6	100.0	18.8	181
1-3	13.1	35.6	1.1	49.8	0.3	100.0	49.8	632
4 +	17.6	50.7	2.4	29.0	0.4	100.0	70.6	507
Educational attainment								
No education	6.0	14.9	3.0	76.1	0.0	100.0	23.9	67
Primary incomplete	14.1	25.6	0.9	59.5	0.0	100.0	40.5	227

		Р	Delivered					
	Неа	alth facil	ity		Other/		in a	Number of
	Public sector	Private sector	NGO	Home	missing	Total	health facility	births
Primary complete	14.5	27.7	1.2	56.1	0.6	100.0	43.4	173
Secondary incomplete	14.2	39.8	2.1	43.9	0.0	100.0	56.1	585
Secondary complete or higher	15.3	56.7	1.1	25.4	1.5	100.0	73.1	268
Wealth Quintile								
Lowest	16.3	21.6	1.1	60.6	0.4	100.0	39.0	264
Second	10.2	28.4	1.5	59.8	0.0	100.0	40.2	264
Middle	17.7	35.0	1.1	45.9	0.4	100.0	53.8	266
Fourth	10.3	45.2	1.5	42.5	0.4	100.0	57.1	261
Highest	15.5	59.6	2.6	21.5	0.8	100.0	77.7	265
Total	14.0	38.0	1.6	46.1	0.4	100.0	53.9	1,320

The trends of past years, 2001 to 2018 in Figure 12 shows an increase in percentage of mothers delivering at health facilities.

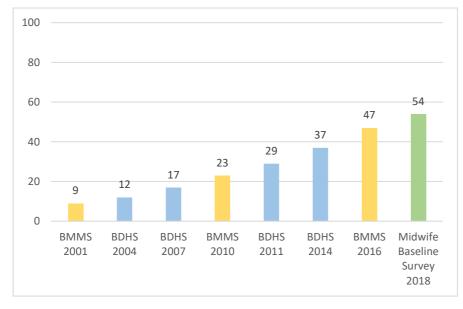
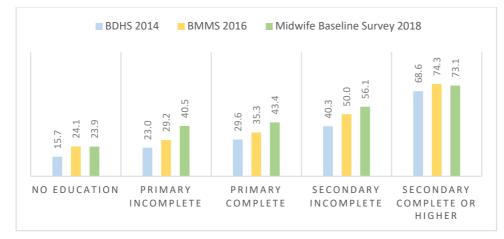


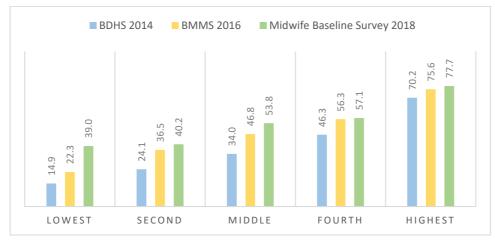
Figure 12: Trends in births delivered at a health facility, 2001–2018

The facility delivery is also associated with mothers' educational status and household wealth quintiles as shown in Figure 13 and Figure 14.



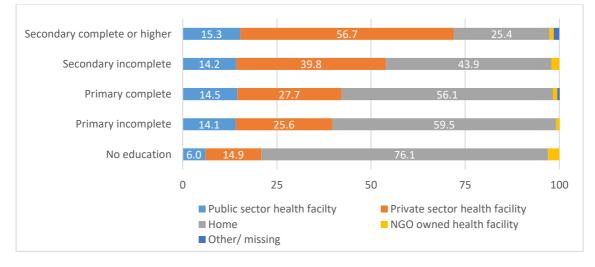




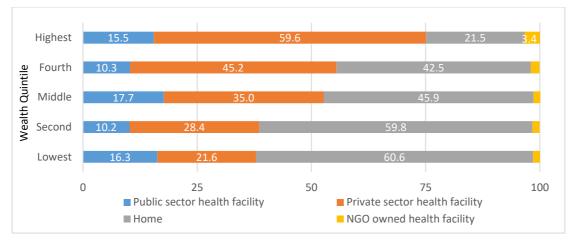


The likelihood of delivering in a private health facility increases steeply with education (Figure 15) and social status (Figure 16). There is a slight increase in delivery in the private sector health facilities with those who have had primary school education, but remains constant, thus there is no steady association with social status. Mothers with no education are more likely to deliver at home compared to mothers with secondary school completion or higher.









4.3.2 Mode of delivery

Table 12 shows the percentage distribution of women by various types of delivery. Overall, the percentage of deliveries by normal vaginal delivery is 63%, caesarean deliveries is 35% and assisted deliveries is 1%. There has been an increasing trend of births delivered by C-section over time, from 3% in 2001 to 35% in 2018 (Figure 17). The proportion of caesarean sections is significantly higher than the WHO recommended threshold of 10-15% (WHO, 2015).

The likelihood of a caesarean delivery reduces with the age of a woman but increases sharply with mothers' education status (Figure 18) and household wealth status (Figure 19).

		Type of	delivery		Percentage	
	Normal delivery	Assisted delivery	C-section	Total	delivered by C- section	Number of births
		Per	cent			Ν
Mother's age at birth						
<20	59.2	2.1	38.8	100.0	38.8	240
20-34	63.9	1.3	34.8	100.0	34.8	1,005
35-49	70.7	1.3	28.0	100.0	28.0	75
Antenatal care visits						
None	89.5	0.6	9.9	100.0	9.9	181
1-3	65.2	1.9	32.9	100.0	32.9	632
4 +	51.9	1.2	46.9	100.0	46.9	507
Educational attainment						
No education	86.6	0.0	13.4	100.0	13.4	67
Primary incomplete	77.5	0.9	21.6	100.0	21.6	227
Primary complete	71.7	1.2	27.2	100.0	27.2	173
Secondary incomplete	61.0	1.9	37.1	100.0	37.1	585
Secondary complete or higher	45.5	1.5	53.0	100.0	53.0	268
Wealth Quintile						
Lowest	77.7	0.4	22.0	100.0	22.0	264
Second	76.9	0.8	22.4	100.0	22.4	264

Table 12: Mode of delivery

		Type of	delivery		Percentage	
	Normal delivery	Assisted delivery	C-section	Total	delivered by C- section	Number of births
Middle	65.4	1.5	33.1	100.0	33.1	266
Fourth	54.8	2.7	42.5	100.0	42.5	261
Highest	42.3	1.9	55.9	100.0	55.9	265
Total	63.4	1.4	35.2	100.0	35.2	1,320

Figure 17: Trends in Caesarean deliveries, 2001 - 2018

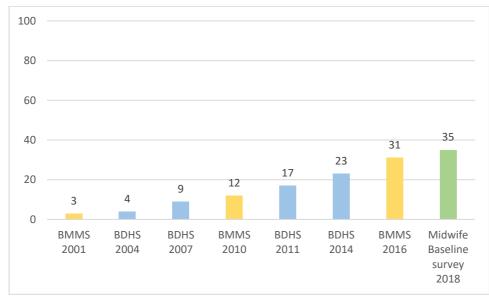
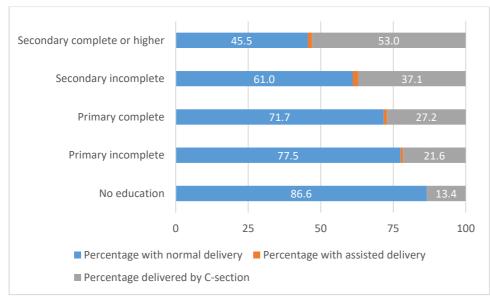


Figure 18: Type of delivery by education level



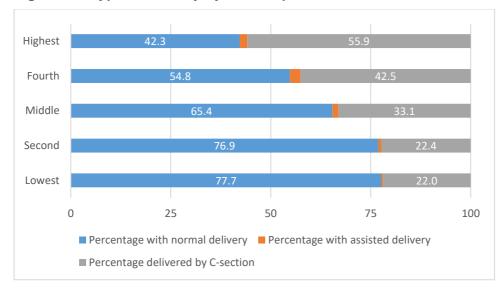
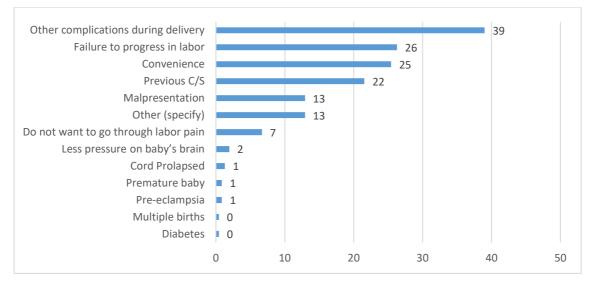


Figure 19: Type of delivery by wealth quintile

Reasons for choosing caesarean deliveries vary including complications, medical conditions and preference (Figure 20). Of the women who had caesarean deliveries, the most common reason was due to complications during delivery (39%) followed by failure to progress in labour (26%), convenience (25%) and history of previous caesarean section (22%).

Figure 20: Reasons for caesarean deliveries



As shown in Figure 19, the public sector health facilities are dominated with normal deliveries (70%) followed by caesarean deliveries (25%) and assisted deliveries (5%). In reverse, the majority of deliveries in the private sector facilities are caesarean (80%) in comparison to 18% for normal deliveries.



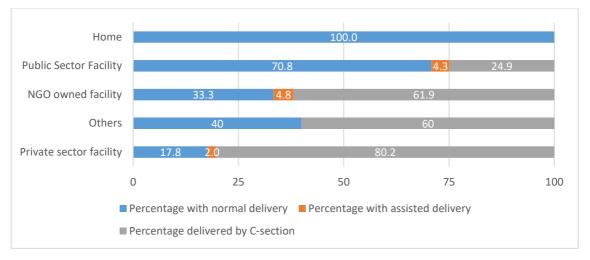


Table 13 shows the percentage distribution of type of delivery by duration of stay. Of those women that delivered by C-section and delivered in a facility, 97% stayed at the hospital for more than three days compared to 7% of women who had a vaginal birth. Amongst the women who had a vaginal birth in a health facility, 44% were discharged less than 11 hours after delivery whilst 47% were discharged one or two days after delivery. This data clearly shows that normal vaginal delivery requires significantly less hospital days and with the midwives deployed in the health facilities it is expected that the proportion of normal vaginal deliveries would increase in the health facilities which would eventually reduce the chance of complications and costs of both the providers and the users.

Type of delivery:	<11 hours	12-23 hours	1-2 days	3+ days	Missing	Total	Number of women
			Percen	t			Ν
Vaginal birth	44.3	2.0	47.2	6.5	0.0	100.0	246
Caesarean section	2.4	0.0	0.6	97.0	0.0	100.0	464
Total	16.9	0.7	16.8	65.6	0	100.0	710

Table 13 Length of stay in health facility after delivery

4.3.3 Assistance during delivery

Table 14 shows the percentage distribution of all live births by type of assistance during delivery, according to background characteristics. Fifty five percent of mothers delivered with the assistance of a skilled birth attendant, which includes a qualified doctor, nurse, midwife, FWV, or a CSBA. The likelihood of a women's delivery being assisted by a skilled birth attendant reduced with a woman's age but increased sharply with an increase in ANC visits, education, and wealth. With regards to place of delivery, nearly 100% likelihood of SBA at a health facility. Of the unskilled birth attendants, the untrained and trained traditional birth attendants assisted in deliveries.

Table 14: Assistance during delivery

			F	Percentag	je of m	others	who to	ok ass	istance	during	delivery	from:					
		Sk	illed birth	attenda	nt				ι	Inskille	d birth a	ttendant				Percentage	Number
	Doctor	Nurse	Midwife (3yr dinloma)	Midwife (others)	FWV	CSBA	СНСР	FWA	NGO Worker	TTBA	UTBA	Unqualified doctor	Relatives/ Neighbours / Friends	Others	Total	delivered by a skilled birth attendant	of births, N
			Perc	ent								Perce					Ν
Mother's age at birth																	
<20	49.6	10.8	0.0	0.0	0.8	0.0	0.4	0.8	1.2	7.9	26.7	0.4	1.2	0.0	100.0	61.2	240
20-34	44.0	10.9	0.0	0.0	0.4	0.2	0.0	0.4	1.8	7.3	32.4	0.4	2.0	0.2	100.0	55.5	1005
35-49	34.7	6.7	0.0	0.0	0.0	0.0	0.0	1.3	2.7	12.0	41.3	0.0	1.3	0.0	100.0	41.3	75
Antenatal care visits																	
None	14.4	6.6	0.0	0.0	0.0	0.0	0.0	0.6	1.1	11.0	59.7	1.1	5.5	0.0	100.0	21.0	181
1-3	41.0	11.2	0.0	0.0	0.2	0.3	0.0	0.5	1.6	8.2	35.4	0.3	1.1	0.2	100.0	52.7	632
4+	59.6	11.4	0.0	0.0	1.0	0.0	0.2	0.6	2.2	5.7	17.6	0.2	1.4	0.2	100.0	72.0	507
Place of delivery																	
Public sector	50.8	45.9	0.0	0.0	1.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.1	0.5	100.0	98.4	185
Private sector	93.8	6.2	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	100.0	100.0	21
NGO	85.7	9.5	0.0	0.0	0.0	0.0	0.0	0.0	4.8	0.0	0.0	0.0	0.0	0.0	100.0	95.2	501
Home	0.3	3.8	0.0	0.0	0.5	0.3	0.2	1.2	3.6	16.6	69.1	0.8	3.5	0.2	100.0	4.9	608
Others	60.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	20.0	0.0	20.0	0.0	100.0	60.0	5
Educational attainment																	
No education	16.4	10.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	10.4	62.7	0.0	0.0	0.0	100.0	26.9	67
Primary incomplete	27.3	13.7	0.0	0.0	0.0	0.4	0.0	0.4	2.6	7.0	44.9	0.9	2.6	0.0	100.0	41.4	227
Primary complete	35.3	8.1	0.0	0.0	1.2	0.0	0.0	1.2	2.3	12.1	36.4	0.0	2.9	0.6	100.0	44.5	173
Secondary incomplete	47.0	10.8	0.0	0.0	0.3	0.0	0.2	0.5	1.9	7.7	29.4	0.3	1.7	0.2	100.0	58.1	585
Secondary complete or higher	66.4	9.7	0.0	0.0	0.7	0.4	0.0	0.4	0.7	4.5	15.7	0.4	1.1	0.0	100.0	77.2	268
Wealth Quintile																	
Lowest	29.2	11.4	0.0	0.0	1.1	0.0	0.4	1.1	1.5	6.8	42.0	0.8	5.7	0.0	100.0	41.7	264
Second	30.7	11.4	0.0	0.0	0.4	0.4	0.0	0.8	3.4	9.1	43.2	0.0	0.8	0.0	100.0	42.8	264
Middle	39.8	14.3	0.0	0.0	0.0	0.4	0.0	0.4	1.5	10.2	30.8	0.4	1.9	0.4	100.0	54.5	266
Fourth	52.1	6.9	0.0	0.0	0.4	0.0	0.0	0.4	1.5	7.3	29.9	0.8	0.8	0.0	100.0	59.4	261
Highest	70.6	9.4	0.0	0.0	0.4	0.0	0.0	0.0	0.8	4.9	13.6	0.0	0.0	0.4	100.0	80.4	265
Total	44.5	10.7	0.0	0.0	0.5	0.2	0.1	0.5	1.7	7.7	31.9	0.4	1.8	0.2	100.0	55.8	1320

Over the period of 2004 to 2018, the proportion of deliveries by skilled birth attendants has increased from 16% to 56% (Figure 22).

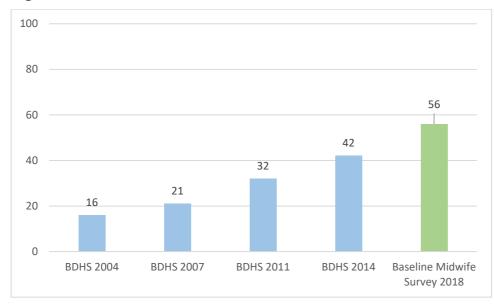


Figure 22: Trend in skilled attendance at deliveries

The skill birth delivery has a positive correlation with mothers' education level and household wealth quintiles as shown in Figure 23 and Figure 24.

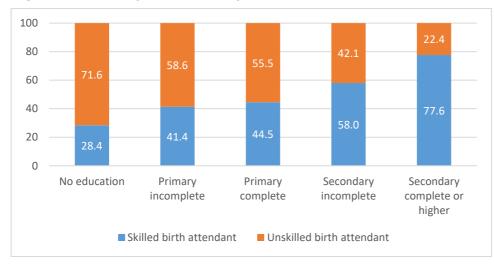
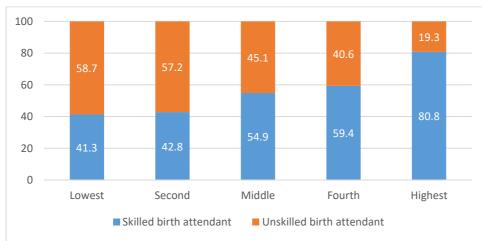


Figure 23: Delivery assistance by mother's education level





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4.3.4 Cost of Delivery

All mothers in this survey reported some expenses during their last birth. The median total cost was BDT 3,200. The cost was comparatively lower in public sector facilities compared to NGO sector and private sector facilities. However, the delivery service was cheapest in the unspecified 'other' sector, which is likely to include informal sectors. The costs associated with caesarean sections and assisted deliveries were significantly higher than that of the normal delivery. The cost data is presented in Table 15.

Table 15: Costs associated with delivery

	Total Delivery expense												
	Percent												
Cash		8	39.5										
Goods		:	8.9										
Cash and goods		1.7											
Total		100.0											
Number		1,320											
	Total costs	Treatment Costs	Transportation costs	Accommodation costs									
		Меа	n ± SD										
		Median											
Mother's age at birth													
<20	8772 ± 9115	7488 ± 7637	1138 ± 1311	2901 ± 1781									
<20	5,200	5,000	600	2,500									
Number	235	220	139	79									
20-34	8508 ± 10085	7466 ± 8412	980 ± 1021	3312 ± 1996									
20-34	3,200	4,000	500	3000									
Number	981	892	536	323									
35-49	7592 ± 11029	7183 ± 9761	1131 ± 1471	2534 ± 2266									
55-49	2,000												
Number	74	67	30	17									
Delivery Place													
Home	1264 ± 1420	1293 ± 1413	486 ± 899	0.0 ± 0.0									
поше	800	1,000	200	0									
Number	580	471	22	0									
Public Sector	6557 ± 7327	5453 ± 5948	904 ± 1264	2479 ± 2078									
Fublic Sector	4,000	3,000	500	1,400									
Number	184	183	176	20									
NGO	10857 ± 6446	8317 ± 5837	1043 ± 1070	3063 ± 2513									
NGO	10,000	7,000	500	2,500									
Number	21	21	20	8									
Private Sector	17557 ± 9372	13975 ± 8262	1083 ± 1048	3247 ± 1957									
Filvale Sector	16,000	12,000	800	3,000									
Number	500	500	484	390									
Others	4750 ± 6316	4875 ± 5360	783 ± 1056	1300 ± 0.0									
Oulers	1,250	3,500	250	1,300									
Number	5	4	3	1									

		Total Deliv	very expense	
Type of Delivery				
Normal vaginal	2645 + 4173	2548 ± 3778	709 + 975	1307 ± 1084
delivery	1,200	1,300	400	1,000
Number	808	697	235	56
Assisted delivery	9884 ± 8208	8426 ± 6354	958 ± 1310	1188 ± 1143
(forceps/vacuum)	8,100	7,000	600	650
Number	19	19	19	8
	18671 ± 8972	14801 ± 8015	1181 ± 1129	3547 ± 1903
Caesarean sector	17,000	13,000	900	3,000
Number	463	463	451	355
Educational attainment	403	-00		000
	3840 ± 7250	3545 ± 6638	902 ± 1126	2257 ± 1341
No education	1,000	1,000	500	2,500
Number	63	57	18	9
	5804 ± 8236	5578 + 7157	18 993 ± 1167	9 2611 + 1401
Primary incomplete			993 ± 1167 500	
Number	1,500	2,000		2,500
Number	222	189	87	46
Primary complete	6967 ± 9344	6351 ± 7896	848 ± 940	3027 ± 1684
	2,000	2,000	500	3,000
Number	166	147	76	44
Secondary incomplete	8678 ± 9788	7506 ± 8194	920 ± 948	3117 ± 1924
	4,200	4,500	500	3,000
Number	573	533	327	200
Secondary complete	12446 ± 11174	10270 ± 9263	1267 ± 1328	3708 ± 2268
or higher	10,095	8,000	1,000	3,500
Number	266	153	197	120
Wealth Quintile				
Lowest	5286 ± 7469	4640 ± 6245	987 ± 1121	2539 ± 1366
2011001	1,550	1,980	500	2,300
Number	251	228	106	56
Second	5908 ± 8073	5305 ± 6629	893 ± 825	2929 ± 1783
	2,000	2,000	500	3,000
Number	261	234	102	64
Middle	7189 ± 8337	6244 ± 6931	869 ± 1025	3001 ± 1568
Middle	3,000	3,000	500	3,000
Number	259	237	145	77
Fourth	10068 ± 10553	8977 ± 9035	992 ± 954	3241 ± 1894
Fourth	7,000	7,000	700	3,000
Number	256	234	151	93
Walaat	13923 ± 11995	11825 ± 9939	1223 ± 1340	3718 ± 2412
Highest	13,000	10,000	600	3,000
Number	263	246	201	129
Total	1,290	1,179	705	419

4.4 Postnatal Care

4.4.1 Postnatal check-up for mother

Table 16 shows the percentage distribution of women, by time after delivery of the mother's first postnatal check-up. Forty five percent of women received no postnatal check-up. Amongst the others, less than 50% of women received their first postnatal check-up within four hours of delivery, 2% within 4-23 hours of delivery, and less than 2% within 1-41 days of delivery. The percentage of women receiving no postnatal checkup increased with mother's age and decreased with higher levels of mother's education and wealth status.

	Timir	ng after PNC	[·] delivo check		Don't	No postna		No of	
Background Characteristics	Less than 4 hours	4-23 hours	1-2 days	3-6 days	7-41 days	Don't know	tal check up ¹	Total	women
				Pei	rcent				N
Mother's age at birth									
<20	54.6	3.8	1.2	0.0	0.4	0.4	39.6	100.0	240
20-34	50.1	2.3	1.2	0.6	0.1	0.0	45.7	100.0	1005
35-49	38.7	0.0	4.0	0.0	0.0	0.0	57.3	100.0	75
Educational attainment									
No education	22.4	1.5	0.0	1.5	0.0	0.0	74.6	100.0	67
Primary incomplete	37.4	1.3	1.3	0.9	0.0	0.0	59.0	100.0	227
Primary complete	41.0	2.9	1.7	0.0	0.3	0.2	54.3	100.0	173
Secondary incomplete	52.6	2.1	0.7	0.2	0.0	0.0	43.9	100.0	585
Secondary complete or higher	69.0	4.1	3.0	0.7	0.0	0.0	23.1	100.0	268
Wealth Quintile									
Lowest	35.6	2.3	1.1	0.4	0.0	0.0	60.6	100.0	264
Second	39.0	3.0	1.1	0.4	0.0	0.0	56.4	100.0	264
Middle	51.9	1.5	0.4	0.4	0.0	0.4	45.5	100.0	266
Fourth	53.6	1.5	1.9	0.4	0.0	0.0	42.1	100.0	261
Highest	71.3	3.8	2.3	0.8	0.4	0.0	21.5	100.0	265
Total	50.3	2.4	1.4	0.5	0.2	0.1	45.2	100.0	1320

Table 16: Timing after delivery of mother's first postnatal check up

¹ Includes women who received a check-up after 41 days and women who received check-up non-medically trained provider

Regarding the skill of the provider performing the first postnatal check-up, Table 17 shows that 41% of women received care from a qualified doctor, 19% from a nurse/midwife and other unskilled birth attendants and 40% from a non-medically trained provider. The likelihood of receiving postnatal care from a medically trained provider within two days of delivering at a health facility is 54% in general and decreases with mother's age but increases with mother's education level and social status.

	Туре	of pro	vider					Received	
Background Characteristics	Qualified doctor	Nurse/ Midwife/ FWV	CSBA/ SACMO	Non-medically trained provider	No postnatal check-up in the first 2 days after birth ¹ o		Number of women who received postnatal check-up	check-up within 2 days of delivery from a medically trained provider	No of women
					Per	cent			Ν
Mother's age at birth									
<20	43.2	21.2	0.5	34.7	0.5	100.0	222	59.6	240
20-34	41.1	18.3	0.5	40.1	0.0	100.0	911	54.0	1005
35-49	38.1	12.7	0.0	49.2	0.0	100.0	63	41.3	75
Educational attainment									
No education	14.0	15.8	0.0	70.2	0.0	100.0	57	25.4	227
Primary incomplete	24.6	22.1	1.0	52.3	0.0	100.0	195	41.0	173
Primary complete	33.3	18.7	0.7	47.3	0.2	100.0	150	45.1	585
Secondary incomplete	43.9	16.6	0.4	38.9	0.0	100.0	537	55.6	268
Secondary complete or higher	59.1	20.6	0.4	19.8	0.0	100.0	257	76.1	67
Wealth Quintile									
Lowest	28.0	19.6	0.9	51.4	0.0	100.0	214	39.4	264
Second	28.2	18.4	0.4	53.1	0.0	100.0	245	43.6	264
Middle	39.7	19.0	0.8	40.1	0.4	100.0	242	53.6	266
Fourth	44.8	18.0	0.4	36.8	0.0	100.0	239	57.1	261
Highest	63.3	18.0	0.0	18.8	0.0	100.0	256	77.7	265
Total	41.3	18.6	0.5	39.5	0.1	100.0	1196	54.3	1320

Table 17:	Type of provider	of first postnatal	check-up for the mother
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¹Includes women who received a check-up after 41 days

4.4.2 Postnatal Check-up for the Newborn

Table 18 shows the percentage distribution of the children by time after delivery of receiving the postnatal check-up. Of the newborns, 45% did not receive any postnatal care. While 33% received their first check up within the first hour of delivery and 18% less than 4 hours of delivery. The likelihood of a newborn not receiving a postnatal checkup increased with mother's age and decreased with mother's education level and social status.

		-								
	Timing	after o	lelivery	y of fi	rst PN	C che	eck up	No		
Background Characteristics	Less than 1 hour	Less than 4 hours	4-23 hours	1-2 days	3-6 days	7-41 days	Do not know	postnatal check up ¹	Total	Number of women
					Perce	ent				N
Mother's age at birth										
<20	37.9	17.9	3.3	0.8	0.8	0.0	0.0	39.2	100.0	240
20-34	32.5	18.4	2.2	1.3	0.4	0.5	0.1	44.6	100.0	1005
35-49	24.0	13.3	0.0	2.7	0.0	0.0	0.0	60.0	100.0	75
Educational attainment										
No education	13.4	9.0	1.5	0.0	0.0	0.0	0.0	76.1	100.0	67
Primary incomplete	26.4	11.5	1.3	1.3	0.4	0.0	0.0	59.0	100.0	227
Primary complete	20.2	19.7	2.9	1.2	0.0	0.6	0.6	54.9	100.0	173
Secondary incomplete	37.1	17.1	1.9	0.7	0.5	0.5	0.0	42.2	100.0	585
Secondary complete or higher	42.9	26.9	3.7	3.0	0.7	0.4	0.0	22.4	100.0	268
Wealth Quintile										
Lowest	18.9	17.4	2.3	1.5	0.4	0.4	0.0	59.1	100.0	264
Second	26.1	15.2	1.9	0.4	0.0	0.4	0.0	56.1	100.0	264
Middle	36.8	14.7	1.5	0.4	1.1	0.4	0.0	45.1	100.0	266
Fourth	37.2	16.1	1.5	2.7	0.4	0.4	0.0	41.8	100.0	261
Highest	46.0	26.8	4.2	1.5	0.4	0.4	0.4	20.4	100.0	265
Total	33.0	18.0	2.3	1.3	0.5	0.4	0.1	44.5	100.0	1320

¹ Includes women who received a check-up after 41 days and women who received check-up non-medically trained provider

Table 19 presents the percentage distribution of a newborn by type of provider of postnatal care within two days of delivery. Amongst the newborns, 45% received care from a qualified doctor within 2 days of being delivered, 16% from a nurse/midwife/FWV and 36% from a non-medically trained provider whilst 3% did not receive any postnatal care. The likelihood of receiving a postnatal checkup within 2 days of delivery from a medically trained provider reduces with mother's age and increases with both mother's education level and social status.

Table 19:	Type of provider of first	postnatal check-up for the newborn
-----------	---------------------------	------------------------------------

			Ту	pe of p	orovider			Received	
Background Characteristics	Qualified doctor	Nurse/ Midwife/ FWV	CSBA/ SACMO	Non-medically trained provider	No postnatal check-up in the first 2 days after birth ¹	Total	Number of women who received PNC	check-up within 2 days of delivery from a medically trained provider	Numbe r of women
					Percent				Ν
Mother's age at birth									
<20	47.9	17.8	0.0	29.2	5.0	100.0	219	60.0	240
20-34	45.1	15.5	0.4	36.7	2.2	100.0	898	54.4	1005
35-49	35.4	10.8	0.0	49.2	4.6	100.0	65	40.0	75

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			Ту	pe of p	provider			Received	
Background Characteristics	Qualified doctor	Nurse/ Midwife/ FWV	CSBA/ SACMO	Non-medically trained provider	No postnatal check-up in the first 2 days after birth ¹	Total	Number of women who received PNC	check-up within 2 days of delivery from a medically trained provider	Numbe r of women
Educational attainment									
No education	13.6	13.6	0.0	67.8	5.1	100.0	194	23.9	67
Primary incomplete	25.8	20.6	1.0	49.5	3.1	100.0	147	40.5	227
Primary complete	36.1	15.0	0.7	46.3	2.0	100.0	532	43.9	173
Secondary incomplete	48.7	13.9	0.0	34.2	3.2	100.0	250	56.8	585
Secondary complete or higher	65.2	16.4	0.4	16.0	2.0	100.0	59	76.5	268
Wealth Quintile									
Lowest	30.1	18.3	0.0	47.9	3.7	100.0	219	40.2	264
Second	30.8	16.7	0.4	49.2	2.9	100.0	240	43.6	264
Middle	41.0	17.6	0.8	35.6	5.0	100.0	239	53.4	266
Fourth	52.6	12.2	0.4	32.6	2.2	100.0	230	57.5	261
Highest	68.5	13.8	0.0	16.9	0.8	100.0	254	78.5	265
Total	45.1	15.7	0.3	36.0	2.9	100.0	1182	54.6	1320

¹ Includes women who received a check-up after 41 days

4.5 Neonatal care

A vast majority of the mothers reported hygienic practice whilst cutting the umbilical cord with less than 1% using bamboo strips and 85.9% using boiled water to sterilise the instruments (Table 20).

	Percenta	ge use of	f instrun	nents dur	ing cutt	ing cord	Percentage	
Background Characteristics	Delivery kit used	Blade from delivery kit	Blade from other source	Bamboo Do not strips know		Total	of instruments boiled before the cord was cut	Number of births, N
Mother's age at birth								
<20	24.5	21.4	77.6	0.0	1.0	100.0	87.8	98
20-34	27.9	23.6	76.0	0.2	0.2	100.0	85.6	466
35-49	34.0	27.3	72.7	0.0	0.0	100.0	84.1	44
Educational attainment	:							
No education	27.5	17.6	82.4	0.0	0.0	100.0	92.2	51
Primary incomplete	23.0	20.0	79.3	0.7	0.0	100.0	88.4	135
Primary complete	25.8	20.6	79.4	0.0	0.0	100.0	88.7	97
Secondary incomplete	27.6	24.1	75.1	0.0	0.8	100.0	84.4	257
Secondary complete or higher	41.2	36.8	63.2	0.0	0.0	100.0	85.3	68

Table 20:	Use of deliver	y kit and other	equipment during delivery	
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	Percenta	ge use of	f instrun	nents dur	ing cutt	Percentage			
Background Characteristics	Delivery kit used	Blade from delivery kit	Blade from other source	Bamboo strips	Do not know	Total	of instruments boiled before the cord was cut	of	
Wealth Quintile									
Lowest	25.6	20.0	79.4	0.0	0.6	100.0	83.8	160	
Second	29.1	26.6	72.8	0.6	0.0	100.0	86.1	158	
Middle	26.2	22.1	77.9	0.0	0.0	100.0	86.1	122	
Fourth	28.8	24.3	74.8	0.0	0.9	100.0	87.4	111	
Highest	31.6	26.3	73.7	0.0	0.0	100.0	87.7	57	
Total	27.8	23.5	76.0	0.2	0.3	100.0	85.9	608	

Table 21 illustrates the proportion of mothers who reported applying materials to the cord after delivery. According to WHO Revised Recommendations on Cord Care (2018), application of chlorhexidine to the umbilical cord during the first week of birth is advised, but only for those born at home in high neonatal mortality (above 30 or more neonatal deaths per 1,000 live births) areas. As the neonatal mortality rate in Bangladesh is 28% (BDHS, 2014), low application of chlorhexidine (9%) is not surprising (Table 21). Instead, the recommended cord care practice for newborns in low neonatal mortality settings, both at home and health facilities, is to have a clean and a dry cord. In the sample, the majority of the new-borns (70%) did not have any materials applied to the cord. The most common substances applied to the cord, include antibiotics and antiseptic.

Table 21: Substance applied to the cord after delivery

			Р	ercenta	ge of mo	others	who ap	oplied m	naterial	to the cor	'd*			
Background Characteristics	Antibiotics	Antiseptic	Spirit/ alcohol	Mustard oil with garlic	Turmeric juice/ powder	Shidur	Boric powder	Gentain violet (blue ink)	Talcum powder	Nothing other than chlorhenxidine	Other	Do not know	Nothing applied to the cord	Number of births
							Perce	nt						N
Mother's age at birth														
<20	21.2	24.2	1.7	14.2	0.0	0.8	2.5	2.5	0.0	8.3	1.2	4.6	70.8	240
20-34	21.4	21.9	0.6	11.0	0.1	0.5	2.3	2.9	0.3	9.4	1.2	4.9	69.2	1005
35-49	25.3	21.3	0.0	13.3	0.0	0.0	2.7	4.0	0.0	8.0	2.7	1.3	70.7	75
Educational attainment														
No education	31.3	14.9	0.0	14.9	0.0	0.0	3.0	1.5	0.0	4.5	3.0	0.0	68.7	67
Primary incomplete	22.5	20.7	0.0	12.3	0.0	0.9	2.6	3.1	0.4	7.5	1.3	3.1	66.5	227
Primary complete	18.5	13.3	0.6	13.3	0.0	0.6	5.2	2.3	0.0	6.4	1.2	5.8	63.6	173
Secondary incomplete	21.4	23.2	0.5	12.3	0.2	0.7	1.5	3.1	0.0	10.1	1.4	5.8	71.6	585
Secondary complete or higher	20.9	29.1	2.2	8.2	0.0	0.0	1.9	3.0	0.7	11.2	0.7	3.7	71.6	268
Wealth Quintile														
Lowest	20.8	21.2	0.8	12.1	0.0	0.4	2.3	1.5	0.0	4.9	1.1	4.5	64.4	264
Second	22.0	17.8	0.0	14.4	0.0	1.5	1.9	1.5	0.8	6.1	1.5	3.8	65.9	264
Middle	21.1	24.1	0.8	12.8	0.0	0.4	2.6	4.5	0.0	8.6	1.1	4.5	73.3	266
Fourth	20.3	24.9	0.4	13.4	0.0	0.4	2.3	3.4	0.0	10.3	1.5	3.8	71.3	261
Highest	23.8	23.4	1.9	6.0	0.4	0.0	2.6	3.4	0.4	15.5	1.1	6.4	72.8	265
Total	21.6	22.3	0.8	11.7	0.1	0.5	2.3	2.9	0.2	9.1	1.3	4.6	69.6	1320

* Multiple response possible

Table 22 and Table 23 shows the timing of drying after delivery and the timing of a newborn's first bath. As per the essential new born care intervention recommendations (Gage et al., 2005) a new born baby should be dried immediately, engaged with the mother for skin-to-skin contact and bathed after six hours (keeping in mind that in high HIV areas, early bathing can be a strategy to prevent MTCT/HIV). In the study sample, nearly 80% of the babies were dried within first five minutes of birth. The proportion of skin-to-skin contact immediately after delivery was however quite low. The majority of babies were given bath after 24 hours.

Table 22: Timing of drying

	Percentage		Timing of drying after delivery								
Background Characteristics	of birth that have skin- to-skin contact	0-4 mins	5-9 mins	10+ mins	Newborn not dried before washing	Do not know	Total	No of births			
			P	ercent				Ν			
Mother's age at birth											
<20	11.3	82.5	7.5	5.4	1.7	2.9	100.0	240			
20-34	14.1	81.6	9.5	4.9	1.5	2.6	100.0	1,005			
35-49	10.7	68.0	18.7	8.0	1.3	4.0	100.0	75			
Educational attainment											
No education	13.4	82.1	6.0	9.0	1.5	1.5	100.0	67			
Primary incomplete	14.1	74.0	15.4	4.9	2.2	3.5	100.0	227			
Primary complete	17.9	76.3	8.7	8.7	2.3	4.1	100.0	173			
Secondary incomplete	11.8	85.6	7.9	3.6	1.4	1.5	100.0	585			
Secondary complete or higher	13.4	79.5	10.1	5.6	0.8	4.1	100.0	268			
Wealth Quintile											
Lowest	15.2	79.2	9.9	6.4	1.9	2.7	100.0	264			
Second	13.3	81.8	12.1	3.4	1.5	1.1	100.0	264			
Middle	13.2	82.3	7.9	6.0	2.3	1.5	100.0	266			
Fourth	10.7	79.7	11.1	4.2	1.5	3.5	100.0	261			
Highest	14.7	81.9	7.2	5.7	0.4	4.9	100.0	265			
Total	11.2	81.5	9.6	5.2	1.5	2.7	100.0	1,320			

Table 23: Timing of first bath

		Ti	ming of	first ba	th after	delivery	1		
Background Characteristics	0-5 hours	6-11 hours	12-23 hours	24-71 hours	72 + hours	Baby not bathed	Do not know	Total	No of births
				Perc	ent				Ν
Mother's age at birth									
<20	8.3	1.7	0.0	22.9	67.1	0.0	0.0	100.0	240
20-34	10.9	1.4	0.4	20.1	67.1	0.1	0.1	100.0	1,005
35-49	14.7	0.0	2.7	17.3	64.0	0.0	1.3	100.0	75
Educational attainment									
No education	25.4	1.4	1.5	17.9	52.2	0.0	1.5	100.0	67
Primary incomplete	13.2	0.9	1.3	26.9	57.7	0.0	0.0	100.0	227
Primary complete	10.4	0.6	0.0	24.9	64.2	0.0	0.0	100.0	173

		Ti	ming of	first ba	th after	delivery	,		
Background Characteristics	0-5 hours	6-11 hours	12-23 hours	24-71 hours	72 + hours	Baby not bathed	Do not know	Total	No of births
Secondary incomplete	9.7	1.7	0.3	19.8	68.2	0.2	0.0	100.0	585
Secondary complete or higher	6.7	1.5	0.0	14.2	77.2	0.0	0.4	100.0	268
Wealth Quintile									
Lowest	20.5	1.1	0.8	19.3	58.0	0.0	0.4	100.0	264
Second	10.2	2.7	0.8	26.5	59.9	0.0	0.0	100.0	264
Middle	9.4	1.1	0.4	22.9	65.8	0.4	0.0	100.0	266
Fourth	8.4	0.8	0.0	18.4	72.4	0.0	0.0	100.0	261
Highest	4.5	1.1	0.4	15.1	78.5	0.0	0.4	100.0	265
Total	10.6	1.4	0.5	20.5	66.9	0.1	0.2	100.0	1,320

Almost all mothers reported breastfeeding their children (Table 24). Nearly half of the newborns were breastfed within one hour of birth and 95% were breastfed within a day. A vast majority of the newborns also received colostrum.

Table 24: Initial breastfeeding practices									
	Among last-	born children b	orn in the past	two years					
Background Characteristics	Percentage ever breastfed	Percentage who started breastfeeding within one hour of birth	Percentage who started breastfeeding within one day of birth	Percentage who received colostrum	No of last-born children ever breastfed				
Mother's age at birth									
<20	99.6	47.1	95.4	97.5	240				
20-34	99.9	48.1	95.7	98.3	1,005				
35-49	100.0	44.0	93.3	97.3	75				
Educational attainment									
No education	100.0	50.8	97.0	98.5	67				
Primary incomplete	100.0	46.7	95.2	98.2	227				
Primary complete	100.0	44.5	94.8	97.7	173				
Secondary incomplete	99.7	51.0	96.9	98.3	585				
Secondary complete or higher	100.0	42.5	92.9	97.8	268				
Wealth Quintile									
Lowest	100.0	50.0	96.2	97.7	264				
Second	99.6	51.1	95.5	98.1	264				
Middle	100.0	51.1	95.1	98.1	266				
Fourth	100.0	41.4	96.2	99.2	261				
Highest	99.6	44.5	94.7	97.4	265				
Total	99.9	47.7	95.5	98.1	1,320				

1

Figure 25 shows the trend of essential newborn care practices, comparing the results with BDHS 2011 and 2014. Whilst the indicators related to applying materials on cord and giving bath after delivery has improved, immediate breastfeeding or early initiation seems to have dropped.

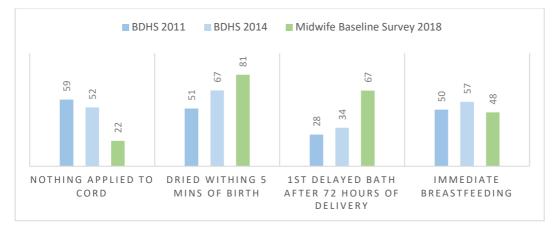


Figure 25: Trend in use of essential newborn care practices

4.6 Immunisation

Table 25 outlines the immunisation coverage data in relation to the Extended Programme on Immunization (EPI) schedule of Government of Bangladesh. More than 80% children were fully vaccinated. There is a positive association between mothers' education and socio-economic condition.

Table 25: Immunisation coverage

	Pe	Percentage of children receiving vaccinations									Percentage	
	BCG	Penta- valent 1	Penta- valent 2	Penta- valent 3	Polio 1	Polio 2	Polio 3	Measles	All basic vaccinations	No vaccinations	with a vaccination card seen	No of children
Mother's age at birth												
<20	94.1	97.1	98.0	97.1	96.1	95.1	92.2	87.3	79.4	2.1	73.3	102
20-34	96.2	96.9	96.0	94.3	97.6	96.0	91.7	84.7	79.9	1.6	78.2	576
35-49	100.0	94.9	94.9	94.9	100.0	100.0	92.3	87.2	84.6	0.0	70.7	39
Educational attainment												
No education	88.4	94.1	91.2	88.2	94.1	88.2	85.3	73.5	64.7	7.5	75.3	34
Primary incomplete	95.9	97.6	96.8	94.3	98.4	95.1	90.2	78.9	74.8	1.8	75.7	123
Primary complete	98.0	96.0	96.0	93.9	97.0	96.0	90.9	87.9	82.8	0.0	78.1	99
Secondary incomplete	98.1	97.0	95.9	95.0	97.8	96.5	91.8	85.9	81.8	1.2	77.6	318
Secondary complete or higher	92.3	97.9	97.9	96.5	97.2	97.9	95.1	90.2	82.5	1.9	71.6	143
Wealth Quintile												
Lowest	95.7	97.9	96.4	94.3	97.9	94.3	90.0	77.9	72.9	2.3	73.1	140
Second	92.4	94.5	93.8	92.4	95.9	93.8	89.0	82.8	75.2	2.7	76.1	145
Middle	96.4	98.6	97.1	96.4	98.6	97.1	95.0	87.7	85.5	1.1	82.7	138
Fourth	97.9	95.0	95.7	94.3	97.1	97.1	90.7	82.9	77.1	0.4	73.6	140
Highest	98.1	98.1	98.1	96.1	98.1	98.1	94.2	94.2	89.0	1.5	78.9	154
Total	96.1	96.8	96.2	94.7	97.5	96.1	91.8	85.2	80.1	1.6	76.9	717

4.7 Family planning

Nearly 80% of the survey participants were using contraceptives and a vast majority of them were using modern contraceptives (Table 26). There is no association between respondents' education and socioeconomic condition with the contraceptive use, indicating widespread acceptance of contraceptive across all socio-economic groups in Bangladesh.

Table 26: Current use of contraception

			Mode	rn met	hod						Traditional	method				
Background Characteristics	Any method	Any modern method	Pill	Injectables	Condom	Female sterili- zation	Male sterili- zation	IUD	Implants	Any traditional method	Periodic abstinence	Withdrawal	Other	Not cur- rently using	Total	Number of women
								Per	cent							N
Mother's age at birth																
<20	80.8	76.2	45.6	18.4	9.6	0.0	0.0	0.0	2.5	4.6	2.1	2.1	0.4	0.0	100.0	239
20-34	78.7	73.7	42.2	15.7	8.9	2.2	0.0	0.5	4.2	5.0	3.1	1.6	0.3	0.0	100.0	1000
35-49	77.3	70.7	37.3	12.0	9.3	4.0	0.0	0.0	8.0	6.7	5.3	1.3	0.0	0.0	100.0	75
Educational attainment																
No education	73.4	65.6	26.6	25.0	0.0	1.6	0.0	1.6	10.9	7.8	6.2	0.0	1.6	0.0	100.0	64
Primary incomplete	84.6	81.9	42.7	22.5	5.7	3.5	0.0	0.9	6.6	2.6	0.9	1.3	0.4	0.0	100.0	227
Primary complete	83.2	79.2	52.0	13.9	7.5	2.3	0.0	0.0	3.5	4.1	2.3	1.7	0.0	0.0	100.0	173
Secondary incomplete	77.5	72.3	41.6	16.3	8.2	1.7	0.0	0.3	4.1	5.2	3.6	1.4	0.2	0.0	100.0	582
Secondary complete or higher	76.0	69.4	42.2	9.0	16.8	0.7	0.0	0.0	0.7	6.7	3.4	3.0	0.4	0.0	100.0	268
Wealth Quintile																
Lowest	77.4	72.4	41.8	18.8	2.7	2.7	0.0	0.4	6.1	5.0	4.2	0.8	0.0	0.0	100.0	261
Second	82.1	78.0	49.0	17.9	4.2	0.8	0.0	0.8	5.3	4.2	2.7	0.8	0.8	0.0	100.0	263
Middle	85.6	79.6	45.1	18.2	10.2	1.1	0.0	0.4	4.5	6.1	3.0	3.0	0.0	0.0	100.0	264
Fourth	77.0	73.6	42.9	16.5	8.4	2.7	0.0	0.4	2.7	3.5	1.9	1.1	0.4	0.0	100.0	261
Highest	72.8	66.4	34.0	8.7	19.6	2.3	0.0	0.0	1.9	6.4	3.4	2.6	0.4	0.0	100.0	265
Total	79.0	74.0	42.5	16.0	9.1	1.9	0.0	0.4	4.1	5.0	3.0	1.7	0.3	0.0	100.0	1,314

5 Findings from survey on midwives

5.1 Description of study population

Out of 336 sampled diploma midwives, we have interviewed 329 with a response rate of 98%. Of them, 284 (86%) midwives obtained their midwifery education at government institutes and 45 (14%) were trained in the institutes affiliated with BRAC University.² The midwives posted at the Upazila Health Complex (UHC) had higher probabilities of being sampled and is reflected in the sampling distribution. The mean (SD) age of the midwives was 24.0 (1.4) years. The other d characteristics of the sampled midwives are presented in Table 27.

Table 27: Description of study population

	Percent	N
Division		
Barishal	7.0	23
Chittagong	22.5	74
Dhaka	20.4	67
Khulna	10.9	36
Mymensingh	6.4	21
Rajshahi	10.9	36
Rangpur	14.3	47
Sylhet	7.6	25
Marital status		
Single	48.0	158
Engaged	1.8	6
Married	49.9	164
Divorce	0.3	1
Religion		
Islam	80.2	264
Hindu	15.5	51
Christianity	3.7	12
Buddhism	0.6	2
Have children		
None	68.5	113
1-2 children	31.5	52
Education level before joining diploma		
HSC or equivalent	97.9	322
Bachelors	2.1	7
Trained from		
Government institutes	57.8	190
BRAC Affiliated institutes	42.3	139

² For brevity we have used the term "Government trained" and "BRAC trained" in the remaining sections of this report to distinguish the midwives trained in government institutes and the institutes affiliated with BRAC University.

	Percent	Ν
Completed diploma in midwifery		
2015	66.6	219
2016	28.6	94
2017	4.9	16
Received license to practice midwifery		
2015	0.6	2
2016	69.9	230
2017	28.9	95
2018	0.6	2
Present in type of health facility		
Upazila health complex	98.8	325
Union sub centre	1.2	4
Locality of the health facility		
Urban	58.4	192
Rural	41.6	137
Venue of interview place: posted health facility	92.4	307
	$Mean \pm SD$	N
	Median	
Age of midwife	24.5 ± 1.76	329
	24.0	523
Number of midwives		329

As mentioned in the sampling methods in Section 2.2.3, since the proportion of the midwives trained in BRAC University affiliated institutions were lower compared to that of the government institutes, the former cohort was over-sampled to have a representative sample of that cohort and to increase the power to detect statistically significant differences. Therefore, the proportions for the total sample (both government and BRAC trained midwives) are weighted to provide the representative data of the overall sample.

A majority (55%) of the midwives were staying at the accommodation provided by the health facilities, whilst 40% live in rented accommodation and 5% live in their own accommodation. These small proportion of midwives are probably posted close to their permanent residence.

Table 28:	Accommodation	and	Transportation
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	Percent
Accommodation	
Accommodation provided by the facility	55.3
Own accommodation	5.2
Rented accommodation	39.5
Mode of travel to work	
On foot	86.9
Bicycle	0.0
Rickshaw/ rickshaw van	4.6
Motorbike	0.0
Auto-rickshaw	6.1
Microbus/ minibus/ bus	2.4
Health facility provides transport	3.0

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	Percent
Total	100.0
Number	N=329
	Mean ± SD
	Median
Distance from work for those living outside premise	6.8 ± 10.9
(in kilometres)	2.0
Number of midwives	47

The average distance of the accommodation for those who were living outside the premise was 6.8 km with high standard deviation of 10.9. The high SD is because of some outliers as a result of some of the midwives travelling long distances for work. The median distance from work to residence was 2.0 km.

5.2 Diploma education

Helping people was the most commonly (82.5%) stated motivating factor to become a midwife as reported by the respondents (Table 29). The majority (55.7%) of the midwives were encouraged by their parents to become a midwife, whilst others were encouraged by other family members (18.7%), relatives (14.1%) or others.

	Overall
Motivation on becoming a midwife	
For better job security	0.0
To have a job that pays well	0.9
Have better social status	2.1
To have greater responsibilities	2.1
Have lighter workload	0.3
To help people	82.5
Suggested by family/ relatives/ others	6.4
Others (Specify)	5.5
Influenced or encouraged mainly by:	
Parents	55.7
Spouse	1.5
Other family members	18.7
Relatives	14.1
Friends	2.1
Teacher	0.6
A health professional	1.5
Television / radio / newspapers/ books	1.2
Others (specify)	4.6
Total	100.0
Total	100.0
Number	327

Table 29: Motivation behind becoming a midwife

Half of the midwives (50.0%) received waiver of the tuition fee during their course. A significant proportion of the midwives also received funding for education materials (45.9%), accommodation (40.1%) and other expenses (26.0%).

Table 30:	Expenses	covered	through	the stipend
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	Percent
Tuition fee	50.0
Education materials	45.9
Accommodation	40.1
Other expenses	26.0
Other (stipend)	18.5
Number	147

Among all, 82% paid a one off admission fee with an average 5,500 taka. Almost all the midwives had to spend some amount for the living cost and the average was 3,000 taka. Table 31 shows the average cost of the diploma education with percentages of midwives who have paid any amount in Bangladeshi Taka (BDT).³

Table 31:	Average cos	t during diploma	course in Bangladeshi Taka
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	Percent	Mean ± SD	N
	reicent	Median	N
Admission fee (one off)	82.0	6306 ± 3120	269
Admission lee (one on)		5500	209
Session foe (vearly)	28.2	1799 ± 861	93
Session fee (yearly)	20.2	1518	93
Tuition fees (yearly)	5.8	1415 ± 596	19
		1200	19
Other fees (veerly)	29.0	2142 ± 1482	95
Other fees (yearly)		1500	
Education motorials (yearly)	66.4 6018 ± 4654		219
Education materials (yearly)	00.4	5000	219
Living cost (monthly)	99.1	3177 ± 1595	226
		3000	326

Most of the midwives were satisfied with different dimensions of their training as shown in Figure 26. The only notable findings from this analysis is a significant proportion of the midwives were not happy with the level of exposure they had to the rural areas when they were trained.

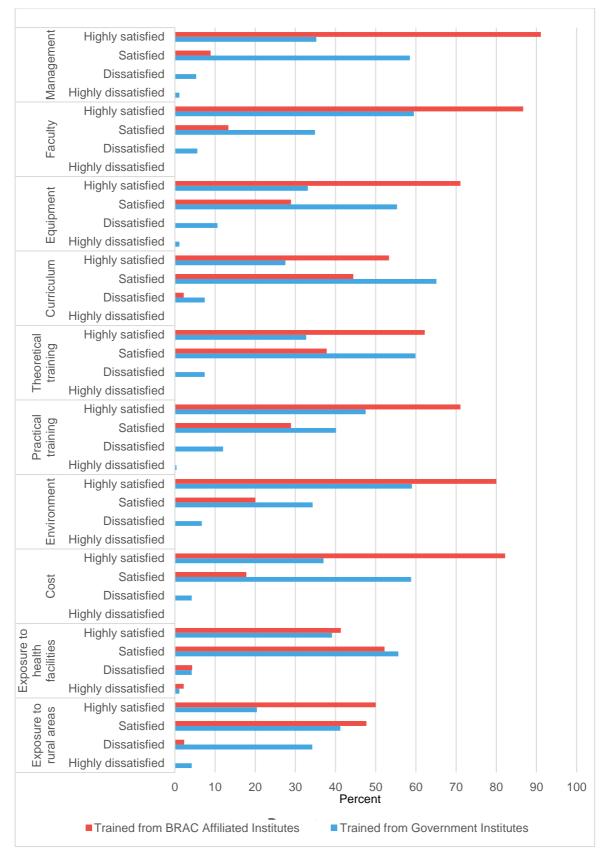


Figure 26: Satisfaction levels on diploma course

5.3 Current job

The current employment was the first job for most (72.6%) of the midwives. For nearly all (96.7%) midwives, the current posting was their first health facility to be posted. Sixty percent of the midwives were born in the districts that they were posted. More than half of them (55.2%) did not have any preference about their posting, whereas 36% reported that their current posting is not their preferred workplace.

Table 32: Current job

	Locality of faci		the health ility	
	Total	Urban	Rural	
First job	72.7	75.3	69.3	
First posting in the current facility	96.7	97.4	95.7	
Number of months in current job				
< 1 month	-	-	-	
1-6 months	100.0	100.0	100.0	
7-12 months	-	-	-	
> 12 months	-	-	-	
Number of months worked in this facility				
< 1 month	0.0	0.0	0.0	
1-6 months	93.3	92.6	94.3	
7-12 months	0.0	0.0	0.0	
> 12 months	0.0	0.0	0.0	
Not posted yet	6.7	7.4	5.7	
Midwife wanted to be posted in this facility				
Yes	8.5	9.0	7.9	
No	36.0	33.9	38.8	
No preference	55.5	57.1	53.2	
Born in this district				
Yes	60.2	61.1	59.0	
No	39.8	38.9	41.0	
Midwife has sufficient time to complete all the tasks				
I can do more than what I do	4.3	4.2	4.3	
It is just right	78.4	78.9	77.7	
Sometimes it is difficult to manage	17.0	16.3	18.0	
It is completely unmanageable	0.3	0.5	0.0	
T.(.)	100.00	100.00	100.00	
Total	100.00	100.00	100.00	
Number	329	190	139	
	Mean ± SD			
	0.4 4.0	Median	0.0 1.0	
Number of health facilities posted in before this posting	2.4 ± 1.8	2.9 ± 2.4	2.0 ± 1.2	
	2.0	2.0	2.0	
Number of hours per week typically worked at the	43.8 ± 6.2	43.6 ± 6.4	44.1 ± 5.9	
facility	44.0	42.0	45.0	

The midwives have reported performing some of the key tasks that they are supposed to carry out at their current workplace including antenatal care (97.3%), normal delivery (97%), postnatal care (92.1%), newborn care (79.3%) and family planning services. However, more of the respondents reported not working on referral, assisted delivery, adolescent sexual and reproductive health, managing complications etc. Thirty eight percent of midwives reported performing tasks unrelated to midwifery services (e.g. nursing).

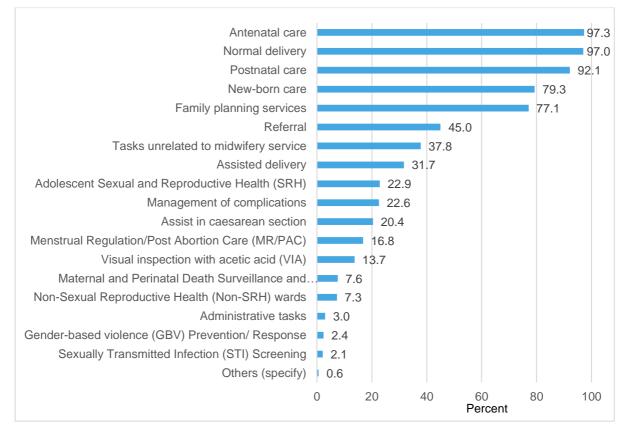


Figure 27: Tasks performed by midwife in the facility

A vast majority of the midwives were either highly satisfied or satisfied with their current job. The overall satisfaction levels were very high for salaries, benefits, supervision and management. Nearly half of the midwives were not satisfied with the availability of the equipment at the health facilities.

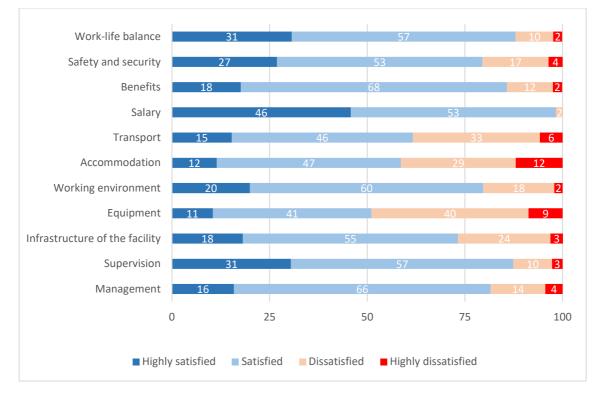


Figure 28: Satisfaction level of current job

5.4 **Preference and motivations**

Nearly all (99.7%) midwives reported public sector as their long-term preferred employer. Nearly two-third of the respondents preferred working in urban health facilities. Upazila health complexes (37.9%) and district hospitals (31.5%) were the two topmost preferred workplaces, whereas only 5.5% wished to work at union level facilities overall. Almost all (99.7%) midwives wished to pursue higher education in future, and three-quarter of them would prefer migrating abroad at a later stage of their career.

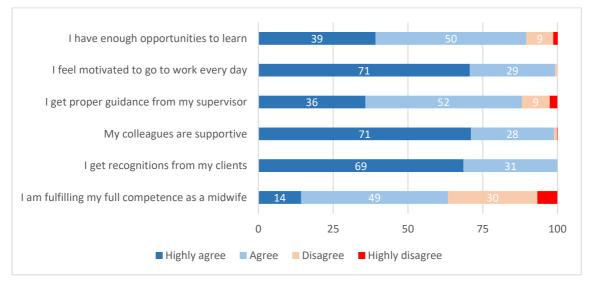
Table 33:	Long	term	preferences	of	midwives
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	Total	Government trained	BRAC trained	
	Percent			
Long run work preference area:				
Urban	66.5	67.5	60.0	
Rural	31.1	30.0	37.8	
No preference	2.4	2.5	2.2	
Long run sector preference:				
Public/ government sector	99.7	99.6	100.0	
Private sector	0.0	0.0	0.0	
NGO sector	0.3	0.4	0.0	
Others	0.0	0.0	0.0	
No preference	0.0	0.0	0.0	
Long run facility preference				
Tertiary hospitals	7.0	7.4	4.4	
District hospitals	31.5	31.2	33.3	
Maternal and Child Welfare Centres	17.7	19.1	8.9	
Upazila Health Complexes	37.9	36.2	48.9	

	Total	Government trained	BRAC trained
Union Sub Centres	5.5	5.7	4.4
Family Welfare Centres	0.3	0.4	0.0
Others (specify)	0.0	0.0	0.0
No preference	0.0	0.0	0.0
Long run, has migration plan to go abroad			
Yes	74.8	76.8	62.2
No	25.2	23.2	37.8
Desire to pursue higher education			
Yes	99.7	99.6	100.0
No	0.3	0.4	0.0
Higher education in:			
Bachelors (BSc)	32.0	28.6	53.3
Masters (MSc)	11.9	11.7	13.3
PhD	56.1	59.7	33.3
Total	100.0	100.0	100.0
Number	328	283	45

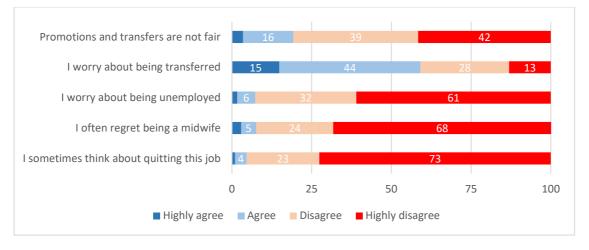
A vast majority of the midwives reported being highly motivated, having enough opportunities to learn, getting proper guidance and support from the supervisors and colleagues and recognised by the clients. However, more than one-third reported that they were not yet reaching their full potential as a midwife.





Most of the midwives also reported of not being worried about fairness in transfers and promotions and being unemployed. Most of them also did not regret being a midwife and were not considering quitting the job. However, 58.9% midwives reported worrying about being transferred.

Figure 30: Concerns and challenges



5.5 Knowledge

The mean score on the self-reported knowledge test was nearly 66% across all five areas that they were tested for. In general, the knowledge on ANC and delivery care were higher than PNC, newborn care and family planning (Figure 31). With regards to the various steps in a consultation, the knowledge of midwives were tested about the history taking, examination, management and diagnosis of the five scenarios (Figure 32). Knowledge regarding correct management of the patient was relatively higher compared to the knowledge of other components.

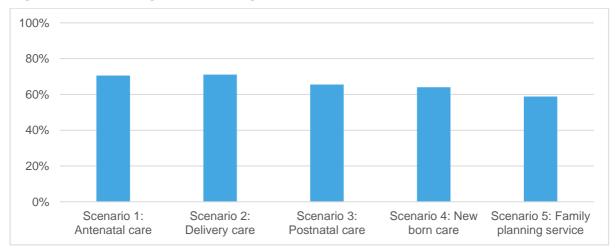
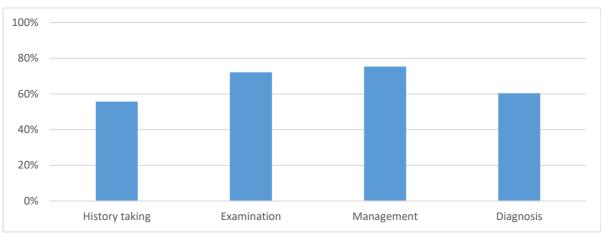


Figure 31: Percentage of Knowledge of midwife





5.6 Skills

The midwives reported learning most of the key skills either at the training institutes or at work and most of them are also confident to perform those at work. However, in many cases they did not get the opportunity to perform those tasks during last one month.

	Learnt this skill in training	Learnt this training at work	Confident to perform this skill at work	Performed this skill in the last month
Taking an antenatal history	99.6	99.6	99.1	97.2
Calculating Expected Date of Delivery (EDD)	100.0	99.5	100.0	98.3
Measurement of uterine size with tape	99.1	96.3	99.1	88.2
Provide individual counselling for preparing for birth/ making birth plan and emergency preparedness plan	99.9	99.5	99.6	95.9
Recognition of low haemoglobin in pregnant woman	98.2	95.5	95.8	82.0
Management of anaemia in pregnancy	99.6	97.7	99.5	84.4
Provide group counselling to the community on healthy pregnancies and safe motherhood	94.3	83.9	97.4	60.3
Identify signs of the onset of labour	100.0	99.6	99.6	95.5
Determination of foetal position by abdominal examination	98.4	97.2	98.5	88.6
Listening to the foetal heart sounds	100.0	100.0	99.9	97.2
Use of partograph	99.1	89.4	98.1	69.9
Identify the signs of second stage of labour	99.6	100.0	100.0	95.1
Manage second stage of labour	100.0	99.6	99.6	93.3
Natural (with no oxytocin) management of 3rd stage of labour	98.2	94.8	96.3	78.6
Inspection of placenta and membranes	100.0	99.6	100.0	92.0
Perform manual removal of placenta	99.4	95.1	97.2	63.1
Suture perineum	97.9	98.4	99.0	80.4

Table 34: Self-assessment of midwifery clinical skills

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	Learnt this skill in training	Learnt this training at work	Confident to perform this skill at work	Performed this skill in the last month
Assess APGAR scores	100.0	99.5	100.0	94.9
Helping baby take first breath	99.9	99.4	100.0	85.4
Assist in immediate breastfeeding	100.0	99.6	100.0	95.3
Perform newborn eye care	98.6	96.4	98.2	84.2
Recognize uterus is well contracted immediately postpartum (after birth)	99.9	98.6	99.6	94.4
Provide client-focused postnatal Family Planning counselling	98.5	98.9	98.5	93.5
Examine newborn	99.0	99.1	99.9	92.9
Diagnose postpartum haemorrhage	100.0	96.5	99.1	57.9
Manage postpartum haemorrhage	99.6	97.9	99.6	50.8
Diagnose infection in the newborn and give appropriate immediate care for newborn as per national protocols	99.1	89.2	95.4	50.6
Diagnose sepsis in postpartum women and give immediate care according to national protocols	99.6	91.2	96.7	43.2
Recognise women with eclamptic fits	100.0	87.1	98.1	26.0
Manage eclamptic fits including giving magnesium sulphate	99.5	82.0	97.0	24.2

The reasons for not performing some of the key tasks are mainly due to lack of cases. However, in some cases, for example, using partograph and counselling, they reported not being allowed by seniors to perform those activities.

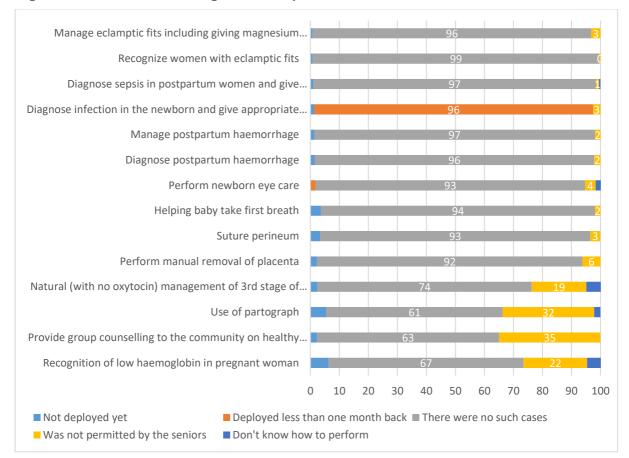


Figure 33: Reasons for being unable to perform skills of a midwife

5.7 Findings from the FGDs with the midwives

Joining Midwifery courses

Most of them heard about the midwifery course from friends or family members. Friends and family members, in most cases, were related to the training facilities or organisations. Few were also informed through newspaper advertisements. Many never knew about midwifery courses and thought of nursing. After joining the course, when they came to realise that it was not nursing, many were upset and wanted to leave. Few heard that it was a special type of nursing to deal with women and children only.

'I thought it was nursing. After joining in the course, when I found that it was midwifery and not nursing, I was so upset and was thinking of leaving the course.'

Midwife trained in BRAC University institute

Many had had bad experiences with the medical care system for women and children, which motivated them to join a profession related to medical care. For many, better job opportunities motivated them. Some had very little understanding about the nature of the job but thought of serving people and earn independently. Since many of them were from relatively less solvent backgrounds, a course where everything was free – tuition fees, hostel with meals, even with some with expenses, was attractive.

Previous family history's of maternal health complications also encouraged some to choose midwifery as profession.

'My Aunt had prolonged labour. As there was no trained birth attendant in our remote village, the baby died within womb. I thought if I had training, I could be of help.'

Midwifery student in BRAC University institution

Course experience

Experiences differed from public and BRAC University institutions. Since in public institutions, midwifery was an add-on course, midwifery students faced discrimination from nursing students. Some even reported discrimination by the faculties and authorities. In many government institutions, where midwifery courses were added, B.Sc. nursing was the only other course apart from nursing. Naturally, this led to more discrimination, as midwifery was a diploma level course and thus considered to be lower level. Nursing students separated the floors between them and the midwifery students. In the dining halls, midwifery students were not allowed in when nursing students were taking their meals.

'Since our institution is for nurses, our tutor give us very little time and remain busy with nursing students.'

Midwifery student in public institution

'Throughout one year, we took meals in the veranda standing beside the drain.'

Midwife studied in public institution

In the same institution, where nursing students had comfortable accommodation, midwifery students were forced to confine themselves into just a few rooms even when excess rooms were available. They also faced problems with bathing, washing, sanitation and water supply.

Early batch students also suffered from lack of course materials. As there were no books, teachers provided sheets (said to be obtained from the internet) and that was the only teaching materials available. As the teachers were nurses, and not midwives, students felt the limitations in what they were able to learn.

For clinical training, those institutions attached to medical college hospitals, had problems of exposure. There were crowds of medical students, intern doctors, trainee doctors, nursing, and midwifery students. In the medical hierarchy, midwifery students were placed at the bottom, and thus faced problems in gaining the appropriate education needed.

BRAC university institutions students had better classroom training. As their institutions were solely for them (as there was no concurrent nursing training), they were well accommodated with satisfactory food and leisure time. However, since they did not have their own hospitals, they were placed in public facilities for clinical training. Those who were in the medical college hospitals experienced the same experience as mentioned above. Moreover, being from non-government institutions they faced issues in terms of language of instruction.

All the students were from the Bangla medium, but in midwifery course the language of instruction was in English, which led to initial struggle for some students. Those who were from a humanities (non-science) background also suffered set-backs.

Deployment

Initially when students joined the course, they reported that they never expected a government job, particularly at class 2 level and this was truer of those who studied in BRAC university institutions. This led to most students being satisfied with the level of job they could get. However, the places where they were poted, was in most cases, far away from home, creating issues such as loneliness and unease in living in a new location. Students, irrespective of public or BRAC university institutions, preferred to join the government sector and those who were working in non-governmental facilities were waiting for a government role.

Integration into the health system

During the course, students reported that they experienced difficulties in working with other health professionals, such as physicians and nurses, in regard to labour room duties. The midwives felt as though they were the last to arrive and this valued the least. This was also experienced when they returned home, where despite some family members and neighbours welcoming the information about maternal care, they were not receptive to antenatal check-ups or allowing the midwife to conduct a delivery. The midwife was perceived to be too young, and as they were unmarried, had little life experience and thus no authority. Instead, the widwife needed to gain the confidence of rural traditional birth attendants, who after being satisfied with their knowledge, allowed them to conduct deliveries.

Midwives reported that after joining the government-run facilities, they are facing difficulties, whereby nurses want them to work as a nurse alongside them, as there is not a continual admittance of women in labour. Since they are not trained in general nursing, discharging general nurses' duties is embarrassing, particularly with male patients. However, midwives generally feel that they need to oblige with the nurses requests, as if they do not, the nurse will not engage or cooperate with them.

'I do night duty alone. The other night 9 patients came of which 2 were related to delivery and other 7 general patients. I had to manage those 7 general patients too.'

Midwife working in public facility and trained in public institute

Only a few examples were cited where a pregnant woman and her attendants refused to receive service from a young midwife and left the facility in search of another provider.

As in most government facilities, the support staff (aids), conduct normal deliveries and receive a monetary incentive in exchange, thus they are reluctant to allow midwives to assist due to fear of losing the income.

Foreseeable challenges

Acceptance by the existing health system in allowing midwives to perform their job seems to be a great challenge. Since there are shortages of nurses in general, there is a tendency to use them as nurse. Nurses also are reluctant to allow midwives to perform their dedicated tasks. Ayas, due to fear of losing extra income also resist midwives in discharging their duties. Therefore, dedicated efforts are required to facilitate their work environment.

Acceptance by the service recipients, despite their age and marital status, is again another challenge. Promotion of midwifery services may be helpful to dispel these negative beliefs.

Since nursing already has a B.Sc. course and has started an M.Sc., midwifery should at least establish a B.Sc. course. Further, midwives should have dedicated training institutions bbof their own and not be an add-on in nursing institutions.

6 Discussion, conclusions and recommendations

6.1 Discussion

Interpretations of the findings of the study

This study is setting important baseline for the long term impact of training and deploying long dedicated midwives in Bangladesh. It also documents the historical context and factors that were considered during this important policy decision. While it will be difficult to directly attribute the impact of the newly trained midwives in saving maternal and neonatal lives because of absence of control areas, the follow-up studies can look into the trend in the key indicators and explore potential contribution of this programme.

It is too early to comment on whether it is an appropriate intervention or not given the challenges and difficulties the previous programmes have encountered. However, a skilled health workforce dedicated to address maternal and neonatal health should have an important effect, should they have the opportunity to engage with the existing health systems.

In this section we have discussed the key messages from various components of this study under three main objectives, as listed below.

- licensed midwives have necessary knowledge and skills;
- the system is utilising them optimally and efficiently;
- the midwives can make any difference to the health and well-being of women of reproductive age, especially pregnant women and newborns; and
- If not, then what are the barriers and what needs to be done to remove these?

The policy landscaping work that involved desk review and KIIs with the policy makers explored all the above objectives, the user survey has set the baseline for the key maternal and neonatal health indicators aimed to answer the first part of the last objective and the survey with the midwives sought to answer whether the midwives have required knowledge and skills.

Policy landscaping

As the 3 year diploma certified midwives are a new cadre of health workers merging into the existing diverse health workforce, there has been efforts to create a distinct identity for this group of midwives such as by providing a pink uniform, from other midwives and health workers who perform deliveries, but more emphasis will be needed. Confusion by health professionals amongst the responsibilities of a nurse and midwife is common, especially in the facilities where nurses are few in number and midwives are making up for their duties. As discovered during KIIs, there is a lack of supervision with both capacity and authority from the DGNM and DPHN in ensuring the midwives are able to conduct their work as per their job specification. To empower these young midwives to lead maternal care independently as per there training and job role, it is important to educate and seek cooperation from both physicians and nurses to relieve their current authoritative status. In addition, it is equally important to promote midwifery services in the community to create awareness about this cadre who are looked upon as possibly too young in comparison to the older women who have been providing prenatal and child birth, particularly in rural areas.

In terms of facility preparedness, the UH&FWC are better able to facilitate midwives in carrying out deliveries and has an FWV who is accredited by the BNMC for midwifery tasks. Hence, midwives will be better utilised at UH&HWC than at USC. With regards to career progression, scope for further education for midwives and the ability to reach senior positions in the DGNM that are currently taken up by nurses, need to be ensured and

encouraged. Additionally, in the training facilities, nurses are currently conducting the midwifery courses in nursing institutes, which needs to be adapted so that midwives can take up the role of tutors to midwifery students and separate midwifery institutes are established to ensure sufficient capacity development.

Policy implications of the prime minister's commitment to establishing a new cadre of midwives to reduce maternal mortality are vast. The midwives so far being placed in only UHC and USC which are under DGHS, the DGFP has invested in training the FWVs to ICM standard midwives with an additional 6 month training which has created another group of midwives. It is essential for the government to now decide how this can be made uniform with focus on a specific group of midwives across all facilities. The two departments need to come together also for the purpose of ensuring proper mentoring of CSBAs who have been reported to be underperforming in regards to skilled birth attendance for deliveries taking place at home.

User survey

The key findings from the household survey are listed in the table below. As shown in the table, most of the indicators, except the skin-to-skin contact after birth have high level of coverage or prevalence. As we have shown in the various graphs in Section 4 that there are increasing trend in almost all the indicators when results were compared to other recent surveys, e.g. BDHS 2014 and BMMS 2016. It would be useful to see how these trends are

Indicators	Results
Percentage of women who received any ANC	86.3 %
Percentage of women who received any ANC from skilled provider	78.9 %
Percentage of women receiving Antenatal care visit 4+	38.4 %
Number of ANC visits (mean ± SD)	3.7 ± 2.3
Percentage delivered at health facility	53.9 %
Percentage delivered by a Skilled Birth Attendant (SBA)	55.8 %
Percentage delivered by C-section	35.2 %
Percentage of instruments boiled before the cord was cut	85.9 %
Percentage of mothers who applied nothing to the cord	69.6 %
Percentage of birth that have skin-to-skin contact	11.2 %
Percentage who received colostrum	98.1 %
Percentage of mothers receiving postnatal care from skilled provider	54.3 %
Percentage of new born receiving postnatal care from skilled provider	54.6 %
Percentage of children receiving all basic vaccinations	80.1 %
Percentage of mothers using any contraception method	79.0 %
Percentage of mothers using any modern method	74.0 %

It would be important to observe how these indicators and trends are changed when the midwives are fully deployed in the health facilities and have offered their services for at least 2-3 years. We would expect that the institutional deliveries would further increase and so as the deliveries skill birth attendants and the frequency of caesarean section would reduce, especially the one that can be averted with continuous monitoring of labour by a qualified midwife.

Midwifery survey

The key findings of the midwifery survey are presented in the table below. We have carried out a knowledge test using various scenarios and the average score is quite satisfactory. It is important that these midwives have continuous monitoring, supervision and training to make sure that they have the upto date knowledge and skills.

Key findings: Midwifery survey

Indicator:	Results
Motivation to become a midwife is to help people	82.5 %
Percentage of midwives in their first job	72.7 %
Percentage of midwives born in the district of the facility she is posted in	60.2 %
Percentage of midwives performing tasks unrelated to midwifery services	37.8 %
Percentage of midwives wish to work in urban areas in the long term	66.5 %
Percentage of midwives wish to work in public sector in the long term	99.7 %
Percentage of midwives wish to pursue higher education in the long term	99.7 %
Percentage of midwives wish to migrate abroad in the long term	74.8 %
Percentage of midwives reported to have fulfilment as a midwife	63.0 %
Percentage of midwives that have concerns about being transferred	59.0 %
Average score on knowledge test	66.0 %
Percentage of midwives confident to haves skills for managing of labour	99.6 %

Most of the midwives are highly motivated and wish to work in public sector in the long run, which is encouraging. However, many of them have also expressed their interest to work in urban areas and also wanted to get migrated abroad in the long term. A significant proportion of the midwives have reported working on tasks that are unrelated to midwifery, which is a concern.

6.2 Conclusions

Integrating the midwives in the health systems would continue to be a major challenge with many areas of potential issues from the top-level policy making to local level management.

As from the survey findings and evidence from previous nationally represented surveys, there is a positive trend in most of the maternal, neonatal, and reproductive health indicators. However, the rates of caesarean section is on a rise and already above the WHO recommended rate. Not only are caesarean section deliveries expensive in comparison to normal delivery, but the costs of maternal health services are high, more so in the private sector.

Midwives deployed at the health facilities are largely motivated. Some expressed dissatisfactions regarding the training and the work they are currently conducting as many of the tasks are unrelated to midwifery. Midwives have proven to have a satisfactory level of knowledge and acquired the required skills, but many reported of not being authorised by supervisors to perform several midwifery tasks. Lack of necessary equipment and supplies at the facility is another reason for constraining the midwives from sufficiently carry out their duties.

The ambition by most midwives is to work in the public sector though they have concerns about being transferred. Many midwives also have plans to migrate abroad in the future raising the future challenge of rural retention.

6.3 Recommendations

In the presence of a range of health care providers operating at the field, further effort is needed to carve out a distinct and valued identity within the health system at the central and local level for these 3 year diploma educated midwives. An awareness among the community is essential in order for mothers to be informed, seek out and learn to trust these relatively younger midwives in comparison to the traditionally elder health care providers for prenatal and child birth.

It is essential to provide the midwives an enabling working environment. This can be brought about in multiple ways. Firstly by clarifying, communicating and educating the senior health workers and physicians the exact job description of a midwife. This should avoid midwives from conducting tasks that are unrelated to midwifery and instead be permitted/authorised to carry out tasks that they have been trained to do. Secondly, facilities housing midwives need to be equipped with the appropriate functioning equipment and supplies to assist midwives otherwise there potential will be underutilised. Lastly, proper management, supervision and training of midwives needs to be ensured.

For further growth with respect to knowledge and career, there needs to be a clear career trajectory for midwives. To some extent, this will avoid frustration and demotivation among midwives in the long run and may also manage rural retention and out migration. To capture the progress of these midwives, additional research including an endline survey with a follow up on the same cohort of midwives for which the consent has already been taken, would be beneficial to this programme.

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Annex A Additional data tables

Table 35: Knowledge test scenario 1

Knowledge test: Scenario 1

Scenario 1 (prenatal care): A 29-year old woman comes in her fourth pregnancy. She has three living children, all born at home. She comes for her first visit at 32 weeks gestation. She complains that she has had bleeding since last night. When asked she answers that the baby is still moving.

	Total	Comp	leted diplon	na in:
	TOLA	2015	2016	2017
Midwife would ask the woman:				
Whether she had any bleeding or spotting previously in this pregnancy	79.6	81.5	76.0	82.6
If she had any pain or contraction with the bleeding	74.8	75.1	76.7	62.5
If she had any treatment at home or elsewhere for this bleeding	51.2	49.5	54.2	50.0
What was she doing when the bleeding started	45.7	46.5	40.0	69.6
None of the above/ do not know	0.0	0.0	0.0	0.0
Physical examinations to be conducted by midwife				
Look at genital area to see if bleeding from vagina and the amount of bleeding	61.6	60.9	61.2	69.6
Examine conjunctiva for anaemia	81.4	85.9	73.3	87.5
Take Blood pressure	93.9	96.2	91.7	87.5
Listen to the foetal heart sound	84.4	85.3	88.3	56.5
Abdominal exam for foetal position	60.8	62.0	58.7	62.5
None of the above/ do not know	0.0	0.0	0.0	0.0
Physical examinations not to conduct				
Per vaginal examination	93.3	93.5	91.7	100.0
None of the above/ do not know	6.7	6.5	8.3	0.0
Possible causes of bleeding				
Placenta Previa	95.2	97.8	92.6	87.5
Placental abruption	69.0	69.6	66.9	75.0
Trauma to vagina	81.5	82.1	76.9	100.0
None of the above/ do not know	0.3	0.0	0.8	0.0
Suppose the history and physical examination suggests that the provisional diagnosis is placenta previa and she is still bleeding vaginally. What treatment or advice would you give?				
Reassure the women and explain what is happening	59.0	53.8	65.0	69.6
Start intravenous fluid	32.6	37.0	24.0	43.5
Make referral to hospital with CEmONC facility	94.2	94.6	95.9	82.6
Ask the family to take along possible blood donors, if possible	45.6	42.4	50.8	43.5
None of the above/ do not know	0.9	0.0	2.5	0.0

Knowledge test: Scenario 1				
		Mear	± SD	
		Me	dian	
Total score out of 17	12.0 ± 2.3	12.1 ± 2.2	11.8 ± 2.4	12.3 ± 2.5
	12.0	12.0	12.0	11.5
Total	100.0	55.9	36.8	7.3
Number	329	184	121	24

Table 36 Knowledge test scenario 2

Knowledge test: Scenario 2

Scenario 2 (delivery care): A 24-year-old women in her second pregnancy arrives at your facility with strong contractions for the last 4 hours. She says her pregnancy is 'full 10 months'. Her first baby was delivered at home with no complications.

	Total Completed diploma in			ma in:	
		2015	2016	2017	
Midwife would ask the woman:					
When did the contractions start	74.4	76.3	73.9	62.5	
How often are the pains/contractions coming	69.2	71.4	68.5	56.2	
Have her 'waters' broken	94.6	94.5	94.8	93.8	
What colour is the fluid she is leaking	37.7	34.8	42.3	37.5	
Is the baby moving	82.1	86.7	75.4	81.2	
Is there any bleeding	56.0	59.9	49.9	56.2	
Has she had any show?	24.3	20.2	28.1	37.5	
None of the above/ do not know	0.0	0.0	0.0	0.0	
Physical examinations to be conducted by midwife					
Pulse	87.2	87.9	86.1	87.5	
Temperature	82.0	84.5	78.4	81.2	
Blood pressure	97.4	98.2	95.7	100.0	
Check for oedema	65.6	67.6	63.3	62.5	
Abdominal exam for presentation and position of the baby	53.7	53.8	49.2	75.0	
Listen and count foetal heart	83.8	82.9	86.8	75.0	
Frequency and length of contractions	18.5	18.8	15.4	31.2	
Per vaginal exam	82.0	83.8	80.6	75.0	
None of the above/ do not know	0.0	0.0	0.0	0.0	
Immediate next steps					
Admit the women	76.2	75.4	75.4	87.5	
Use partograph to monitor the labour	77.0	75.2	80.1	75.0	
Encourage her to keep mobile	79.3	80.3	77.4	81.2	
Encourage her to drink and take light food	70.6	72.7	62.7	93.8	
None of the above/ do not know	0.0	0.0	0.0	0.0	
	Mean ± SD				
	Median				
Total score out of 19	15.6 ± 2.9	15.7 ± 2.8	15.2 ± 2.9	16.1 ± 3.7	
Total Score out of 19	16.0	16.0	15.0	17.0	
Total	100.0	55.9	36.8	7.3	
Number	329	184	121	24	

Table 37: Knowledge test scenario 3

Knowledge test: Scenario 3

Scenario 3 (postnatal care): A woman delivered at home three days ago by a traditional birth attendant (TBA). Her waters had broken two days before she delivered. The TBA performed one or two per vaginal (PV) exams during labour. Today you have called to see the woman and baby and the woman complains she feels feverish.

	T . (. 1	Comp	pleted diplor	ed diploma in:	
	Total	2015	2016	2017	
Midwife would ask the woman:					
How long she was in labour	56.9	60.0	52.3	56.2	
How long she has felt feverish	73.8	74.7	72.1	75.0	
What is her vaginal discharge like	71.2	74.2	64.8	81.2	
Does she have any pain	58.7	58.8	57.7	62.5	
Does she have any pain/burning when passing urine	49.9	50.4	50.2	43.7	
None of the above/ do not know	0.6	0.2	1.2	0.0	
Physical examinations to be conducted by midwife					
Pulse	83.7	85.7	81.1	81.2	
Temperature	94.0	95.7	90.1	100.0	
Blood pressure	93.4	94.0	91.3	100.0	
Abdominal exam	45.7	40.6	51.5	56.2	
Look at pad/observe lochia	66.1	69.0	62.4	62.5	
Examine breasts	46.8	45.2	49.9	43.7	
None of the above/ do not know	0.0	0.0	0.0	0.0	
The provisional/ differential diagnosis identified:					
Postpartum infection/retained products	92.2	97.0	85.7	87.5	
Urinary tract infection	56.8	51.1	64.4	62.5	
Physiological response to milk coming in	44.1	40.9	46.5	56.2	
None of the above/ do not know	0.8	0.4	0.5	6.2	
Suggested treatment for postpartum infection without fever					
Refer to a doctor	62.2	62.8	62.4	56.2	
Paracetamol	65.8	62.5	68.9	75.0	
Sponging to reduce temperature	51.7	48.9	52.7	68.8	
Drink plenty of fluid	66.5	60.9	74.6	68.8	
None of the above/ do not know	0.1	0.0	0.3	0.0	
			± SD		
	Median				
Total score out of 18	11.8 ± 2.9	11.7 ± 2.8	11.8 ± 3.0	12.4 ± 3.2	
	13.5	12.0	12.0	13.5	
Total	100.0	55.9	36.8	7.3	
Number	329	184	121	24	

Table 38 Knowledge test scenario 4

Knowledge test: Scenario 4				
Scenario 4 (newborn care): You are attending a delivery. Th but when born the baby is not crying. The skin is blue, and t 10 per minute.		breathing	at the rat	e of about
	Total	Comp	leted dipl	oma in:
	IOtai	2015	2016	2017
Possible health issues of the baby				
Birth asphyxia	84.8	90.0	76.2	87.5
Neonatal asphyxia	43.3	39.3	49.2	43.7
Severe foetal distress	38.9	42.7	33.6	37.5
None of the above/ do not know	1.4	0.0	2.5	6.2
Immediate next steps				
Cut the cord	60.3	63.4	56.2	56.2
Dry the baby	89.9	89.7	89.3	93.8
Wrap the baby with clothes	86.5	85.3	87.1	93.8
Check Appearance/ skin colour	49.9	44.7	56.5	56.2
Check Pulse rate	28.4	29.3	26.4	31.2
Check Grimace/ reflex	60.6	62.2	59.2	56.2
Check Activity	40.6	38.3	43.6	43.7
Check Respiration	67.8	70.8	66.7	50.0
Start resuscitation	64.6	70.3	52.5	81.2
None of the above/ do not know	0.0	0.0	0.0	0.0
Actions to take when baby is breathing normally and pink in colour				
Encourage breast feeding	99.2	99.3	98.8	100.0
Encourage skin to skin contact	98.0	98.2	97.3	100.0
Continue to observe the baby	48.7	52.5	37.8	75.0
None of the above/ do not know	0.0	0.0	0.0	0.0
	Mean ± SD			
	Median			
Total score out of 15	9.6 ± 2.3	9.8 ± 2.4	9.3 ± 2.1	10.1 ± 2.7
	9.0	9.0	9.0	10.0
Total	100.0	55.9	36.8	7.3
Number	329	184	121	24

Table 39: Knowledge test scenario 5

Knowledge test: Scenario 5 Scenario 5 (family planning service): A middle aged woman comes to you asking if she can have oral contraceptive pills (OCP).

	Total	Completed diploma in:			
		2015	2016	2017	
Midwife would ask the woman:					
Previous history of taking OCP and if so, if she had any problems	81.6	80.1	82.8	87.5	
Had she ever had migraine headaches	62.2	60.3	65.1	62.5	
Is she generally well	31.9	29.7	35.5	31.2	

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Knowledge test: Scenario 5				
Has she ever had blood clots in the past	14.4	15.0	12.7	18.7
Has she ever had jaundice/yellow skin	14.4	15.0	12.7	10.7
colouring in the past	28.9	33.6	22.4	25.0
Does she smoke	9.4	10.9	6.5	12.5
Is she breastfeeding a child under 6 months	45.8	45.7	44.0	56.2
How old is she (<35)	47.0	48.9	47.1	31.2
Does she have menstrual problems	64.1	65.0	63.0	62.5
When was her last menstrual period (LMP)	54.2	52.9	54.6	62.5
Does she have any lump any in the breasts	18.1	22.2	8.0	37.5
None of the above/ do not know	0.0	0.0	0.0	0.0
Physical examinations to be conducted by midwife				
Weight	82.7	86.0	79.1	75.0
Blood pressure	91.9	96.1	86.4	87.5
None of the above/ do not know	2.4	0.2	6.2	0.0
Suggested instructions after starting OCP				
Start from day 1 of her period	84.4	84.3	85.3	81.2
Take each day at the same time	95.9	95.5	97.0	93.8
Use condom or abstain from sexual intercourse for first 7 days	34.1	39.2	22.0	56.2
None of the above/ do not know	0.5	0.0	1.2	0.0
Actions to be taken woman misses a dose of OCP				
Continue taking the pill	94.8	94.7	93.8	100.0
Use condoms until the next period	55.0	58.7	45.5	75.0
None of the above/ do not know	2.5	1.2	5.0	0.0
	Mean ± SD			
	Median			
Total score out of 17	10.0 ± 2.8	10.2 ± 2.8	9.5 ± 2.7	10.6 ± 2.6
	10.0	10.0	10.0	11.0
Total	100.0	55.9	36.8	7.3

Annex B Key indicators compared with BDHS 2017-18

Table 40 Comparison of key indicators with BDHS 2017-18

Indicators	Midwifery survey 2018	BDHS 2017-18
Percentage of women who received any ANC	86.3 %	92.0 %
Percentage of women who received any ANC from skilled provider	78.9 %	81.9 %
Percentage of women receiving Antenatal care visit 4+	38.4 %	47.0 %
Number of ANC visits (median)	3.0	4.1
Percentage delivered at health facility	53.9 %	49.6 %
Percentage delivered by a Skilled Birth Attendant (SBA)	55.8 %	52.7 %
Percentage delivered by C-section	35.2 %	32.7 %
Percentage of instruments boiled before the cord was cut	85.9 %	85.7 %
Percentage of mothers receiving postnatal care from skilled provider	54.3 %	52.1 %
Percentage of new born receiving postnatal care from skilled provider	54.6 %	52.2 %
Percentage of children receiving all basic vaccinations	80.1 %	85.6 %
Percentage of mothers using any contraception method*	79.0 %	61.9 %
Percentage of mothers using any modern method*	74.0 %	51.9 %

* It is possible to have large differences in these indicators as BDHS sample women of reproductive, whereas the midwifery survey sampled mothers who have a children less than two years old and the contraceptive use between these groups may vary.