

# Working out the cost of raising your children

Use this form as a guide to help you think about the items you would like to include in your child maintenance arrangement. You might find this form is a useful way of sorting out who's going to pay for what and what the maintenance contribution should be.

The items each child may need depends on their age. You may find things listed that you do not want to include, and there may be things that you want to add.



Department  
for Work &  
Pensions

## How to fill in this form

Think about the cost of each item and how much it would cost each parent. Then work out what the maintenance should be. You might want to split the cost equally, or change it depending on what you both agree.

### Baby's day-to-day items

<b>Item</b>	<b>Parent or guardian's name:</b> <input type="text"/>	<b>Parent or guardian's name:</b> <input type="text"/>	<b>Maintenance contribution</b>	<b>Are these one-off, weekly, monthly or yearly payments?</b>
Food				
Nappies				
Childcare (including playgroups)				
Clothing				
Toiletries and medicines				
Toys, books and other play items				
Other expenses				

## Baby's larger items

Item	Parent or guardian's name: <input type="text"/>	Parent or guardian's name: <input type="text"/>	Maintenance contribution	Are these one-off, weekly, monthly or yearly payments?
Cot or crib				
Bedding				
Pram, pushchair or buggy				
Car seat				
High chair				
Baby monitor				
Changing equipment				
Feeding equipment				
Bathing equipment				
Other expenses				

## Younger child's day-to-day items

Item	Parent or guardian's name: <input type="text"/>	Parent or guardian's name: <input type="text"/>	Maintenance contribution	Are these one-off, weekly, monthly or yearly payments?
Food				
Childcare				
Clothing (including school uniforms)				
Toiletries and medicines				
Toys, books and other play items				
Travel				
Activities (including sports or social clubs)				
Other expenses				

## Younger child's larger items

<b>Item</b>	<b>Parent or guardian's name:</b> <input data-bbox="293 371 577 472" type="text"/>	<b>Parent or guardian's name:</b> <input data-bbox="628 371 912 472" type="text"/>	<b>Maintenance contribution</b>	<b>Are these one-off, weekly, monthly or yearly payments?</b>
School trips				
Computer				
Bike				
Other expenses				

## Older child and teen's day-to-day items

Item	Parent or guardian's name: <input type="text"/>	Parent or guardian's name: <input type="text"/>	Maintenance contribution	Are these one-off, weekly, monthly or yearly payments?
Food				
Clothing				
Toiletries and medicines				
Entertainment				
Travel				
Other expenses				

## Older child and teen's larger items

<b>Item</b>	<b>Parent or guardian's name:</b> <input data-bbox="293 376 577 472" type="text"/>	<b>Parent or guardian's name:</b> <input data-bbox="628 376 912 472" type="text"/>	<b>Maintenance contribution</b>	<b>Are these one-off, weekly, monthly or yearly payments?</b>
School trips				
Computer				
Bike				
Mobile phone				
Other expenses				

## Total support given to your children

<b>Item</b>	<b>Parent or guardian's name:</b> <input data-bbox="293 338 577 436" type="text"/>	<b>Parent or guardian's name:</b> <input data-bbox="628 338 912 436" type="text"/>	<b>Maintenance contribution</b>	<b>Are these one-off, weekly, monthly or yearly payments?</b>
Weekly				
Monthly				
Yearly				