



Rider's log book: extra modules

This record helps you and your trainer monitor your progress towards a lifetime of safe riding.

Name:

Date:

Modules covered	Red	Amber	Green	Notes
Effective braking techniques				
Filtering – Advanced				
Motorway – Dual carriageway				
Carrying a passenger or load				
Riding for work (delivery - courier)				
Riding abroad				
Blood bikers				
Group riding				
Biker Down and accident scene management				
Motorcycle maintenance and machine awareness				
Mobile phones/GPS/radios/Bluetooth radio				
Training in alternative environments (road based training on a track, off road trail riding etc)				

How to use the rider's log book

Use the rider's log book to record your trainee's progress. It will help:

- you to record detailed progress on a session-by-session basis, before an overall grading is awarded
- your trainee to see the progress they have made and identify the modules yet to be covered

When the log book is completed, it will show all the modules linked to safe riding have been covered to a satisfactory level. Your trainee should keep the completed log book.

Marking system

For each module, tick the appropriate grade for the level of ability shown during that session.

Grade	Definition
Red	The trainee's riding has not reached the standard needed. Extra training is needed.
Amber	The trainee has achieved the standard needed. Areas that need further development have been identified.
Green	The trainee's riding was to a high standard, meeting most or all requirements.

The mark should only reflect your trainee's skill in that particular topic. Some modules need more than one skill, for example, slow speed manoeuvring includes observation, control and accuracy. The grade you give should reflect the overall performance for each module.

Rider attitude is a feature of many of the development areas; this highlights the importance of having the correct attitude and approach to the whole concept of safe riding.

Help using the log book

Contact DVSA to get help using the log book.

DVSA enhanced rider scheme team

ers@dvsa.gov.uk

Telephone: 0115 936 6542

Monday to Friday, 9am to 5pm

Find out about call charges at www.gov.uk/call-charges

You can also write to DVSA.

DVSA Enhanced Rider Scheme
Driver and Vehicle Standards Agency
The Axis Building
112 Upper Parliament Street
Nottingham
NG1 6LP



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This publication is also available on our website at www.gov.uk/government/publications/record-your-trainees-dvsa-enhanced-rider-scheme-training

DVSA enhanced rider scheme: extra modules

Source material

All extra modules have been broken down and require knowledge of particular legal responsibilities, which may need to be covered.

For detailed information about these or any other area, refer to the source material:

- The Official DVSA Guide to Riding - The essential skills
- Motorcycle Roadcraft, the Police rider's handbook to better motorcycling
- The Highway Code
- Know Your Traffic Signs
- Vehicle Handbook
- www.gov.uk

Effective braking techniques

Enhance your braking skills, learning how to brake effectively and confidently is an essential part of motorcycling, this module will cover all aspects of advanced braking techniques including:

- Braking at higher speeds - Be confident when using your front brake at higher speeds
- Balanced use of both brakes, how braking affects your bikes handling
- Skid control, learn how to recognise the early signs of skid control, and how to avoid it.

Skills and knowledge

- Co-ordination of controls
- ABS and linked brakes
- Engine braking
- Front and rear wheel skid control
- Braking on a bend
- Road and weather conditions

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Filtering – advanced level

Many riders regularly filter, it can be a great way to save time when faced with stationary traffic, to carry it out safely there are some rules you need to follow:

- Filtering safely and legally, developing your judgement when dealing with differing filtering scenarios, from motorways to city centres they all have their own unique hazards to be aware of.
- Risk factors, how to avoid putting yourself at risk
- Planning, improve your planning skills when filtering.

Skills and knowledge

- Safe speed for filtering
- Is it safe is it legal, understanding white lines and road markings
- Build your confidence up.

Motorway and dual carriageway

Motorways and fast moving dual carriageways place extra demands on both the rider and the machine. On motorways and dual carriageways, situations can develop rapidly this module will cover:

- Entering/Exiting safe use of slip lanes and central reservations
- Smart motorways, what are they and how do they work
- Motorway/Dual carriageways signs and signals, better understanding of the gantry signs, what do they mean
- Lane discipline / Overtaking, learn enhanced planning skills to avoid constant lane changes making overtaking easier
- Weather, how will the weather conditions effect motorway riding.
- Roadworks / breakdowns and using the hard shoulder, understand how to safely deal with a breakdown and the safety issues around using the hard shoulder

Skills and knowledge

- Using OSMPSL / IPSGA on high speed roads
- Lane changing on multi-lane motorways
- Overtaking/Filtering procedures
- Awareness of speed after leaving a motorway/dual carriageway
- Using smart motorways, hard shoulder - motorway signage

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Carrying a passenger or load

If touring with your mates or taking someone out on the back of your motorcycle, you may have to make some essential adjustments to your machine, these may include:

- Making adjustments to your tyres, and suspension.
- Understand how to distribute loads safely on your machine.
- Learn how to safely carry pillion passengers

Skills and knowledge

- Machine adjustments
- Passenger safety, ability and comfort
- Balance and machine handling
- Load and luggage stowage / weight distribution
- Insurance and other legal implications

Riding for work - delivery and courier

It's a big responsibility if you are riding your bike for work, this module covers what you need to know to keep you safe.

- Legal requirements, from having the correct licence and business insurance to working hours
- Loading your machine, and having the right equipment including panniers and sat navs
- Completing the advanced filtering module would be a benefit if riding for work.
- Educational courses available, including basic machine maintenance.

Skills and knowledge

- Importance of having the correct insurance – Rider qualification
- Safe carriage of loads
- Riding environment (Road – Weather conditions)
- Work related road safety
- Appropriate clothing
- Basic motorcycle maintenance

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Touring and riding abroad

Taking your motorcycle abroad can be a fun and enjoyable way to see a new country. If you're going to ride abroad, remember to check the rules of the road. It won't just be the side of the road on which you ride that'll be different, some countries also require additional kit to be carried. You should consider linking this module with carrying a passenger or load:

- Motorcycle/Personal documents, understand what to take on your trip, don't fall foul of different regulations.
- Ferry's and Euro tunnel, what you need to know.

Skills and knowledge

- Route planning – satellite navigation – speed limits
- Medical/Travel insurance - Documentation
- Emergency and correct equipment for minor repairs
- Nationality plate

Blood bikers

Blood bikers are part of a dedicated team of volunteer motorcyclists delivering small urgent medical items, to be a blood biker they are expected to hold an IAM or RoSPA Advanced Rider Certificate or DVSA's ERS. This bespoke module covers the following areas:

- Country road work; Including Planning and Observation skills, Hazard Awareness and Cornering Skills
- Overtaking and Filtering
- Urban riding; Including Planning and Observation Skills, Hazard Awareness Junctions, Roundabouts
- Weather and clothing

Skills and Knowledge

- Enhanced rider skills
- OSM PSL / IPSGA
- Scanning and prioritising
- Planning / awareness
- Road and weather conditions
- Organisation information/process

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Group riding

Gong on a ride out with your mates can be good fun, this module covers some simple tips on how you can make sure everyone is kept safe.

- Advantages of riding in a group formation, learn how to keep everyone together on different types of roads
- Who should ride where, set the group depending on skill levels agree a meeting point should you get separated

Skills and knowledge

- Staggered formation – Ideally no more than 5 riders
- Level of ability (experience)
- Separation distances
- Group dynamics / communication
- When not to ride in formation
- Route and itinerary planning

Biker Down and accident scene management

If you're the first to arrive at the scene of an accident it's vital that you know what to do. Biker Down is designed by the fire and rescue service to make sure you know what you should and should not do when you respond to a collision, and that you can do it confidently.

Skills and Knowledge

- Scene Management
- Managing your adrenaline
- Dynamic risk assessment
- Where to park
- Who to call
- Information needed by emergency services
- Managing other traffic
- Generic hazards
- Identifying resources
- Legal obligations
- Casualty Care
- Approaching the casualty
- Helmet removal
- Major bleeds
- CPR
- The Science of Being Seen
- Danger of motion camouflage
- Looming phenomenon
- How the eye and brain don't always work well
- Advice on conspicuity

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Motorcycle maintenance and machine awareness

As a biker it's important to understand how everything works, ideally you should make sure that your machine is serviced and maintained regularly.

- Regular servicing prevents costly breakdown, and helps you stay safe
- Learn how to do simple repair work yourself, save time and money

Skills and knowledge

- Daily and weekly machine checks you should make
- Basic maintenance
- Service intervals
- Correct machine setup

Mobile phones, GPS, sat nav and Bluetooth

Modern machines come fitted with sat navs and helmets come with Bluetooth's, learn how to use modern technology safely whilst staying within the law.

- Understand how to use these correctly and effectively

Skills and Knowledge

- How the law applies to you – penalties you can face
- Using a sat nav, positioning and safety

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Training in alternative environments

There's loads of alternative and fun ways to develop your riding skills away from the road, be it a road based track day or honing your off road skills by trail riding.

- Road, track, off road, trail, learn advanced control skills in a safe environment
- Instructor led track days can be fun and informative, practice cornering and braking skills off road

Skills and knowledge

- Experience of different types of surface and braking techniques and learn how these assist with on road riding
- Confidence, gain confidence if your bike loses grip on road
- Discover your own limitations in a safe environment