

Intermediate Outcomes Measurement Instrument (IOMI)

This questionnaire aims to help projects such as **[INSERT PROJECT NAME]** keep track of how well they are doing and to make improvements to the service. In addition, it may help you get an idea how things have changed for you since working with **[INSERT PROJECT NAME]**.

The questionnaire should take about 10 minutes to complete. Please complete the questionnaire, seal it in the envelope provided and return it to **[INSERT REFERENCE TO TEAM MEMBER, PROJECT WORKER, AS APPROPRIATE]**. If you have any questions about the questionnaire please ask your **[INSERT REFERENCE TO TEAM MEMBER, PROJECT WORKER, AS APPROPRIATE]**.

The date today _____

Please tick a box to say whether you:

Completed the questionnaire on your own

Completed the questionnaire with assistance from your **[WORKER ETC]**

How to complete the questionnaire

Please say whether you agree or disagree with the statements on the next two pages by circling a response, for example:

I enjoy watching movies	Strongly agree	<input checked="" type="radio"/> Agree	Neither agree nor disagree	Disagree	Strongly disagree
-------------------------	----------------	--	----------------------------	----------	-------------------

Please answer all of the questions and remember that there are no right or wrong answers.

When answering the questions, think about how you feel today.

1. I have close friends I can trust	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
2. I don't really think about what I'm doing, I just do it	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
3. There are people who really understand me	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
4. My problems will dominate all of my life	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
5. I often do the first thing that comes into my head	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
6. There are people I can turn to when I have a problem	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
7. I tend to bounce back quickly after hard times	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
8. I make good decisions	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
9. I feel confident	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
10. I feel hopeless about my future	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
11. There are some people who I trust	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
12. I feel good about myself	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
13. I feel capable of making decisions	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
14. I have a hard time making it through stressful events	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree

15. I owe it to myself to change	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
16. My life is full of problems which I can't overcome	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
17. Anyone can talk about changing themselves; I'm actually going to do something about it	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
18. I often do things without thinking of the consequences	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
19. I usually deal with problems well	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
20. I am confident that I can cope with unexpected events	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
21. I am really working hard to change my life	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree

Optional questions about relationships with staff, for use during or after an intervention:

22. The staff here have treated me fairly	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
23. The staff here have listened to me	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
24. The staff here do what they say they'll do	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
25. I feel able to trust the staff here	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
26. The staff here have helped me to think differently about myself	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree

Please indicate whether the problems belowⁱ are a big problem for you or no problem for you by circling a response to the right of the statement. Please answer all of the questions and remember that there are no right or wrong answers.

1. Problems with money	Big problem	Problem	Small problem	No problem at all
2. Problems with employment/prospects	Big problem	Problem	Small problem	No problem at all
3. Problems with health and fitness	Big problem	Problem	Small problem	No problem at all

4. Problems with housing	Big problem	Problem	Small problem	No problem at all
5. Problems with drugs	Big problem	Problem	Small problem	No problem at all
6. Problems with drink	Big problem	Problem	Small problem	No problem at all
7. Problems with relationships	Big problem	Problem	Small problem	No problem at all
8. Problems with gambling	Big problem	Problem	Small problem	No problem at all

Thank you for completing the questionnaire!

Please put the completed questionnaire in the envelope, seal it, and return to [INSERT REFERENCE TO TEAM MEMBER, PROJECT WORKER, AS APPROPRIATE]