



Ministry
of Defence

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Reference: **FOI2018/13747**

29 November 2018

[Redacted]

Dear [Redacted],

Thank you for your email of 1 November 2018 requesting the following information:

“The number of recruits to the Armed Forces who enlisted before the age of 18, who were given Medical discharge for stress-related and other mental health reasons in a) 2014, b) 2015, c) 2016, d)2017?”

I am treating your correspondence as a request for information under the Freedom of Information Act 2000.

I am writing to confirm that MOD holds the information on the subject you have requested.

Between 1 April 2014 and 31 March 2018 **82** UK Regular Armed Forces personnel who joined service under the age of 18 were subsequently medically discharged from service as a result of Mental and Behavioural Disorders. Please note that age refers to the age of the Service person at the point of entry to service. Of the 82 personnel identified, fewer than five were medically discharged whilst they were under the age of 18.

Table 1: UK Armed Forces personnel who enlisted under the age of 18¹, subsequently medically discharged for stress-related and other mental health reasons, by Financial Year, numbers

1 April 2014 to 31 March 2018

All	Financial Year of Discharge			
	2014/15	2015/16	2016/17	2017/18
82	6	15	24	37

Source: DMICP and JPA

¹ Please note that age refers to the age of the Service person at the point of entry to service and not at the point of medical discharge.

Under section 16 of the Act (Advice and Assistance), you may find it useful to note:

The number of personnel who enlisted under the age of 18 that were subsequently medically discharged as a result of Mental and Behavioural Disorders has risen over time however this is in line with the UK Armed Forces as a whole.

Medical discharges due to Mental and Behavioural Disorders were identified as personnel who were medically discharged with a principal or contributory cause of discharge coded as F00 – F99 in the International Statistical Classification of Diseases and Related Health Problems Tenth Revision (ICD-10). This chapter includes stress-related conditions.

The principal condition of discharge is the first principal ICD-10 code on the medical discharge documents. Contributory causes of medical discharge are all other principal conditions and any contributory conditions on the medical discharge documents.

Medical discharges are the result of a number of specialists (medical, occupational, psychological, personnel, etc) coming to the conclusion that an individual is suffering from a medical condition that pre-empts their continued service in the Armed Forces. Statistics based on these discharges do not represent measures of true morbidity or pathology. At best they indicate a minimum burden of ill-health in the Armed Forces. Furthermore, the number and diversity of processes involved with administering a medical discharge introduce a series of time lags, as well as impact on the quality of data recorded.

The information on cases was sourced from electronic personnel records from the Defence Medical Information Capability Programme (DMICP) and manually entered paper documents from medical boards. The primary purpose of these medical documents is to ensure the appropriate administration of each individual patient's discharge. Statistical analysis and reporting is a secondary function.

Any data entered as free text only in patients' medical record will not be included in the figures presented as this information is not available in the data warehouse.

Joint Personnel Administration (JPA) is the most accurate source for demographic information for UK Armed Forces personnel and was used to gather information on a person's service and age.

If you are not satisfied with this response or you wish to complain about any aspect of the handling of your request, then you should contact me in the first instance. If informal resolution is not possible and you are still dissatisfied then you may apply for an independent internal review by contacting the Information Rights Compliance team, 2nd Floor, MOD Main Building, Whitehall, SW1A 2HB (e-mail CIO-FOI-IR@mod.gov.uk). Please note that any request for an internal review must be made within 40 working days of the date on which the attempt to reach informal resolution has come to an end.

If you remain dissatisfied following an internal review, you may take your complaint to the Information Commissioner under the provisions of Section 50 of the Freedom of Information Act. Please note that the Information Commissioner will not investigate your case until the MOD internal review process has been completed. Further details of the role and powers of the Information Commissioner can be found on the Commissioner's website, <http://www.ico.gov.uk>.

I hope this is helpful.

Yours sincerely

Defence Statistics Health