

Protecting and improving the nation's health

## Flushed – information sheet for children 6-13 years

You have been asked to take part in a research study.
This leaflet tells you about it.

You don't have to help us, it is completely up to you.

Flu is a nasty cold germ that can give you a temperature, cough and cold. It can also cause ear and chest infections.

Vaccines are medicines that can stop you from catching germs.

We want to give you a vaccine to help stop you from getting the flu.



This vaccine is different - it's not an injection. It gets sprayed up your nose instead!
We are a team of doctors who want to see how well the vaccine works.

- Your nurse will ask you and your mum or dad about how you are.
- <u>Tests:</u> You will have **two spit tests**. Your nurse, Mum or Dad (or you) will rub a soft sponge on a stick over your teeth and gums, just like brushing your teeth. It feels funny but won't hurt at all.
- We'll also take a nose swab, once before you have the nose spray and three times in the week after your vaccine. Your Mum or Dad will rub a cotton bud inside of your nose, it won't hurt.



- Ask your mum or dad, or the doctor or nurse if you have a question.
- We would like to help!



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