

Protecting and improving the nation's health

## Phthalates (Diisononylphthalate and Di(2ethylhexyl)phthalate)

## **Incident Management**

## Key Points

### Fire

- combustible
- when heated to decomposition DINP emits acrid smoke and irritating vapours
- DEHP reacts with strong oxidants, acids, alkalis and nitrates, also decomposes on heating to produce irritating fumes

### Health

- significant toxicity is not expected following acute exposure
- ingestion may cause irritation of mucous membranes with gastrointestinal upset and diarrhoea
- may cause significant irritation, lacrimation, pain following eye contact and mild irritation following skin contact

## Environment

 avoid release to the environment; inform the Environment Agency of substantial incidents where appropriate

## Hazard Identification

### Standard (UK) dangerous goods emergency action codes

N		Not given
EAC		
APP		
Hazards	Class	
	Sub-risks	
HIN		
		r, EAC – emergency action code, APP – additional personal protection, HIN – haza

### Classification, labelling and packaging (CLP)\*

### bis(2-ethylhexyl) phthalate (DEHP)

Hazard class and category	Repr. 1B	Toxic to reproduction, category 1B		
Hazard statement	H360FD	May damage fertility. May damage the unborn child		
Signal words	DANGER			
* Implemented in the EU on 20 January 2009				
Reference				
European Commission. Harmonised classification – Annexe VI to Regulation (EC) No. 1272/2008 on Classification, Labelling and Packaging of Substances and Mixtures. http://echa.europa.eu/information-on-chemicals/cl-inventory-				

database (accessed 08/2018).

## **Physicochemical Properties**

### Diisononylphthalate (DINP)

CAS number	28553-12-0		
	419		
Molecular weight			
Formula	C <sub>26</sub> H <sub>42</sub> O <sub>4</sub>		
Common synonyms	Diisononylphthalate; 1,2-Benzenedicarboxycylic acid diisononyl ester; Phthalic acid diisononyl ester		
State at room temperature	Oily liquid		
Volatility	Vapour pressure negligible at 20°C		
Specific gravity	0.98 (water = 1)		
Flammability	Combustible		
Lower explosive limit	-		
Upper explosive limit	-		
Water solubility	Very poor solubility in water		
Reactivity	-		
Reaction or degradation products	When heated to decomposition emits acrid smoke and irritating vapours. Thermal decomposition would begin at >500°C		
Odour	Odourless		
Structure			

#### References

Hazardous Substances Data Bank. Diisononyl phthalate HSDB No. 4491 (last revision date 19/10/2015). US National Library of Medicine: Bethesda MD. http://toxnet.nlm.nih.gov/cgi-bin/sis/htmlgen?HSDB (accessed 08/2018)

International Programme on Chemical Safety. International Chemical Safety Card entry for Diisononyl phthalate. ICSC 0831, 2003. World Health Organization: Geneva.

European Union Risk Assessment Report - DINP 2003.

### Di(2-ethylhexyl)phthalate (DEHP)

CAS number	117-81-7		
Molecular weight	391		
Formula	C <sub>24</sub> H <sub>38</sub> O <sub>4</sub>		
Common synonyms	Di(2-ethylhexyl)phthalate; bis(2-ethylhexyl)phthalate; Dioctyl phthalate; DOP		
State at room temperature	Liquid		
Volatility	Vapour pressure negligible at 20°C		
Specific gravity	0.986 (water=1)		
Flammability	Combustible		
Lower explosive limit	-		
Upper explosive limit	-		
Water solubility	Practically insoluble in water at 25°C		
Reactivity	Reacts with strong oxidants, acids, alkalis and nitrates		
Reaction or degradation products	Decomposes on heating to produce irritating fumes		
Odour	Slight odour		
Structure			
References			

Hazardous Substances Data Bank. Bis(2-ethylhexyl)phthalate HSDB No. 339 (last revision date 19/10/2015). US National Library of Medicine: Bethesda MD. http://toxnet.nlm.nih.gov/cgi-bin/sis/htmlgen?HSDB (accessed 08/2018) International Programme on Chemical Safety. International Chemical Safety Card entry for Di(2-ethylhexyl)phthalate. ICSC 0271, 2001. World Health Organization: Geneva.

## Reported Effect Levels from Authoritative Sources

No acute exposure effect levels could be found following a review of authoritative sources.

## Published Emergency Response Guidelines

#### Emergency response planning guideline (ERPG) values

	Listed value (ppm)	Calculated value (mg/m <sup>3</sup> )
ERPG-1*	Not given	
ERPG-2 <sup>†</sup>		
ERPG-3 <sup>‡</sup>		
		s believed that nearly all individuals could be exposed for up to 1 hour e health effects or perceiving a clearly defined, objectionable odour
without experien		s believed that nearly all individuals could be exposed for up to 1 hour er serious health effects or symptoms which could impair an

<sup>‡</sup> Maximum airborne concentration below which it is believed that nearly all individuals could be exposed for up to 1 hour without experiencing or developing life-threatening health effects

#### Acute exposure guideline levels (AEGLs)

	ppm				
	10 min	30 min	60 min	4 hours	8 hours
AEGL-1*	Data not give	n			
AEGL-2 <sup>†</sup>	-				
AEGL-3 <sup>‡</sup>	-				
			• • •	ould experience notable	e discomfort asting effects or impaired
ability to escape			e may be meversible	or other serious long-	asing enects of impared

<sup>‡</sup> Level of the chemical in air at or above which the general population could experience life-threatening health effects or death

## Exposure Standards, Guidelines or Regulations

### **Occupational standards**

#### DINP

	LTEL (8-hour reference period)		STEL (15-min reference period)	
	ppm	mg/m <sup>3</sup>	ppm	mg/m <sup>3</sup>
WEL	-	5	-	-
WEL – workplace exposure limit, LTEL – long-term exposure limit, STEL – short-term exposure limit				
Reference				
Health and Safety Executive (HSE). EH40/2005 Workplace Exposure Limits, 2 <sup>nd</sup> Edition, 2011.				

#### DEHP

	LTEL (8-hour reference period)		STEL (15-min reference period)	
	ppm	mg/m <sup>3</sup>	ppm	mg/m <sup>3</sup>
WEL	-	5	-	10
WEL – workplace exposure limit, LTEL – long-term exposure limit, STEL – short-term exposure limit				
Reference				
Health and Safety Executive (HSE). EH40/2005 Workplace Exposure Limits, 2nd Edition, 2011.				

#### Public health guidelines

WHO drinking water quality guideline value	DEHP: 8 µg/L
Air quality guideline	Guideline value not given
Soil guideline values and health criteria values	Guideline value not given
	·

#### Reference

World Health Organisation (WHO), Guidelines for drinking-water quality: fourth edition incorporating the first addendum. 2017: Geneva.

## Health Effects

### Major route of exposure

• inhalation, ingestion, and dermal and eye contact

### Immediate signs or symptoms of acute exposure

Route	Signs and symptoms	
Inhalation	Unlikely to have any effects	
Ingestion	May cause irritation of mucous membranes with gastrointestinal upset and diarrhoea	
Dermal	Mild skin irritation only	
Ocular	Significant irritation, lacrimation, pain	
Reference TOXBASE. Phthalates, 12/2015. http://www.toxbase.org (accessed 08/2018)		

## Decontamination at the Scene

### Summary

The approach used for decontamination at the scene will depend upon the incident, location of the casualties and the chemicals involved. Therefore, a risk assessment should be conducted to decide on the most appropriate method of decontamination.

Following disrobe, improvised dry decontamination should be considered for an incident involving phthalates, **unless casualties are demonstrating signs or symptoms of exposure to caustic or corrosive substances**.

People who are processed through improvised decontamination should subsequently be moved to a safe location, triaged and subject to health and scientific advice. Based on the outcome of the assessment, they may require further decontamination.

Emergency services and public health professionals can obtain further advice from Public Health England (Centre for Radiation, Chemical and Environmental Hazards) using the 24-hour chemical hotline number: 0344 892 0555.

### Disrobe

The disrobe process is highly effective at reducing exposure to HAZMAT/CBRN material when performed within 15 minutes of exposure.

# Therefore, disrobe must be considered the primary action following evacuation from a contaminated area.

Where possible, disrobe at the scene should be conducted by the casualty themselves and should be systematic to avoid transferring any contamination from clothing to the skin. Consideration should be given to ensuring the welfare and dignity of casualties as far as possible.

### Improvised decontamination

Improvised decontamination is an immediate method of decontamination prior to the use of specialised resources. This should be performed on all contaminated casualties, unless medical advice is received to the contrary. Improvised dry decontamination should be considered for an incident involving chemicals **unless the agent appears to be corrosive or caustic**.

### Improvised dry decontamination

- any available dry absorbent material can be used such as kitchen towel, paper tissues (eg blue roll) and clean cloth
- exposed skin surfaces should be blotted and rubbed, starting with the face, head and neck and moving down and away from the body

- rubbing and blotting should not be too aggressive, or it could drive contamination further into the skin
- all waste material arising from decontamination should be left in situ, and ideally bagged, for disposal at a later stage

#### Improvised wet decontamination

- water should only be used for decontamination where casualty signs and symptoms are consistent with exposure to caustic or corrosive substances such as acids or alkalis
- wet decontamination may be performed using any available source of water such as taps, showers, fixed installation hose-reels and sprinklers
- when using water, it is important to try and limit the duration of decontamination to between 45 and 90 seconds and, ideally, to use a washing aid such as cloth or sponge
- improvised decontamination should not involve overly aggressive methods to remove contamination as this could drive the contamination further into the skin
- where appropriate, seek professional advice on how to dispose of contaminated water and prevent run-off going into the water system

#### Additional notes

- following improvised decontamination, remain cautious and observe for signs and symptoms in the decontaminated person and in unprotected staff
- if water is used to decontaminate casualties this may be contaminated, and therefore hazardous, and a potential source of further contamination spread
- all materials (paper tissues etc) used in this process may also be contaminated and, where possible, should not be used on new casualties
- the risk from hypothermia should be considered when disrobe and any form of wet decontamination is carried out
- people who are contaminated should not eat, drink or smoke before or during the decontamination process and should avoid touching their face
- consideration should be given to ensuring the welfare and dignity of casualties as far as
  possible. Immediately after decontamination the opportunity should be provided to dry
  and dress in clean robes/clothes

### Interim wet decontamination

Interim decontamination is the use of standard fire and rescue service (FRS) equipment to provide a planned and structured decontamination process prior to the availability of purpose-designed decontamination equipment.

### Decontamination at the scene references

National Ambulance Resilience Unit. Joint Emergency Services Interoperability Programme (JESIP). Initial operational response to a CBRN incident. Version 1.0, September 2013.

NHS England. Emergency Preparedness, Resilience and Response (EPRR). Chemical incidents: planning for the management of self-presenting patients in healthcare settings. April 2015.

## **Clinical Decontamination and First Aid**

Clinical decontamination is the process where trained healthcare professionals using purpose-designed decontamination equipment treat contaminated people individually.

Detailed information on clinical management can be found on TOXBASE – www.toxbase.org.

### Important note

- once body surface contaminants have been removed or if your patient was exposed by ingestion or inhalation the risk that secondary care givers may become contaminated is very low. Secondary carers should wear standard hospital PPE as a precaution against secondary contamination from vomit and body fluids
- if the patient has not been decontaminated following surface contamination, secondary carers must wear appropriate NHS PPE for chemical exposure to avoid contaminating themselves. The area should be well ventilated

### Clinical decontamination following surface contamination

- carry out decontamination after resuscitation
- this should be performed in a well-ventilated area preferably with its own ventilation system
- contaminated clothing should be removed, double-bagged, sealed and stored safely
- decontaminate open wounds first and avoid contamination of unexposed skin
- any particulate matter adherent to the skin should be removed and the patient washed with soap and water under low pressure for at least 10 – 15 minutes
- pay particular attention to mucous membranes, moist areas such as skin folds, fingernails and ears

### Dermal exposure

- decontaminate (as above) the patient following surface contamination
- other supportive measures as indicated by the patient's clinical condition

### Ocular exposure

- remove contact lenses if present
- anaesthetise the eye with a topical local anaesthetic (eg oxybuprocaine, amethocaine or similar); however, do not delay irrigation if local anaesthetic is not immediately available
- immediately irrigate the affected eye thoroughly with 1,000 mL 0.9% saline or equivalent crystalloid (for example via an infusion bag with a giving set) for a minimum of 10 – 15

minutes irrespective of the initial conjunctival pH. A Morgan Lens may be used if anaesthetic has been given. Aim for a final conjunctival pH of 7.5–8.0. The conjunctivae may be tested with indicator paper. Retest 20 minutes after irrigation and use further irrigation if necessary

- any particles lodged in the conjunctival recesses should be removed
- repeated instillation of local anaesthetics may reduce discomfort and help more thorough decontamination; however, prolonged use of concentrated local anaesthetics is damaging to the cornea
- patients with corneal damage and those whose symptoms do not resolve rapidly should be referred **urgently** to an ophthalmologist
- other supportive measures as indicated by the patient's clinical condition

### Inhalation\Ingestion

- maintain a clear airway and ensure adequate ventilation
- other supportive measures as indicated by the patient's clinical condition

### Health effects and decontamination references

TOXBASE	http://www.toxbase.org (accessed 08/2018)
TOXBASE	Phthalates – features and management, 12/2015
TOXBASE	Chemicals splashed or sprayed into the eyes – features and management, 06/2017
TOXBASE	Personal protective equipment and decontamination at the scene or in hospital

This document from the PHE Centre for Radiation, Chemical and Environmental Hazards reflects understanding and evaluation of the current scientific evidence as presented and referenced here.

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