

Do you know

HEPATITIS A

also affects gay
and bisexual men?

It's caught from tiny amounts
of faeces (poo) getting into
your mouth during or after sex

GET VACCINATED

Ask about vaccination
at your next sexual
health clinic visit

HOW TO AVOID HEPATITIS A:

- have the hepatitis A vaccine
- wash your hands after sex
(ideally buttocks, groin and penis too)
- use protection for fingering, rimming and fisting
- change condoms between anal and oral sex
- avoid sharing sex toys

For more information and the symptoms
of hepatitis A, visit www.nhs.uk/hepa



Public Health
England

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STARTS
WITH
ME

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