



Rider's log book: core modules

This record helps you and your trainer monitor your progress towards a lifetime of safe riding.

Name:

Date:

Modules covered	Red	Amber	Green	Notes
Structured planned approach to riding				
Defensive riding and hazard awareness				
Progress - Use of speed				
Overtaking - filtering				
Bends and corners				
Slow control				
Developing the correct attitude				

How to use the rider's log book

Use the rider's log book to record your trainee's progress. It will help:

- you to record detailed progress on a session-by-session basis, before an overall grading is awarded
- your trainee to see the progress they have made and identify the modules yet to be covered

When the log book is completed, it will show all the modules linked to safe riding have been covered to a satisfactory level. Your trainee should keep the completed log book.

Marking system

For each module, tick the appropriate grade for the level of ability shown during that session.

Grade	Definition
Red	The trainee's riding has not reached the standard needed. Extra training is needed.
Amber	The trainee has achieved the standard needed. Areas that need further development have been identified.
Green	The trainee's riding was to a high standard, meeting most or all requirements.

The mark should only reflect your trainee's skill in that particular topic. Some modules need more than one skill, for example, slow speed manoeuvring includes observation, control and accuracy. The grade you give should reflect the overall performance for each module.

Rider attitude is a feature of many of the development areas; this highlights the importance of having the correct attitude and approach to the whole concept of safe riding.

Help using the log book

Contact DVSA to get help using the log book.

DVSA enhanced rider scheme team

ers@dvsa.gov.uk

Telephone: 0115 936 6542

Monday to Friday, 9am to 5pm

Find out about call charges at www.gov.uk/call-charges

You can also write to DVSA.

DVSA Enhanced Rider Scheme
Driver and Vehicle Standards Agency
The Axis Building
112 Upper Parliament Street
Nottingham
NG1 6LP



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This publication is also available on our website at www.gov.uk/government/publications/record-your-trainees-dvsa-enhanced-rider-scheme-training

DVSA enhanced rider scheme: core modules

Source material

All core modules have been broken down and require knowledge of particular legal responsibilities, which may need to be covered.

For detailed information about these or any other area, refer to the source material:

- The Official DVSA Guide to Riding - the essential skills
- Motorcycle Roadcraft, the Police Rider's Handbook
- The Highway Code
- Know your traffic signs
- vehicle handbook
- www.gov.uk

Structured planned approach to riding

To keep us safe on the road we all need to use a system to help plan and deal with hazards.

When you took your motorcycle test, you may remember using either:

- observation, signal, manoeuvre – position, speed, look (OSM-PSL)
- information, position, speed, gear, acceleration (IPSGA)

Skills and knowledge

- Correct and effective use of OSMPSL/IPSGA for all road and traffic situations
- Riding with confidence and assertiveness not aggression
- Hazard perception

DVSA enhanced rider scheme: core modules

Defensive riding and hazard awareness

As roads get ever busier, it is essential that you look and plan well ahead. Avoid putting yourself in a situation where you are trying to do too many things at once, get yourself ahead of the game by:

- staying in control enhance your awareness and planning skills
- learning how to be more aware of other road users, including cyclists, drivers, animals and pedestrians
- understanding how the weather conditions affect you as a rider
- developing an early awareness of emergency vehicles and knowing how to deal with them
- developing an early awareness of aggressive road users and knowing how to deal with them

Skills and knowledge

- OSM PSL / IPSGA
- Scanning and prioritising – what if?
- Times and places of high risk
- Control of speed
- Reaction time to hazards
- Weather and road conditions
- Avoid distractions – phone and so on
- Visual and audible warnings – sat nav, Bluetooth and so on

Progress and use of speed

When riding you should be particularly aware of your speed and always ride at a speed appropriate to what is happening around you.

- Ride safely and within your limits
- Learn how to make progress when it is safe to do so.
- Avoid being hesitant – enhance your planning skills at junctions and roundabouts

Skills and knowledge

- National speed limits
- Restricted speed limits
- Planning / awareness
- Road and weather conditions
- Traffic conditions
- Other road users' limitations (speed)
- Pedestrian activity
- Stopping distances

DVSA enhanced rider scheme: core modules

Overtaking - filtering

The big advantage of riding a motorcycle is that overtaking slower vehicles can be completed quicker and safer. However, there are some simple rules you need to follow.

Do not overtake unless it is necessary, for example don't rush to get past someone only to turn off shortly afterwards.

Do not overtake near a hazard.

Many riders regularly filter, it can be great way to save time when faced with stationary traffic, again there are some rules you need to follow.

Filtering requires great care and can expose you to additional hazards. Ask yourself is it necessary, is it safe, is it legal.

Skills and knowledge

- OSM PSL/IPSGA
- Safe and appropriately timed overtaking
- Oncoming vehicles – Junctions layby's
- Limited space, stationary vehicles, queueing traffic
- Legal – White lines – Road markings – speed – Rider attitude

Bends and corners

Anyone who rides a motorcycle will tell you that getting a series of bends right is the most enjoyable part of their riding, unfortunately getting a bend wrong can have serious consequences, you need to ensure you:

- look and plan well ahead for any warning signs
- learn how to use a safe system to negotiate bends
- understand how counter-steering effects your machine

Skills and knowledge

- Correct position
- OSM PSL / IPSGA
- Limit Point / vanishing point
- Counter steering
- Planning and anticipation
- Judgement
- Hazards / braking on bends
- Observational links
- Road Markings
- Use of controls, brakes, throttle, steering

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Slow control

Slow-speed riding techniques are invaluable when riding in slow moving traffic, filtering or negotiating junctions to name a few. As a motorcyclist, you would want to be able to ride at low speed with total confidence in your ability.

You will learn expert slow control and co-ordination skills.

Skills and knowledge

- Slow control techniques – co-ordinated use of controls
- Steering and counter balance
- Observation

Developing the correct rider attitude

A key theme that runs through everything we do as a rider is having the right attitude, it is important to understand and consider:

- accepting responsibility for yourself and showing due care and consideration for other road users
- being patient – avoid confrontation with other road users
- allowing for the mistakes of others and even your own

Skills and knowledge

- Dealing with other road users.
- Over reaction, showing good manners.
- Fatigue, weather, health, alcohol/drugs, distraction
- Safe habits, responsible attitude, own actions