

# **Risk of mix-ups between insulin Fiasp<sup>®</sup>▼ (fast-acting insulin aspart) and Tresiba<sup>®</sup> (basal insulin degludec)**

## **Direct Healthcare Professional Communication**

16 April 2018

Dear Healthcare Professional,

Novo Nordisk A/S in agreement with the European Medicines Agency and the Medicines and Healthcare Products Regulatory Agency (MHRA) would like to inform you of the following:

### **Summary**

- Cases have been reported where patients have mistakenly administered the mealtime insulin Fiasp<sup>®</sup> (currently available as yellow pens) instead of the basal insulin Tresiba<sup>®</sup> (available as light green pens) or vice versa.
- Such mix-ups can have serious clinical consequences, specifically hypo- or hyperglycaemia.
- Advise patients using both products to be extra vigilant and always check the name of the insulin before each injection to make sure that they administer the correct insulin.
- To strengthen the differentiation between the products, from 01 June 2018 Fiasp<sup>®</sup> will be available as red and yellow cartridges, pre-filled pens and vials (see Figure 1 below).

### **What to be aware of while dispensing existing products**

- Check if the patient also uses Tresiba<sup>®</sup>.
- If so, remind the patient of the risk of mix-ups and the need for extra vigilance.
- Advise them to check the name of the insulin before each injection and to take extra care if preparing injections in poor light.
- Advise patients to contact their diabetes nurse or doctor or their GP immediately if they do mix up injections

## Background information

A new colour for Fiasp<sup>®</sup> products will be introduced from 01 June 2018 in order to increase differentiation (see illustrations). Until the colour change of Fiasp<sup>®</sup> products has been fully implemented patients should be extra vigilant.

Figure 1. New Fiasp<sup>®</sup> presentation:



Cases have been reported where patients have mistakenly administered mealtime Fiasp<sup>®</sup> instead of basal insulin Tresiba<sup>®</sup> mainly due to similarity in colour between the products. Poor lighting conditions have contributed to some of the mix-ups.

Figure 2. Current Fiasp<sup>®</sup> and Tresiba<sup>®</sup> presentation:



## Call for reporting

Adverse reactions relating to Fiasp<sup>®</sup> or Tresiba<sup>®</sup>, including medication errors should be reported to Novo Nordisk [Customer Care Centre 0845 6005055] or to local authorities: MHRA Yellow Card Scheme Website: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store.

## Company contact point

Further information can be obtained at [novonordisk.com](http://novonordisk.com) or by contacting Novo Nordisk Limited Customer Care Centre 0845 6005055.

Kind regards,

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