

Annual Report 2017

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Contents

Foreword	1
About the committee	2
SACN's work in 2017	3
SACN's working groups and subgroup	4
Subgroup on Maternal and Child Nutrition	4
Saturated Fats Working Group	5
Joint SACN-COT Working Group on the timing of introduction of allergenic foods into the infant of	
Joint SACN/COT Potassium-based Sodium Replacers Working Group	6
Joint SACN / NHS England / Diabetes UK Working Group to review the evidence on lower carbohydrate diets (alongside higher fat and/or higher protein) compared to current government advice for adults with type 2 diabetes	
Annex 1	7
SACN's terms of reference	7
Annex 2	8
Membership of the committee	8
Membership of the Subgroup on Maternal and Child Nutrition (SMCN)	10
Membership of the Saturated Fats Working Group	11
Membership of the Joint SACN/COT Working Group on the timing of introduction of allergenic foods into the infant diet	11
Membership of the Joint SACN/COT Potassium-based Sodium Replacers Working Group	12
Membership of the joint SACN / NHS England / Diabetes UK Working Group to review the evide on lower carbohydrate diets (alongside higher fat and/or higher protein) compared to current government advice for adults with type 2 diabetes	
Annex 3	14
Committee members' biographies	14
Biographies for those who are not members of SACN	17
Subgroup on Maternal and Child Nutrition (SMCN)	17
Saturated Fats Working Group	18
Joint SACN/COT Working Group on the timing of introduction of allergenic foods into the infant c	
Joint SACN/COT Potassium-based Sodium Replacers Working Group	19
Joint SACN / NHS England / Diabetes UK Working Group to review evidence on the impact of lo carbohydrate / high fat diets for people with type 2 diabetes compared to current government advice on markers / clinical outcomes	
Annex 4	22
Remuneration and committee finance	22
Annex 5 Declarations of interest	23
SACN Main Committee	23

SACN Subgroup on Maternal and Child Nutrition (SMCN)	. 56
SACN Saturated Fats Working Group	.66
Joint SACN / COT Working Group on the timing of introduction of allergenic foods into the infant diet	
Joint SACN / NHS England / Diabetes UK Working Group on low carbohydrate / high fat diets fo beople with type 2 diabetes	

Foreword

It is my pleasure to introduce the 17th annual report of the Scientific Advisory Committee on Nutrition (SACN) which covers the work of the committee in 2017.

Following a public consultation, the committee published its report *Update on Folic Acid and Health* in July 2017. The report was a review of evidence published since the committee's previous reports (in 2006 and 2009) and focused on potential adverse effects of folate and folic acid. The report concluded that the evidence considered did not provide a substantial basis for changing SACN's previous recommendation for mandatory folic acid fortification of flour. SACN worked closely with Food Standards Scotland, who had requested that the work be undertaken and who conducted a parallel piece of work on modelling fortification options. This report was the product of hard work over a short time period and on behalf of SACN I would like to thank all those involved.

In July the Committee also published for consultation a review of the evidence on *Feeding in the First Year of Life*. There was an excellent response to the consultation and we aim to publish the final version of this report in 2018. I wish to thank the Committee on Toxicity of Chemicals in Food, Consumer Products and the Environment (COT) for working with us on an important element of this work – the timing of the introduction of allergenic foods into the infant diet. As well as working hard on developing this report, the Subgroup on Maternal and Child Nutrition began to scope its next major report on feeding children from 12 to 60 months of age. The work will start in earnest in 2018. On behalf of SACN I would like to that SMCN members for all their work. In particular, I would like to thank Dr Tony Williams, who stood down as the Chair of SMCN in 2017, for his invaluable expertise and dedication for over 15 years.

SACN published its position statement on *Potassium Based Sodium Replacers: Assessment of the Benefits of Increased Potassium Intakes to Health* in November 2017. SACN worked closely with COT to also produce a position statement on *Potassium Based Sodium Replacers: Assessment of the Health Benefits and Risks of Using Potassium Based Sodium Replacers in Foods in the UK.* I wish to thank COT for working with us on this statement and other deliberations through the year.

The Saturated Fat Working Group is continuing to make good progress in drafting its report on *Saturated Fat and Health* which we are aiming to publish for consultation in 2018. SACN also made good progress with its position statement on *Nutrition, cognitive impairment and dementias* which we also aim to publish in 2018.

This year a joint working group was established with NHS England and Diabetes UK to review evidence on lower carbohydrate diets (alongside higher fat and/or higher protein) compared to current government advice for adults with type 2 diabetes. I look forward to seeing this work progress in 2018.

Finally, I would like to thank members of the main committee, its Wworking groups and subgroup, and the secretariat, for their commitment to the work of SACN in 2017.

Professor Ann Prentice

Chair

About the committee

SACN is a UK wide advisory committee providing advice to Public Health England (PHE) as well as other government agencies and departments. Its remit includes matters concerning nutrient content of individual foods, advice on diet and the nutritional status of people.

Members are appointed as independent scientific experts on the basis of their specific skills and knowledge. There is also a lay member and a member to represent consumers.

SACN is supported in its work by a secretariat provided by Public Health England. The secretariat members have scientific expertise that enables them to provide SACN members with comprehensive background information and briefing papers to inform the decision-making processes of the committee.

SACN's terms of reference are shown at Annex 1.

Openness

SACN is committed to a policy of openness and engagement. Papers for the committee's meetings, agendas and minutes are posted on the <u>committee website</u>, subject to certain exceptions on grounds of commercial or other sensitive information. As part of the policy of openness, all of the committee's three main meetings are held in open session by default.

Membership

Details of membership of the committee, its working groups and subgroup can be found in Annex 2. Biographies of all members are provided in Annex 3.

Remuneration and committee finance

Remuneration and committee finances are shown in Annex 4.

Declaration of interests

Members must declare all their interests at the time of their appointment and must promptly notify the secretariat of any changes. Before, or at the start of every meeting, members are asked to declare any changes to their interests, which are recorded in the minutes. It is the responsibility of each member to indicate if they have an interest in any item of business on the agenda of a meeting of SACN or its subgroup or working groups. SACN's policy on identifying and declaring interests and handling any potential or actual conflict of interests is set out in SACN's SACN Code of Practice.

A <u>register of members' interests</u> is maintained on SACN's website; the register is updated as soon as possible after an interest is declared. A snapshot of the register of interests is included in Annex 5.

Procedures

Meeting agendas are compiled from a number of sources including outstanding items from previous meetings, items suggested by the committee, outside bodies including other Scientific Advisory Committees as well as items brought forward from the committee's work programme. Updates from SACN working group, its subgroup and from colleagues in Scotland, Wales and Northern Ireland are regular features on the agenda.

SACN's work in 2017

This is the seventeenth annual report of SACN and covers the calendar year 2017.

The main committee met three times in 2017, on 16 March, 19 June and 10 October. Professor Ann Prentice chaired all SACN main meetings in 2017.

The Subgroup on Maternal and Child Nutrition (SMCN) met three times in 2017, on 28 February, 22 May and 31 October, and held two additional drafting meetings.

The Saturated Fats Working Group met five times in 2017, on 27 January, 10 March, 12 May, 20 July and 9 November, and held one teleconference meeting.

The joint SACN/COT Working Group on the timing of introduction of allergenic foods into the infant diet met once in 201, on 17 March.

The small group of SACN members involved in the review of folic acid and health briefly met to discuss the draft report pre-publication on 12 May. They also held a teleconference on the 15 May.

The Joint SACN / NHSE / Diabetes UK working group on lower carbohydrate diets (alongside higher fat and/or higher protein) compared to current government advice for adults with type 2 diabetes met for the first time in 2017, on 30 October.

The position statements on potassium based sodium replacers were developed through the main SACN committee meetings and via email.

The position statement on diet, cognition and dementias was developed through the main SACN committee meetings and via email.

Work Programme

The following issues were on the committee's main work programme:

- complementary and young child feeding
- folic acid
- lower carbohydrate diets (alongside higher fat and/or higher protein) compared to current government advice for adults with type 2 diabetes
- nutrition and cognitive impairment
- potassium-based sodium replacers
- saturated fats and health.

Forward Look

The following issues were highlighted for future consideration:

- health of women of reproductive age
- dietary requirements of older people
- nutritional implications of new food technologies and processes
- nutrition and ethnicity in the UK.

Watching Brief

The committee agreed to keep a watching brief on the following items:

- iodine status of the UK population: to revisit when further evidence is available, including that from a study Assessing iodine status and associated health outcomes in British women during pregnancy, commissioned on behalf of SACN
- folic acid fortification
- sustainable healthy diet: to contribute to public health nutrition messages where needed
- dietary fat consumption: percentage of total fat in the diet.

SACN's working groups and subgroup

The committee has working groups and a subgroup comprising SACN members and co-opted specialists. These groups develop recommendations and advice on specific areas of public health nutrition. The following groups were active during 2017:

- Subgroup on Maternal and Child Nutrition
- Saturated Fats Working Group
- Joint SACN/COT Working Group on the timing of introduction of allergenic foods into the infant diet.
- Joint SACN / NHSE / Diabetes UK Working Group to review evidence on lower carbohydrate diets (alongside higher fat and/or higher protein) compared to current government advice for adults with type 2 diabetes.

These groups report back on progress to the main committee at each SACN meeting.

Subgroup on Maternal and Child Nutrition

Background

The Subgroup on Maternal and Child Nutrition (SMCN) was set up as a specialist standing group to advise Government on issues relating specifically to maternal and child nutrition, an area on which Health Departments need regular scientific advice for policy-making and regulatory purposes.

Terms of reference

The terms of reference for SMCN are to advise, through SACN, on such aspects of maternal and child diet and nutrition, as are referred to it by PHE, the UK Health Departments and SACN.

Activity

In 2017, the work of SMCN focused on a major review of the scientific evidence underpinning recommendations on feeding in the first year of life. The terms of reference and scope of the work were agreed by SACN in 2011. At its meetings in February and May 2017, the subgroup discussed the draft report; a number of editorial amendments were suggested and the secretariat developed the text in line with these comments. The draft report was issued for consultation for 8 weeks between July and September 2017 and 29 responses from interested parties were received. SMCN considered the consultation responses at its meeting in October and made a series of amendments to the draft report based on the comments received. A drafting group comprising the secretariat, Chair and several SMCN members also met in December to progress revisions to the report.

To support the development of the *Feeding in the First Year of Life* report, the Committee on Toxicity of Chemicals in Food, Consumer Products and the Environment (COT) was asked by the Department of Health to conduct a review of the risks of toxicity from chemicals in the infant diet, and examine the evidence relating to the influence of infant diet on the development of food allergy, and atopic and auto-immune disease. In 2016, a joint SACN-COT working group was established to consider the timing of the introduction of peanut and hen's egg to the infant diet. The working group met on one occasion in 2017 (in March) and a joint SACN-COT statement was published in July. The conclusions of the SACN-COT statement were reflected in SACN's draft report on *Feeding in the First Year of Life*.

SMCN started to consider the scope of its next major review on feeding children aged 12 to 60 months. Following initial consideration at its meeting in May, a scoping meeting was held in October to progress this work. The work will start in earnest in 2018.

In other work in 2017, SMCN continued to consider gaps in infant feeding data collection in the absence of the Infant Feeding Survey.

Dr Tony Williams stood down as Chair of SMCN in February 2017. He was replaced as Chair by an existing SMCN member, Professor Ken Ong.

Saturated Fats Working Group

Background

The Saturated Fats Working Group was established in 2015 to examine the evidence linking dietary fats and health outcomes following discussion by the main SACN Committee of the need to address issues that have been raised by some commentators and a direct request from Food Standards Scotland.

Terms of reference

- Review the evidence for the relationship between saturated fats and health and make recommendations.
- Review evidence on the association between saturated fats and key risk factors and health outcomes at different life stages for the general UK population.

Activity

The Saturated Fats Working Group held five meetings in 2017 and conferred by teleconference in September.

Throughout 2017 the group considered the evidence included in the review.

At their March meeting the group considered additional research identified by an interested party that met the inclusion criteria for the review.

At the meetings in January, March and May, the working group considered the approach to statistical models in meta-analyses reported in the included papers. This issue was also discussed with SACN members at their meeting in June and a way forward was agreed.

At the meetings in January, March, May and July, the working group focused on drafting the outcome chapters on the impact of saturated fat intake on cardiovascular diseases, blood lipids, blood pressure, type 2 diabetes and markers of glycaemic control, cancers, weight change, gestational weight gain, and dementias and cognitive function.

At its teleconference in September and meeting in November the group focused on comments from SACN members on the draft report and also made a number of revisions to ensure clarity and consistency as well as developing the summary, conclusions and recommendations.

Joint SACN-COT Working Group on the timing of introduction of allergenic foods into the infant diet

Background

The joint SACN-COT Working Group on the timing of introduction of allergenic foods into the infant diet was established in 2016 with a joint SACN and Food Standards Agency (FSA) secretariat.

Terms of reference

- In light of the work being undertaken as part of the SACN review on *Feeding in the First Year* of *Life* and COT's statement on timing of allergenic food introduction, to undertake a benefit:risk assessment on the timing of introduction of allergenic foods (hen's egg and peanut) into the infant diet.
- Based on that benefit:risk assessment, to provide integrated advice to the UK health departments.

Activity

The group held its second meeting on 17 March 2017. At this meeting, members considered background to the work to date; an analysis of the evidence being considered (including a newly available secondary analysis of data); and the benefit risk analysis. Members agreed the format and overarching content of the statement and drafted conclusions and recommendations. Further work on the statement was agreed by email and signed off by the independent Chair. The draft statement was further progressed via correspondence and signed off by the independent Chair, ahead of consideration at meetings of SMCN in May, SACN in June and COT in July. The statement was published in July 2017.

Joint SACN/COT Potassium-based Sodium Replacers Working Group

Background

This joint SACN-COT Potassium-based Sodium Replacers Working Group was set up in 2015.

Terms of reference

- COT and SACN to work together to undertake a risk-benefit analysis of the use of potassiumbased sodium replacers in foods, with particular consideration of the effects in vulnerable groups.
- Based on that risk-benefit analysis, to agree integrated advice for SACN to provide to the Department of Health.

Activity

The joint working group did not meet in 2017 but finalised the text of the report at SACN meetings and by email. The assessment of the health benefits and risks of using potassium-based sodium replacers in foods in the UK was published in November 2017.

Joint SACN / NHS England / Diabetes UK Working Group to review the evidence on lower carbohydrate diets (alongside higher fat and/or higher protein) compared to current government advice for adults with type 2 diabetes

Background

PHE asked SACN to review the evidence on lower carbohydrate diets (alongside higher fat and/or higher protein) compared to current government advice for adults with type 2 diabetes. To take this review forward, NHS England and Diabetes UK were approached to form a joint working group with SACN. The group is jointly chaired by representatives from SACN (Professor Ian Macdonald) and Diabetes UK (Mr Douglas Twenefour) and includes other members of SACN (Professors Peter Aggett and Ian Young), representatives from Diabetes UK, a general practitioner, a physician and a person living with type 2 diabetes. The group will be observed by other government departments, NHS England and the National Institute for Health and Care Excellence (NICE).

Activity

At its first meeting in October, the joint working group received background information on SACN's approach to assessing evidence and Diabetes UK's existing position statement on low carbohydrate diets. Members considered the draft terms of reference for the group; the proposed approach for assessing the evidence; ways of working; the proposed timeline; and a suggested template for the draft report.

Annex 1

SACN's terms of reference

SACN is an advisory committee that replaced the Committee on Medical Aspects of Food and Nutrition Policy (COMA). It advises the Government and is supported by a PHE secretariat.

Its advice covers scientific aspects of nutrition and health with specific reference to:

- nutrient content of individual foods and advice on diet as a whole including the definition of a balanced diet
- nutritional status of people in the UK and how it may be monitored
- nutritional issues which affect wider public health policy issues including conditions where nutritional status is one of a number of risk factors (e.g. cardiovascular disease, cancer, osteoporosis and obesity)
- nutrition of vulnerable groups (e.g. infants and the elderly) and health inequality issues
- research requirements for the above.

All members and the secretariat regard it as part of their role to:

- examine and challenge if necessary the assumptions on which scientific advice is formulated and ask for explanations of any scientific terms and concepts which are not clear
- ensure that SACN has the opportunity to consider contrary scientific views and the concerns and values of stakeholders before a decision is take
- ensure that SACN's advice is clear and comprehensible.

SACN has a UK wide remit and observers from the devolved administrations attend SACN main meetings.

Annex 2

Membership of the committee

Chair Professor Ann Prentice Director, MRC Elsie Widdowson Laboratory, Cambridge

Deputy Chair Professor Peter Aggett

Honorary Professor, School of Medicine and Health, Lancaster University, and Emeritus Professor and Past Head of Lancashire School of Postgraduate Medicine and Health, University of Central Lancashire

Other members

Ms Gill Fine Public Health Nutritionist

Professor Paul Haggarty Deputy Director, Rowett Institute of Nutrition and Health, University of Aberdeen

Professor Timothy Key Professor of Epidemiology and Deputy Director of Cancer Epidemiology Unit, University of Oxford

Professor Susan Lanham-New Head of the Nutritional Sciences Department, University of Surrey

Professor Julie Lovegrove Professor of Human Nutrition, Head of the Hugh Sinclair Unit of Human Nutrition and Deputy Director for the Institute for Cardiovascular & Metabolic Research, University of Reading

Professor Ian Macdonald Professor of Metabolic Physiology, School of Life Sciences, University of Nottingham

Professor Harry J McArdle Professor Emeritus of Biomedical Sciences, Rowett Institute of Nutrition and Health, University of Aberdeen Honorary Professor of Biological Sciences, University of Nottingham

Dr David Mela (Industry member) Senior Scientist, Unilever R&D Vlaardingen, The Netherlands

Professor Ken Ong Professor of Paediatric Epidemiology, MRC Epidemiology Unit and Department of Paediatrics, University of Cambridge

Mrs Gemma Paramor (Lay member) Finance professional in accounting and fund management

Professor Hilary Powers Professor Emeritus of Nutritional Biochemistry, Department of Oncology and Metabolism, University of Sheffield Professor Monique Raats

Director of the Food, Consumer Behaviour and Health Research Centre and Associate Dean Research and Innovation for the Faculty of Health and Medical Sciences, University of Surrey

Professor Angus Walls Professor of Restorative Dentistry and Director of the Edinburgh Dental Institute, University of Edinburgh

Dr Stella Walsh (Consumer member)

Professor Charlotte Wright Professor of Community Child Health, School of Medicine Dentistry and Nursing, University of Glasgow

Professor Ian Young Professor of Medicine, Queen's University Belfast

Observers Dr Joanne Casey Food Standards Agency Northern Ireland

Dr Naresh Chada Department of Health, Social Services and Public Safety, Northern Ireland

Professor Louis Levy Public Health England

Ms Anne Milne Food Standards Agency Scotland

Ms Sarah Rowles The Welsh Assembly, Health Promotion Division

Secretariat Public Health England

Dr Adrienne Cullum Ms Rachel Elsom Ms Sheila Katureebe Ms Goda Kijauskaite Ms Jennifer Lynas Mr Alastair McArthur Ms Emma Peacock Ms Mamta Singh Mr Heiko Stolte Ms Gillian Swan Ms Emily Watson

Membership of the Subgroup on Maternal and Child Nutrition (SMCN)

Chair Professor Ken Ong (SACN member and SMCN Chair from May 2017) Professor of Paediatric Epidemiology, MRC Epidemiology Unit and Department of Paediatrics, University of Cambridge

> Dr Anthony Williams (SMCN Chair until February 2017) Formerly, Reader in Child Nutrition and Consultant in Neonatal Paediatrics, St George's, University of London

Other members

Professor Peter Aggett (SACN Deputy Chair) Honorary Professor, School of Medicine and Health, Lancaster University, and Emeritus Professor and Past Head of Lancashire School of Postgraduate Medicine and Health, University of Central Lancashire.

Professor Annie Anderson (External expert) Professor of Food Choice, Centre for Public Health Nutrition Research, University of Dundee

Professor Alan Jackson (External expert) National Institute for Health Research (NIHR) Director of Nutrition Research and Chair of Cancer and Nutrition Infrastructure Collaboration

Professor Mairead Kiely (External expert) Cork Centre for Vitamin D and Nutrition Research, School of Food and Nutritional Sciences, College of Science Engineering and Food Science, Irish Centre for Fetal and Neonatal Translational Research [INFANT], College of Medicine and Health University College Cork, Ireland.

Professor Ann Prentice (SACN Chair) Director, MRC Elsie Widdowson Laboratory, Cambridge

Professor Monique Raats (SACN member) Director of the Food, Consumer Behaviour and Health Research Centre and Associate Dean Research and Innovation for the Faculty of Health and Medical Sciences, University of Surrey

Professor Siân Robinson (External expert) Professor of Nutritional Epidemiology at the MRC Lifecourse Epidemiology Unit, University of Southampton

Dr Stella Walsh (SACN member) Consumer member

Professor Angus Walls (co-opted SACN member) Professor of Restorative Dentistry and Director of the Edinburgh Dental Institute

Professor Charlotte Wright (SACN member) Professor of Community Child Health, School of Medicine Dentistry and Nursing, University of Glasgow

Membership of the Saturated Fats Working Group

Chair Professor Paul Haggarty (SACN member) Deputy Director, Rowett Institute of Nutrition and Health, University of Aberdeen

Other members

Professor Jules Griffin (External expert) University of Cambridge and Elsie Widdowson Laboratory

Professor Timothy Key (SACN member) Professor in Epidemiology and Deputy Director of Cancer Epidemiology Unit, University of Oxford

Professor Mairead Kiely (SMCN member) Cork Centre for Vitamin D and Nutrition Research, School of Food and Nutritional Sciences, College of Science Engineering and Food Science, Irish Centre for Fetal and Neonatal Translational Research [INFANT], College of Medicine and Health University College Cork, Ireland

Professor Julie Lovegrove (SACN Member) Professor of Human Nutrition, Head of the Hugh Sinclair Unit of Human Nutrition and Deputy Director for the Institute for Cardiovascular & Metabolic Research at the University of Reading

Dr David Mela (SACN member) Senior Scientist, Unilever R&D Vlaardingen, The Netherlands

Mrs Gemma Paramor (SACN member) Finance professional in accounting and fund management

Professor Ian Young (SACN member) Professor of Medicine, Queen's University Belfast

Membership of the Joint SACN/COT Working Group on the timing of introduction of allergenic foods into the infant diet

Chair Professor Mike Kelly (External expert) Senior Visiting Fellow in the Department of Public Health and Primary Care at the Institute of Public Health at the University of Cambridge

Other members

Dr Anthony Williams (SMCN Chair) Formerly, Reader in Child Nutrition and Consultant in Neonatal Paediatrics, St George's, University of London

Professor Peter Aggett (SACN Deputy Chair) Honorary Professor, School of Medicine and Health, Lancaster University, and Emeritus Professor and Past Head of Lancashire School of Postgraduate Medicine and Health, University of Central Lancashire.

Professor Ken Ong (SACN member and SMCN Chair) Professor of Paediatric Epidemiology, MRC Epidemiology Unit and Department of Paediatrics, University of Cambridge Professor Alan Boobis (COT Chair) Professor of Biochemical Pharmacology and Director of Toxicology Unit in the Faculty of Medicine, Imperial College London

Dr René Crevel (COT member) Science Leader, Allergy & Immunology, Unilever

Dr Paul Turner (External expert)

Clinical Senior Lecturer, Faculty of Medicine, Dept. of Medicine, Imperial College London

Membership of the Joint SACN/COT Potassium-based Sodium Replacers Working Group

Chair Professor Ann Prentice (SACN Chair) Director, MRC Elsie Widdowson Laboratory, Cambridge

> Professor Alan Boobis (COT Chair) Professor of Biochemical Pharmacology and Director of Toxicology Unit in the Faculty of Medicine, Imperial College London

Other members

Professor Peter Aggett (SACN Deputy Chair) Honorary Professor, School of Medicine and Health, Lancaster University, and Emeritus Professor and Past Head of Lancashire School of Postgraduate Medicine and Health, University of Central Lancashire.

Professor Julie Lovegrove (SACN member) Professor of Human Nutrition, Head of the Hugh Sinclair Unit of Human Nutrition and Deputy Director for the Institute for Cardiovascular & Metabolic Research, University of Reading

Professor Susan Lanham-New (SACN member) Head of the Nutritional Sciences Division, University of Surrey

Dr John Thompson (COT member) Senior Lecturer in Clinical Pharmacology, Cardiff University, Director, National Poisons Information Service, Cardiff

Professor Janet Cade (COT member) Professor of Nutritional Epidemiology and Public Health, University of Leeds Membership of the joint SACN / NHS England / Diabetes UK Working Group to review the evidence on lower carbohydrate diets (alongside higher fat and/or higher protein) compared to current government advice for adults with type 2 diabetes

- Co-Chair
 Professor Ian Macdonald

 Professor of Metabolic Physiology, School of Life Sciences, University of Nottingham
- Co-Chair Mr Douglas Twenefour Deputy Head of Care at Diabetes UK

Other members

Professor Peter Aggett Honorary Professor, School of Medicine and Health, Lancaster University, and Emeritus Professor and Past Head of Lancashire School of Postgraduate Medicine and Health, University of Central Lancashire.

Dr Pamela Dyson Research dietitian, University of Oxford and diabetes specialist dietitian at Oxford Health NHS Foundation Trust.

Professor Nita Forouhi Programme leader, MRC Epidemiology Unit, University of Cambridge.

Dr Rachel Pryke General Practitioner and trainer in Redditch, Worcestershire.

Professor Roy Taylor Professor of Medicine and Metabolism, University of Newcastle and Honorary Consultant Physician in Newcastle.

Ms Ruth Waxman Patient representative

Professor Ian Young Professor of Medicine, Queen's University Belfast

Observers Ms Lorraine Shuker NHS England

> Dr Monica Desai National Institute for Health and Care Excellence

Annex 3

Committee members' biographies

Professor Ann Prentice (SACN Chair)

Director, MRC Elsie Widdowson Laboratory, Cambridge. Her main research interests are nutritional aspects of bone health, rickets and osteoporosis; dietary requirements for human growth, pregnancy and lactation, and old age with particular reference to micronutrients. She has published extensive peer-reviewed articles, book chapters and reports. Professor Prentice was President of the Nutrition Society (from 2004 and 2007). She has also served on a number of national and international advisory committees, including COMA's Subgroup on Nutrition and Bone Health. She is an Honorary Professor of the University of Cambridge, University of Witwatersrand, South Africa and Shenyang Medical College, PR China, a Visiting Professor of the University of Southampton and an Honorary Doctor of the University of Surrey. She is an Honorary Fellow of the Nutrition Society, the Association for Nutrition and the Royal College of Paediatric and Child Health, and is elected as a Fellow of the International Union of Nutritional Sciences, the Academy of Medical Sciences and the Royal Society of Biology. She was appointed OBE in the Birthday Honours List of 2006.

Professor Peter Aggett (SACN Deputy Chair)

Honorary Professor, School of Medicine, Lancaster University, and Emeritus Professor and past Head of Lancashire School of Postgraduate Medicine and Health, University of Central Lancashire. Interested in trace element metabolism in health and disease. He has served on national and international advisory committees relating to clinical nutrition, public health nutrition, nutritional requirements, nutrient safety and risk assessment, such as the EC Scientific Committee on Food, the Committee on Toxicology, the Advisory Committee for Novel Foods and Processes, and the Expert Group on Vitamins and Minerals. He was a member of COMA for seven years, and is a past chair and secretary of the Committee on Nutrition of the European Society for Paediatric Gastroenterology, Hepatology and Nutrition. Past Chair of the Nutrition Committee of the Royal College of Paediatrics and Child Health, and current Chair of the Nutrition Committee of the Royal College of Physicians of London.

Ms Gill Fine

Independent Public Health Nutritionist and currently serves as a Trustee and Scientific Governor at the British Nutrition Foundation and as an Independent Board Member for AHDB Beef and Lamb Sector Board. From 2004-2010, she was the Director of Consumer Choice and Dietary Health at the Food Standards Agency and was responsible for the strategic direction and the delivery of the FSA's Eating for Health and Choice programme. This wide remit comprised nutrition, GM, supplements, organics, additives, novel foods, food standards and general food labelling. She was also responsible for agreeing the overall direction of the Agency's research portfolio across the group's remit. She has first-hand experience of a wide range of food and dietary policies and how they impact on public health. She has served on several Government committees and was previously a member of SACN from 2001-2004.

Professor Paul Haggarty

Deputy Director of the Rowett Institute of Nutrition and Health, University of Aberdeen. His research is concerned with the dietary and social determinants of health, the influence of early life events, and the individual response to diet. He works on nutrition, epigenetics and genetics relevant to pregnancy, cognition, and cancer. He edited *Nutrition in Epigenetics and Population Epigenetics*. He has served on a number of national and international advisory committees and panels including the UK Advisory Committee for Novel Foods and Processes and the EU Healthy Diet for a Healthy Life Joint Programming Initiative. He is Chair of the BBSRC Bioscience for Health Strategy Panel and a member of the BBSRC Research Advisory Panel. His research is funded by Scottish Government, ESRC/BBSRC and medical charities.

Professor Timothy Key

Professor of Epidemiology and Deputy Director of the Cancer Epidemiology Unit, University of Oxford. His research includes the interactions between nutrition and hormones, cancer and cardiovascular disease, and the long-term health of vegetarians and vegans. He is the lead investigator of the Oxford component of the European Prospective Investigation into Cancer (EPIC), which is a European-wide collaborative study, chair of the EPIC Working Group on Nutrition and Prostate Cancer, and chair of the Endogenous Hormones and Breast Cancer Collaborative Group.

Professor Susan Lanham-New

Professor of Human Nutrition and Head of the Nutritional Sciences Department at the University of Surrey. Her research focuses on nutrition and bone health with a particular focus on vitamin D. She has won a number of awards including the Nutrition Society Silver Medal for her work showing a link between acid-base homeostasis and skeletal integrity. She is editor of the first academic textbook on 'Nutritional Aspects of Bone Health. She was a member of the SACN Vitamin D Working Group and is Editor-in-Chief of the Nutrition Society Textbook Series (6 books, >65,000 copies sold). She is a member of the Nutrition Forum for the National Osteoporosis Society, a Governor and Scientific Advisory Group member of British Nutrition Foundation and the new Honorary Secretary for the Nutrition Society. She has recently been awarded Fellowship status of the Society of Biology and Fellowship status of the Association for Nutrition. She led an application for Nutritional Sciences at Surrey that has just won the 2017/2018 Queen's Anniversary Prize for Higher Education, which is the first time the Prize has been awarded to nutritional sciences.

Professor Julie Lovegrove

Professor of Human Nutrition at the University of Reading, Director of the Hugh Sinclair Unit of Human Nutrition and the Deputy Director of the Institute for Cardiovascular and Metabolic Research (ICMR). Her main areas of research interest are the investigation of nutritional influences on cardiovascular disease risk, including nutrient/gene interactions and personalised nutrition. Of particular interest are the effects of dietary fats, carbohydrates and phytochemicals on vascular reactivity, insulin resistance and lipid metabolism in different population groups. She also has experience and interest in ethical issues associated with human research and serves on a number of research ethics committees. She is Chair of the Accreditation Committee for the Association for Nutrition (AfN) and Deputy Chair of Council for AfN. She represents SACN on the project board for the National Diet and Nutritional Survey (NDNS), and is a member of the Saturated Fats Working Group and joint SACN-COT Working Group on Potassium-based Sodium Replacers. She is also a member of two ILSI working groups. She was awarded a Fellowship of the AfN in 2014.

Professor Ian Macdonald

Professor of Metabolic Physiology and completed his 4 year term as Head of the School of Life Sciences at the University of Nottingham in July 2017. His research interests are concerned with the nutritional and metabolic aspects of obesity, diabetes and cardiovascular disease, with additional interests in nutrition and metabolism in exercise. His research involves studies in healthy subjects and various patient groups, and combines whole body physiological measurements, molecular investigation of tissue samples, and dietary interventions. Editor of the International Journal of Obesity, Honorary Treasurer of the World Obesity Federation (formerly International Association for the Study of Obesity) and Honorary Treasurer of the Federation of European Nutrition Societies. He was President of the UK Nutrition Society from 2007-2010 and in 2013 was awarded a Fellowship of the Association for Nutrition and elected as a Fellow of the International Union of Nutritional Sciences. He is also a Fellow of the Royal Society of Biology. In November he was awarded the British Nutrition Foundation Prize for 2017.

Professor Harry McArdle

Deputy Director of Science and the Director of Academic Affairs at the Rowett Institute of Nutrition and Health, University of Aberdeen until January 2015. He retired in March 2016 and is currently a Professor Emeritus of Biomedical Sciences at the same Institute. Honorary Prof in Biological Sciences at University of Nottingham. His main research interests involved micronutrients and the critical role they play in growth and development and he is currently a co-applicant, with Prof Nicola Lowe of University of Central Lancashire, testing whether biofortified wheat can improve zinc status in impoverished Pakistani women. He represents SACN on the Advisory Committee on Novel Foods and Processes (ACNFP), is a member of the Minerals Working Group, Novel Foods WG and Health Claims WG for EFSA and is a member of the NDA Panel for EFSA.

Dr David Mela

Senior Scientist at Unilever R&D Vlaardingen, The Netherlands. He joined Unilever in 1998, following an academic research career in the US and UK. His main expertise is in the biological and behavioural aspects of food choice, eating behaviour and energy balance, from consumer research through energy metabolism. At Unilever, he is mainly involved with research programmes to identify and substantiate the health and nutrition benefits of product formulations and ingredients. He also provides input for the management of specific technical and regulatory issues and represents Unilever on various external academic and trade groups.

Professor Ken Ong

Professor Ong leads the Child Growth and Development programme at the MRC Epidemiology Unit, University of Cambridge and is an honorary Paediatric Endocrinologist at Cambridge University Hospitals NHS Trust. He trained in Paediatric Endocrinology in Southampton, London, Oxford and Cambridge and has a PhD in Paediatrics and MPhil in Epidemiology, both from the University of Cambridge. His MRC programme studies the genetic, epigenetic and endocrine mechanisms linking childhood growth, weight gain and pubertal timing to obesity and type 2 diabetes.

Mrs Gemma Paramor

Finance professional who has worked in both the accounting and fund management industries and is a member of the Institute of Chartered Accountants of England and Wales. In her current employment as an Investment Manager, she is focused on the healthcare sector. As a result, she is accustomed to the analysis and interpretation of scientific data, is a practiced decision-maker with a focus on risk assessment and has considerable experience of communicating complex healthcare issues to a nonexpert audience. Gemma studied Biological Sciences at Oxford University and is the mother of two children.

Professor Hilary Powers

Professor Powers is Professor Emeritus in Nutritional Biochemistry, Department of Oncology and Metabolism, at the University of Sheffield. Her research has focused on the role of B vitamins in health and disease, with specific focus on methyl donor nutrients and HPV-linked cancers, and functional biomarkers of micronutrient status. She has published extensively in this field. She represents SACN on the Project Board for the National Diet and Nutrition Survey (NDNS). Her activities in the nutrition community have included membership of the Standing Committee on Nutrition for the Royal College of Paediatrics and Child Health, of the Expert Panel for the AICR/WCRF Report into Food, Nutrition, Physical Activity and Cancer and on various Grant awarding bodies for the BBSRC and WCRF. She is co-editor of the classic textbook, Human Nutrition (OUP).

Professor Monique Raats

Director of the Food, Consumer Behaviour and Health Research Centre and Associate Dean Research and Innovation for the Faculty of Health and Medical Sciences at the University of Surrey. Her portfolio of research is wide ranging in terms of topics being addressed (e.g. food choice, policy development, food labelling), and methodologies used (e.g. qualitative, quantitative, stakeholder consultation). Since her arrival at the University of Surrey in 2000, she has played a central role in securing research funding for both national and European research projects. She has published over 125 peer-reviewed papers, 20 book chapters, and co-edited two books, "The Psychology of Food Choice" (2006) and "Food for the Ag(e)ing Population" (2008; 2nd edition 2016). She is one of the founding members and was secretary of the International Society of Behavioural Nutrition and Physical Activity.

Professor Angus Walls

Professor of Restorative Dentistry and Director of the Edinburgh Dental Institute, University of Edinburgh. His research interests focus on the oral health care problems of an ageing population at a time of marked change in oral health status. The relationships are between diet and oral diseases such as tooth wear, decay and soft tissue pathology, and the number and functional capacity of the residual dentition and foods choice. His work has embraced basic epidemiology and the development of dietary interventions to address specific problems.

Dr Stella Walsh

Experienced consumer member who has served on several government and industry committees and has responded to consultations on behalf of consumers. She is a member, and previously secretary, of the National Consumer Federation (NCF). She has a long-standing interest in food, nutrition and health. She has been a consumer member on the Institute of Grocery Distributors, and on other FSA and Defra committees. Until April 2015 she was also a consumer member on the Veterinary Residues Committee.

Professor Charlotte Wright

Professor of Community Child Health, School of Medicine and Nursing at Glasgow University and honorary consultant paediatrician at the Royal Hospital for Sick Children in Glasgow. She trained as a clinical epidemiologist. Her chief research interests are feeding and growth in infancy, under-nutrition and growth screening. In her clinical and teaching roles she is involved in a range of public health nutrition issues, particularly the promotion of breast feeding and the management of childhood obesity. She recently headed the Royal College of Paediatrics and Child Health (RCPCH) group who designed the new UK growth charts.

Professor Ian Young

Professor of Medicine at Queen's University Belfast and Deputy Medical Director and Consultant Chemical Pathologist at the Belfast Health and Social Care Trust. In addition, he is Chief Scientific Advisor to the Department of Health (NI) and Director of Health and Social Care Research and Development for Northern Ireland. His main clinical and research interests are in lipid metabolism, carbohydrate metabolism and antioxidants, particularly in relation to the prevention of cardiovascular disease. He is an author of over 350 published research papers and is on the editorial boards of a number of leading international journals. He frequently speaks at national and international meetings on lipid management and topics related to laboratory medicine.

Biographies for those who are not members of SACN

Subgroup on Maternal and Child Nutrition (SMCN)

Professor Annie Anderson

Professor of Public Health Nutrition and Co-director of the Centre for Research into Cancer Prevention and Screening at the School of Medicine, University of Dundee. Her main research interests focus on theory based, behaviourally focused dietary and obesity (population and individual) interventions with a special interest in cancer prevention, maternal nutrition and food policy. She has participated as an expert advisor for the WHO International Agency for Research on Cancer (IARC), NICE, Department of Health, Food Standards Agency and Scottish Government Advisory Committees on topics ranging from infant feeding survey design, obesity and cancer prevention to Food and Drink Policy development. She is currently Chair of the National Prevention Research Initiative (UK Medical Research Council) scientific committee.

Professor Alan Jackson

NIHR Director of Nutritional Research and Chair of the Cancer and Nutrition NIHR Infrastructure Collaboration. He was appointed to the first Chair in Human Nutrition in an undergraduate medical school in the UK in 1985. He trained in paediatrics before taking up a post caring for severely malnourished children and carrying out research to determine the adaptive mechanisms that come into play in that condition and need to be addressed for successful therapy.

Professor Mairead Kiely

Professor of Human Nutrition at the School of Food and Nutritional Sciences, University College Cork. She is Co-chair of the Cork Centre for Vitamin D and Nutrition Research and leads the Maternal and Child Nutrition Research platform at the Irish Centre for Fetal and Neonatal Translational Research (INFANT). Her research programme integrates the main themes of vitamin D and human health and the role of maternal and child nutrition in healthy growth and development. She is a member of the Public Health Nutrition Committee of the Food Safety Authority of Ireland.

Professor Siân Robinson

Professor of Nutritional Epidemiology at the MRC Lifecourse Epidemiology Unit, University of Southampton. Her main research interests are in the nutrition of women, infants and young children, and in understanding how variations in nutrition across the life course contribute to inequalities in adult health, with a particular focus on early life influences on growth and development, and effects on ageing. She has been a member of a number of advisory groups including acting as co-opted expert member of the NICE Programme Development Group to produce guidance on maternal and child nutrition in low-income families and external advisor to the Diet and Nutrition Survey of Infants and Young Children.

Dr Anthony Williams

SACN member from 2000 to 2017 and Chair of the Subgroup on Maternal and Child Nutrition from 2001 to 2017. He was formerly Reader in Child Nutrition and Consultant in Neonatal Paediatrics, St George's, University of London. Chair of COMA's Panel on Child & Maternal Nutrition and a member of COMA. He was a member of the Food Standards Agency's Expert Group on Vitamins and Minerals and cross-represented SACN on the Advisory Committee on Novel Foods and Processes between 2003 and 2007. Between 2006 and 2008 he chaired the NICE Centre for Public Health Excellence producing guidance on maternal and child nutrition in low-income families. He represented SACN on the project board of the Diet and Nutrition Survey of Infants and Young Children.

Saturated Fats Working Group

Professor Jules Griffin

Head of the Lipid Profiling and Signalling group in the Department of Biochemistry at the University of Cambridge. He is also an Honorary Professor at Imperial College London, a Fellow of King's College, Cambridge and is affiliated with the Elsie Widdowson Laboratory. The work of his group focuses on the use of high resolution mass spectrometry to measure lipids in biofluids and tissue extracts in order to better understand the causes and consequences of type 2 diabetes and obesity (collectively referred to sometimes as the Metabolic Syndrome). In particular this work focuses on four areas of research: (i) understanding the role that peroxisome proliferator activated receptors (PPARs) play in regulating metabolism across the body, (ii) understanding how lipids influence the function of the cell and hence why changes in lipid intake affect how the body functions, (iii) examining how lipids influence tissue inflammation in the Metabolic syndrome and (iv) developing computer software tools for storing and processing the large quantity of data produced by these experiments.

Joint SACN/COT Working Group on the timing of introduction of allergenic foods into the infant diet

Professor Mike Kelly

Senior Visiting Fellow in the Department of Public Health and Primary Care at the Institute of Public Health at the University of Cambridge and a member of St John's College, Cambridge. Between 2005 and 2014 he was the Director of the Centre for Public Health at NICE) where he led the teams producing public health guidelines. While at NICE he appeared regularly on the Today Programme and BBC, ITV and Sky Television. He has advised the House of Commons Health Select Committee and been a witness before parliamentary committees on a number of occasions. He has chaired committees for MRC/ESRC, the Foods Standards Agency and recently visited Sydney to advise the Sax Institute there. From 2005 to 2007 he directed the methodology work stream for the World Health Organisation's (WHO) Commission on the Social Determinants of Health. This body of work was the first time that a properly evidence-based approach to dealing with health inequalities had been attempted by WHO. He has a continuing interest in health inequalities and is pursuing a programme of research in Cambridge on this topic. His research interests include the methods and philosophy of evidence-based medicine, prevention of CVD, health inequalities, health related behaviour change, the causes of non-communicable disease, end of life care, dental public health and the sociology of chronic illness.

Dr René Crevel

Science Leader (Allergy & Immunology) at Unilever's Safety and Environmental Assurance Centre. His principal responsibilities include providing scientific advice and guidance on possible adverse effects of materials and their use arising from their interaction with or modulated through the immune system. He is responsible for advice and guidance on food allergy and allergen management to Unilever Companies and for leading Unilever's food allergy research programme. Other aspects of his work include immunomodulation by different agents and the effects of diet and other agents on immune responses, including allergy.

Dr Paul Turner

Trained in Paediatric Allergy and Immunology at the Children's Hospital at Westmead, Sydney and Great Ormond Street Hospital, London. He is a graduate of Oxford University and the University of London, and undertook a PhD investigating the immunopharmacology of allergic rhinitis. Currently MRC Clinician Scientist in Paediatric Allergy & Immunology within the MRC & Asthma UK Centre in Allergic Mechanisms of Asthma at Imperial College London. He is principal investigator on a grant investigating mechanisms of food-triggered anaphylaxis. Other research interests include seafood allergy, allergic rhinitis and allergen avoidance. He teaches on the MSc in Allergy at Imperial College and has lectured at a number of national and international meetings. He has clinical commitments as an Honorary Consultant in Paediatric Allergy & Immunology at a number of specialist tertiary centres in London, including St Mary's Hospital (Paddington) and the Evelina Children's Hospital. He also holds an Honorary Lectureship at the University of Sydney where he teaches on the Masters of Medicine programme. He is a Fellow of the Royal Australasian College of Physicians. Active member of the BSACI Paediatric Allergy Group, where he has led the project to institute nationwide Allergy Action Plans for children with life-threatening allergies, alongside Dr George Du Toit (see http://www.bsaci.org/about/pag-allergy-action-plans-for-children). He is also a member of the Health Advisory Board for Allergy UK, a patient support charity (http://www.allergyuk.org).

Joint SACN/COT Potassium-based Sodium Replacers Working Group

Professor Alan Boobis

Professor of Biochemical Pharmacology and Director of Toxicology Unit (funded by PHE & DH) in the Faculty of Medicine at Imperial College London. He has been a member of Imperial College London (initially at the Royal Postgraduate Medical School, which merged with the College in 1997) for almost 40 years. His main research interests lie in mechanistic toxicology, drug metabolism, toxicity pathway analysis and in the application of knowledge in these areas to risk assessment. He has published around 230 original research papers (H-factor 63) and for several years served as an Editor-in-Chief of Food and Chemical Toxicology.

Dr John Thompson

Senior Lecturer in Clinical Pharmacology at the Wales College of Medicine, Cardiff University. Honorary Consultant to Cardiff and Vale Local Health Board and Director of the National Poisons Information Service (Cardiff). In addition to his general medical interests, he has a particular interest in the management of acutely poisoned patients. Current academic interests include the effective use of antidotes and the effects of occupational exposure to chemicals on health. He is the theme leader for medical undergraduate education for Clinical Pharmacology and Therapeutics at the Wales College of Medicine and is course organiser for postgraduate courses in Medical Toxicology at the University.

Professor Janet Cade

Appointed to the Committee on 1 September 2010. She leads the Nutritional Epidemiology Group in the School of Food Science and Nutrition at the University of Leeds. She is a nutritional epidemiologist with particular interests in dietary assessment methodology. She runs the large UK Women's Cohort Study which is characterising dietary exposures in relation to chronic disease outcomes. Other recent work has explored approaches to improve the quality of diets in children; the impact of foods, nutrients and dietary patterns associated with adverse health outcomes including obesity and cancer risk; development and validation of a mobile phone application to support weight

loss. Chairs the registration committee of the Association for Nutrition, which is involved in the professionalisation of nutritionists.

Joint SACN / NHS England / Diabetes UK Working Group to review evidence on the impact of low carbohydrate / high fat diets for people with type 2 diabetes compared to current government advice on markers / clinical outcomes

Ms Pamela Dyson

Research dietitian at the University of Oxford and holds a sessional contract as diabetes specialist dietitian with Oxford Health NHS Foundation Trust. She holds voluntary post as CEO of the Oxford Health Alliance, a charity set up to combat the epidemic of non-communicable disease. Main research interests are dietary management of diabetes, weight management and behavioural aspects of lifestyle change. She has a particular interest in establishing the evidence base for dietary interventions, and is currently co-chairing the Diabetes UK Nutrition Working Group which is revising and updating the nutrition guidelines for the prevention and treatment of diabetes.

Professor Nita Forouhi

Programme leader, MRC Epidemiology Unit, University of Cambridge.

Her research focuses on identifying dietary factors for the risk of cardiometabolic disease, systematically addressing the key challenges in nutritional research, combining scale and depth of investigation using large epidemiological cohorts. Examples include (1) establishing link between consumption of sugar-sweetened beverages and type 2 diabetes through five interlinked publications, contributing to public health impact and citations in policy documents; (2) measuring nutritional biomarkers on an unprecedented scale, including blood fatty acids, showing that saturated fat is not homogeneous and that saturated fatty acids from dairy products are related inversely with diabetes. She has over 200 scientific publications and has served on numerous advisory bodies.

Dr Rachel Pryke

Part-time GP and trainer in Redditch, Worcestershire. She was the RCGP Clinical Champion for Nutrition until 2015 and began a NICE Fellowship in April 2015. Established the RCGP Nutrition Group in 2013. She has written extensively. She runs primary care obesity training courses throughout the UK and has collaborated with WHO on a European primary care obesity training package. She is a member of the National Child Measuring Programme Board, PHE Obesity Priority Programme Board and RCGP representative for the Obesity Health Alliance.

Professor Roy Taylor

Professor of Medicine and Metabolism, University of Newcastle and Honorary Consultant Physician in Newcastle. He has run clinical services in diabetes, obstetric medicine and general medicine since appointment to present post in 1985. From 2016, he stopped providing direct clinical care. His current work is focused on understanding the aetiology and pathogenesis of type 2 diabetes. This involves development of novel magnetic resonance methodology and use of in vivo metabolic tests. The research has led directly to clinical application, and use of a robust method to achieve and maintain weight loss in Primary Care is currently under investigation.

Mr Douglas Twenefour

Deputy Head of Care at Diabetes UK and a registered dietitian. He has extensive clinical experience within the NHS as a Specialist Obesity and Diabetes dietitian. As spokesperson for Diabetes UK, he has featured on various national, regional and international media platforms. He holds a Master of Philosophy degree in Nutrition, a Postgraduate Diploma in Dietetics, and a Bachelor of Science Degree in Nutrition and Food Science.

Worked with a number of Universities, academic institutions and health organisations worldwide, and is currently co-chair of Diabetes UK's nutrition guidelines committee.

Ms Ruth Waxman

Chair of Enfield Diabetes Support Group and patient representative on Diabetes Clinical Working Group at Enfield CCG. She represented patients' views at Diabetes Retinopathy Group, Diabetes Stakeholder Group and Diabetes Reference Group prior to changes at CCG.

She meets with Diabetes UK London regional manager to provide update on diabetes care in Enfield. She works with diabetes consultant nurse and diabetes specialist nurse in Enfield & will be working with a local surgery to support their patients with diabetes. She has spoken in Parliament and given presentations to GPs, healthcare professionals, medical students and lay people about living with diabetes. As a member of Diabetes Voices, she meets MPs to inform them about diabetes care. She is a patient representative at NICE to discuss new medications for diabetes.

Annex 4

Remuneration and committee finance

The amount paid to committee members for fees in 2017 was:

- for main meetings, working group, subgroup or drafting group meetings, those who chaired a meeting received a total fee of £200 per meeting inclusive of attendance and reading fees
- members not chairing received £160 per meeting inclusive of attendance and reading fees.

Fees for taking part in teleconference meetings were calculated according to the length of the meeting.

Committee members were also paid fees for attending non-SACN meetings if they were present in their capacity as members of SACN.

Public Health England also met travel and subsistence costs for those attending main meetings and working group/subgroup meetings.

The cost of the committee fees and expenses, excluding secretariat resources, for 2017 was £34,338.71. Costs were met by Public Health England.

Annex 5 Declarations of interest

SACN Main Committee

	PERSONAL INTERESTS N		NON-PERSONAL INTE	ERESTS
Member	Organisation	Details	Organisation	Details
Professor Peter	European Food	Nature of interest:	None	N/A
Aggett	Safety Authority	Member of Panel on Additives and Nutrient		
		Sources added to Foods.		
		Member of Working Groups on Reviewing		
		Additives, and piloting risk assessment		
		approaches for infants under 12 weeks of age.		
		Working Group member on EFSA panels on:		
		• Additives and Products or Substances used		
		in Animal Feed (FEEDAPP) (2015 to 2016);		
		• Dietetic Products, Nutrition and Allergies		
		(NDA) (2014 to present);		
		Financial: Yes (honoraria received, travel and		
		subsistence reimbursed). Amount received per		
		annum over £5,000: No		
		Subject matter:		
		FEEDAP : Working Group on Copper		
		NDA : DRVs for Minerals		
		ANS : Additives and Nutrient Sources		
		Dates: Please see 'Nature of interest' above.		

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
	Royal College of Physicians	Nature of interest: Chair of Nutrition Committee Financial: Yes (travel reimbursed). <i>Amount</i> received per annum over £5,000: No Subject matter: Nutrition support, policy and practice, advancing post qualification training in Nutrition for the RCP Dates: 2015 to present		
Ms Gill Fine	Sainsbury's	Nature of interest: Ex-employee Financial: yes (shareholdings). <i>Amount</i> received per annum over £5,000: no Subject matter: N/A Dates: 1986 to present	None	N/A

	PERSONAL INTERESTS		NON-PERSONAL INTE	ERESTS
Member	Organisation	Details	Organisation	Details
	Agriculture and	Nature of interest: Independent sector board		
	Horticulture	member for AHDB Beef and Lamb		
	Development Board	Financial: yes (expenses reimbursed and		
	(AHDB)	honoraria received). Amount received per		
		annum over £5,000: yes		
		Subject matter: governance issues and		
		providing insights from a public health nutrition		
		perspective		
		Dates:		
		Board member: April 2014 to present		
	Dementia UK	Nature of interest: Vice chair		
	Cornwall	Financial: no		
		Subject matter: voluntary fundraising		
		Dates: May 2013 to June 2016		
	Musgrave Group	Nature of interest: Consultancy and vice chair		
		at meeting		
		Financial: yes, fee received, travel and		
		subsistence reimbursed (Amount received per		
		<i>annum over £5,000</i> : no);		
		Subject matter: strategic issues and providing		
		insights from a public health nutrition		
		perspective		
		Dates: May 2015 to present		

	PERSONAL INTERES	TS	NON-PERSONAL INT	ERESTS
Member	Organisation	Details	Organisation	Details
		Nature of interest: Trustee and scientific		
		governor		
		Financial: yes, travel and subsistence		
		reimbursed (Amount received per annum over		
		£5,000: no);		
		Subject matter: governance issues and		
		providing insights from a public health nutrition		
		perspective		
		Dates: May 2011 to present		
Professor Paul	Café Direct	Nature of interest: Shareholder	Scottish	Nature of interest: Research
Haggarty		Financial: Yes (shareholdings). Value of shares	Government	Financial: Yes (research funding). Amount
		<i>over £5,000</i> : No		received per annum over £5,000: Yes
		Subject matter: Fairtrade coffee and tea		Subject matter: Research on food and health
		Dates: 2014 to 2017		Dates: 2011 to 2016
	Biotechnology and	Nature of interest: Chair	Scottish	Nature of interest: Research
	Biological Sciences	Financial: Yes (attendance fee received,	Government	Financial: Yes (research funding). Amount
	Research Council	travel/subsistence reimbursed). Amount		received per annum over £5,000: Yes
		received per annum over £5,000: No		Subject matter: Scottish Government
		Subject matter: Bioscience for Health Strategy		(RESAS) funded research programme on food
		Advisory Panel		and health
		Dates: 2015 to 2017		Dates: 2016 to 2021

	PERSONAL INTERES	PERSONAL INTERESTS N		ERESTS
Member	Organisation	Details	Organisation	Details
	Biotechnology and	Nature of interest: Panel Member	Economic and	Nature of interest: Research
	Biological Sciences	Financial: Yes (travel/subsistence reimbursed).	Social Research	Financial: Yes (research funding). Amount
	Research Council	Amount received per annum over £5,000: No	Council and	received per annum over £5,000: Yes
		Subject matter: Commissioning Panel for	Biotechnology and	Subject matter: Research project on early life
		ESRC/BBSRC Biosocial Centres for Doctoral	Biological Sciences	factors, epigenetics and cognition
		Training	Research Council	Dates: 2015 to 2018
		Dates: 2016 to 2018		
	EU Joint	Nature of interest: Panel Chair	Aberdeen Gates	Nature of interest: Research
	Programming	Financial: Yes (travel/subsistence reimbursed).	Trust (medical	Financial: Yes (research funding). Amount
	Initiative Evaluation	Amount received per annum over £5,000: No	charity)	received per annum over £5,000: Yes
	Panel	Subject matter: EU Joint Programming		Subject matter: Research project on nutrition,
		Initiative Evaluation Panel: "A Healthy Diet for a		epigenetics and breast cancer susceptibility
		Healthy Life: Biomarkers"		Dates: 2008 to 2018
		Dates: 2016 only		
	Biotechnology and	Nature of interest: Invited UK delegate	Friends of Anchor	Nature of interest: Research
	Biological Sciences	Financial: Yes (travel/subsistence reimbursed).	(medical charity)	Financial: Yes (research funding). Amount
	Research Council	Amount received per annum over £5,000: No		received per annum over £5,000: Yes
		Subject matter: BBSRC delegation to Nepal to		Subject matter: Pilot study on epigenetics and
		discuss UK/international research collaboration		breast cancer susceptibility
		on Nutrition and Global Health		Dates: 2015 to 2016
		Dates: July 2017		

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
			NHS Endowments & The Pathological society	Nature of interest: Research Financial: Yes (research funding). <i>Amount</i> received per annum over £5,000: Yes Subject matter: A Pilot Study of the Role of Carnitine Palmitoyltransferase-1 in the Progression of Breast Cancer
			Humana Press / Springer	Dates: 2017 to 2018Nature of interest: Book editorFinancial: Yes (honorarium received paid into research funds). Amount received per annum over £5,000: NoSubject matter: Editor of 'Population Epigenetics' as part of the Methods in Molecular Biology series.Dates: 2016
			Bergen Research Foundation	Nature of interest: Member of grant panel.Financial: Yes (honoraria received paid intoresearch funds, travel and subsistencereimbursed). Amount received per annum over $\pounds 5,000$: NoSubject matter: Grant application reviewDates: August 2017
				Dates: August 2017

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
Professor Timothy	Vegetarian Society	Nature of interest: Member	Wellcome Trust	Nature of interest: Research project grant
Кеу		Financial: No		Financial: Yes (research funding to the
		Subject matter: None		University of Oxford). Amount received per
		Dates: 1977 to present		annum over £5,000: Yes
				Subject matter: Epidemiological studies of
				meat, dairy products and health
				Dates: June 2017 to present
	Vegan Society	Nature of interest: Member		
		Financial: No		
		Subject matter: None		
		Dates: 1977 to present		
Professor Susan	D3TEX Ltd	Nature of interest: Research Director	Ministry of Defence	Nature of interest: Research
Lanham-New		Financial: Yes (shareholdings. Value of shares		Financial: Yes (research funding). Amount
		<i>over £5,000</i> : No		received per annum over £5,000: Yes
		Subject matter: Develop an effective and cost-		Subject matter: Vitamin D research for
		efficient textile-based solution to help combat		prevention of stress fractures in the Royal
		vitamin D deficiency in veiled women		Marines
		Dates: 2007 to present		Dates: 2014 to present

	PERSONAL INTERES	PERSONAL INTERESTS N		ERESTS
Member	Organisation	Details	Organisation	Details
	The National Dairy Council	Nature of interest: Research Director Financial: Yes (shareholdings). Value of shares over £5,000: No	European Union	Nature of interest: Research Financial: Yes (research funding). <i>Amount</i> received per annum over £5,000: Yes
		Subject matter: Conference talk on nutrition and bone health Dates: 2017		Subject matter: Vitamin D research ODIN project Dates: 2014 to 2018
			Ministry of Defence	Nature of interest: Research Financial: Yes (research funding). Amount received per annum over £5,000: Yes Subject matter: Vitamin D research for optimising health in British Submariners Dates: 2014 to present
			Higher Education Funding Council	Nature of interest: Research Financial: Yes (research funding). Amount received per annum over £5,000: Yes Subject matter: Nutrition and exercise strategies for healthy ageing Dates: 2017 to 2018

	PERSONAL INTERES	TS	NON-PERSONAL INTI	ERESTS
Member	Organisation	Details	Organisation	Details
Professor Julie	International Life	Nature of interest: Chair (since 2017) and	British Heart	Nature of interest: Research
Lovegrove	Sciences Institute	Member (since 2016) of ILSI Europe Qualitative	Foundation	Financial: Yes (research funding). Amount
	(ILSI) Europe	Fat Intake Expert Group on 'Update on Health		received per annum over £5,000: Yes
		Effects of Different Dietary Saturated Fats'		Subject matter: The physiological importance
		Financial: Yes (travel and subsistence		and integration of receptor-mediated inhibitory
		reimbursed). Amount received per annum over		mechanisms in platelets in health and disease
		£5,000: No		Dates: 2015 to 2020
		Subject matter: Health effects of saturated fats		
		Dates:		
		Member : November 2016 to present		
		Chair: May 2017 to present		
	International Life	Nature of interest: Member of ILSI Europe	Barham Benevolent	Nature of interest: Research
	Sciences Institute	Expert Group on 'Efficacy of dietary	Foundation	Financial: Yes (research funding). Amount
	(ILSI) Europe	interventions on metabolic syndrome';		received per annum over £5,000: Yes
		Financial: Yes (travel and subsistence		Subject matter: Vitamin D enrichment of milk:
		reimbursed). Amount received per annum over		acute human intervention study
		£5,000: No		Dates: 2013 to 2016
		Subject matter: Efficacy of dietary interventions		
		on metabolic syndrome		
		Dates: November 2014 to present		

	PERSONAL INTERES	PERSONAL INTERESTS N		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details	
	The Dairy Council	Nature of interest: Presentations at	Medical Research	Nature of interest: Research	
		conferences	Council	Financial: Yes (research funding). Amount	
		Financial: Yes (travel reimbursed). Amount		received per annum over £5,000: Yes	
		received per annum over £5,000: No		Subject matter: Reducing cardiovascular	
		Subject matter: Dairy and cardiovascular		disease risk through replacement of saturated	
		disease risk		fat in milk and dairy products	
		Dates: March/June 2017		Dates: 2013 to 2016	
			Biotechnology and	Nature of interest: Research grant	
			Biological Sciences	Financial: Yes (research funding). Amount	
			Research Council	received per annum over £5,000: Yes	
			(BBSRC)	Subject matter: Research into saturated fat	
				and lipid markers of CVD risk	
				Dates: June 2017 to present	
			Biotechnology and	Nature of interest: Research grant	
			Biological Sciences	Financial: Yes (research funding). Amount	
			Research Council	received per annum over £5,000: Yes	
			(BBSRC)	Subject matter: Research into the impact of	
				dietary intake on bile acids as biomarkers of	
				health and CVD risk.	
				Dates: May 2017 to present	

	PERSONAL INTERES	PERSONAL INTERESTS		ERESTS
Member	Organisation	Details	Organisation	Details
			Biotechnology and	Nature of interest: Research grant
			Biological Sciences	Financial: Yes (research funding). Amount
			Research Council	received per annum over £5,000: Yes
			(BBSRC)	Subject matter: Research into circulating fatty
				acids as biomarkers of health and disease
				Dates: August 2017 to present
			AHDB/NEXUS	Nature of interest: Research grant
				Financial: Yes (research funding). Amount
				received per annum over £5,000: Yes
				Subject matter: Research into dietary patterns,
				nutrient intake and CVD risk factors
				Dates: June 2017 – June 2018
Professor lan	Nature Publishing	Nature of interest: Editor International Journal	Mars Incorporated	Nature of interest: Presence on Mars
Macdonald	Group	of Obesity		Scientific Advisory Council as a Waltham
		Financial: Yes (honorarium received). Amount		Centre for Pet Nutrition research advisor
		received per annum over £5,000: Yes		Financial: Yes (honorarium received, paid to
		Subject matter: Editing the journal		University of Nottingham). Amount received per
		Dates: 2005 to present		annum over £5,000: No
				Subject matter: Advice on nutrition research
				Dates: 2014 to present

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
			Unilever	Nature of interest: University lead in strategiclink with UnileverFinancial: Yes (University of Nottinghamreceives PhD student and research projectfunding). Amount received per annum over£5,000: YesSubject matter: ResearchDates: 2014 to present
			Nestle Research Center	Nature of interest: Consultancy for Nutrition in the Life Cycle research and Member of the Health Benefits Board to review research proposalsFinancial: Yes (travel and accommodation

	PERSONAL INTERES	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details	
	Mars Incorporated- Waltham Centre for Pet Nutrition	Nature of Interest: Peer-review of pet nutrition research projects Financial: Yes (honorarium received). Amount received per annum over £5,000: No Subject matter: Pet nutrition research Date: 2015 to present	Unilever	 Nature of interest: Scientific adviser to Unilever ethical review process Financial: Yes (honorarium will be paid to University of Nottingham). Amount received per annum over £5,000: no work has yet been carried out Subject matter: review of ethical submissions for human research Dates: 2015 to 2016 	
	Mars UK/Europe	Nature of Interest: Member of NutritionAdvisory Board, and Health and WellbeingCommitteeFinancial: Yes (travel and subsistence costsreimbursed. Honorarium paid to the Universityof Nottingham). Amount received per annumover £5,000: NoSubject matter: Expert advice on humannutrition and on broader aspects of Health andWellbeingDate: October 2015 to present	Mars Incorporated, Technology Strategy Board (Innovate UK) and BBSRC	Nature of interest: Research project grant Financial: Yes (BBSRC research funding to the University of Nottingham). <i>Amount received</i> <i>per annum over £5,000</i> : Yes Subject matter: Dietary carbohydrates Dates: 2014 to 2017	

	PERSONAL INTERESTS		NON-PERSONAL INTE	ERESTS
Member	Organisation	Details	Organisation	Details
	International Life	Nature of interest: Member of Dietary		
	Sciences Institute	Carbohydrates Task Force		
	(ILSI) Europe	Financial: Yes (economy travel and		
		subsistence reimbursed). Amount received per		
		annum over £5,000: No		
		Subject matter: Link between dietary		
		carbohydrates and health		
		Date: July 2015 to present		
	International Life	Nature of interest: Member of expert group on		
	Sciences Institute	'Efficacy Markers of Diabetes Risk'		
	(ILSI) Europe	Financial: Yes (travel and subsistence		
		reimbursed). Amount received per annum over		
		£5,000: No		
		Subject matter: Markers of insulin resistance		
		and sensitivity		
		Date: Late 2015 to present		

	PERSONAL INTERES	TS	NON-PERSONAL INTE	ERESTS
Member	Organisation	Details	Organisation	Details
	International Life	Nature of interest: Member of expert group on		
	Sciences Institute	'Carbohydrate-Based Recommendations as a		
	(ILSI) Europe	Basis for Dietary Guidelines: A Scientific		
		Review'		
		Financial: Yes (travel and subsistence		
		reimbursed, and a fee paid when the report was		
		complete). Amount received per annum over		
		£5,000: No		
		Subject matter: Review of scientific basis of		
		current dietary guidelines on carbohydrates		
		Date: Late 2015 to present		
	Ikea	Nature of interest: Member of Science and		
		Health Committee		
		Financial: Yes (travel and subsistence costs		
		reimbursed. Honorarium paid to the University		
		of Nottingham. Amount received per annum		
		<i>over £5,000</i> : No		
		Subject matter: Expert advice on food, lifestyle		
		and health		
		Date: October 2015 to present		

MemberOrganisationDetailsOrganisationDetailsWorld Sugar Research Organisation (WSRO)Nature of interest: Speaker at WSRO conferenceImage: Speaker at WSRO conferenceImage: Speaker at WSRO conferenceImage: Speaker at WSROOrganisation (WSRO)Financial: Yes (travel reimbursed). Amount received per annum over £5,000: No Subject matter: Sugars and healthImage: Speaker at WSROImage: Speaker at WSRO	
ResearchconferenceOrganisationFinancial: Yes (travel reimbursed). Amount(WSRO)received per annum over £5,000: No	
Organisation Financial: Yes (travel reimbursed). Amount (WSRO) received per annum over £5,000: No	
(WSRO) received per annum over £5,000: No	
Subject matter: Sugars and health	
Dates: June 2016	
Professor Harry European Food Nature of interest: Panel member	
McArdle Safety Authority Financial: Yes (honoraria received, travel and	
subsistence reimbursed). Amount received per	
annum over £5,000: No	
Subject matter: Member of Dietetic Products,	
Nutrition and Allergies Panel (NDA), and	
working groups on Health Claims, Novel Foods,	
and DRVs	
Dates: June 2015 to present	

	PERSONAL INTER	RESTS	NON-PERSONAL INT	ERESTS
Member	Organisation	Details	Organisation	Details
Dr David Mela	Unilever	Nature of interest: Employee Financial: Yes (shareholdings). Value of shares over £5,000: Yes Subject matter: N/A Dates: 2005 to present	International Life Sciences Institute (ILSI) Europe	 Nature of interest: Unilever representative on Eating Behavior & Energy Balance Task Force (and Task Force Chair, 2013 to 2017), and Dietary Carbohydrates Task Force (Task Force Vice-Chair, 2014-present) Member of ILSI Europe Expert Groups: "Carbohydrate-Based Recommendations as a Basis for Dietary Guidelines: A Scientific Review" (Dates: 2015 to 2017) "Characterisation of and Criteria for Glycaemic Exposure Markers in the Non- diabetic Population" (Dates: 2014 to present) "Physiological and Behavioural Adaptation to Dietary Enhancement of Satiety: Evidence and Timeframes" (Dates: 2015 to present) "Physical-Chemical Properties of Dietary Fibre Relevant to Appetite-Related Mechanisms and Outcomes" (Dates: 2014 to present) Financial: No Subject matter: see above (Nature of Interest) Dates: see above (Nature of interest)
		39		

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
			Unilever / University	Nature of interest: Member of project planning
			of Amsterdam	group for research collaboration between
				Unilever and the University of Amsterdam.
				Financial: No
				Subject matter: "Quantifying the impact of
				dietary approaches for the prevention of
				diabetes"
				Dates: 2015 to present
Professor Ken Ong	International Life	Nature of interest: Chair, Expert advisory	Mead Johnson	Nature of interest: Research
	Sciences Institute,	group	Nutrition	Financial: Yes (research funding to the
	Europe	Financial: Yes (honoraria received, travel		University of Cambridge). Amount received per
		reimbursed). Amount received per annum over		annum over £5,000: Yes
		£5,000: No		Subject matter: Discovery of biomarkers for
		Subject matter: Early growth velocity and risk		infant nutrition
		of metabolic disorders later in life		Dates: 2009 to present
		Dates: 2013 to 2017 (completed)		

	PERSONAL INTERESTS		NON-PERSONAL INTI	ERESTS
Member	Organisation	Details	Organisation	Details
	Haymarket	Nature of interest: Book editor	Biotechnology and	Nature of interest: Research
		Financial: Yes (honoraria received). Amount	Biological Sciences	Financial: Yes (research funding to the
		received per annum over £5,000: No	Research Council	University of Cambridge). Amount received per
		Subject matter: European Society for	(BBSRC) with	annum over £5,000: Yes
		Paediatric Endocrinology Yearbook of	Danone Nutricia	Subject matter: Biomarkers for infant nutrition
		Paediatric Endocrinology	Research and Mead	Dates: 2017 to present
		Dates: 2015 to present	Johnson Nutrition	
			as collaborating	
			partners	
	Pfizer Ltd	Nature of interest: Member, KIGS steering		
		committee		
		Financial: Yes (honoraria received – paid to		
		University of Cambridge, travel reimbursed).		
		Amount received per annum over £5,000: No		
		Subject matter: Use of the KIGS database to		
		monitor growth hormone treatment		
		Dates: 2013 to present		

	PERSONAL INTERES	TS	NON-PERSONAL INT	ERESTS
Member	Organisation	Details	Organisation	Details
	Nestle Nutrition Institute	Nature of interest: Workshop chair and presenterFinancial: Yes (honoraria received, travel reimbursed). Amount received per annum over £5,000: NoSubject matter: Relevance of infant feeding to 		
	Nesctec Ltd	Nature of interest: Consultancy Financial: Yes (honoraria received, travel reimbursed). Amount received per annum over £5,000: No Subject matter: Composition of human milk. Dates: 2017 (completed)		
Mrs Gemma Paramor	None	N/A	None	N/A

	PERSONAL INTERES	TS	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
Professor Hilary	World Cancer	Nature of interest: Deputy chair WCRF		
Powers	Research Fund	Continuous Update Panel		
		Financial: Yes (honoraria received, travel and		
		subsistence reimbursed). Amount received per		
		annum over £5,000: No		
		Subject matter: diet and cancer		
		Dates: 2012 to date		
	Tropical Health	Nature of interest: Consultancy	Kellogg's	Nature of interest: Research
	Education Trust	Financial: Yes (fee received). Amount received		Financial: Yes (research funding). Amount
		<i>per annum over £5,000</i> : No		received per annum over £5,000: Yes
		Subject matter: Human nutrition capacity		Subject matter: Breakfast and energy
		building in Zambia		expenditure
		Dates: January to October 2017		Dates: 2016
Professor Ann	Shenyang Medical	Nature of Interest: Appointment of Honorary	HS Pharma	Nature of interest: Research
Prentice (As Director	College, PR of China	Professor		Financial: Yes (PhD student funding). Amount
of MRC Elsie		Financial: None		received per annum over £5,000: Yes
Widdowson		Subject Matter: N/A		Subject matter: N/A
Laboratory Prof		Dates: 1995 to present		Dates: 2013 to 2016
Prentice has				
responsibility for				
institutional interests)				

	PERSONAL INTERES	PERSONAL INTERESTS		ERESTS
Member	Organisation	Details	Organisation	Details
	University of	Nature of interest: Appointment of Honorary	British Medical	Nature of interest: Research
	Witwatersrand,	Professor	Association	Financial: Yes (research funding). Amount
	South Africa	Financial: No		received per annum over £5,000: Yes
		Subject matter: N/A		Subject matter: Dietary
		Dates: 2013 to present		determinants/cardiovascular project
				Dates: 2013 to 2017
	University of Surrey	Nature of interest: Appointment of Honorary	Shield Therapeutics	Nature of interest: Research
		Doctor		Financial: Yes (research funding). Amount
		Financial: No		received per annum over £5,000: Yes
		Subject matter: N/A		Subject matter: Iron deficiency anaemia
		Dates: 2014 to present		Dates: 2012 to 2016
	Rank Prize Funds	Nature of interest: Committee member	Weight Watchers	Nature of interest: Research
		Financial: Yes (travel reimbursed). Amount	International	Financial: Yes (research funding). Amount
		received per annum over £5,000: No		received per annum over £5,000: Yes
		Subject matter: Grant awards		Subject matter: Pragmatic weight loss trial
		Dates: 2015 to present		(NIHR)
				Dates: 2012 to 2016
	Nestle Foundation	Nature of interest: Council Member	Bill & Melinda Gates	Nature of interest: Research
		Financial: Yes (honoraria received, travel	Foundation	Financial: Yes (research funding). Amount
		expenses reimbursed). Amount received per		received per annum over £5,000: Yes
		annum over £5,000: No		Subject matter: Improving fetal growth rates
		Subject matter: Grant awards		in developing countries
		Dates: 2015 to present		Dates: 2014 - 2017

	PERSONAL INTERES	TS	NON-PERSONAL INT	ERESTS
Member	Organisation	Details	Organisation	Details
	University of	Nature of interest: Honorary appointment of	Bill & Melinda Gates	Nature of interest: Research
	Southampton	Visiting Professor		Financial: Yes (research funding). Amount
		Financial: Yes (travel reimbursed). Amount		received per annum over £5,000: Yes
		received per annum over £5,000: No		Nature of interest: Developing brain function-
		Subject matter: N/A		for-age curves in Gambian and UK infants
		Dates: 2015 to present		Dates: 2015 to 2017
	National Academies	Nature of interest: Member of Planning	Public Health	Nature of interest: Research
	of Science,	Committee for Harmonization of Methodological	England	Financial: Yes (research funding). Amount
	Engineering and	Approaches to Nutrient Intake		received per annum over £5,000: Yes
	Medicine, Food and	Recommendations		Subject matter: National Diet and Nutrition
	Nutrition Board	Financial: Yes (travel reimbursed). Amount		Survey Y5-Y10
		received per annum over £5,000: No		Dates: 2012 to 2018
		Subject matter: Planning Committee for		
		Workshop on Harmonization of Methodological		
		Approaches to Nutrient Intake		
		Recommendations		
		Dates: March 2017 to present		
	University of	Nature of interest: Appointment of Honorary	DRINC (BBSRC)	Nature of interest: Research
	Cambridge	Professor		Financial: yes, research funding (Amount
		Financial: No		received per annum over £5,000: Yes
		Subject matter: N/A		Subject matter: biomarkers and infant nutrition
		Dates: 2017 to date		Dates: 2015 to 2016

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS		
Member	Organisation	Details	Organisation	Details	
			Agilent	Nature of interest: Research	
				Financial: Yes, grant to purchase equipment,	
				travel reimbursement. Amount received per	
				annum over £5,000: Yes	
				Subject matter: Mass spectrometry equipment	
				Dates: 2015 to 2018	
			Soremartec	Nature of interest: Research	
				Financial: Yes (grant to purchase equipment,	
				travel reimbursement). Amount received per	
				annum over £5,000: Yes	
				Subject matter: Bioavailability of polyphenols	
				and effects on vascular function	
				Dates: 2015 to 2017	
			Institut	Nature of interest: Research	
			d'Investigacio	Financial: Yes (research funding). Amount	
			Sanitaria Pere Virgili	received per annum over £5,000: Yes	
				Subject matter: OBEMAT2 Clinical and	
				metabolic efficacy of motivational approach,	
				coordinated between primary care and the	
				clinical health services for childhood obesity:	
				Randomized Clinical Trial (stable isotope	
				measures)	
				Dates: 2017 to present	

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
			Ministry of Defence	Nature of interest: Research
				Financial: Yes (research funding). Amount
				received per annum over £5,000: Yes
				Subject matter: Stable isotope measures
				Dates: 2017 to 2018
			Umea University	Nature of interest: Research
			Sweden	Financial: Yes (research funding). Amount
				received per annum over £5,000: Yes
				Subject matter: OTIS – complementary
				feeding study in infants (Stable isotope
				measures)
				Dates: 2016 to 2018

	PERSONAL INTERES	TS	NON-PERSONAL INT	ERESTS
Member	Organisation	Details	Organisation	Details
Professor Monique	Woodhead	Nature of interest: Book editor	Medical Research	Nature of interest: Research
Raats	Publishing Ltd, now	Financial: Yes (royalties related to "Raats MM,	Council	Financial: Yes (research funding). Amount
	Elsevier	de Groot CPGM, van Staveren WA (Eds.)		received per annum over £5,000: Yes
		(2008) Food for the ageing population.		Subject matter: Front of pack food labelling:
		Woodhead Publishing Limited" and Raats M, De		impact on consumer choice
		Groot L, van Asselt D Food for the Aging		Dates: 2012 to 2016
		Population, 2nd Edition Woodhead Publishing		
		Limited). Amount received per annum over		
		£5,000: No		
		Subject matter: Food for the ageing population		
		Dates: 2009 to present		
	Choices	Nature of interest: Member of the European	European	Nature of interest: Research
	International	Scientific Committee for the Choices	Commission (FP7)	Financial: Yes (research funding). Amount
		programme		received per annum over £5,000: Yes
		Financial: Yes (travel and subsistence		Subject matter: Reduction of disease risk
		reimbursed). Amount received per annum over		claims on food and drinks
		<i>£5,000</i> : No		Dates: 2013 to 2016
		Subject matter: Front of pack food labelling		
		Dates: 2010 to present		

	PERSONAL INTERES	rs	NON-PERSONAL INT	ERESTS
Member	Organisation	Details	Organisation	Details
	Baker Street Area	Nature of interest: Member of the	Food Standards	Nature of interest: Research
	Neighbourhood	management committee	Agency	Financial: Yes (research funding). Amount
	Association	Financial: No		received per annum over £5,000: Yes
		Subject matter: Community development in		Subject matter: Preferences of those with food
		Reading, UK		allergies and/or intolerances when eating out
		Dates: 2014 to present		Dates: 2014 to 2016
	Campden BRI	Nature of interest: Speaker at the Food &	European	Nature of interest: Research
	(Chipping Campden)	Drink Labelling Update and the Sensory and	Commission (FP7)	Financial: Yes (research funding). Amount
	Limited	Consumer MIG		received per annum over £5,000: Yes
		Financial: Yes (travel and subsistence		Subject matter: Role of health-related claims
		reimbursed) Amount received per annum over		and symbols in consumer behaviour
		£5,000: No		Dates: 2012 to 2016
		Subject matter: Food labelling, food-related		
		health and wellbeing across the lifespan		
		Dates: 2015 and 2016		
	European	Nature of interest: Member	European	Nature of interest: Research
	Technology	Financial: Yes (travel and subsistence	Commission	Financial: Yes (research funding) Amount
	Platform on Food	reimbursed). Amount received per annum over	(H2020)	received per annum over £5,000: Yes
	for Life	£5,000: No		Subject matter: Fostering "Responsible
		Subject matter: Research funding prioritisation		Research and Innovation" (RRI) uptake in
		in the area of consumer behaviour		current research and innovations system
		Dates: 2015-present		Dates: 2016 to 2018

	PERSONAL INTERES	STS	NON-PERSONAL INT	ERESTS
Member	Organisation	Details	Organisation	Details
			Food Standards	Nature of interest: Research
			Agency	Financial: Yes (research funding). Amount
				received per annum over £5,000: Yes
				Subject matter: Systematic review of the
				relative proportion of foodborne disease caused
				by faults in food preparation or handling within
				the home
				Dates: 2016 to 2017
			Optimum Health	Nature of interest: Research
			Clinic Foundation	Financial: Yes (research funding). Amount
				received per annum over £5,000: Yes
				Subject matter: The role of integrative
				medicine for chronic fatigue syndrome and
				myalgic encephalomyelitis
				Dates: 2015 to 2018
			European	Nature of interest: Research
			Commission	Financial: Yes (research funding). Amount
			(H2020)	received per annum over £5,000: Yes
				Subject matter: Research infrastructure on
				consumer health and food intake for e-science
				with linked data sharing
				Dates: 2015 to 2018

PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Organisation	Details	Organisation	Details
		Safefood	Nature of interest: ResearchFinancial: Yes (research funding) Amountreceived per annum over £5,000: NoSubject matter: The impact of cooking andrelated food skills on healthiness of dietsDates: 2014 to 2016
		Safefood	Nature of interest: Research Financial: Yes (research funding). <i>Amount</i> <i>received per annum over £5,000</i> : No Subject matter: Investigation into the balance of healthy versus less-healthy food promotions among Republic of Ireland food retailers Dates: 2016 to 2017
		Safefood	Nature of interest: Research Financial: Yes (research funding). <i>Amount</i> received per annum over £5,000: No Subject matter: 'Do nutrient and health claims have an impact on the perceived healthiness and the amount of food/meals eaten by adults on the Island of Ireland?' Dates: 2016 to 2017
			Organisation Details Organisation Safefood Safefood Image: Safefood Safefood Image: Safefood Safefood

	PERSONAL INTERES	TS	NON-PERSONAL INT	ERESTS
Member	Organisation	Details	Organisation	Details
Professor Angus Walls	GlaxoSmithKline	Nature of interest: Consultancy Financial: Yes (honoraria received). Amount received per annum over £5,000: No Subject matter: Oral healthcare for older people Dates: 2014 to present	GlaxoSmithKline	Nature of interest: Research grant Financial: Yes (research funding jointly with University of Sheffield). <i>Amount received per</i> <i>annum over £5,000</i> : Yes Subject matter: Attitudes of older consumers to Oral Health Care a qualitative study Dates: 2014 to 2016
	Oral and Dental Research Trust	Nature of interest: Director and Chair Financial: No Subject matter: Charity that funds oral and dental research Dates: 2013 to present	GlaxoSmithKline	Nature of interest: BBSRC CASE studentshipsponsored by GlaxoSmithKlineFinancial: Yes (student funding). Amountreceived per annum over £5,000: YesSubject matter: Barriers to achieving a highstandard of personal oral health careDates: 2016 to 2019
Dr Stella Walsh	Kraft-Heinz Company	Nature of interest: Consumer memberFinancial: Yes (honoraria received). Amountreceived per annum over £5,000: NoSubject matter: Advising on consumer trendsDates: 2013 to end of 2016	None	N/A

	PERSONAL INTERES	TS	NON-PERSONAL INT	ERESTS
Member	Organisation	Details	Organisation	Details
	National Federation	Nature of interest: Consumer member		
	of Consumers	Financial: No		
		Subject matter: Member of food network,		
		responses made to government consultations		
		on food issue		
		Dates: 1980 to present		
Professor Charlotte	United Nations	Nature of interest: Chair of UNICEF UK group	Medical Research	Nature of interest: Research
Wright	Children's Fund	to establish learning objectives on breastfeeding	Council	Financial: Yes (PhD student funding). Amount
	(UNICEF)	and infant feeding		received per annum over £5,000: Yes
		Financial: No		Subject matter: The role of weight gain in the
		Subject matter: To establish learning		identification of under and over nutrition
		objectives on breastfeeding and infant feeding		Dates: 2012 to 2016
		in the first year of life for medical students and		
		junior doctors.		
		Dates: 2017 to present		
			Chief Scientists	Nature of interest: Research grant
			Office, Scotland	Financial: Yes (research funding received).
				Amount received per annum over £5,000: Yes
				Subject matter: The role of weight gain in the
				identification of under and over nutrition
				Dates: 2013 to 2016

	PERSONAL INTERES	тѕ	NON-PERSONAL INTI	ERESTS
Member	Organisation	Details	Organisation	Details
			Yorkhill Children's	Nature of interest: Research grant
			Charity	Financial: Yes (research funding received).
				Amount received per annum over £5,000: Yes
				Subject matter: The role of weight gain in the
				identification of under and over nutrition
				Dates: 2013 to 2016
			Glasgow Children's	Nature of interest: Research grant
			Hospital Charity /	Financial: Yes (research funding received).
			Scottish	Amount received per annum over £5000: Yes
			Government	Subject matter: Investigation Of The
				Incidence, Demographics And Nutritional
				Profile Of Childhood Vitamin D Deficiency In
				Greater Glasgow And Clyde
				Dates: 2016 to 2018
			National Institute for	Nature of interest: Research grant
			Health Research	Financial: Yes (research funding received).
				Amount received per annum over £5000: Yes
				Subject matter: Evaluation of the Healthy Start
				Voucher Scheme in UK: a natural experiment
				using the Growing Up in Scotland record
				linkage study and the Infant Feeding Survey.
				Dates: 2015 to 2017

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
Professor lan	American	Nature of interest: Guest editor for special	None	N/A
Young	Association for	issue of Clinical Chemistry		
	Clinical Chemistry	Financial: No		
		Subject matter: Editing of a special issue on		
		obesity, including its relationship with dietary		
		fats intake		
		Dates: March 2017 to present		

SACN Subgroup on Materna	I and Child Nutrition (SMCN)
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		PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member		Organisation	Details	Organisation	Details
Professor Anderson	Annie	Bowel Cancer UK	Nature of interest: Member, advisory board Financial: No Subject matter: Bowel cancer Dates: 2006 to present	EU Framework 6	Nature of interest: Research grant Financial: Yes (research funding received). Amount received per annum over £5,000: Yes Subject matter: Social innovation to improve physical activity and sedentary behaviour through elite European Football Clubs Dates: 2013 to 2018
		Scottish Cancer Foundation	Nature of interest: Member, Board of Directors Financial: No Subject matter: Cancer Dates: 2006 to present	Scottish Government	Nature of interest: Research grant Financial: Yes (research funding received) Amount received per annum over £5,000: Yes Subject matter: A pilot study of the feasibility and patient-related outcomes of performing a walking intervention in patients undergoing treatment for rectal cancer Dates: 2014 to 2016

	PERSONAL INTERES	TS	NON-PERSONAL INT	NON-PERSONAL INTERESTS		
Member	Organisation	Details	Organisation	Details		
	Scottish Cancer	Nature of interest: Co-director	National Institute for	Nature of interest: Research grant		
	Prevention Network	Financial: No	Health Research	Financial: Yes (research funding received).		
		Subject matter: Cancer prevention		Amount received per annum over £5,000: Yes		
		Dates: 2009 to present		Subject matter: Long term weight loss		
				trajectories in participants in a randomised		
				controlled trial of a weight management and		
				healthy lifestyle programme for men delivered		
				through professional football clubs.		
				Dates: 2015 to 2016		
	Breast Cancer Now	Nature of interest: Breast cancer NOW policy	Surgical	Nature of interest: Research		
	(Scotland)	advisor	Endowment Funds	Financial: Yes (research funding received).		
		Financial: No		Amount received per annum over £5,000: No		
		Subject matter: Breast cancer		Subject matter: Lifestyle in patients at		
		Dates: 2012 to present		increased risk of colorectal cancer		
				Dates: 2014 to 2016		
	First Steps Nutrition	Nature of interest: Patron	Scottish	Nature of interest: Research grant		
	Trust	Financial: No	Government	Financial: Yes (research funding received).		
		Subject matter: Maternal and child nutrition		Amount received per annum over £5,000: Yes		
		Dates: 2015 to present		Subject matter: A feasibility study to assess		
				the impact of a lifestyle intervention in people		
				attending family history clinics with an increased		
				risk of colorectal or breast cancer		
				Dates: 2015 to 2016		

	PERSONAL INTERES	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details	
	MRC-NPRI Scientific	Nature of interest: Chair	NHS Health	Nature of interest: Research grant	
	Committee of	Financial: Yes (travel reimbursed). Amount	Scotland	Financial: Yes (research funding received).	
	National Prevention	received per annum over £5,000: No		Amount received per annum over £5,000: Yes	
	Research Initiative	Subject matter: Nutrition research		Subject matter: Process evaluation of the	
		Dates: 2004 to present		implementation of universal free school meals	
				Dates: 2014 to 2016	
	Scottish	Nature of interest: Advisor	Scottish	Nature of interest: Research grant	
	Government	Financial: No	Government	Financial: Yes (research funding received).	
		Subject matter: Review of infant feeding		Amount received per annum over £5,000: Yes	
		survey		Subject matter: Stratifying risk of colorectal	
		Dates: 2015 to present		disease in order to direct the use of	
				colonoscopy in symptomatic patients	
				Dates: 2015 to 2017	
	Population Health	Nature of interest: Member	NHS Tayside	Nature of interest: Research grant	
	Services research	Financial: Yes (travel and subsistence		Financial: Yes (research funding received).	
	Committee	reimbursed). Amount received per annum over		Amount received per annum over £5,000: Yes	
		£5,000: No		Subject matter: Obesity and pregnancy	
		Subject matter: Research awards		Dates: 2016	
		Dates: 2015 to present			
	Health Services and	Nature of interest: Member			
	Population Health	Financial: Yes (travel reimbursed). Amount			
	Committee, Scottish	received per annum over £5,000: No			
	Government	Subject matter: Population health			
		Dates: 2015 to present			

	PERSONAL INTERESTS		NON-PERSONAL INTI	ERESTS
Member	Organisation	Details	Organisation	Details
	Nutrition & Dietetics	Nature of interest: Editorial Board member		
	(Dieticians	Financial: No		
	Association of	Subject matter: Editorial		
	Australia)	Dates: 2014 to present		
	Health Promotion	Nature of interest: Editorial Board member		
	Journal of Australia	Financial: No		
		Subject matter: Editorial		
		Dates: 2013 to present		
	International	Nature of interest: Editorial Board member		
	Journal of	Financial: No		
	Behaviour, Nutrition	Subject matter: Editorial		
	and Physical	Dates: 2007 to present		
	Activity			
	Journal of Human	Nature of interest: Editorial Board member		
	Nutrition and	Financial: No		
	Dietetics	Subject matter: Editorial		
		Dates: 1992 to present		

	PERSONAL INTEREST		TS	NON-PERSONAL INTI	ERESTS
Member		Organisation	Details	Organisation	Details
	Alan	Nutrition Institute	Nature of interest: Director for nutrition	Gilead Sciences Ltd	Nature of interest: Son in employment
Jackson		for Health Research,	research		Financial: No
		Department of	Financial: Yes (research income, salary,		Subject matter: N/A
		Health: Nutrition	administrative support received). Amount		Dates: On-going
		Research	received per annum over £5,000: Yes		
			Subject matter: Health research		
			Dates: 2015 to 2016		
		Association for	Nature of interest: President/Chair/Trustee	Department for	Nature of interest: Research
		Nutrition	Financial: No	International	Financial: Yes (research grant). Amount
			Subject matter: Professional regulator	Development	received per annum over £5,000: No
			Dates: 2015 to present		Subject matter: Research grant through PATH
					for development of educational tools
					Dates: 2014 to 2017
		World Cancer	Nature of interest: Chair of the continuous		
		Research Fund	update committee		
			Financial: Yes (honoraria received, travel and		
			subsistence reimbursed). Amount received per		
			annum over £5,000: No		
			Subject matter: Health research		
			Dates: 2008 to 2016		

	PERSONAL INTERESTS I		NON-PERSONAL INT	ERESTS
Member	Organisation	Details	Organisation	Details
	World Health	Nature of interest: Nutrition Topic Advisory		
	Organization	Group: Chair of guideline development group		
		Financial: Yes (travel and subsistence		
		reimbursed). Amount received per annum over		
		£5,000: No		
		Subject matter: Obesity in childhood and		
		adolescence		
		Dates: 2015 to present		
	Hugh Sinclair Trust,	Nature of interest: Member of Trust Advisory		
	Reading University	Board		
		Financial: No		
		Subject matter: N/A		
		Dates: 2015 to present		
	International	Nature of interest: Chair		
	Malnutrition Task	Financial: No		
	Force	Subject matter: Malnutrition		
		Dates: 2015 to present		

	PERSONAL INTERES	PERSONAL INTERESTS		ERESTS
Member	Organisation	Details	Organisation	Details
Professor Mairead			European	Nature of interest: Research
Kiely			Commission	Financial: Yes (research funding). Amount
				received per annum over £5,000: Yes
				Subject matter: Research on effects of
				bioactive constituents on cardiovascular health
				Dates: 2012 to 2016
			European	Nature of interest: Research
			Commission	Financial: Yes (PhD student funding and
				research funding). Amount received per annum
				over £5,000: Yes
				Subject matter: ODIN: develop effective, safe
				& sustainable food-based solutions to eradicate
				vitamin D deficiency & improve health across
				the life cycle
				Dates: 2013 to 2017
			Irish Government	Nature of interest: Research
			Department of	Financial: Yes (PhD student funding and
			Agriculture and	research funding). Amount received per annum
			Food	<i>over £5,000</i> : Yes
				Subject matter: Research on effects of
				polyphenols on cardiovascular disease
				Dates: 2013 to 2017

	PERSONAL INTERES	тѕ	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
			National Children's	Nature of interest: Research
			Research Centre,	Financial: Yes (PhD student funding and
			Dublin, Ireland	research funding). Amount received per annum
				<i>over £5,000</i> : Yes
				Subject matter: Cork BASELINE Birth Cohort;
				Dates: 2008 to 2016
			Science Foundation	Nature of interest: Research
			Ireland	Financial: Yes (PhD student funding and
				research funding). Amount received per annum
				<i>over £5,000</i> : Yes
				Subject matter: PINPOINT Personalised
				nutrition for the preterm infant
				Dates: 2015 to 2018
			Danone Early Life	Nature of interest: Research
			Nutrition	Financial: Yes (PhD student funding and
				research funding). Amount received per annum
				<i>over £5,000</i> : Yes
				Subject matter: Research on effects of iron on
				neurocognitive outcomes in young children
				Dates: 2012 to 2016

	PERSONAL INTERESTS		NON-PERSONAL IN	NON-PERSONAL INTERESTS		
Member	Organisation	Details	Organisation	Details		
			Danone Early Life Nutrition	Nature of interest: ResearchFinancial: Yes (research funding). Amountreceived per annum over £5,000: YesSubject matter: PINPOINT Personalisedputrition for the protorm infent		
			Mead Johnson	nutrition for the preterm infant Dates: 2015 to 2018 Nature of interest: Research		
			Nutrition	Financial: Yes (PhD student funding and research funding). <i>Amount received per annum</i> <i>over £5,000</i> : Yes Subject matter: COMBINE Cork Nutrition and Microbiome Maternal-Infant Cohort Study Dates: 2015 to 2020		
			Fresenius Kabi	Nature of interest: ResearchFinancial: Yes (research funding). Amountreceived per annum over £5,000: YesSubject matter: PINPOINT Personalisednutrition for the preterm infantDates: 2015 to 2018		

PERSONAL INTERESTS		NON-PERSONAL INTERESTS		
Member	Organisation	Details	Organisation	Details
			Crème Global Nutrition	Nature of interest: Research Financial: Yes (research funding). Amount received per annum over £5,000: Yes Subject matter: PINPOINT Personalised nutrition for the preterm infant Dates: 2015 to 2018
Professor Sian Robinson	First Steps Nutrition Trust	Nature of interest: Trustee Financial: No Subject matter: Maternal and child nutrition Dates: 2015 onwards	None	N/A
	Biotechnology and Biological Sciences Research Council	Nature of interest: Panel member Financial: Yes (honoraria received). Amount received per annum over £5,000: No Subject matter: Grant awards Dates: 2016 onwards		

SACN Saturated Fats Working Group

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
Dr Jules Griffin	GlaxoSmithKline	Nature of interest: Shareholder Financial: Yes (shareholdings). Value of shares	National Institute of Health	Nature of interest: Grant funding Financial: Yes (research funding). Amount
		<i>over £5,000</i> : No Subject matter : N/A Dates : 2015 to 2016		received per annum over £5,000: Yes Subject matter: Investigating mitotoxicology Dates: 2015 to 2016
			European Union	Nature of interest: Grant funding Financial: Yes (research funding). Amount received per annum over £5,000: Yes Subject matter: Developing bioinformatics tools for metabolomics Dates: 2015 to 2016
			Biotechnology and Biological Sciences Research Council	Nature of interest: Grant funding Financial: Yes (research funding). <i>Amount</i> <i>received per annum over £5,000</i> : Yes Subject matter: Developing bioinformatics tools for metabolomics Dates: 2015 to 2016

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS		
Member	Organisation	Details	Organisation	Details	
			GlaxoSmithKline	Nature of interest: Grant funding	
				Financial: Yes (PhD student funding/research	
				funding paid to University). Amount received per	
				annum over £5,000: Yes	
				Subject matter: Hypoxia and mitochondrial	
				toxicity	
				Dates: March 2017 to present	
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	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
Professor Mike Kelly	Slimming World	Nature of interest: Consultancy Financial: Yes (honoraria received, travel and subsistence reimbursed). <i>Amount received per</i> <i>annum over £5,000</i> : No Subject matter: Advising on general approaches to obesity prevention Dates: 2015 to present		
Dr Anthony Williams	None	N/A	None	N/A

Joint SACN/COT¹ Working Group on the timing of introduction of allergenic foods into the infant diet

¹ Committee on Toxicity of Chemicals in Food, Consumer Products and the Environment (COT)

Joint SACN / NHS England / Diabetes UK Wo	/orking Group on low carbohydrate /	high fat diets for people with type 2 diabetes
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	PERSONAL INTERESTS NO		NON-PERSONAL INT	ERESTS
Member	Organisation	Details	Organisation	Details
Dr Pamela Dyson	Diabetes UK	Nature of interest: Co-chair of nutrition working	None	N/A
		group		
		Financial: No		
		Subject matter: Revising and updating dietary		
		guidelines for management of diabetes		
		Dates: 2015 to date		
	Oxford Health	Nature of interest: Voluntary CEO of		
	Alliance	registered charity		
		Financial: No		
		Subject matter: Preventing non-communicable		
		disease		
		Dates: 2010 to date		
	Roche	Nature of interest: Consultancy		
		Financial: Yes. Amount received per annum		
		<i>over £5,000:</i> No		
		Subject matter: Developing an on-line		
		carbohydrate counting module		
		Dates: 2008 only		

	PERSONAL INTERES	STS	NON-PERSONAL INT	ERESTS
Member	Organisation	Details	Organisation	Details
	Medicine Matter	Nature of interest: Consultancy		
	Diabetes	Financial: Yes. Amount received per annum		
		over £5,000: No		
		Subject matter: Producing dietary guidelines		
		for management of diabetes for GPs education		
		programme		
		Dates: 2017		
	Novo Nordisk	Nature of interest: Fee paid for speaking at		
		conference		
		Financial: Yes (honoraria and expenses).		
		Amount received per annum over £5,000: No		
		Subject matter: Dietary management of		
		diabetes		
		Dates: 2013-2016		
	John Wiley	Nature of interest: Editorial board fee for		
		Practical Diabetes/writing and editing		
		book/writing commissioned articles		
		Financial: Yes (honoraria and expenses).		
		Amount received per annum over £5,000: No		
		Subject matter: Dietary management of		
		diabetes		
		Dates: 2014 to date		

	PERSONAL INTERESTS N		NON-PERSONAL INTI	ERESTS
Member	Organisation	Details	Organisation	Details
	Oxford University	Nature of interest: Royalties for book		
	Press	Financial: Yes (royalties). Amount received per		
		annum over £5,000: No		
		Subject matter: Dietary management of		
		diabetes		
		Dates: 2014 to date		
	Janssen	Nature of interest: Fee paid for speaking at		
		conference		
		Financial: Yes (honoraria and expenses).		
		Amount received per annum over £5,000: No		
		Subject matter: Dietary management of		
		diabetes		
		Dates: 2015		
	Omnia Med	Nature of interest: Fee paid for speaking at		
		conference		
		Financial: Yes (honoraria and expenses.		
		Amount received per annum over £5,000: No		
		Subject matter: Dietary management of		
		diabetes		
		Dates: 2016 only		

	PERSONAL INTERES	TS	NON-F	NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organ	isation	Details
	Lilly	Nature of interest: Fee paid for speaking at			
		conference			
		Financial: Yes (honoraria and expenses).			
		Amount received per annum over £5,000: No			
		Subject matter: Dietary management of			
		diabetes			
		Dates: 2017 only			
Professor Nita	International Life	Nature of interest: Member of expert group on	MRC	Epidemiology	Nature of interest: Core funding for
Forouhi	Sciences Institute	'Update on health effects of different dietary	Unit		programme of research in nutritional
	(ILSI) Europe	saturated fats'			epidemiology
		Financial: No (travel and subsistence will be			Financial: Yes (Research funding; PhD student
		reimbursed if required). Amount received per			funding). Amount received per annum over
		annum over £5,000: No			£5,000: Yes
		Subject matter: systematic review of different			Subject matter: understanding the links
		dietary saturated fats and risk factors for			between diet and health; using dietary
		cardiometabolic health			assessment methods with greater precision,
		Date: March 2017 to present			including use of objective biomarkers of
					nutrition, understanding causality and gene-diet
					interactions.
					Dates: 2005 to present

	PERSONAL INTERESTS		NON-PERSONAL INT	ERESTS
Member	Organisation	Details	Organisation	Details
	Diabetes UK	Nature of interest: Recipient of Rank NutritionLecture AwardFinancial: Yes. Amount received per annumover £5,000: NoSubject matter: delivered keynote lecture ondietary priorities for the prevention of type 2diabetesDate: March 2017		
	PHE	Nature of interest: Honorary Consultant Public Health Physician Financial: No. Amount received per annum over £5,000: No Subject matter: Honorary role Dates: 2013 to present		

	PERSONAL INTERESTS NO		NON-PERSONAL INT	ERESTS
Member	Organisation	Details	Organisation	Details
	Public Health Genomic Foundation	Nature of interest: Member of the Board of Trustees Financial: No. Amount received per annum		
	(University of Cambridge)	over £5,000: No Subject matter: Duties as Board of Trustees include oversight of governance structures, including financial and ethical issues Dates: Nov 2017 to present		
	Diabetes UK	 Nature of interest: DUK Research Committee member Financial: No. Amount received per annum over £5,000: No Subject matter: Expert adviser on reviews of grants Dates: 2012 to 2016 		

	PERSONAL INTERESTS N		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
	Diabetic Medicine - Journal	Nature of interest: Associate Editor of journal Financial: Yes. Amount received per annum over £5,000: No Subject matter: review of and advice on scientific articles submitted to the journal Dates: 2013 to present		
	Diabetes UK	Nature of interest: Expert adviser to Diabetes UK dietary guidelines and position statements Financial: No. Amount received per annum over £5,000: No Subject matter: Expert adviser on guidelines Dates: 2016 to present		

	PERSONAL INTER	ESTS	NON-PERSONAL INT	TERESTS
Member	Organisation	Details	Organisation	Details
	British Medical	Nature of interest: Series co-lead for 12		
	Journal	articles for the BMJ. The publication (open		
		access) and launch of these articles is		
		sponsored for the BMJ by Swiss Re.		
		Financial: No for BMJ series co-lead role. Yes		
		for travel/accommodation for 2 days for series		
		launch meeting. Amount received per annum		
		over £5,000: No		
		Subject matter: critical review of the science		
		and politics of food and health. Co-lead of		
		series, and lead author of 2 papers (dietary fats;		
		dietary management of diabetes)		
		Dates: 2017 to present		
	NICE	Nature of interest: Expert adviser for the NICE		
		Centre for Guidelines (CfG)		
		Financial: No. Amount received per annum		
		<i>over £5,000</i> : No		
		Subject matter: Expert adviser on updating		
		guidelines, participation in committees as a		
		topic specialist member, performing peer		
		reviews.		
		Dates: 19/12/2017 to 19/12/2020		

	PERSONAL INTERES	PERSONAL INTERESTS N		ERESTS
Member	Organisation	Details	Organisation	Details
	BBC TV	Nature of interest: interview broadcast on		
		BBC2 'Trust me I'm a Doctor"		
		Financial: No. Amount received per annum		
		<i>over £5,000</i> : No		
		Subject matter: I co-led a randomised trial		
		comparing different types of fats and oils and		
		cardiovascular risk, which was covered by the		
		BBC.		
		Dates: June 2017- Jan 2018		
	Gloucestershire	Nature of interest: Gloucestershire Diabetes		
	Care Services NHS	Conference. Honorarium for talk to clinical and		
	Trust	allied health professionals in one CCG area in		
		England		
		Financial: Yes. Amount received per annum		
		over £5,000: No		
		Subject matter: Dietary solutions for the		
		prevention of diabetes.		
		Dates: 13 June 2017		

	PERSONAL INTERESTS		NON-PERSONAL INTI	ERESTS
Member	Organisation	Details	Organisation	Details
Dr Rachel Pryke	Primary Care Obesity Training Ltd	Nature of interest: Own limited company through which I run obesity training courses and develop training resources Financial: Yes. Amount received per annum over £5,000: No Subject matter: Obesity education Dates: 2016 to present		
	NICE Fellowship 2015-2018	Nature of interest: Fellowship - ambassadorial role for NICE focusing on obesity and nutrition Financial: No Subject matter: Representative role relating to obesity, nutrition and liver disease. Dates: 2015 to end March 2018		

	PERSONAL INTER	PERSONAL INTERESTS NO		ERESTS
Member	Organisation	Details	Organisation	Details
	WHO Europe	Nature of interest: Development and delivery		
		of obesity training course materials		
		Financial: Yes. Amount received per annum		
		<i>over £5,000</i> : No		
		Subject matter: Obesity training for primary		
		care audiences		
		Dates: 2015 to 2016		
	NICE	Nature of interest: Member of NICE NAFLD		
		guideline development group and NICE Quality		
		Standards Advisory Committee on liver disease		
		2016-2017		
		Financial: Yes (travel and expenses). Amount		
		received per annum over £5,000: No		
		Subject matter: Non-alcoholic fatty liver		
		disease		
		Dates: 2014- 2016		

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
	Journal of Diabetes	Nature of interest: Article		
	Nursing Honorarium	Financial: Yes (honorarium). Amount received		
		per annum over £5,000: No		
		Subject matter: Article on liver disease		
		Dates: 2016		
	SCOPE/World	Nature of interest: Clinical Care Committee		
	Obesity	member		
		Financial: No. Amount received per annum		
		over £5,000: No		
		Subject matter: Educational projects and e-		
		learning development on obesity		
		Dates: 2017 to present		
	Obesity E-learning -	Nature of interest: Authorship of 3 sessions		
	IMP	Financial: Yes (honorarium). Amount received		
		per annum over £5,000: No		
		Subject matter: E learning on obesity, raising		
		the topic of weight and child obesity.		
		Dates: 2016 to 2017		

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
	PHE	Nature of interest: Obesity Priority PreventionBoard Committee memberFinancial: Yes (travel and expenses). Amountreceived per annum over £5,000: NoSubject matter: Obesity strategy discussionDates: 2015 to 2017		
	NEC Primary Care & Public Health	Nature of interest: Conference presentation Financial: Yes (honoraria for presentation). <i>Amount received per annum over £5,000</i> : No Subject matter: two talks on liver Disease and raising topic of weight Dates: 2017		,

PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Organisation	Details	Organisation	Details
PHE	Nature of interest: National ChildMeasurement Programme Reference Groupmember (GP representative)Financial: Yes (travel expenses for meetingattendance). Amount received per annum over $\pounds 5,000$: NoSubject matter: Discussions on childhoodobesity strategies and initiativesDates: 2014 to present		
Novo Nordisk	 Nature of interest: Roundtable on Medical Education conference in Copenhagen Financial: Yes (travel and accommodation expenses). Amount received per annum over £5,000: No Subject matter: Medical education on obesity Dates: December 2017 		
	PHE	PHENature of interest: National Child Measurement Programme Reference Group member (GP representative) Financial: Yes (travel expenses for meeting attendance). Amount received per annum over £5,000: NoSubject matter: Discussions on childhood obesity strategies and initiatives Dates: 2014 to presentNovo NordiskNature of interest: Roundtable on Medical Education conference in Copenhagen Financial: Yes (travel and accommodation expenses). Amount received per annum over £5,000: NoSubject matter: Discussions on childhood obesity strategies and initiatives Dates: 2014 to presentNovo NordiskNature of interest: Roundtable on Medical Education conference in Copenhagen Financial: Yes (travel and accommodation expenses). Amount received per annum over £5,000: No Subject matter: Medical education on obesity	PHE Nature of interest: National Child Measurement Programme Reference Group member (GP representative) Financial: Yes (travel expenses for meeting attendance). Amount received per annum over £5,000: No Subject matter: Discussions on childhood obesity strategies and initiatives Dates: 2014 to present Dates: 2014 to present Novo Nordisk Nature of interest: Roundtable on Medical Education conference in Copenhagen Financial: Yes (travel and accommodation expenses). Amount received per annum over £5,000: No Subject matter: Medical education on obesity

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
Professor Roy	ADIT Conferences	Nature of interest: Lectures on the	Diabetes UK	Nature of interest: Co-Chief Investigator,
Taylor	Board	pathophysiology of type 2 diabetes		Research Grant: Diabetes Remission Clinical
		Financial: Yes (expenses). Amount received		Trial.
		per annum over £5,000: No		Financial: Yes (awarded to Newcastle
		Subject matter: Pathophysiology and clinical		University). Amount received per annum over
		information		£5,000: Yes (£2.4 million total)
		Dates: 2017 to present		Subject matter: This involves study of the
				effectiveness and underlying mechanisms of
				reversal of type 2 diabetes by dietary means.
				Dates: 2014-present
	Novartis	Nature of interest: Non-promotional lectures to	Diabetes UK	Nature of interest: Chief Investigator, Research
		doctors		Grant: Reversal of Type 2 Diabetes Upon Return
		Financial: Yes (fees and travel expenses).		to Normal Eating in Non-obese people
		Amount received per annum over £5,000: No		(ReTUNE).
		Subject matter: The nature of type 2 diabetes		Financial: Yes. Amount received per annum
		and relationship of DPP4 inhibition to		over £5,000: Yes £500,000 total awarded to
		pathogenesis and progression of diabetes.		Newcastle University
		Dates: 2014-2017		Subject matter: This involves study of the
				personal fat threshold during reversal of type 2
				diabetes in non-obese people by calorie
				restriction. Dates: January 2018-present
l				

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
	Lilly	Nature of interest: Academic Nature of interest: Lectures on the nature of type 2 diabetes and chairing educational meetings Financial: Yes (expenses). Amount received per annum over £5,000: No Subject matter: Academic and clinical information on type 2 diabetes Dates: 2015 to present		
	Diabetes UK	Nature of interest: Chair of Trial steering Group for the DUK funding trial: 'Gestational weight gain, gestational diabetes and pregnancy outcomes. A multi-site randomised controlled interventional study'. Financial: No. Subject matter: evaluation of calorie restriction in pregnancy. Dates: August 2018 to present		
		Dates: August 2018 to present		

	PERSONAL INTERESTS		NON-PERSONAL INTERESTS	
Member	Organisation	Details	Organisation	Details
Mr Douglas	HEALTHSPAN LTD	Nature of Interest: Consultancy	Diabetes UK	Permanent working contract with Diabetes UK as
Twenefour		Financial: Yes (honorarium). Amount received	(Current Employer)	Deputy Head of Care. Diabetes UK has corporate
		per annum over £5,000: No (£300).		partnerships with various companies listed here
		Subject matter: Round table discussion with		https://www.diabetes.org.uk/Get_involved/Corpor
		other experts about dietary management of		ate/Acknowledgements/
		diabetes		
		Date: 2017 only		
Ms Ruth Waxman	none	n/a	none	n/a
			·	