Liquid based cytology (LBC) and national policy

What is LBC?

A new way of collecting and preparing cervical samples for examination in the laboratory

Collection

A brush is used to collect cells from the neck of the womb.

Preservation

(This may vary depending on system used locally)
The head of the brush, where the cells are lodged, is either broken off or rinsed into a glass vial containing preservative fluid.

Laboratory

The sample illuminated treated to remove obscribed materia. A selection of the remaining cells are sampled and a stiff of vervices ransferred onto a slide which examined under a microscope.

Frequently asked questions

What are the benefits of LBC?

Who Benefits

Women Reduction in inadequate tes will les ap Nomen's anxiety and

uncertainty. LBC will also reduce tink women will wait for their results as

slides can be reported more quickly.

Staff Reduces the number inadequate tests, and the pressure on a skilled

workforce.

Will women notice a difference when they have their cervical test?

No, the test will not feel any different, although the men may notice a slight difference in the way their sample is prepared.

When will LBC be introduced?

LBC is currently being introduced across angland as laboratory staff and sample takers are retrained. Roll-out should be completed a 20.38. The actual timescale is determined locally by SHAs and PCTs.

Protocol for cervical screening

Age group

25 25-49 50-64

Frequency

first invitation 3 yearly 5 yearly Introduction of the changes in frequency will follow locally determined timescales

only screen those whose last three tests included an abnormal result¹

The effectiveness of screening

- Incidence of cervical cancer fell by 42 per cent between 1988 and 1997 (England & Wales). This fall is directly related to the cervical screening programme².
- Cervical screening now prevents approximately 5,000 deaths a year³ in the UK.

For more information visit www.cancerscreening.nhs.uk

¹ Sasieni P, Adams JK, Cuzick J, BJC 2003, 89: 88-93 / IARC, Handbook of Cancer Prevention No.10 (www.iarc.fr)

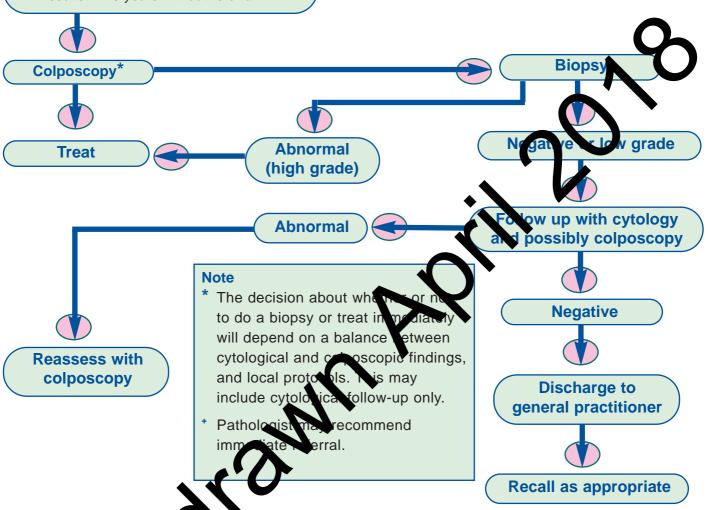
² National Statistics, Health Quarterly Statistics 07, Autumn 2000

³ Peto J et al, The Lancet, 2004, 364:249-56

Refer after cytology if result is:

- Inadequate on three occasions
- Borderline on three occasions*
- Mild dyskaryosis on two occasions*
- Moderate dyskaryosis on one occasion
- Severe dyskaryosis on one occasion
- ? Invasive / ? Glandular: urgent referral
- Three borderline or more severe results in 10 years without referral

PROTOCOL FOR MANAGEMENT OF ABNORMAL RESULTS



Recall protocol for negative screening results

Patient's history

No previous cervic I schening history

Previous screening results negative

Work a ared 65 and over with no previous a gative screening history

Previous abnormal cytology

Previously treated for CIN

Previous CIN1 (not treated)

Recall interval

Routine recall

Routine recall

Three consecutive negative tests, no further recall

For all and a local and a loca

For minor abnormalities (borderline and mild dyskaryosis) follow protocol for the particular abnormality

Follow-up protocol for patients treated for CIN

At least 3 negative tests, 6-12 months apart then

routine recall

Reference 'Cervical Screening results explained' (Bankhead C, Austoker J, Davey C. CRUK, 2003) available on the website