

Later Life Newsletter

Later Life Newsletter

Now reaching over 100,000
individuals and organisations

No 36 – June 2012

Falls Awareness Week 18 - 22 June.

Falls Awareness Week offers an opportunity for older people, relatives and carers to find out more about falls and take part in local classes and services that can help prevent them. [visit the website](#) and [access more resources](#)

Carers Week 18 - 24 June Carers UK together with eight national charities - Age UK, Carers UK, Carers Trust, Independent Age, Macmillan Cancer Support, Marie Curie Cancer Care, MS Society and Parkinsons UK will be organising National Carers Week during 18 - 24 June 2012 around the theme "In Sickness and in Health". The aim of which is to celebrate and recognise the UK's six million unpaid carers. [visit carers week website](#)

Age UK launch their Knowledge Hub

Age UK aims to be a knowledge hub for all information relating to older people. Research findings on the older population are accessible for free, as well as a comprehensive range of information for those working with and on behalf of older people. [visit the Knowledge Hub](#)

Enabling older people with long term health conditions to plan ahead – new self help guides. Care & Repair England has produced a series of self help brochures for older people who have one of the main long term health conditions. They consider the connections between symptoms and the design and condition of your own home, look at what people can do to their existing homes to make living with health problems more manageable, as well as outlining the main alternative housing options and information about where to find more detailed advice and help [access the self help guides](#)

Warm Homes for Older People

Resource Guide. National Energy Action, the national fuel poverty charity have published a comprehensive resource guide setting out the range of existing policies and programmes intended to assist older households to maintain a warm and healthy living environment at an affordable cost. [access the Resource Guide](#) Hard copies are available by emailing brian.hart@nea.org.uk

The Heatwave Plan for England has been reissued by the Department of Health and provides advice for individuals, communities and agencies on how to prepare for and respond to severe hot weather and heatwaves. [read the Heatwave plan](#)

Diamond Champions is a campaign run by WRVS to find and celebrate the older people throughout the UK who volunteer and improve life for others in their community. Nominees must be over 60 and don't have to be part of WRVS. Nominations must be received before 27 July 2012 [read more about Diamond Champions](#)

AGenda – the newsletter of the English Forums on Ageing goes online

AGenda's audience is anybody trying to make a positive difference to the lives of older people, and its remit is to spread information, news and views that will help achieve that. Download a copy, subscribe online, suggest a topic or respond to an article. [view AGenda online](#)

FRESH new website! FRESH is for "Fun, Relevant activities to build Energy, Strength and a Healthy balance system". - physical activities are promoted in this new website which provides information about strength and balance training so that you can do the right kinds of physical activities. Also, by answering a few questions, you will help researchers at Bournemouth University who are trying to find the best ways of presenting this information on the Internet. [visit the FRESH website](#)

'Tell Us Once' death registration scheme set for 95% coverage. The *Tell Us Once* service makes reporting a death easier and saves people having to notify numerous central government and council services. *Tell Us Once* notifies 28 key local and central government departments and services in a single appointment with the local authority and is now available in 80% of local authorities with coverage rising to about 95% in the next few months. Further information can be found at: www.direct.gov.uk/death-tellusonce
To subscribe, or provide contributions to future newsletters contact: Simon.wilkinson1@dwp.gsi.gov.uk