

# Later Life Newsletter

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Now reaching over 100,000  
individuals and organisations

No 38 – August 2012

### Lloyds TSB Foundation for England and Wales – Older People Programme Open to Applications

The Lloyds TSB Foundation for England and Wales has launched a new £2 million funding programme. Grants of over £50,000 for up to three years are available to registered charities that are currently working with older people experiencing financial difficulties in England and Wales. Applications must be for work that improves the life choices and chances for older people. The deadline for Expressions of Interest is 20 September 2012 (5pm) [read more about the Programme](#)

**Award winning Seafarers Support.** The Merchant Navy Welfare Board recently won the communications 'Award of Excellence' and 'Best in Class' trophy. These recognised the success of 'Seafarer Support,' an innovative project consisting of a user friendly website, online Maritime Charities Welfare Guide and 'Freephone helpline, designed to help seafarers and their dependants find assistance from the UK maritime charity sector. The Seafarer Support Helpline is available between 9.30 - 4.30 Monday to Friday on **0800 121 4765**. or also access help at: [www.seafarerssupport.org](http://www.seafarerssupport.org)

**Simple Payment service across the UK from autumn 2012.** The Simple Payment service has been designed specifically for those people to receive their state benefits who are unable to make use of mainstream accounts or the Post Office card account. It is not meant for people who already have an account or would be able to open one. [read more about the new service](#)

**Spots of Time – small movements can make a big difference.** Spots of Time is a social enterprise with a mission to make it easier for people to put their spare 'spots of time' to good use in their communities. They work with voluntary and community groups to support them to offer a range of fun, bite-sized activities. With Spots of Time you can give as much or as little time as you like. So whatever it is you love – music, art, reading or chatting over a cup of tea they'll find a place for you to share it with your community. It might not change lives, but chances are it might just make someone's day! [read more](#)

**Community Network** is a charity and social enterprise dedicated to connecting people together to reduce social isolation and improve people's health and well being. Using the latest teleconference technology it creates telephone groups in which individuals can discuss topics important to them from their own home – a free service to all older Londoners over 65. For those that are not yet 65, telephone groups need trained volunteer facilitators, with training provided. For more information call 0207 923 5250, email [enquiries@community-network.org](mailto:enquiries@community-network.org). or visit [www.community-network.org](http://www.community-network.org)

### Heat Heroes Recognition Award Scheme

National Energy Action has launched the Heat Heroes Award Scheme 2012, sponsored by Scottish Power. It aims to recognise individuals within England and Wales who have made a significant contribution in their local community by helping those struggling with the effects of fuel poverty. This can be through work or voluntary activities outside the workplace. [find out how to apply](#) or email [claire.henderson@nea.org.uk](mailto:claire.henderson@nea.org.uk) or call 0191 269 2909.

### The Joseph Rowntree Foundation:

**"Dementia Without Walls"**. JRF is pleased to announce a major new programme of work about dementia. The vision behind this programme is that the UK is a good place for those of us who have dementia to live, and live well. JRF are aware that all of you share this vision and are working in many different ways to help achieve it. JRF hope to engage with many of you during the course of the programme and will keep in touch about their own progress. [find out more](#)

**Measuring Well-being – A guide for practitioners.** This short handbook produced by the Centre for Well-being at the New Economics Foundation is designed primarily for voluntary organisations and community groups delivering projects and services, to help them kick-start the process of measuring well-being outcomes. [read the guide](#)

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