

Later Life Newsletter

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Safe, warm, decent homes for all older people

With the General Election due next year the Older People's Housing Champion's Network has produced its manifesto on housing in an ageing society. It has been sent to local older people's groups with a resource sheet that includes key contacts, relevant resources and suggested questions to ask politicians and policy makers. [read the manifesto](#)

The Cold Weather Plan for England aims to prevent the major avoidable effects on health during periods of cold weather by alerting people to its negative health effects, and enabling them to prepare and respond appropriately. [read more](#)

A New Handbook to support carers of people with dementia

has been launched in Berkshire West. A product of a joint research between Berkshire Healthcare Foundation Trust, the University of Reading's Centre for Information Design Research and Carers, it aims to help people's understanding of dementia also providing practical tools and signposts to local and national support services. [read the handbook](#)

One Impact of Intergenerational Work brings generations together and breaks down

stereotypes! Listen to the interview with Tash Turnbull a young person who supported LinkAge Bristol's intergenerational cooking and Ricky Bush, Senior Intergenerational Community Development Worker. [Read more...](#)

Stay Happy, Healthy and Connected - Independent Age's third [Wise Guide](#) aims to help you plan ahead for older age. It suggests ways to keep in touch, keep active, get involved and enjoy life to the full.

Guardian's Interactive Guide to Social Care allows you to find recommended care for yourself or family members, as well as giving those who work in care a list of opportunities for a career in the sector. Click [here](#) to view this resource

A Better Life poster competition for 7 to 107 year olds is now open! Six Point Foundation is celebrating what is and can be done to make all older people's lives better. Posters can be drawings, paintings, photographs, collages, needlework, mosaic or digital art. Winners get a gift voucher plus a donation to an older people's charity of their choice. Register by 18/12/14 [here](#)

Get Chatting! Chat rooms have proven to be a great way for older people to meet new friends and discuss similar hobbies and interests. My Ageing Parent have put together an informative 'how to' guide on getting started and some important do's and don'ts. [read more](#)

"The Missing Million" - this [report](#) by ILC-UK estimates that unemployment among people aged 50-64 costs the UK economy £88.4bn and that around 1.2 million people over 50 would work if given the chance to.

Proposals include employers offering more part-time work, flexible working hours, working from home and better access for people with physical impairments.

"Appreciating Age" – this [report](#) and [press release](#) by The Commissioner for Older People in Northern Ireland, reveals that the over 60s in Northern Ireland will contribute almost £25 billion to the economy over the next 50 years through volunteering, caring, childcare, replacement parenting and working.

Right to Know Campaign for people with dementia Alzheimer's Society has launched a [campaign](#) for everyone with dementia to receive full information about their diagnosis, and the support available to them.

And finally I should like your feedback. Has your organisation or service been featured in the Later Life Newsletter? If so I would like to know what response you had as a result. For example did your website receive more visits or your switchboard more enquiries? Was it worth your while? I would be grateful for any information you can provide, kind regards, **Simon Wilkinson**.

To subscribe, or provide contributions to future Later Life Newsletters contact:
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