

# Later Life Newsletter

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Now reaching over 100,000  
individuals and organisations

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### First Contact Schemes – online video shows how they can work in your area

A second edition of the [FirstContact Schemes: Extent & Impact Report](#) published by the Elderly Accommodation Counsel surveys the current 35 schemes throughout the country which are looking at ways to link people to local services. An online [video](#) allows those interested in developing FirstContact schemes to get an idea of how the schemes work and the issues to be considered when setting up a scheme.

prevention, early intervention, and is focused on an individual's wellbeing and ability to maintain their independence.

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**We know the population is ageing –** now we must embrace the challenge: join the big [ageing population debate](#)

**A new, brutally honest film *Living with Dementia*** from [Social Care TV](#) reminds us

that although dementia causes the loss of some abilities, people's feelings remain intact. Four people with dementia talk, about their emotions: fear, guilt, embarrassment, isolation, powerlessness and give a deeply moving and personal insight into an often overlooked aspect of the condition.

**Top Ten Tips on caring for someone with dementia** Developed in collaboration with a national caring agency, these top ten pieces of advice are designed to "normalise" the condition as far as possible and accept that whilst dementia is progressive, a good quality of life is still achievable if you can de-stress situations, avoid unnecessary confrontations and follow some simple guidelines. [read more](#)

**Money Advice Services (MAS)** is a free and impartial service set up by government. They offer money advice directly to people across the UK on the web, on the phone and face to face. The MAS [website](#) now includes a [locator tool](#) which can be used to search for local places where free money and budgeting advice is available to the public.

**Six Point Foundation makes grants** to provide UK Jewish Holocaust survivors and refugees in difficult financial circumstances with extra support so that they can live a better life. They provide [grants for individuals](#) and [grants for organisations](#) working with survivors and refugees. Grants for organisations are for welfare projects, rather than Holocaust education [www.sixpointfoundation.org.uk](http://www.sixpointfoundation.org.uk)

**Cabinet Office launches £1million fund to support family carers.** [The Carers Social Action Support Fund](#) is accepting applications up to 22 October from

organisations with plans to expand or develop ambitious social action projects that will help to improve the lives of carers.

**A new report by ILC-UK estimates that the value of volunteering** by people over 50 is estimated by the Royal Voluntary Service to grow from £10bn to £15bn by 2020 but that despite the ageing population, opportunities for older people to work longer could present a challenge to charities that rely on volunteers. [Link to report.](#)

**Care home survey on care of LGBT residents** A [survey](#) of knowledge, attitudes and practices concerning older Lesbian, Gay, Bisexual and Transgender residents in care homes has been jointly carried out by the Universities of Nottingham and Manchester. It found that there is lots of individual goodwill towards old(er) LGBT residents but care homes could be doing more to address the issues in a more strategic way.

**Older Workers:** New figures reveal Watford, north Dorset and the Shetland Islands are leading the way against outdated stereotypes of [older workers](#). They are among local authority districts across Great Britain with the highest rates of employment amongst older workers, according to new information collated by the DWP.

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