



# Ministry of Defence

Ministry of Defence  
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United Kingdom

Ref: FOI2016/07389  
FOI2016/07393

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[REDACTED]

22 August 2016

Dear [REDACTED],

Thank you for your email of 26 July 2016 requesting the following information:

"1) How many staff at the following bases accessed the MOD's Specialist Mental Health Services in this last year 2015/16? The bases I am referring to are...

Station Name: RAF Halton  
Location: Aylesbury, Buckinghamshire  
Postcode: HP22 5PG

Station Name: RAF High Wycombe  
Location: Walters Ash, High Wycombe, Buckinghamshire  
Postcode: HP14 4UE

Station Name: MoD Boscombe Down  
Location: Salisbury, Wiltshire  
Postcode: SP4 0JF

Station Name: RAF Odiham  
Location: Hook Hampshire  
Postcode: RG29 1QT

Station Name: RAF(U) Swanwick  
Location: Southern Hampshire

- 2) Please also send figures for 2014/15, 2013/14, 2012/13, 2011/12.
- 3) Of those, how many were diagnosed with a mental health disorder?
- 4) Can you break this down into the type of problem, i.e. adjustment disorder, mood disorder, PTSD etc."

I am treating your correspondence as a request for information under the Freedom of Information Act 2000.

I also note that MOD has also received a request from you on the same day requesting information on :

"1) How many staff at RAF Benson accessed the MOD's Specialist Mental Health Services in this last year 2015/16?

- 2) Please also send figures for 2014/15, 2013/14, 2012/13, 2011/12.
- 3) Of those, how many were diagnosed with a mental health disorder?
- 4) Can you break this down into the type of problem, i.e. adjustment disorder, mood disorder, PTSD etc." on 26<sup>th</sup> July 2016.

We also note that MOD have provided you with a response to a similar request on mental health at RAF Brize Norton (FOI2016/06475) on 18<sup>th</sup> July 2016.

Under the Appropriate Limit and Fees Regulations public authorities are able to aggregate two or more requests where they relate to any extent, to the same or similar information, provided certain conditions are met. These are where the FOI requests:

- are made by one person, or by different persons who appear to the public authority to be acting in concert or in pursuance of a campaign;
- are received within any period of 60 consecutive working days

Under Section 12(4) of the FOI Act, provided these conditions are met, the Department is permitted to regard the estimated cost of complying with any of the requests to be the estimated total cost of complying with all of them for the purpose of considering whether complying with the request would exceed the appropriate limit.

We are therefore applying exemption 12(4) to all of your requests for information about mental health at RAF stations as they were all received since 21<sup>st</sup> June 2016. MOD has assessed the total cost of complying with all three requests and they do not exceed the appropriate cost limit. However, please note, any further requests on this subject may have the cost of complying aggregated with your previous three requests and may then exceed appropriate cost limits.

A search for the information has now been completed within the Ministry of Defence, and I can confirm that information in scope of your request is held. Some of the information falls entirely within the scope of the absolute exemptions provided for at Section 40 (Personal Data) of the FOIA and has been withheld.

Section 40(2) has been applied to some of the information in order to protect personal information as governed by the Data Protection Act 1998. This is also in line with Joint Service Publication 200 (JSP) in which numbers fewer than five are suppressed in order to reduce the possible inadvertent disclosure of individual identities. Section 40 is an absolute exemption and there is therefore no requirement to consider the public interest in making a decision to withhold the information.

**Table 1** shows the number of RAF personnel based at RAF Benson who were seen at MOD Specialist Mental Health Services for a mental health disorder between 2011/12 and 2015/16, broken down by disorder. **Tables 2, 3, 4, 5 and 6** present similar data for RAF Halton, High Wycombe, Boscombe Down, Odiham and Swanwick respectively.

**Table 1: RAF personnel stationed<sup>1</sup> at RAF Benson seen at MOD Specialist Mental Health Services and by initial assessment<sup>2</sup> at a MOD DCMH<sup>3</sup>. Number.**

2011/12 – 2015/16

RAF Benson	2011/12	2012/13	2013/14	2014/15	2015/16
<b>Seen at MOD SMHSvcs</b>	<b>72</b>	<b>87</b>	<b>86</b>	<b>48</b>	<b>69</b>
<b>Assessed with Mental Disorders (DCMH only)</b>	<b>56</b>	<b>71</b>	<b>68</b>	<b>39</b>	<b>64</b>
<b>Psychoactive substance misuse</b>	~	~	~	~	~
<i>of which disorders due to alcohol</i>	~	~	~	~	~
<b>Mood Disorders</b>	<b>16</b>	<b>13</b>	<b>18</b>	~	<b>18</b>
<i>of which depressive episode</i>	16	12	16	~	16
<b>Neurotic Disorders</b>	<b>31</b>	<b>52</b>	<b>43</b>	<b>26</b>	<b>41</b>
<i>of which Adjustment disorders</i>	21	36	24	13	27
<i>of which PTSD</i>	0	~	0	0	0
<b>Other Mental Health disorders</b>	~	~	~	<b>0</b>	~

Source: DMICP, SSSFT, BFG and JPA

1. With a station location of RAF Benson as recorded on JPA.

2. The sum of each disorder may not equal All Mental Disorders as someone may have been assessed with more than one mental disorder in a financial year.

3. Seen at any MOD DCMH.

4. In line with JSP 200 numbers fewer than five have been suppressed with "~".

**Table 2: RAF personnel stationed<sup>1</sup> at RAF Halton seen at MOD Specialist Mental Health Services and by initial assessment<sup>2</sup> at a MOD DCMH<sup>3</sup>. Number.**

2011/12 – 2015/16

RAF Halton	2011/12	2012/13	2013/14	2014/15	2015/16
<b>Seen at MOD SMHSvcs</b>	<b>85</b>	<b>55</b>	<b>68</b>	<b>78</b>	<b>100</b>
<b>Assessed with Mental Disorders (DCMH only)</b>	<b>44</b>	<b>27</b>	<b>56</b>	<b>59</b>	<b>84</b>
<b>Psychoactive substance misuse</b>	<b>0</b>	<b>~</b>	<b>0</b>	<b>0</b>	<b>0</b>
<i>of which disorders due to alcohol</i>	<i>0</i>	<i>~</i>	<i>0</i>	<i>0</i>	<i>0</i>
<b>Mood Disorders</b>	<b>8</b>	<b>6</b>	<b>28</b>	<b>27</b>	<b>~</b>
<i>of which depressive episode</i>	<i>7</i>	<i>~</i>	<i>22</i>	<i>11</i>	<i>~</i>
<b>Neurotic Disorders</b>	<b>29</b>	<b>16</b>	<b>~</b>	<b>34</b>	<b>60</b>
<i>of which Adjustment disorders</i>	<i>11</i>	<i>8</i>	<i>~</i>	<i>19</i>	<i>40</i>
<i>of which PTSD</i>	<i>~</i>	<i>0</i>	<i>~</i>	<i>~</i>	<i>0</i>
<b>Other Mental Health disorders</b>	<b>7</b>	<b>~</b>	<b>~</b>	<b>0</b>	<b>~</b>

Source: DMICP, SSSFT, BFG and JPA

1. With a station location of RAF Halton as recorded on JPA.

2. The sum of each disorder may not equal All Mental Disorders as someone may have been assessed with more than one mental disorder in a financial year.

3. Seen at any MOD DCMH.

4. In line with JSP 200 numbers fewer than five have been suppressed with “~”.

**Table 3: RAF personnel stationed<sup>1</sup> at RAF High Wycombe seen at MOD Specialist Mental Health Services and by initial assessment<sup>2</sup> at a MOD DCMH<sup>3</sup>. Number.**

2011/12 – 2015/16

RAF High Wycombe	2011/12	2012/13	2013/14	2014/15	2015/16
<b>Seen at MOD SMHSvcs</b>	<b>38</b>	<b>36</b>	<b>32</b>	<b>38</b>	<b>36</b>
<b>Assessed with Mental Disorders (DCMH only)</b>	<b>33</b>	<b>31</b>	<b>29</b>	<b>33</b>	<b>30</b>
<b>Psychoactive substance misuse</b>	<b>0</b>	<b>0</b>	<b>~</b>	<b>0</b>	<b>0</b>
<i>of which disorders due to alcohol</i>	<i>0</i>	<i>0</i>	<i>~</i>	<i>0</i>	<i>0</i>
<b>Mood Disorders</b>	<b>~</b>	<b>~</b>	<b>~</b>	<b>~</b>	<b>10</b>
<i>of which depressive episode</i>	<i>~</i>	<i>~</i>	<i>~</i>	<i>~</i>	<i>9</i>
<b>Neurotic Disorders</b>	<b>18</b>	<b>19</b>	<b>22</b>	<b>20</b>	<b>20</b>
<i>of which Adjustment disorders</i>	<i>11</i>	<i>12</i>	<i>10</i>	<i>6</i>	<i>12</i>
<i>of which PTSD</i>	<i>~</i>	<i>~</i>	<i>~</i>	<i>~</i>	<i>~</i>
<b>Other Mental Health disorders</b>	<b>~</b>	<b>~</b>	<b>0</b>	<b>~</b>	<b>0</b>

Source: DMICP, SSSFT, BFG and JPA

1. With a station location of RAF High Wycombe as recorded on JPA.

2. The sum of each disorder may not equal All Mental Disorders as someone may have been assessed with more than one mental disorder in a financial year.

3. Seen at any MOD DCMH.

4. In line with JSP 200 numbers fewer than five have been suppressed with “~”.

**Table 4: RAF personnel stationed<sup>1</sup> at RAF Boscombe Down seen at MOD Specialist Mental Health Services and by initial assessment<sup>2</sup> at a MOD DCMH<sup>3</sup>. Number.**

2011/12 – 2015/16

RAF Boscombe Down	2011/12	2012/13	2013/14	2014/15	2015/16
<b>Seen at MOD SMHSvcs</b>	<b>14</b>	<b>9</b>	<b>6</b>	<b>5</b>	<b>6</b>
<b>Assessed with Mental Disorders (DCMH only)</b>	<b>13</b>	<b>8</b>	~	~	~
<b>Psychoactive substance misuse</b>	<b>0</b>	<b>0</b>	~	<b>0</b>	<b>0</b>
<i>of which disorders due to alcohol</i>	<i>0</i>	<i>0</i>	~	<i>0</i>	<i>0</i>
<b>Mood Disorders</b>	~	~	~	<b>0</b>	~
<i>of which depressive episode</i>	~	~	~	<i>0</i>	<i>0</i>
<b>Neurotic Disorders</b>	~	~	~	~	~
<i>of which Adjustment disorders</i>	~	~	<i>0</i>	~	<i>0</i>
<i>of which PTSD</i>	<i>0</i>	<i>0</i>	<i>0</i>	~	<i>0</i>
<b>Other Mental Health disorders</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

Source: DMICP, SSSFT, BFG and JPA

1. With a station location of RAF Boscombe Down as recorded on JPA.

2. The sum of each disorder may not equal All Mental Disorders as someone may have been assessed with more than one mental disorder in a financial year.

3. Seen at any MOD DCMH.

4. In line with JSP 200 numbers fewer than five have been suppressed with “~”.

**Table 5: RAF personnel stationed<sup>1</sup> at RAF Odiham seen at MOD Specialist Mental Health Services and by initial assessment<sup>2</sup> at a MOD DCMH<sup>3</sup>. Number.**

2011/12 – 2015/16

RAF Odiham	2011/12	2012/13	2013/14	2014/15	2015/16
<b>Seen at MOD SMHSvcs</b>	<b>50</b>	<b>60</b>	<b>88</b>	<b>70</b>	<b>91</b>
<b>Assessed with Mental Disorders (DCMH only)</b>	<b>40</b>	<b>55</b>	<b>73</b>	<b>64</b>	<b>83</b>
<b>Psychoactive substance misuse</b>	~	~	~	~	~
<i>of which disorders due to alcohol</i>	~	~	~	~	~
<b>Mood Disorders</b>	<b>8</b>	<b>12</b>	<b>30</b>	<b>15</b>	~
<i>of which depressive episode</i>	<i>8</i>	<i>12</i>	<i>25</i>	<i>9</i>	~
<b>Neurotic Disorders</b>	<b>28</b>	<b>41</b>	<b>44</b>	<b>47</b>	<b>49</b>
<i>of which Adjustment disorders</i>	<i>17</i>	<i>30</i>	<i>32</i>	<i>26</i>	<i>31</i>
<i>of which PTSD</i>	<i>5</i>	~	~	~	~
<b>Other Mental Health disorders</b>	~	~	~	~	<b>0</b>

Source: DMICP, SSSFT, BFG and JPA

1. With a station location of RAF Odiham as recorded on JPA.

2. The sum of each disorder may not equal All Mental Disorders as someone may have been assessed with more than one mental disorder in a financial year.

3. Seen at any MOD DCMH.

4. In line with JSP 200 numbers fewer than five have been suppressed with “~”.



**Table 6: RAF personnel stationed<sup>1</sup> at RAF Swanwick seen at MOD Specialist Mental Health Services and by initial assessment<sup>2</sup> at a MOD DCMH<sup>3</sup>. Number.**

2011/12 – 2015/16

RAF Swanwick	2011/12	2012/13	2013/14	2014/15	2015/16
<b>Seen at MOD SMHSvcs</b>	<b>0</b>	<b>~</b>	<b>7</b>	<b>8</b>	<b>7</b>
<b>Assessed with Mental Disorders (DCMH only)</b>	<b>0</b>	<b>~</b>	<b>6</b>	<b>8</b>	<b>6</b>
<b>Psychoactive substance misuse</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>~</b>	<b>0</b>
<i>of which disorders due to alcohol</i>	<i>0</i>	<i>0</i>	<i>0</i>	<i>~</i>	<i>0</i>
<b>Mood Disorders</b>	<b>0</b>	<b>~</b>	<b>~</b>	<b>5</b>	<b>~</b>
<i>of which depressive episode</i>	<i>0</i>	<i>~</i>	<i>~</i>	<i>5</i>	<i>~</i>
<b>Neurotic Disorders</b>	<b>0</b>	<b>0</b>	<b>~</b>	<b>~</b>	<b>~</b>
<i>of which Adjustment disorders</i>	<i>0</i>	<i>0</i>	<i>~</i>	<i>0</i>	<i>~</i>
<i>of which PTSD</i>	<i>0</i>	<i>0</i>	<i>0</i>	<i>~</i>	<i>0</i>
<b>Other Mental Health disorders</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

Source: DMICP, SSSFT, BFG and JPA

1. With a station location of RAF Swanwick as recorded on JPA.

2. The sum of each disorder may not equal All Mental Disorders as someone may have been assessed with more than one mental disorder in a financial year.

3. Seen at any MOD DCMH.

4. In line with JSP 200 numbers fewer than five have been suppressed with “~”.

Under section 16 of the Act (Advice and Assistance), you may find it useful to note the following:

#### *Mental Health Data*

UK Armed Forces personnel have access to Specialist Mental Health Services, by referrals made by their GP, provided through MOD Department for Community Mental Health (DCMH) or MOD In-patient providers. DCMH are specialised psychiatric services based on community mental health teams closely located with primary care services at MOD sites in the UK and abroad. All UK based and aero-medically evacuated Service personnel based overseas requiring in-patient admission are treated by one of eight NHS trusts in the UK which are part of a consortium headed by the South Staffordshire and Shropshire NHS Foundation trust (SSSFT). UK based Service personnel from British Forces Germany (BFG) were treated at Guys and St Thomas Hospital in the UK up until April 2013 and from this date, at Gilead IV hospital, Bielefeld, under a contract with Soldiers, Sailors and Airmen Family Association (SSAFA) through the Limited Liability Partnership.

DCMH staff record the initial mental health assessment during a patient’s first appointment, based on presenting complaints. The information is provisional and final diagnoses may differ as some patients do not present the full range of symptoms, signs or clinical history during their first appointment. The mental health assessment of condition data were categorised according to the World Health Organisation’s International Statistical Classification of Diseases and Health-Related Disorders 10th edition (ICD-10).

This response only captures the patients that were referred to a MOD DCMH or admitted to a MOD In-patient provider and does not represent the totality of mental health problems in the Armed Forces as some patients can be treated wholly within the primary care setting by their GP or medical officer.

As stated in the ‘UK Armed Forces Mental Health: Annual Summary & Trends Over Time, 2007/08 - 2015/16’ report, assessments for mental disorders at MOD Specialist mental health services have risen steadily from 1.8% of UK Armed Forces personnel in 2007/08, to 3.2% in 2015/16. It is unclear what proportion of this rise is due to the success of anti-stigma campaigns, changes in detection rates and referral behaviour and what is a true rise in mental health disorders. A link to the latest published UK Armed Forces annual mental health report can be found here:

<https://www.gov.uk/government/collections/defence-mental-health-statistics-index>

We are determined to improve the mental health of our Armed Forces. We run campaigns to encourage

those who need help to access the wide range of support that is available both during and after service. The success of our campaigns may be responsible for increasing numbers as more people are assessed and treated.

Defence Statistics receive data from DCMH and in-patient providers for all UK Armed Forces personnel from the following sources :

*DCMH*

- Between 01 January 2007 and 30 June 2014, data was provided by DCMHs to Defence Statistics in monthly returns.
- For the period 01 April 2012 to 30 June 2014, new episodes of care data were also sourced from the electronic patient record held in Defence Medical Information Capability Program (DMICP) in addition to those provided by DCMH in monthly returns.
- Since 01 July 2014, DMICP has been the single source of DCMH new episodes of care data.

*In-patient*

- Since January 2007, SSSFT and Gilead IV hospital Bielefeld have submitted relevant in patient records.

The information presented in this publication has been structured to release information into the public domain in a way that contributes to the MOD accountability to the British public but which doesn't risk breaching individual's rights to medical confidentiality. In line with JSP 200 (April 2016), and in keeping with the Office for National Statistics Guidelines, all numbers less than five have been suppressed and presented as '~' to prevent the inadvertent disclosure of individual identities. Where there is only one cell in a row or column that is less than five, the next smallest number (or numbers where there are tied values) has also been suppressed so that numbers cannot simply be derived from totals.

*Joint Personnel Administration (JPA) system*

JPA is the most accurate source for demographic information on UK Armed Forces personnel and is used to gather information on a person's Service, Location Unit, Location Address ID and derived postcode. This has been used to identify RAF personnel based at the RAF bases requested. JPA data extracted 3 August 2016.

Would you like to be added to our contact list, so that we can inform you about updates to our statistical publications covering Mental Health in the UK Armed Forces and consult you if we are thinking of making changes? You can subscribe to updates by emailing: [DefStrat-Stat-Health-PQ-FOI@mod.uk](mailto:DefStrat-Stat-Health-PQ-FOI@mod.uk)

If you are not satisfied with this response or you wish to complain about any aspect of the handling of your request, then you should contact me in the first instance. If informal resolution is not possible and you are still dissatisfied then you may apply for an independent internal review by contacting the Information Rights Compliance team, 2nd Floor, MOD Main Building, Whitehall, SW1A 2HB (e-mail [CIO-FOI-IR@mod.uk](mailto:CIO-FOI-IR@mod.uk)). Please note that any request for an internal review must be made within 40 working days of the date on which the attempt to reach informal resolution has come to an end.

If you remain dissatisfied following an internal review, you may take your complaint to the Information Commissioner under the provisions of Section 50 of the Freedom of Information Act. Please note that the Information Commissioner will not investigate your case until the MOD internal review process has been completed. Further details of the role and powers of the Information Commissioner can be found on the Commissioner's website, <https://ico.org.uk>.

I hope this is helpful.

Yours sincerely

Defence Statistics (Health) Head (B1)