

Want to enjoy some extraordinary new experiences?



Find out what the Royal Navy, Army and Royal Air Force Reserves have to offer you



- *Adventure*
- *Challenge*
- *Skills Development*

Search Reserves
or contact your Reserves Champion

WHAT ARE THE RESERVE FORCES?

The Armed Forces consist of both Regulars and Reservists. Whilst Regulars have a full time career in the Armed Forces, Reservists combine training and duties with a civilian life and career. Reservists train with Regulars and may be required to serve alongside them on military operations both at home and abroad.

CHALLENGE AND EXCITEMENT

Joining the Reserve Forces gives you the opportunity to enjoy some extraordinary and exciting new experiences that you wouldn't get in your day-to-day life or work. As well as having the opportunity to travel overseas, you'll get to meet people who, like you, want to do something worthwhile and live life to the fullest.

PROFESSIONAL AND PERSONAL DEVELOPMENT

You'll also have the opportunity both to develop new skills – and enhance existing skills - such as leadership, working under pressure, teamwork and communications – all of which you can put to good use in your Civil Service job.

TRAINING OPPORTUNITIES

You'll get great quality, exhilarating training including adventurous training like kayaking, abseiling and scuba diving. The training and qualifications you receive will be recognised and respected back in the Civil Service.

VARIETY OF ROLES

There are all sorts of different and exciting roles in the Reserves that you will find both challenging and rewarding. So you can use some of your existing skills or do something completely different from your Civil Service job.

FINANCIAL REWARD

You'll receive an attractive pay package as a Reservist. You'll get paid around £2-3k per year for the time you spend training and performing duties, a tax-free bounty on completion of your training commitment and, from April 2015, access to the Armed Forces pension scheme.

RECRUITMENT ENTRY REQUIREMENTS

In addition to the entry requirements there are also opportunities to apply for certain specialism's which would allow you to continue your role beyond the upper age requirement. More detailed age requirements can be found on the Single Service websites.

The Army Reserve:	18-50
Royal Naval Reserves:	16-40
Royal Marines Reserve:	18-32
Royal Air Force Reserves:	18-50