



15 March 2016

Year: 2016 Week: 10

## In This Issue:

- Key Messages.
- Weekly summary.
- Total contacts.
- Syndromic indicators.
- Notes and caveats.
- Further information.
- Acknowledgements.

## Syndromic indicators at a glance:

Number of contacts and percentage of Read coded contacts.

## 1: Total out-of-hours contacts:

Daily total number of out-of-hours and unscheduled contacts and 7 day average (adjusted for bank holidays).

## Key messages

Data to: 13 March 2016

Consultations for influenza-like illness (ILI) increased during week 10 (figure 3), with the highest rates seen in 15-44 year olds (figure 3a).

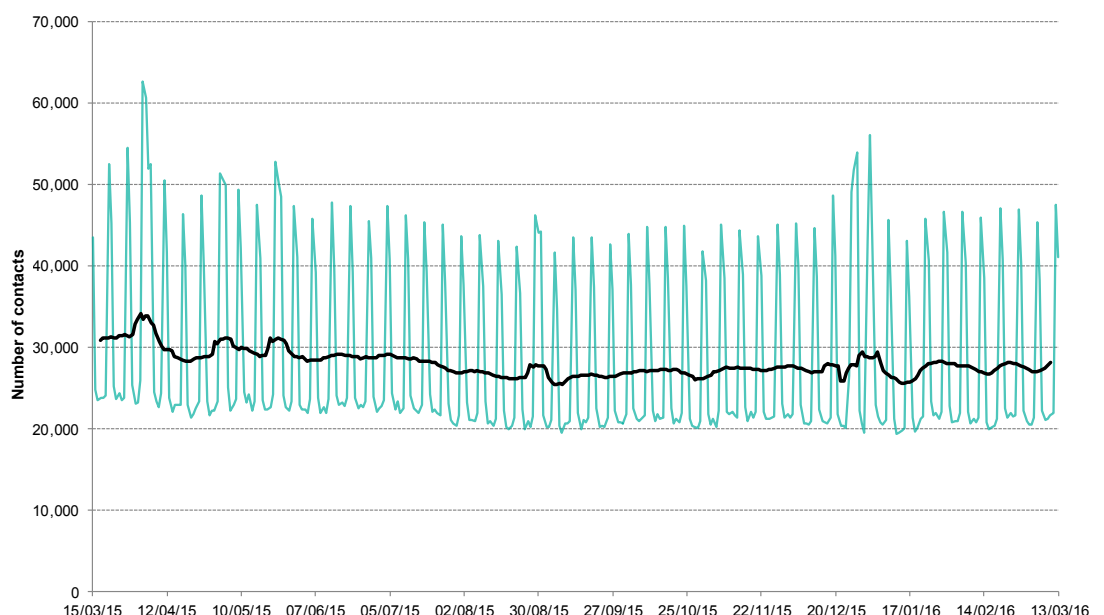
Consultations for pharyngitis continued to increase during week 10 (figure 6).

A Cold Watch System operates in England from 1 November to 31 March each year. As part of the Public Health England Cold Weather Plan for England the PHE Real-time Syndromic Surveillance team will be monitoring the impact of cold weather on syndromic surveillance data during this period.

Cold weather alert level (current reporting week): **Level 1 Winter Preparedness and Action/ 2 Alert and Readiness**  
<http://www.metoffice.gov.uk/weather/uk/coldweatheralert/>

Key indicator	No. of contacts	% Week 10	% Week 09	Trend*
All OOH contacts, all causes	196,505			
Acute respiratory infection	19,421	21.77	20.40	↑
Influenza-like illness	558	0.63	0.53	↑
Bronchitis/bronchiolitis	201	0.23	0.21	↔
Difficulty breathing/wheeze/asthma	1,943	2.18	2.17	↔
Pharyngitis	168	0.19	0.17	↑
Gastroenteritis	4,253	4.77	4.66	↔
Diarrhoea	800	0.90	0.92	↔
Vomiting	1,578	1.77	1.68	↑
Myocardial infarction	870	0.98	1.00	↓

\*Trend: reports on the trend seen over previous weeks in the percentage of Read coded contacts.

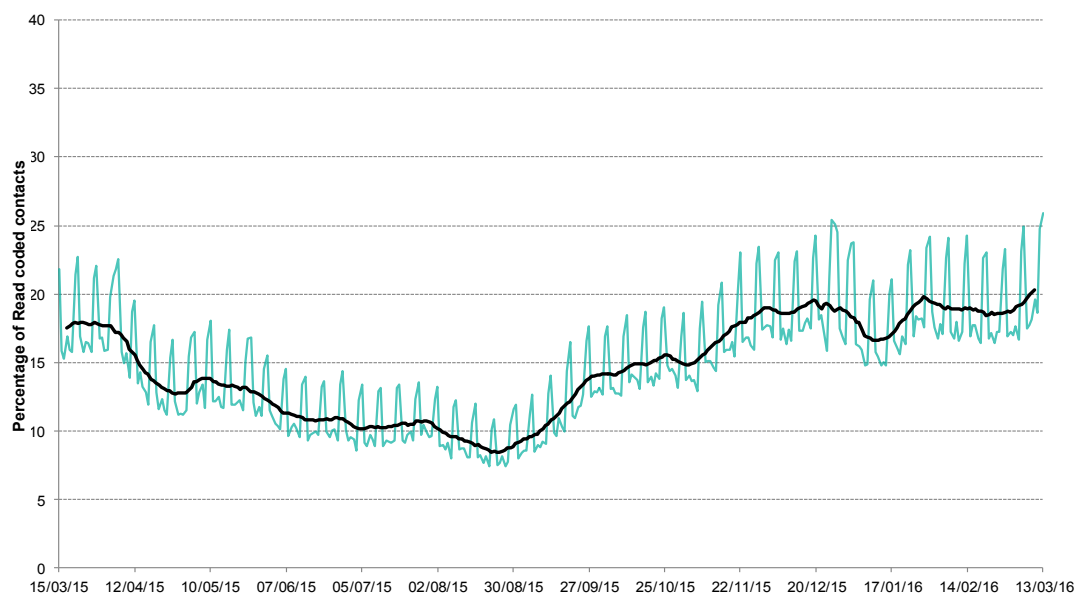


15 March 2016

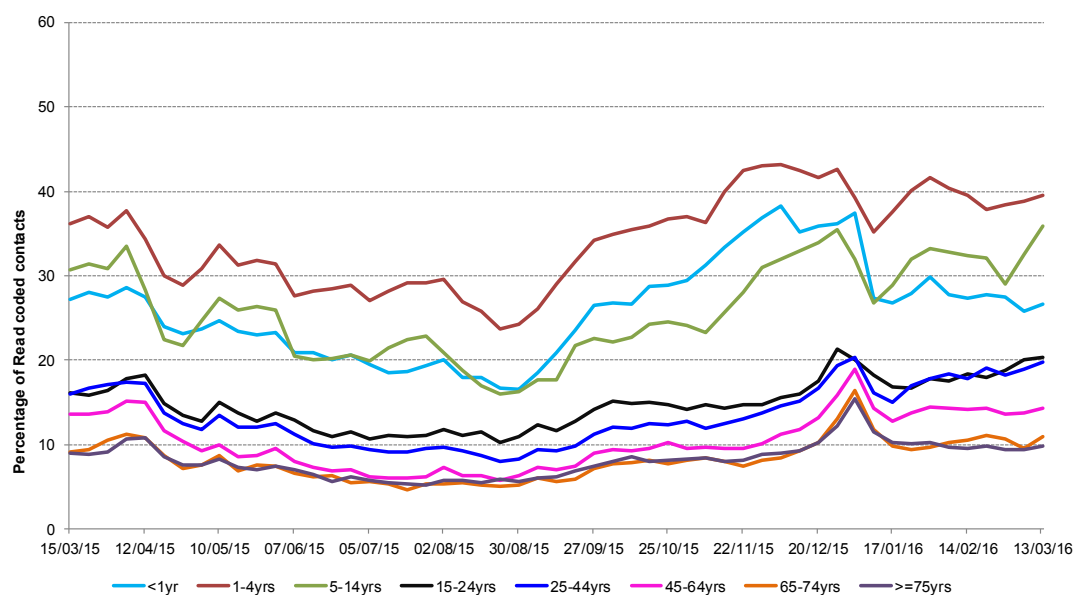
Year: 2016 Week: 10

**2: Acute Respiratory Infection daily contacts.**

Shown as a percentage of the total contacts with a Read code and as a 7 day average\*.

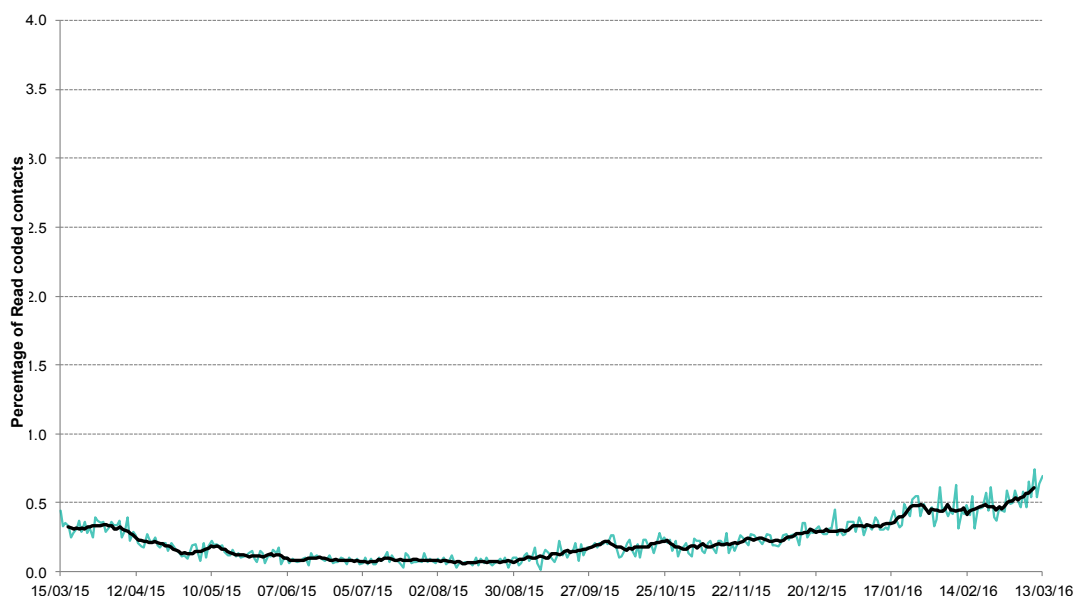


**2a: Acute respiratory infection weekly contacts by age group.**



**3: Influenza-like illness daily contacts.**

Shown as a percentage of the total contacts with a Read code and as a 7 day average\*.

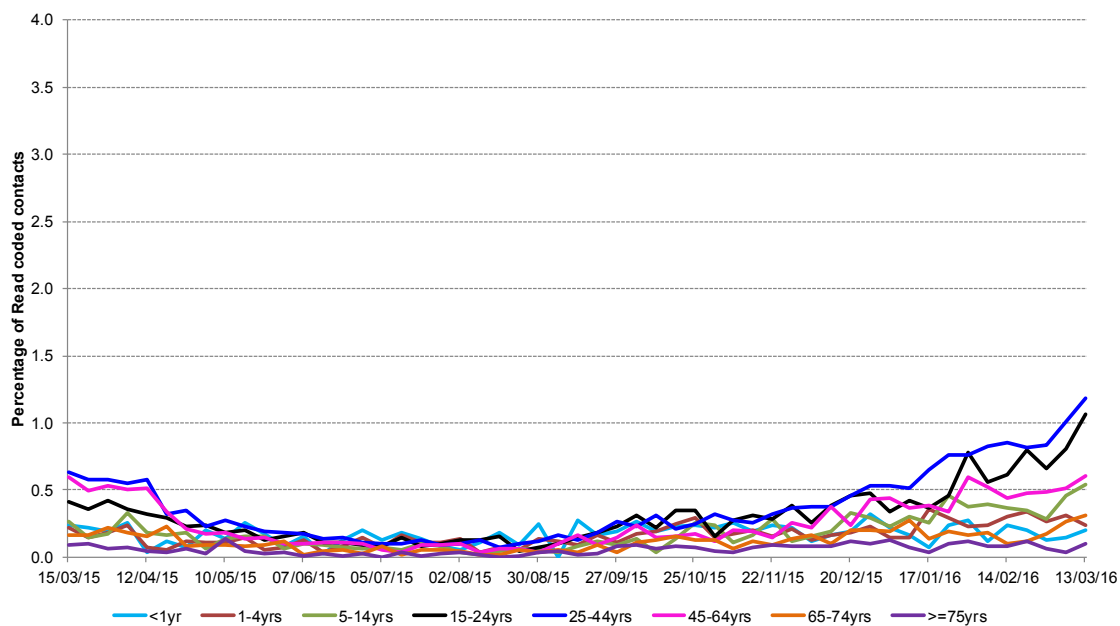


\*7-day moving average adjusted for bank holidays.

15 March 2016

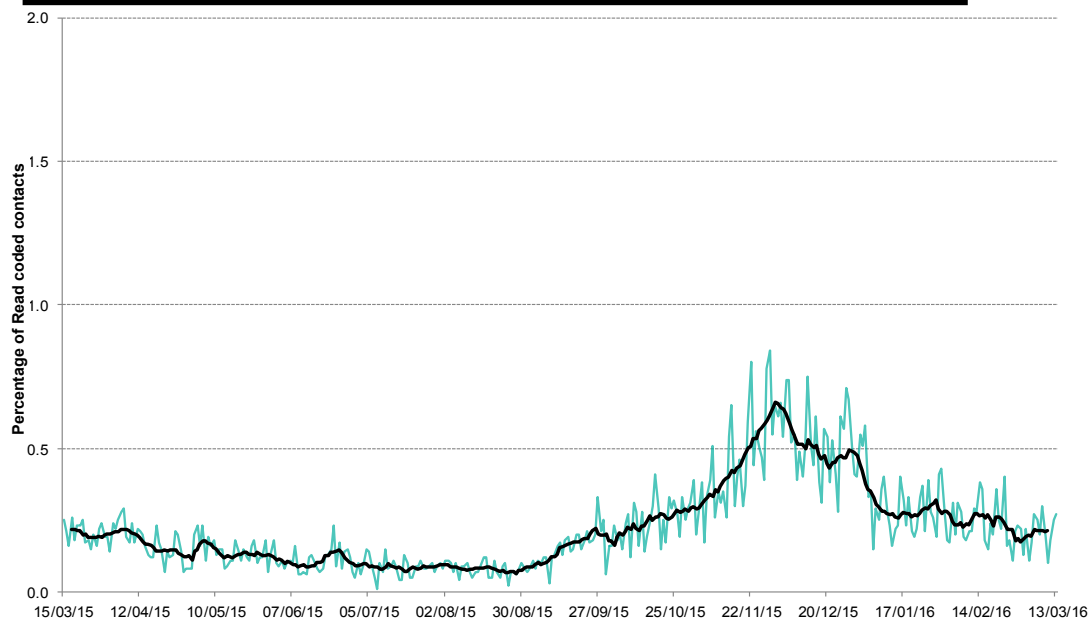
Year: 2016 Week: 10

**3a: Influenza-like illness daily contacts by age group.**

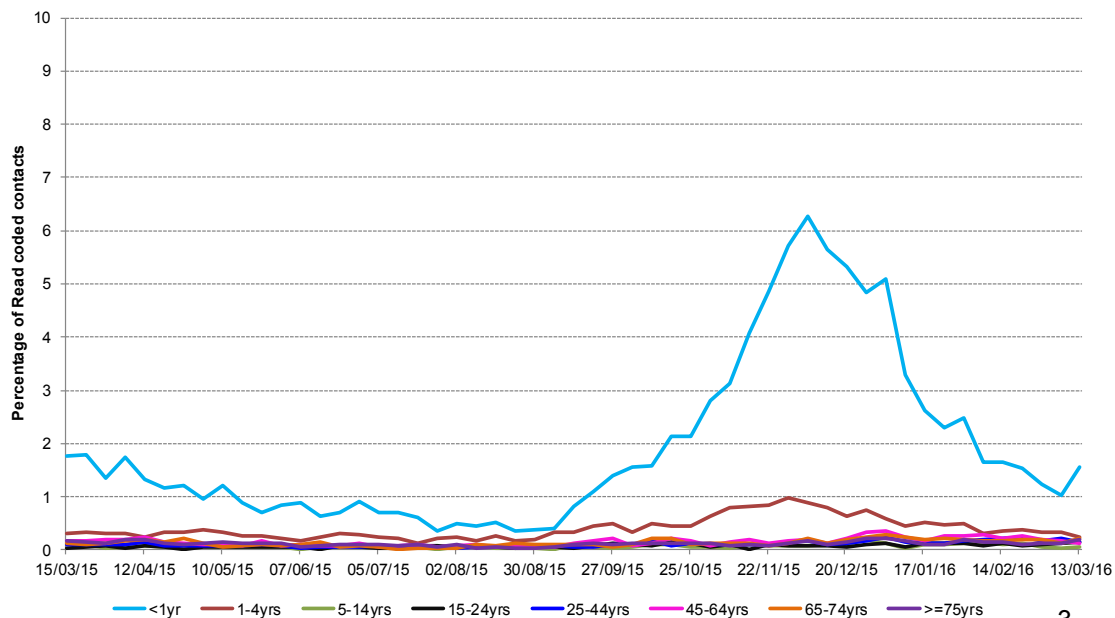


**4: Bronchitis/ bronchiolitis daily contacts.**

Shown as a percentage of the total contacts with a Read code and as a 7 day average\*.



**4a: Bronchitis/ bronchiolitis contacts by age group.**



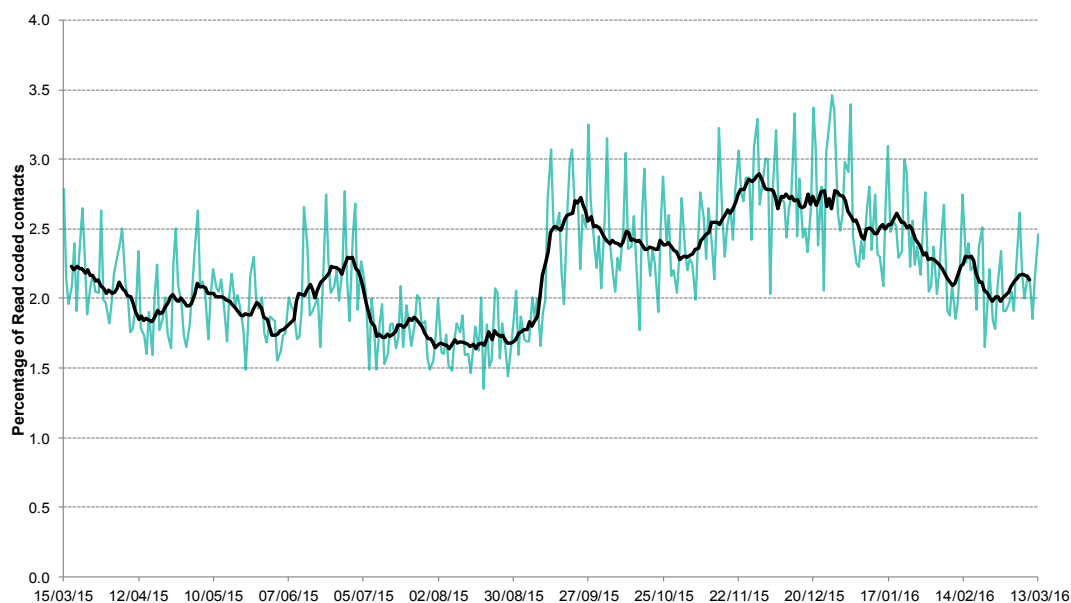
\*7-day moving average adjusted for bank holidays.

15 March 2016

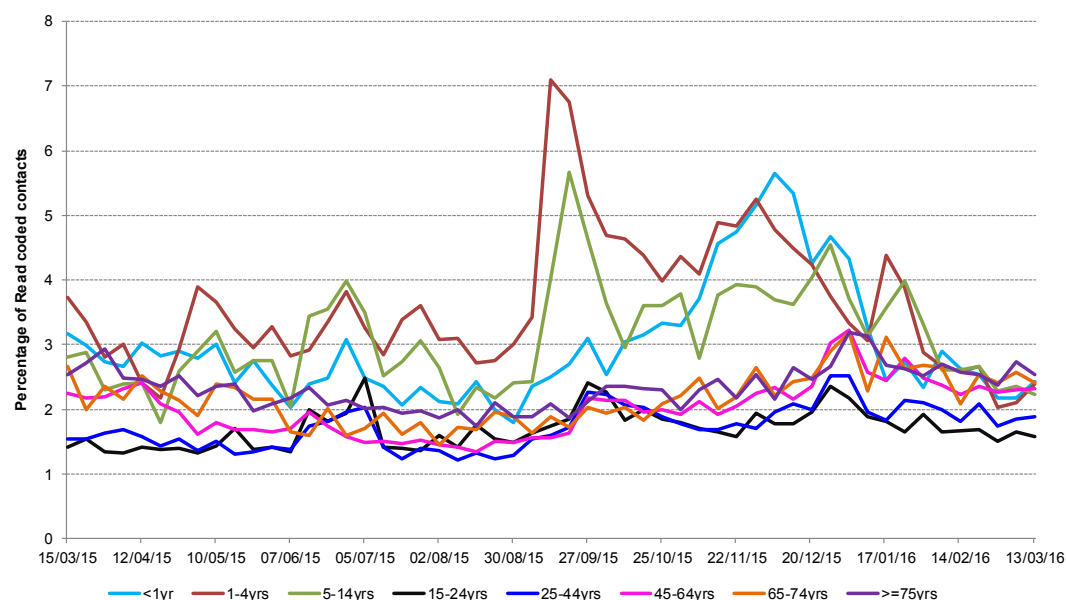
Year: 2016 Week: 10

**5: Difficulty breathing/  
wheeze/asthma  
daily contacts.**

Shown as a percentage of the total contacts with a Read code and as a 7 day average\*.

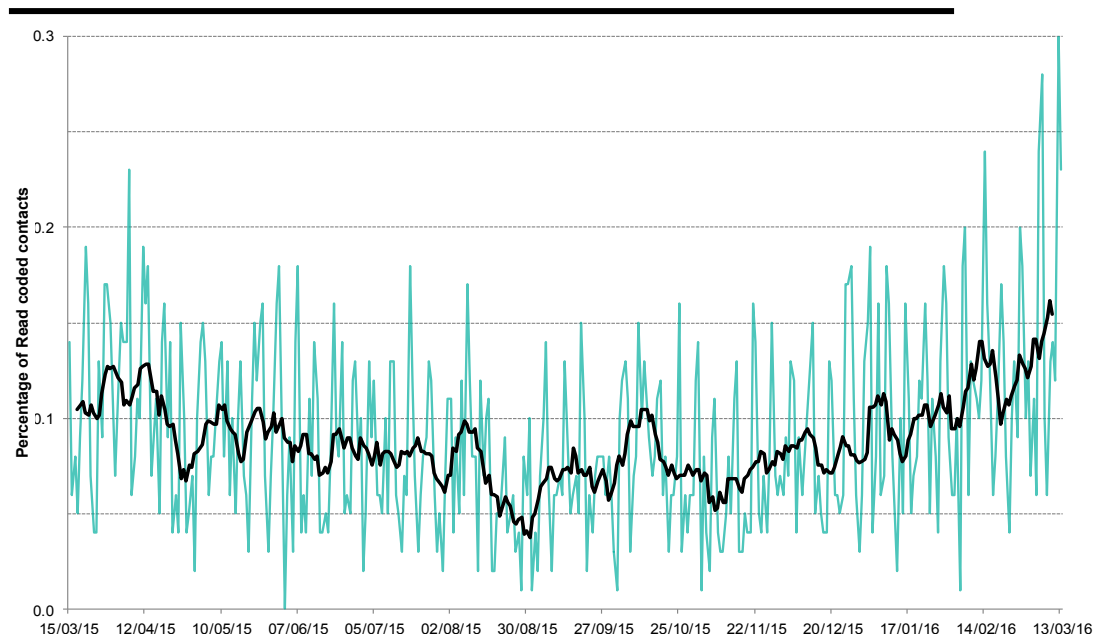


**5a: Difficulty  
breathing/wheeze/  
asthma weekly  
contacts by age  
group.**



**6: Acute pharyngitis  
and persistent sore  
throat.**

Shown as a percentage of the total contacts with a Read code and as a 7 day average\*.



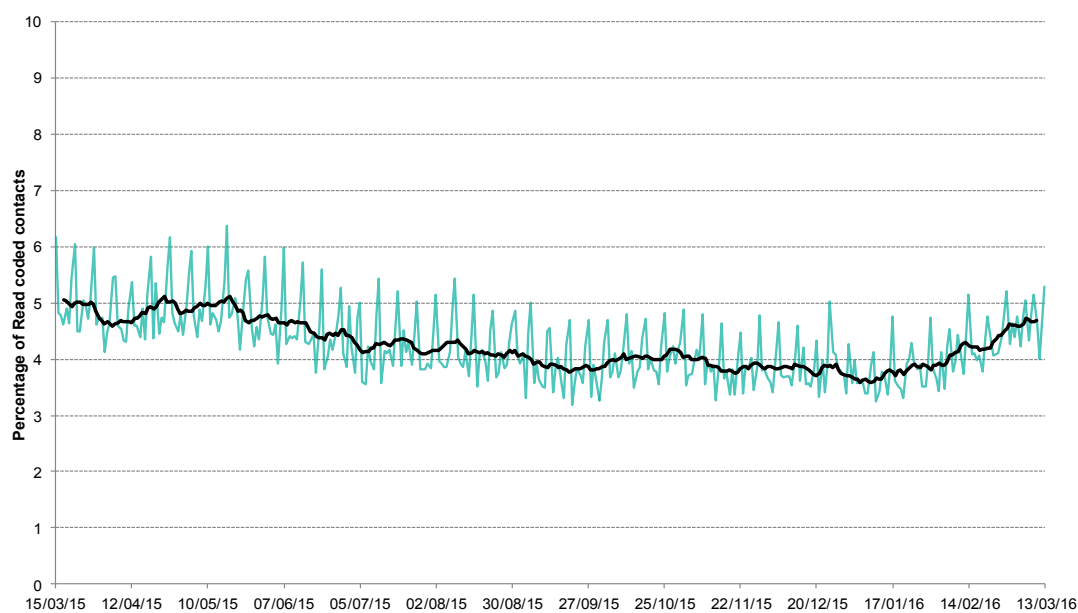
\*7-day moving average  
adjusted for bank  
holidays.

15 March 2016

Year: 2016 Week: 10

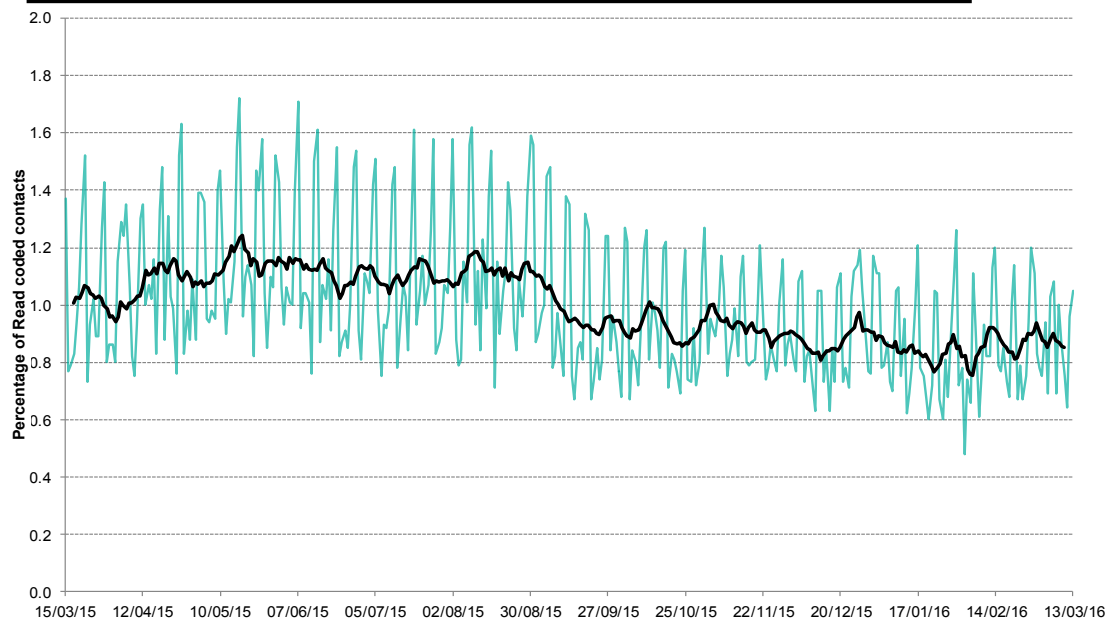
**7: Gastroenteritis daily contacts**

Shown as a percentage of the total contacts with a Read code and as a 7 day average\*.



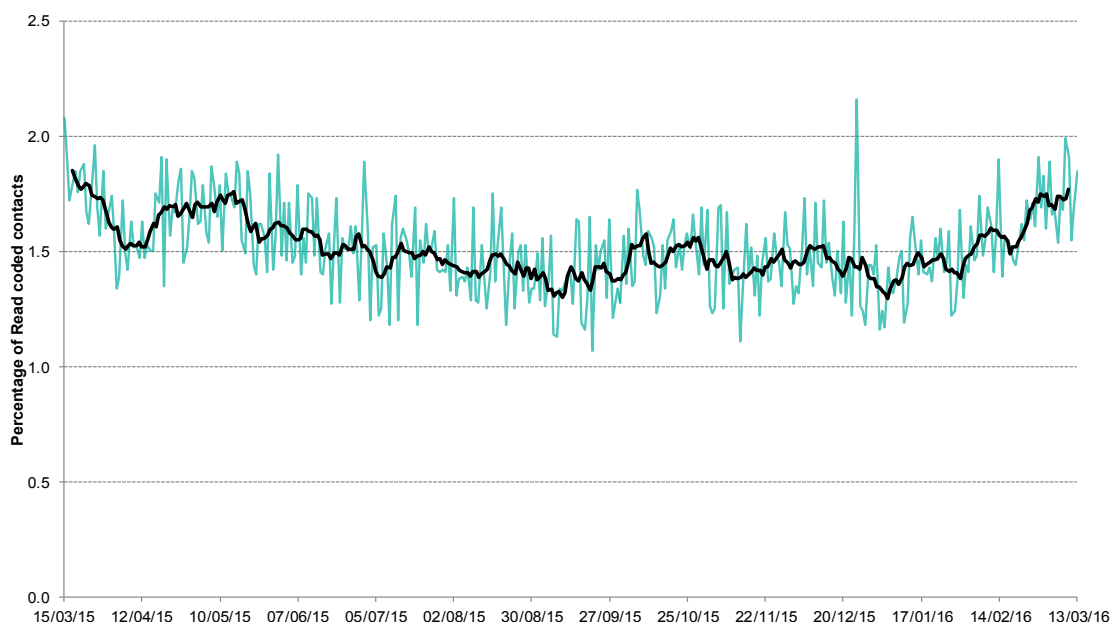
**8: Diarrhoea daily contacts.**

Shown as a percentage of the total contacts with a Read code and as a 7 day average\*.



**9: Vomiting daily contacts.**

Shown as a percentage of the total contacts with a Read code and as a 7 day average\*.



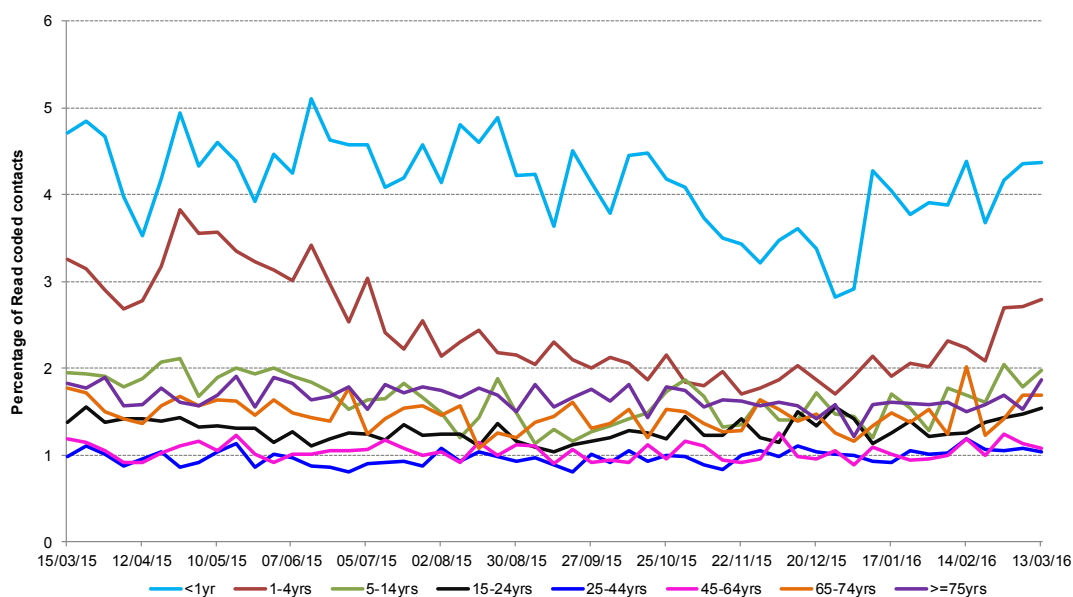
\*7-day moving average adjusted for bank holidays.

15 March 2016

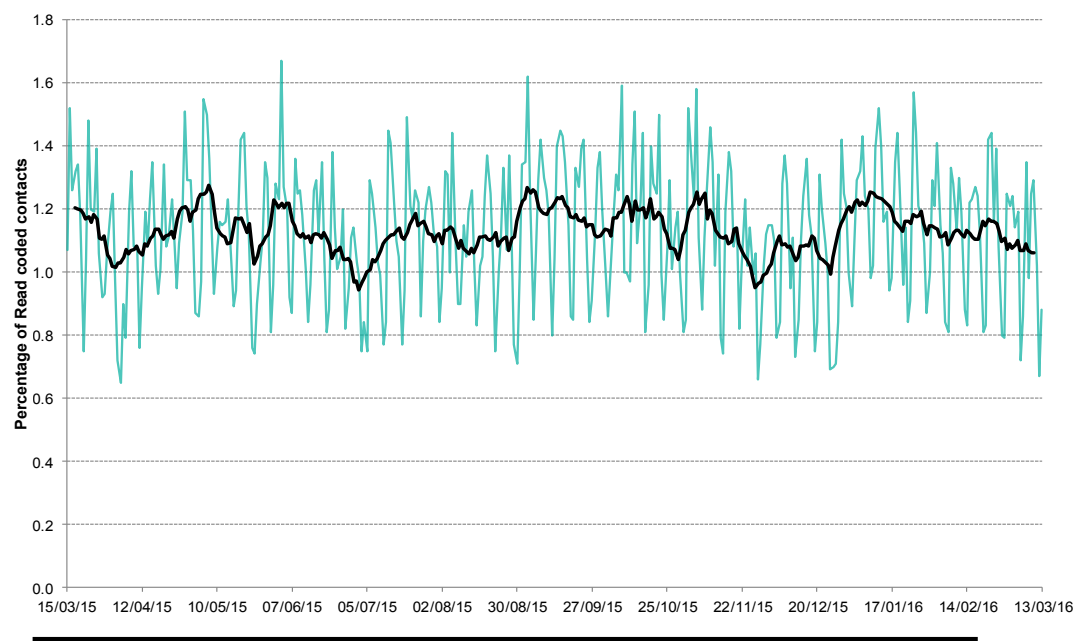
Year: 2016 Week: 10

**9a: Vomiting contacts  
by age group.**

Shown as a percentage of the total contacts with a Read code and as a 7 day average\*.



**10: Myocardial  
Infarction daily  
contacts.**



Intentionally left blank.

\*7-day moving average adjusted for bank holidays.

15 March 2016

Year: 2016 Week: 10

## Notes and caveats:

- This bulletin presents data from the Public Health England (PHE) GP Out-of-hours\Unscheduled Care Surveillance System (GP OOHSS).
- Fully anonymised data from GP out-of-hours (OOH) and unscheduled care service providers in England are being transferred to the PHE for analysis and interpretation by the PHE Real-time Syndromic Surveillance Team (ReSST).
- This new system supplements existing PHE syndromic surveillance systems by monitoring data on general practitioner consultations outside of routine surgery opening times (evenings, weekends and bank holidays) and unplanned contacts within NHS primary care.
- The key indicators presented within this bulletin are derived by grouping selected Read coded consultations.
- GP OOH consultation data are analysed on a daily basis to identify national and regional trends. A statistical algorithm underpins each system, routinely identifying activity that has increased significantly or is statistically significantly high for the time of year. Results from these daily analyses are assessed by the ReSST, along with analysis by age group, and anything deemed of public health importance is alerted by the team.

## Further information:

---

The GP Out-of-Hours Surveillance System Bulletin can also be downloaded from the PHE Real-time Syndromic Surveillance website which also contains more information about syndromic surveillance:

<https://www.gov.uk/government/collections/syndromic-surveillance-systems-and-analyses>

## Acknowledgements:

---

We are grateful to Advanced Health and Care and the GP out-of-hours and unscheduled care service providers who have kindly agreed to participate in this system.

---

### PHE Out-of-Hours/Unscheduled Care Surveillance

**Produced by:** PHE Real-time Syndromic Surveillance Team  
6<sup>th</sup> Floor, 5 St Philip's Place, Birmingham, B3 2PW

**Tel:** 0344 225 3560 > Option 4 > Option 2      **Fax:** 0121 236 2215

**Web:** <https://www.gov.uk/government/collections/syndromic-surveillance-systems-and-analyses>

## Contact ReSST:

[syndromic\\_surveillance@phe.gov.uk](mailto:syndromic_surveillance@phe.gov.uk)