

# **Lone Parents – Motivational Provision – A preparation for Launch Pad.**

## **Customer Group**

This module will be aimed at lone parents who have no recent work experience, who may need support to overcome a number of barriers. Customers are those that:-

Claim IS but would like to move into work

or

Will soon be required to move to JSA

or

Have just moved to JSA.

All of whom will be looking for support in their return to work

## **Aim of provision**

- To increase the confidence & motivation of customers.
- To gain knowledge of the local labour market & the work opportunities that are/will be available
- To provide a spring board for customers to take up skills training, Launch Pad, Work Experience, voluntary work or move into employment.
- To agree an action plan, identifying actions to help overcome barriers (to take back to JCP adviser)

## **Delivery**

The module will be delivered over 2 weeks, ideally 10.00am to 2.00pm Monday to Friday.

## **Preferred Locations**

To be confirmed

## **Content**

### Week 1 – Introduction & Start – up

- Address self confidence & increase motivation.
- Would be expected to include some team project work.

### Week 2 – Moving Forward

- Identifying & overcoming personal barriers to work
- Benefit trap
- Coping with change & stress management
- Local labour market (current & future opportunities)
- Transferable skills
- IAG including local training, work experience & voluntary work
- Short term & long term job goals
- Action Planning

### **Following attendance on the module...**

JCP adviser will continue to work with the customer to help them to achieve the commitments on the action plan, supporting them as they progress towards the labour market. When appropriate the JCP adviser may refer the customer to other support contract provision, including Launch Pad, to provide continued focus on employability skills and a work placement if appropriate.

### **Staffing**

The tutors delivering this module will have experience of the customer group & have an understanding of the difficulties surrounding long term absence from the labour market; they should have demonstrable skills in motivational & confidence building techniques.

This guidance is no longer current.  
You can find up to date information on GOV.UK