

Later Life Newsletter

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What's 10-foot tall, multi-coloured and tasked to change the country's perception of workplace pensions? Workie. He's the larger than life character DWP has developed as part of an exciting new campaign calling on people not to ignore workplace pensions. [read more](#)

PensionTube hits one million views The DWP YouTube channel PensionTube has reached one million views. Have you added to this tally? Popular videos include the ['we're all in rap'](#) and ['don't ignore the workplace pension'](#)

On Carers Rights Day Carers UK called on all carers to get the support they're entitled to. They have launched a range of new resources to help carers get the information they need. [Read more](#)

Stay Well This Winter NHS Choices stay well this winter campaign gives information and advice on keeping healthy and getting help if you need it. [Click here to find out more..](#)

Jenny's Diary - a free booklet and set of postcards aimed at supporting conversations about dementia with people who have a learning disability: [read more](#)

Dementia friendly communities: guidance for councils - produced by the LGA the Community Interest Company Innovations in Dementia the report outlines the important role of councils in supporting people with dementia. [read the report](#)

'Fit for Future' is a community-wide review in Somerset that will lead the way in modernising care for people with life-limiting illnesses. This is the first review of its kind. [Find out how you can get involved](#)

Safely home: what happens when people leave hospital and care settings? This inquiry aimed to examine the human rather than the financial cost of poor experiences of the discharge process. It focused on the experiences of older people, homeless people, and people with mental health conditions, for whom the consequences of a failed discharge process were particularly detrimental. [read more](#)

Inequalities in life expectancy - changes over time and implications for policy This report from the Kings Fund states that our health is determined by a complex mix of factors including income, housing and employment, lifestyles and access to health care and other services. There are significant inequalities in health between individuals and different groups in society. Download the full report [here](#)

A Better Future for Us All The National Institute of Adult Continuing Education, working with the National Older Learners Group, has published [a new policy paper](#) on older people and learning. It identifies the current situation and a number of policy challenges, and proposes some solutions.

Community Christmas believes that no elderly person in the UK should be alone on Christmas Day unless they want to be. Communities are encouraged to provide companionship to older people on Christmas Day by running a community lunch event. This should be a chance to meet up with old friends and make new friends creating bonds in the community that last well beyond the single day. [read more](#)

An estimated 8 billion spam phone calls are made each year and 175,000 reports of nuisance calls and texts were made to the Information Commissioner in 2014. The most complained about topics include boilers, solar panels, payment protection insurance and accident claims. So how do you stop unwanted calls and spam texts? Read more [here](#)

A report by the Ready for Ageing Alliance aims to highlight that amongst the boomer population there is significantly more diversity than is often recognised. Whilst some boomers will retire with good pension provision, almost three in ten of 55-64 year olds in Great Britain do not have any pension savings. Read the [Report](#).

ACAS - Age Audit Toolkit: This free online diagnostic software allows organisations to explore whether they are compliant with the Equality Act and also enables them to assess if they are following best practice in terms of dealing with age-related issues: www.acas.org.uk/ageaudit

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