## Later Life Newsletter

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The Centre for Ageing Better launches consultation on topics for its initial portfolio and asks for some reactions to the consultation paper <a href="here">here</a>

Older Men and Diabetes: the Older Men' Network has launched a set of posters aimed at reaching Older Men with awareness tips for Diabetes. Following a survey carried out by the Network it was clear that Older Men are really bad at noticing changes to their body or even choose to ignore them because of a fear of the unknown. The posters are aimed to give the men a better idea of what to look out for and some simple lifestyle changes which could help. More info here

Electrical safety for older people Electrical Safety First's report, 'A Shock to the System: Electrical safety in an ageing society', concludes that one million people aged over 75 currently live in non-decent homes; properties that are not warm enough, in a state of disrepair or do not have modern facilities. Poor electrical safety is a particular concern - nearly two thirds of properties occupied by a couple over 60 do not meet basic electrical safety standards. Find the report <a href="https://example.com/here">here</a>

'The Age of No Retirement?' will be held over three days from April 27th – 29th at the

People's History Museum Manchester. 'The Age of No Retirement?' is a collaborative movement including employers, policy makers, innovators, designers, academics and citizens in creating a society without age barriers, where skills, capabilities, knowledge and wisdom are valued whatever your age young or old. Click <a href="here">here</a> to book your place.

Silver cities: Realising the potential of our growing older population: this report aims to promote a positive, long-term and integrated response to ageing in cities which will contribute to the delivery of economic growth, employment and inclusion for people of all ages.

The best mobile phones for older people Modernising can be scary for some, but mobile phones represent the best line communication in many emergencies, as well as fantastic tool for keeping older people in direct touch with their families. Check out this guide <a href="here">here</a> which suggest the best phones available for an elderly user.

A photographic library of positive images of older people is available to download free from the Age Action Alliance - it aims to provide a growing bank of photos to help promote better attitudes to ageing. If you have positive images to the gallery, or would like use of the exhibition stands to display at your conference or suitable exhibition space please contact the Alliance

The latest edition of the award-winning Senior Siren magazine is available here Dementia Awareness Week 17-23 May In 2015 there will be 850,000 people with dementia in the UK, with numbers set to rise to 1 million by 2025. Dementia Awareness

Week 2015 will take place in England, Wales and Northern Ireland find out more

## Knit a <u>Twiddlemuff</u> for Dementia Awareness Week

Safeguarding Adults Keeping Safe campaign The Doncaster Safeguarding Adults Board has produced awareness-raising materials to highlight the many ways in which adults can be at risk of abuse. Campaign materials include a Keeping Safe leaflet and a short safeguarding film entitled 'If you See Something, Say Something', designed to help people recognise the different types of abuse, to encourage people to report abuse when they see it.

Identifying the loneliest elderly citizens It can be difficult to identify and reach older people experiencing loneliness. To assist, the Campaign to End Loneliness and University of Kent have published a new report that explores what is already known in both research and practice about identifying people experiencing loneliness. Read the report <a href="https://example.com/here/be/le/by/49/">https://example.com/here/by/49/</a>

**Life's better online:** according to Age UK research, 85% of older web users say life's better online with 45% saying they now can't imagine their life without it. link to report

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