

Later Life Newsletter

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No 71 – September 2015

UK Older People's Day on 1st October coincides with the UN International Day of Older Persons. The main aim for the day is to be a celebration of the achievements and contributions that older people make to our society and the economy. Read more [here](#)

Stay Strong Stay Steady, 1st October 2015. The Prevention of Falls Network for Dissemination is an EC funded project aimed at reducing falls through active healthy ageing. Led by the University of Manchester the project delivers an annual campaign on International Older Person's Day. [read more](#)

York LGBT Forum is offering lesbian, gay, bisexual and transgender awareness training for care staff and for the general workplace in and around the York area. Contact Sue Lister 01904 488870 or yorklgbtforum@gmail.com. [read more](#)

My House of Memories App allows you to explore objects from the past and share memories together. It can be used by anyone, but has been designed for, and with, people living with dementia and their carers. Read more [here](#)

Carers Missing Out on NI Credits The Minister for Pensions is [calling on all carers](#)

to check they are getting what they are entitled to. Nearly 200,000 people with caring responsibilities could receive a boost to their pension by claiming Carers Credit. Only an estimated 5% of those eligible are signed up to receive these additional NI contributions.

Dementia and women – call for case studies - dementia disproportionately affects women, and SCIE is looking for good examples of services targeted specifically at women affected by dementia [read more](#)

Top Ten Tips for communicating with a person with dementia [read more](#)

A new league table of pensioner wellbeing has been developed by Prudential. It ranks the top 20 counties in England and Wales according to several measures of the wellbeing of their pensioner populations. Based on this Devon, then Dorset have the highest level of pensioner wellbeing. [Press Release](#)

Have Your Say on Policing Cheshire Police & Crime Commissioner is asking **the people of Cheshire** what you think the priority should be for the police, where you think the police budget should be spent and where savings could be made. [complete the survey](#)

Adult social care is not a problem – it is a human necessity... If we really love pensioners and the living wage, let's find a way to pay the latter to those who care for the former. Read the full article [here](#)

Older Women in Scotland – Looking to the Future: This new report from the Scottish Commission on Older Women, brings to the fore the experiences of older

women seeking to remain in, or re-enter, the labour market. Older women speak about their paid work and unpaid caring, and generously share sometimes painful experiences of harassment and discrimination [read more](#)

Older working women: Gransnet users discuss what can be done to ensure they fulfil their career potential. [read more](#)

The State Pension Toolkit contains Information, videos and graphics about the current and new State Pension schemes [read more](#)

A report by the Ready for Ageing Alliance highlights that amongst the boomer population there is significantly more diversity than is often recognised:

- Whilst some boomers benefitted from free education, under one in five of those aged 55-64 in the UK have a degree.
- Whilst some boomers will retire with good pension provision, almost three in ten of 55-64 year olds do not have any pension savings (nearly 2 million people). Read the [Report](#).

Learn how to get started online when you're 50+ by watching a [video](#) produced by Gransnet.

To subscribe, or provide contributions to future Later Life Newsletters contact: Simon.wilkinson1@dwp.gsi.gov.uk