

From: Sile Mawjes

To: SACN

Subject: Response to Consultation on draft SACN Vitamin D and Health report

To The Scientific Advisory Committee on Nutrition

I welcome the publication of your extensive report.

However, please note that I object to your recommendation for mass fortification of the food supply with Vitamin D on the following grounds:

Your conclusion P783 that data you reviewed was insufficient to establish a clear threshold to support musculoskeletal outcomes. P756-757 stated the benefit to bone health from supplementation was inconclusive.

I was prescribed Vitamin D 1000IU caused hypercalcaemia, hyperparathyroidism, a permanent parathyroid hyperplasia & calcification of my calf muscle. It transpired that I have a genetic variant to the VitD receptor.

Your own report does acknowledge those who have a propensity for hyperparathyroidism/hypercalcaemia but does not identify what proportion of the population has such genetic variations or parathyroid polymorphisms.

Ms Sile Mawjes