

From: Imogen Watson
To: SACN
Subject: SACN vitamin D guidelines

Dear all at SACN,

I am writing with my comments on the draft Vitamin D and Health report.

Whilst the report examines the vitamin D status of the UK population as a whole, I feel that it has not fully addressed the needs of specific groups, in particular, those over 65 years of age. Please find attached evidence to support the need for higher vitamin D intakes in older adults in the UK.

For this reason I would be grateful if you would consider revising the vitamin D requirements of the older adult.

Yours sincerely,

Imogen