

**From:** Lesley Rhodes  
**To:** Vivien Lund  
**Subject:** RE: Response to consultation on SACN draft Vitamin D and Health report

Dear Vivien, Dear Hilary and Colleagues at PHE,

Please see my attached general comments and the following pages of detailed information where I have provided additional text that can potentially be used-as-is/adjusted for insertion.

I hope this is helpful and please do not hesitate to contact me for any verbal or email discussion or clarification, or if there is further information you'd like.

Attached are further references that were not in the draft: Webb et al 2011; Stafford et al 2010; Rhodes et al 2014

I've also attached the previous ones, where information has now been clarified in my suggested additional text, in case this saves you time: Webb et al 2010; Rhodes et al 2010; Kift et al 2013; Farrar et al 2013

I am hugely appreciative of the expertise and hard work that has gone into this draft report, and also of the opportunity to input that you've provided me.

Thank you very much indeed

Kindest regards

Lesley

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**The references for the journal articles cited in the email are as follows:**

Farrar MD, Webb AR, Kift R, Durkin MT, Allan D, Herbert A, Berry JL & Rhodes LE (2013) Efficacy of a dose range of simulated sunlight exposures in raising vitamin D status in South Asian adults: implications for targeted guidance on sun exposure. *American Journal of Clinical Nutrition* **97**, 1210-1216.

Kift R, Berry JL, Vail A, Durkin MT, Rhodes LE & Webb AR (2013) Lifestyle factors including less cutaneous sun exposure contribute to starkly lower vitamin D levels in U.K. South Asians compared with the white population. *British Journal of Dermatology* **169**, 1272-1278.

Rhodes LE, Webb AR, Berry JL, Felton SJ, Marjanovic EJ, Wilkinson JD, Vail A & Kift R (2014) Sunlight exposure behaviour and vitamin D status in photosensitive patients: longitudinal comparative study with healthy individuals at U.K. latitude. *British Journal of Dermatology* **171**, 1478-1486.

Rhodes LE, Webb AR, Fraser HI, Kift R, Durkin MT, Allan D, O'Brien SJ, Vail A & Berry JL (2010) Recommended summer sunlight exposure levels can produce sufficient ( $> \text{or } = 20 \text{ ng ml}^{-1}$ ) but not the proposed optimal ( $> \text{or } = 32 \text{ ng ml}^{-1}$ ) 25(OH)D levels at UK latitudes. *Journal of Investigative Dermatology* **130**, 1411-1418.

Stafford R, Farrar MD, Kift R, Durkin MT, Berry JL, Webb AR & Rhodes LE (2010) The impact of photosensitivity disorders on aspects of lifestyle. *British Journal of Dermatology* **163**, 817-822.

Webb AR, Kift R, Berry JL & Rhodes LE (2011) The vitamin D debate: translating controlled experiments into reality for human sun exposure times. *Photochemistry and Photobiology* **87**, 741-745.

Webb AR, Kift R, Durkin MT, O'Brien SJ, Vail A, Berry JL & Rhodes LE (2010) The role of sunlight exposure in determining the vitamin D status of the U.K. white adult population. *British Journal of Dermatology* **163**, 1050-1055.