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Does your boyfriend
tell you you're

PRETTY?

PRETTY UGLY,
PRETTY STUPID,
PRETTY FRIGID.

archived



Home Office

This is abuse. You don't have to stand for it.

For information and help search

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It can be very difficult to talk about your feelings and what's happening in your life, but some problems won't go away if you try to sort them out yourself or ignore them. So if you have been affected by an abusive relationship and need advice or want to talk to someone, please visit one of the websites or call one of the numbers below for further help and information.

Childline

www.childline.org.uk or telephone 0800 1111

National Domestic Violence Helpline

Run in partnership between Women's Aid and Refuge

www.nationaldomesticviolencehelpline.org.uk

or telephone 0808 2000 247 (lines open 24 hours a day)

Rape Crisis

www.rapecrisis.org.uk or telephone 0808 802 9999

(lines open daily between 12 noon to 2.30pm and 7pm to 9.30pm)

Calls to the numbers above are free of charge.

For information and help

or to have your say, search