

ANNEX A : Proposed framework of time limits and required breaks by age group

Age	Maximum attendance and performance	Between the hours of	Minimum Breaks
13 - 16	<ul style="list-style-type: none"> Attend 9.5 hours Perform 5 hours Maximum duration of performance 2.5 hours 	7am to 11pm	<ul style="list-style-type: none"> A break every 2.5 hours. 3 breaks in 8 hours, 1 for meals. 1.5 hours between continuous performances* Overnight – 12 hours
9 - 12	<ul style="list-style-type: none"> Attend – 9.5 hours Perform - 5 hours Maximum duration 2.5 hours 	7am to 11pm	As above except: <ul style="list-style-type: none"> Overnight – 14 hours
5 - 8	<ul style="list-style-type: none"> Attend – 8 hours Perform – 3 hours Maximum duration 2.5 hours 	7am to 11pm	As above
2-4	<ul style="list-style-type: none"> Attend - 5 hours Perform - 2 hours Maximum duration 30 minutes 	8am to 10pm	<ul style="list-style-type: none"> A break every 30 minutes Any time the child is not taking part in performance or rehearsal must be used for meals, rest and recreation. Overnight – 14 hours
0-2	<ul style="list-style-type: none"> Attend – 3 hours Perform – 1 hour Maximum duration 20 minutes 	9.30am – 4pm	<ul style="list-style-type: none"> A break every 20 minutes
<ul style="list-style-type: none"> No break to be less than 15 minutes. Meal breaks to be no less than 45 minutes. The chaperone can extend the latest time of performance by up to 1 hour. The local authority can permit a child to take part any time between the latest permitted hour on one day and the earliest on the following day ('night work'), but the child must have a break of at least 16 hours afterwards and if he does night work on 2 consecutive nights he may not do any more for a week. The maximum number of consecutive days a child can perform is 6. If a child performs on the maximum number of days for eight weeks, then the child must then have two weeks off any performing. 			
*The minimum interval between performances can be reduced to 45 minutes when the performance is less than 1 hour duration			