

Welcome to the first issue of the North East regional Link Up newsletter. This is going to be a regional newsletter to let you know what other DPULO's are doing within the North East and keep everyone informed of what's going on.



Mathew Hall: DPULO Young Ambassador

Hello my name is Mathew hall and I am the DPULO Young Ambassador for the North East region. I am 24 Years old and I am currently employed at North Tyneside council as a welcome guide escorting visitors around the council building. When I was appointed as Young Ambassador the council supported me by publicising my role, in the local press and in their newsletter.

My contract runs to the end of August I will then be taking up a part time post at North Tyneside Disability forum DPULO. I will be working on the Disabled Young Peoples Forum a project I helped to develop and which is supported by the Strengthening DPULO Facilitation Fund.

I have been involved in and worked very closely with North Tyneside Disability

forum in Shiremoor for a number of years. They are an organisation that works with people with a wide range of disabilities. They run a lot of different groups and have a very thriving youth section. You can visit their website at www.ntdf.co.uk.

Their annual yearly variety show, which I was invited to host, was featured in the second issue of Link-up Newsletter (http://odi.dwp.gov.uk/docs/dpulo/link-up-february2014.pdf)

While I have been employed as Young Ambassador for the Disabled People's User Led Organisation, I have been invited to various events, to speak about the Strengthening DPULO programme. I chaired the opening meeting of the DPULO Regional Network at St James Park in Newcastle working with Skills for People (www.skillsforpeople.org.uk) who are the lead for the North East.

One of the best things about being Young Ambassador is that I have had the pleasure of meeting and working with some amazing young and older disabled people.

I still think that in a lot of areas young disabled peoples voices are not heard and as Young Ambassador that is one of the things I have been working to hopefully improve in my local area.

If you would like to get in touch my email address is mathewdpulo@gmail.com

Have your say...

Please share what challenges you face as a DPULO. How have you overcome them? Is there a question you need advice on, or just let us know what you would like to see in the future issues, email odi.businessperformance@dwp.gsi.gov.uk



Above: Louise Hunt, left, at *ecdp*

Future Focus at ecdp

Working in partnership with DPULO Ambassador Louise Hunt to shape a better tomorrow for young disabled people in Essex

One of our greatest values at *ecdp* is making the voices of disabled people heard and ensuring that decisions concerning disability are not made without the input of disabled people.

Supported by Paralympic tennis player and DPULO Ambassador Louise Hunt, *ecdp* ran a series of focus groups in January and February 2014 to discover the experiences and opinions of young disabled people. We wanted to forge a

network of people that could offer support to each other from their shared lived experience. These were the Future Focus groups.

Louise Hunt attended many of the groups and shared her experience and expertise with the focus groups and helped collect valuable insight from attendees.

The Future Focus groups allowed opinions to be collected from key disability groups including physical disabilities, sensory impairments, mental health, and learning disabilities.

William Snagge, Director of Policy and Development at *ecdp* said, 'there was an excellent turn out at all the events delivered and we've had lots of positive conversations. The experiences and opinions that attendees shared have given us real insight into the everyday experiences of young disabled people in Essex. This has enabled us to identify some key issues.'

ecdp is now ensuring that Future Focus research helps to shape services available to young people locally for the future. The full Future Focus report is available at ecdp.org.uk and participants from the groups met recently for a peer led social evening.

The whole initiative is a great example of how individuals can provide real input into regional and national services and policies - and work together to address local needs and personal aspirations.

Useful Links

Remember to Link us on Facebook!

https://www.facebook.com/pages/Young-DPULO-Ambassadors/446601028760890?fref=ts
And follow us on Twitter! https://twitter.com/DPULOAmbassador
Coming Soon:

Young Ambassadors's Community Challenge