

# Relational Security Explorer

Good relational security is the collective knowledge and understanding we have about our patients and the actions we take to ensure security and high quality care. Everybody has a responsibility for relational security, which is why it's so important to talk as a team about how it feels on the ward and decide together how it can be improved.

## HOW TO USE THE EXPLORER

There are eight dimensions within the Relational Security Explorer. Follow the steps to choose what you want to talk about today. You should make time over the next few months to discuss all the dimensions within the Explorer.

During the exercise you will be talking about how confident you feel about each dimension of relational security on your ward. Think about the ward in general rather than focusing on individual patients. You'll be discussing the reasons behind any issues you are experiencing and what you think the solutions are.

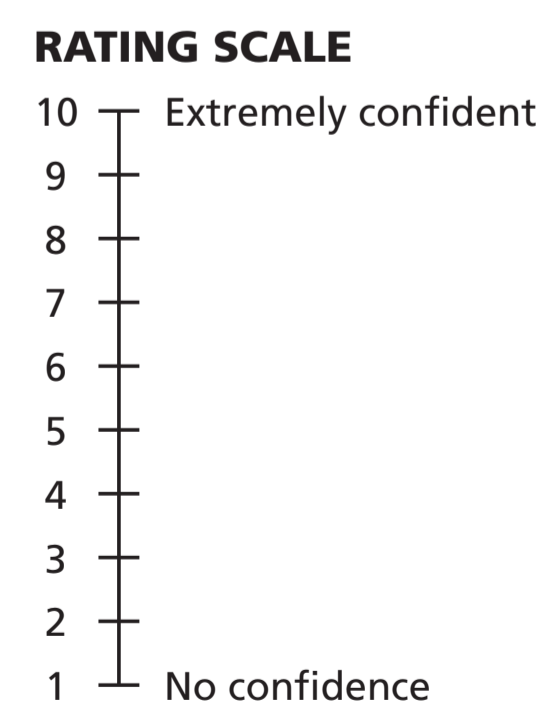
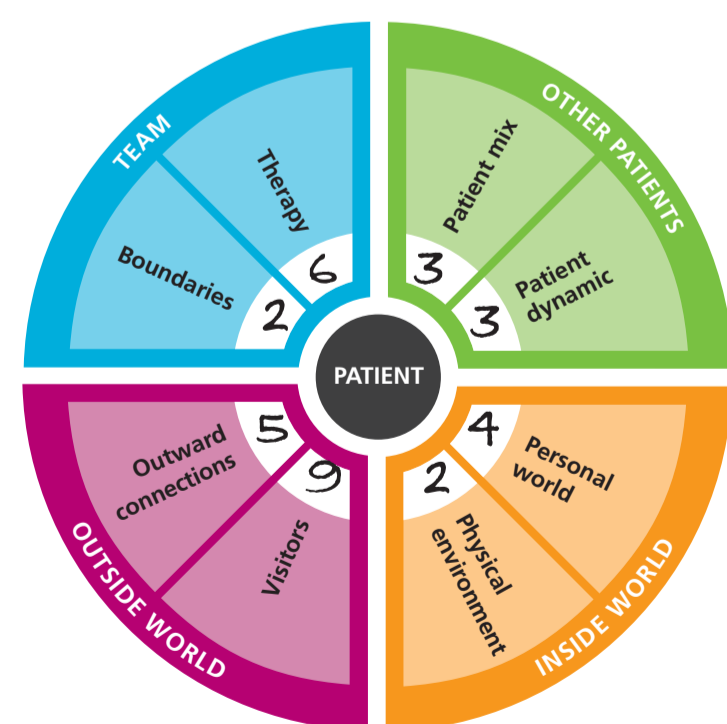
- Look at the eight dimensions in the Relational Security Explorer. Check that everyone understands each dimension using your guide to relational security, **SEE THINK ACT**.



- Talk about how confident you feel on a scale of one to ten in each of the eight dimensions.

You can use the suggested questions within the shaded area outside the Explorer to help you get started, or look at "when we are getting it right" in your **SEE THINK ACT** handbook to think about what good feels like. (The first time you do this might take much longer so allow yourselves plenty of time and consider setting a time limit for each dimension.)

Now write the number in the white space on each segment of the Explorer (see example below).



- Look at the area/s that you feel least confident in. Talk together about the things that would improve this area and decide what you are going to do over the next few weeks to make a difference.

