



Children, Families and Maternity e-bulletin

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Maternity

Smoking and Pregnancy

The Royal College of Obstetricians and Gynaecologists (RCOG) are inviting comments on a patient information leaflet on smoking and pregnancy. If you would like to submit comments, please do so using the sheet provided on the 'Consultation Documents' page of the RCOG website, click [here](#), by 9 November 2014.

Each baby counts

Research by the London School of Economics and Centre for Mental Health for the Everyone's Business campaign led by the Maternal Mental Health Alliance and funded by Comic Relief has found that perinatal depression, anxiety and psychosis together carry a total long-term cost to society of about £8.1 billion for each one-year cohort of births in the UK. The report also finds that the NHS would need to spend just £337 million a year to bring perinatal mental health care up to the level recommended in national guidance.

The costs of perinatal mental health problems report is available online [here](#) and [here](#)

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Healthy Child Programme (HCP) and Early Years

Week of Action – helping parents, children and young people to have the best start in life

In the week commencing 17th Nov, the DH/PHE nursing teams will be hosting a 'week of action,' focussing on "helping parents, children and young people to have the best start in life" (**#PHPCYPWeek**). The week will celebrate the contribution and impact of health visitors and school nurses, alongside other health practitioners and wider partners, who keep families, children and young people at the heart of what they do. In partnership with a number of groups they will provide articles, case studies, blogs and web chats, etc.

For further details, and to book a place on a web chat, click [here](#)

The Good Food for London 2014 Report

The Good Food for London 2014 report, produced by Sustain: The alliance for better food and farming provides a league table of local authorities' support for key good food initiatives, such as running the UNICEF UK Baby Friendly Initiative, high quality school food and buying ethical food in schools. The report illustrates London-wide progress across a range of good food initiatives. For more information and to see the report click [here](#)

Data on Female Genital Mutilation

On 16th October HSCIC published the first data on Female Genital Mutilation from acute hospital providers in England (click [here](#)). It shows the incidence of FGM in women being treated for both FGM related or non FGM related conditions. The September data showed 1,279 cases of women who have been identified as having FGM between April and August and 467 women who were identified as having FGM in September reported nationally. This data will ensure the NHS can target care for survivors, and safeguard girls from this illegal practice, and is a major milestone in the DH-led FGM Prevention Programme.

For further information click [here](#)

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Child Health

New Youth Survey Goes Live

Last month, the **What About YOUth?** survey (funded by the Department of Health) was launched with around 300,000 15 year olds across England being invited to take part.

The survey collects data on key health behaviour measures such as smoking, physical activity and substance misuse relating to young people's lifestyles. To find out more please click [here](#)

Want to help define the survey outputs?

Local Authorities need data that is fit for purpose and we want your thoughts and ideas on the outputs of this survey.

If you would be happy to help please contact the HSCIC Surveys team [here](#)

Integrated Personal Commissioning (IPC) Programme

The closing date for IPC applications to NHS England is **7 November 2014**. One of the four groups in scope for the programme are children and young people with complex needs, including those eligible for education health and care plans. Applications must be made jointly by one or more clinical commissioning group and local authorities, with at least one voluntary sector partner. Local partners are expected to make a clear commitment to implementing new integrated funding models, making information and support available to their target population, and embedding personalisation in their organisations.

Further details of IPC, including the prospectus are [here](#)

Applications must be sent [here](#)

Actions to tackle health inequalities

A number of evidence reports and briefings about practical, local actions to tackle health inequalities through the social determinants of health have recently been launched.

The reports have been commissioned by Public Health England and written and produced by the Institute of Health Equity.

The topics covered relate to some of the policy objectives in the Marmot Review and are intended to provide a useful local focus for action.

The papers include evidence, practical points and case studies on approaches and actions that can be taken by local authorities on a range of issues to reduce health inequalities.

The reports cover the following topic areas:

[Good quality parenting programmes and the home to school transition](#)

[Building children and young people's resilience in schools](#)

[Reducing the number of young people not in employment, education or training \(NEET\)](#)

[Adult learning services](#)

[Increasing employment opportunities and improving workplace health](#)

[Health inequalities and the living wage](#)

[Fuel poverty and cold home-related health problems](#)

[Improving access to green spaces](#)

[Understanding the economics of investments in the social determinants of health](#)
[Tackling health inequalities through action on the social determinants of health: lessons from experience](#)

There is also an [overview document](#) available, which introduces the documents and how to use them, and a [video of Michael Marmot introducing the work](#).

Charities seek professionals' views on promoting children's rights in the health service

National Children's Bureau (NCB) and the Council for Disabled Children (CDC) have developed a short survey, click [here](#), on promoting children's rights in health services. It is asking health professionals about how high level documents influence the practice of organisations that deliver health services to children and young people. This information will feed into NCB and CDC's 'Our Rights Our Voice' project supporting children and young people to understand the NHS Constitution.

Public Health England (PHE) briefing for head teachers, governors and staff in education settings: the link between pupil health and wellbeing and attainment

On Wednesday 5th November 2014 PHE will be publishing a briefing entitled: "The link between pupil health and wellbeing and attainment: a briefing for head teachers, governors and staff in education settings"

The briefing which is endorsed by the National Association of Head teachers will be followed by thematic briefings for education settings that focus more on the implications for practice and signposting to key resources. Please follow @DHChildHealth where we will publish a link to the briefing.

For further information from PHE available from Claire Robson
claire.robson@phe.gov.uk

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Office of the Children’s Commissioner – views and experiences of children and young people in care and care leavers

The Office of the Children’s Commissioner is gathering the views and experiences of children and young people in care and care leavers through the Care Monitor, an annual online survey which will be open from 1st November to the 31st December 2014. The Children’s Commissioner has written to all relevant English Local Authorities to ask them to forward invitations, and the passwords they will need, to their children and young people. The results of the survey will be published in spring 2015 and will help to inform national policy and practice.

If you know any children and young people who have not heard about this survey, please do encourage them to contact the Office of the Children’s Commissioner’s free (from a landline) helpline number: 0800 528 0731. If they do so, a member of staff will be able to give them the password details they need, or supply a paper copy of the survey if they prefer to fill it in and send it back in that format.

Child Sexual Abuse – Appointment of Inquiry Panel chair and other panel members

Secretary of State for the Home Department, Theresa May announced the appointment of Fiona Woolf CBE, JP to be the chairman of the independent inquiry panel of experts in the law and child protection, to consider whether public bodies – and other, non-state, institutions – have taken seriously their duty of care to protect children from sexual abuse. The other panel members will be announced in due course once they have been appointed by the chairman. Fiona Woolf will agree the terms of reference with the full panel, once they are appointed, to ensure that they are sufficient to deliver the robust Inquiry which is required. Click [here](#) for the announcement.

Wanless Whittam Review - Home Secretary oral statement on child abuse

Theresa May made a statement about the sexual abuse of children and allegations that evidence of such abuse was suppressed by people in positions of power, and the government's intended response. She set out three important principles. First, we will do everything we can to allow the full investigation of child abuse, the prosecution of its perpetrators, and will not jeopardise those aims. Second, where possible the government will adopt a presumption of maximum transparency. Finally, we will ensure wherever individuals and institutions have failed to protect children from harm, we will expose these failures and learn the lessons. To read the statement click [here](#)

Troubled Families Programme Health Offer

A national 'health offer' to support the expanded Troubled Families Programme will be launched shortly. The expanded Troubled Families Programme is an initiative to improve the lives of up to 400,000 families with multiple problems, including families with mental and physical health problems, affected by domestic violence and with vulnerable children. This builds on the current programme's work to turn around the lives of 120,000 families by 2015.

The 'health offer' will include a Leadership Statement, which provides good practice examples where health bodies are working with the programme; an interim Data Sharing Protocol to help identify troubled families with health problems; and a Training Hub, with access to learning and skills. The aim of these materials is to help you to work with councils.

These documents will be made available [here](#)

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III Children and Children with Disabilities

Emergency asthma inhalers for schools

On 1st October 2014 the Human Medicines (Amendment) (No. 2) Regulations 2014 will allow schools to buy salbutamol inhalers - without a prescription - for use in emergencies when a child with asthma cannot access their own inhaler.

In 2013, following advice from the Commission of Human Medicine, the Medicines and Healthcare Products Regulatory Agency (MHRA) recommended this change; a public consultation revealed overwhelming support. For the consultation response click [here](#)

As recommended by the MHRA, DH and stakeholders such as Asthma UK have developed guidance for schools in England on using emergency inhalers, which can be found [here](#)

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Children and Young People's Mental Health and Emotional Wellbeing

Taskforce on Child and Adolescent Mental Health and Wellbeing

The new Taskforce on Child and Adolescent Mental Health and Wellbeing met for the first time on 24th September. Click [here](#) for one of the co-chair's blog on the meeting.

Jointly chaired by NHS England and the Department of Health, it brings together expertise from health, local government, education and the voluntary sectors. It will identify ways to improve children and young people's access to and experience of services, help them navigate the complex mental health system and recommend ways to reduce the stigma of using services, based on the views on children and young people themselves. The Taskforce is expected to report in spring 2015.

For further information on the Taskforce click [here](#)

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Conferences and Events

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Sources of Information

Unless otherwise stated, guidance referred to in the bulletin has not been commissioned or endorsed by the Department of Health - it is evidence that organisations and professionals may find helpful in improving practice. The National Institute for Health and Clinical Excellence is the Department's provider of accredited evidence and guidance, which can be found on the Institute's website at www.nice.org.uk

Department of Health Publications

As part of our commitment to reducing costs, the email address used to order Department of Health publications (dh@prolog.uk.com) is now closed.

Orders for publications can still be placed through the online shop - www.orderline.dh.gov.uk - which is available 24 hours a day, 7 days a week, or the Publications order line (0300 123 1002; Minicom 0300 123 1003), which is open from 8am to 6pm, Monday to Friday. You can also check the availability of Department of Health publications, or the status of existing orders, through the online shop. If you do not have access to the Internet, then please call the publications order line.

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Do you have suggestions for improving the content of the bulletin? Please email cfmbulletincontributions@dh.gsi.gov.uk with your suggestions.

Do you have a news item or an event you wish to publicise in the next edition of the e-bulletin? If so, please send your copy to cfmbulletincontributions@dh.gsi.gov.uk by 5pm on 15 December. Your copy should be in the following format:

- 1) Title
- 2) Text up to 100 words with main message to start, followed by relevant key messages
- 3) Web link/s to relevant web page/s - **please ensure the links work**
- 4) Main contact point/source

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