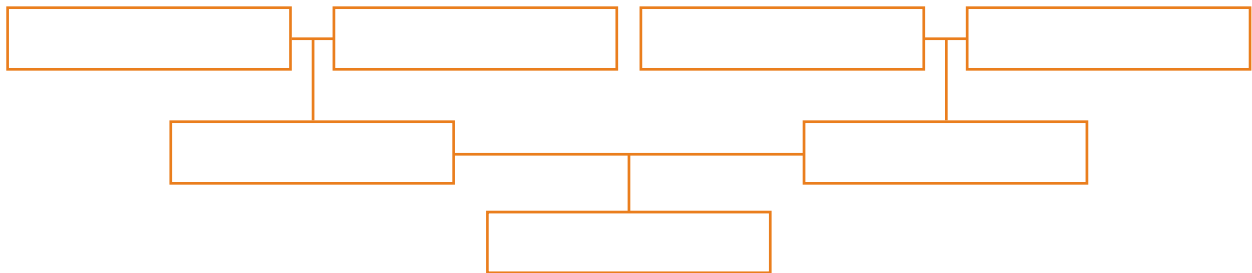


## Exercise

### Individually:

Take 5-10 minutes to draw your family tree. This forms the basis of your later discussions, but need not be shared with the group. Add branches as required.



### In pairs:

- Imagine you are telling a stranger something about each family member as you write their name on the paper.
- In pairs discuss whether this exercise provoked any particular feelings in you.
- Discuss how you could take account of this in your practice in future.

further

The emotional impact of  
talking about  
children families

**E41**

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