

50plus Nottinghamshire

LinkAge Plus

Post Intermediate Care

The Post Intermediate Care scheme seeks to recruit volunteers to provide a short term support service for people who are aged 50+ in Bassetlaw following a stay in hospital or illness after Intermediate Care. Volunteers are trained to offer practical support such as help with shopping, taking people for appointments to the hospital or GP or simply sitting with a person and having time to talk.

Post Intermediate Care

Objective

- Supporting people after a period of illness or institutional care to enable them to remain at home.
- Recruit, train and support volunteers.
- Link with Social Services and hospitals to reduce the possible isolation felt by those aged 50 plus after they leave a period of care.

Activity

- Face to face assessments.
- Safe and well checks.
- Practical home support.
- Active signposting.
- Prescription collection.
- Assisted shopping.
- Supporting self care.
- Assisted food preparation.
- Social Transport.
- Take home and settle.

Achievements against objectives

- Over a period of six months 15 volunteers have been recruited.
- 67 people have used the Post Intermediate Care scheme over a six month period.

Wider achievements

- Making the case for Post Intermediate Care throughout Nottinghamshire.
- The project has gained moral and financial support from PCTs.
- Funders have become interested in expanding the scheme across the county.

Resources

- One co-ordinator.
- Publicity and training.

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- Administrative support.
 - Planned support of volunteers.

Key lessons learned

- There is a need for Post Intermediate Care.
- Continued low level support in the home helps to prevent readmission to hospital.
- Schemes need to be available throughout the county.
- Volunteers need support and encouragement to provide a good service and to remain involved.
- The importance of using an organisation with experience of using volunteers and working with older people.

Further information

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Ref to website: www.nottinghamshire.gov.uk/home/social_care/notts50plusschemes-2.htm#post_intermediate_care_bassetlaw

Related documents

See website above.

