

DLA REPORT
CAXTON HOUSE, TOTTHILL ST,
LONDON SW1H 9NA.

December 17 2010.

Dear Sir or Madam,

I write as a very concerned ~~anxious~~ individual who is in receipt of DLA currently; both care & mobility.

I state that my conditions are significantly severe to life limiting. The details of my conditions are enclosed within.

I have a history of severe mental health issues from which is badly affected by my worsening pain conditions and vice-versa. I was placed under a Section 2 order on June 5th 2002 from which I was placed under as I attempted suicide because of my level of pain and stress levels and that I was extremely strained due to impending review and 'possible' face to face medical assessment by a DWP C.p. This drove me to absolute breaking point that I would be better dead than living to undergo another one of the assessments by the DWP face to face.

I experience these face to face assessments as utterly terrifying and dehumanising. It will be utterly devastating for me to have to undergo one for DLA or any other benefit.

have no hope of ever being pain free again. I am 38 yrs of age and I was told this before but most recently by the Consultant in Pain Management at [redacted] General Hospital, this on 24.11.10.

My condition of physical pain is non-curable and only appears to be worsening and is clinically defined as so by numerous specialists and my G.P.

Since my sectioning I have been assessed without the necessity to put me through a face to face ordeal. This was arranged by my then M.P.; Shona McIssac and her team as I had again completely broken down at home, C.p surgery and self mutilated many times due to the possibility of any face to face assessment and stress, strain and humiliation

if I had been forced to attend a medical I would have tried to commit suicide. This is always in the back of my mind that sometime this may be a necessity and I fear this exploding again as in 2002.

I currently face having to deal with the level of pain I have. I have no left over capacity to deal with anything more than just managing and all detailed here-in is too much to

comprehend or go through in reality. I, as a former Civil servant agree all people need to be reviewed all I ask please, is that I am not put under the absolute personal, in the extreme face to face and intimidating scrutiny that DWP force people to endure. It will push me to breaking point or more.

As mentioned all medical details are overleaf as too numerous to include within letter form. I ask please also for a full response to my concerns as it is core to whether I cope with my health problems or not.

Yours faithfully,

N.B: My parents: Mrs [redacted] and Mr [redacted] are my respective carers and are registered. I rely on DLA to give them the monies for expenses incurred & for help given to me. It is essential.

they are both pensioners with health problems too.

am diagnosed officially as having:

PHYSICAL:

- ① Fibromyalgia
- ② Osteoarthritis
- ③ Costochondritis/Tietze's Syndrome.
- ④ Post-herpetic neuralgia (P.H.N.).
- ⑤ Temporomandibular joint dysfunction and myo-facial pain. (T.M.J.).
- ⑥ Asthma.

affecting: jaw, neck, shoulders, ribs, breastbone, back (lower), hip (right) knees, feet incl. head to foot nerve pains, breathing pain from ribs affected by Costochondritis.

MENTAL:

- ① Chronic Clinical depression
- ② Severe anxiety - very stress/strain related.
- ③ Asperger's Syndrome/of moderate status.
- ④ Personality disorder - generalised.
- ⑤ History of attempts suicide and self harm under strain or stress.

NB: the pain listed above is experienced daily, also I live $\frac{1}{4}$ mile from my parents' home and their ^{approx} help is essential and I could not manage without the effort on their part for me.

my points are:

- A) I cannot mentally cope with a face to face assessment for DLA or other benefit (see information encl.)
- B) I have help from my parents who are registered carers for a multitude of circumstances such as, but not a full account; ^{I CANNOT GO OUT OF TOWN ALONE.}
- 1) attending all appointments, except G.P.
 - 2) accompanying back to flat from their home either by car or very slow walk. This, due to fear, particularly week-ends, from youths between parents' home & flat. ^{home cleaning etc.}
 - 3) help to re-cycle rubbish, as I am now unable to move a small canical bin: ^{due to my pain.}
 - 4) 90% approx grocery shopping needs given by: car journey, lifting bags for me, lifting ^{to the} upstairs in flat, storing groceries properly.
 - 5) going out at weekend in car to help me cope, during very bad pain eg: to Barton on Humber wildlife area nr. Humber bridge.
- C) How? : Can this be assessed in a relatively short, strained face to face assessment?
? please put this forward.

I can, do a small amount of basic shopping as I have a small shopping trolley and a walking or hiking pole. I walk but not far or fast. I can articulate but if put under strain I can totally break down with severe problems afterwards and loss of coping skills. I cannot cope with change normally.

Community
The Eleanor Centre - Mental health
discharged me Feb '10 as there was 'nothing
more I could be helped with'. Since then I
have struggled to cope. Attended Open Minds
(NHS Care Trust Plus) and have CBT there.
I still have no cure for my problems which
are very distressing and worsening my life.

I see: Psychiatrist Dr. Chitnis
Rheumatologist Dr. Gillett
Pain Clinic Dr. Malbya
Mental health worker Judy Humphrey
Open Minds