

11th February 2011


Dear Sir/Madam,

**Re: Disability Living Allowance Reform – Easy Read Consultation
Document Question 6B**

These are the individual questions which attendees at our event answered independently – please note the questions are the same but the numbering different from the Easy Read consultation document.

This question is Q.6B from the Easy Read Consultation Document.

Yours sincerely,



3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Driving a car (mobility etc).

Exercise.

Footpaths that are accessible
and flat and safe.

Swimming. (for older people)

living in own home.

Good NHS help (Drs)

Good Surgery.

Recognition for very old people
(80+)

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

To be able to meet other people - Clubs - pubs -
Activity centres - Catering for food - Aids and
adaptations to home - transport -

3. **What activities or actions are the most important to live an independent life?**

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

GETTING A JOB

SHOPPING

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Better accessibility to ring and ride to be able to be taken door to door. Parents would know that offspring would be safe.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

**Accessible Facilities to a Gym
(With wheelchair accessible "equipment")**

**Swimming Pool/ Especially Hydro Pool's catering for people with disabilities,
Generally exercise facilities within the "West Bromwich" area!**

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

- Use of technology, for all especially, those that are house bound. Helping to stay intouch.
- being able to travel independently where appropriate or with carer when not.
- Shopping
- How to manage money and finance
- Cooking or someone to assist.
- Washing and ironing or someone to help.
- Keeping home clean.
- Personal hygiene.
- Telephone.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

To live an independant a life as possible the person must be able to do what they need to in the house. Able to go out and get the little essentials they need. To be independant ~~to~~ is to be able to do the more basic tasks your self.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

BLINDNESS

IF YOU CANNOT SEE YOU CANNOT
BE INDEPENDANT.

YOU CANNOT WALK ON YOUR OWN
YOU CANNOT DRIVE

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

MY SON COULD NEVER LEAD A NORMAL AND INDEPENDENT LIFE. HE HAS TO HAVE CARE 24/7.

THE ONLY JOY IF YOU CALL IT JOY IS IF HE GOES TO WARSTONE HOUSE FOR A BREAK, AND A NEEDED BREAK FOR ME. (MOTHER)

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

I think we need the Green Card again as if some one ask are you disabled. we had green cards till 1999 and it was useful to show if some one give me Proven of Disability and notice for our Scooters saying Disabled as a lot of elderly are buying Scooter- they are not disabled.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

To Be able to get out and shop pay your Bills

visit friends

Cinema

Theatre

To go on holiday

Day out

To Be able to dust Clean prepare a meal

To go out when you want to not wait while

Someone can fit in the time to take you

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

BE ABLE TO TRAVEL WHERE
YOU WOULD LIKE TO GO

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

- BEING ABLE TO WASH YOURSELF - SHOWER/BATH
- BEING ABLE TO WASH, DRY & STYLE YOUR OWN HAIR
- BEING ABLE TO DRESS YOURSELF (PROPERLY)
- BEING ABLE TO GENERALLY WALK ABOUT, UNAIDED, BY MYSELF WITHOUT THE WORRY OF WALKING INTO SOMEONE/THING.
- BEING ABLE TO COOK & MAKE HOT DRINKS MYSELF
- BEING ABLE TO READ

HAVENT GOT AN "INDEPENDENT" LIFE - WILL ALWAYS RELY ON OTHERS IN EVERYDAY TASKS.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

- 1) A companion / carer to help you travel / getting ready etc. (bathed / dressed)
- 2) Social Events with disabled people in mind.
(no point attending something that is not relevant or you can't do.)
- 3) Training in day to day skills that able bodied people take for granted.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

- access to everyday activities - going shopping
travelling during peak times to appointments
not just off peak.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

INDEPENDENCE.
confidence
Mobility

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

An informed mind.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Everyday normal activities such as shopping, going to the leisure centre, an evening in the pub with friends, an occasional meal out, All of the things that people do in their local community.

Also, holidays and trips that most people take for granted.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Attend day centre - Socialise - be around other people

\ Need to get out

| Activities to keep^{you}_n occupied.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

1. You join a keep fit club

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

learning some skills such as washing.

able to go into shop and buy items / using money

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

- The ability to afford the use of a car - Our child finds public transport difficult to use and not all of the places we use are on direct public transport routes
- Accessible disabled childcare - Support is required for childcare & short breaks.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

being able to wash
dress
Cook

learn concept of money.
learn how to keep things tidy.
learn how to use washer.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Learn to have the concept of money

Wash

Cook

laundry.

learn how to keep things tidy

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

To live an independent life disabled people need specialist accommodation and have carers to help with everyday living. This costs money

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

To live an independant life disabled people need specialist accomodation and have eares to help with everyday living. This costs money!

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

- ① TO BE ABLE TO GET OUT AND SEE AND CHOOSE THINGS FOR MYSELF - NOT HAVE TO DO SHOPPING LISTS FOR OTHER PEOPLE TO PROVIDE OR TO HAVE SOMEONE ELSE'S CLOTHING ETC CHOICES BROUGHT FOR ME TO SEE IF I LIKE THEM
- ② TO ACCESS ALL THE INFORMATION THAT IS AVAILABLE TO THE GENERAL PUBLIC
- ③ TO HAVE THE SAME CHOICES AS EVERYBODY ELSE.
- ④ TO HAVE PERSONAL CARE (eg washed hair) AS OFTEN AS I FEEL COMFORTABLE WITH - NOT TO HAVE "GUIDELINES" FOR THESE THINGS QUOTED SO THAT I FEEL TOO SCRUFFY TO GO OUT SOMEDAYS BECAUSE MY HAIR HAS NOT BEEN WASHED. — AGAIN — LISTENING TO THE PERSONS ^{INDIVIDUAL} NEEDS.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Being able to work .

Being able to socialise .

Being able to cook your own meals .

Being able to look after your own finances .

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

TRAVEL ONCE AGAIN IS TOP OF THE LIST.
HAVING SOMEONE WITH YOU WHEN YOU GO OUT TO ASSIST YOU
WITH ALL YOUR NEEDS.
MAKING SURE YOUR PERSONAL CARE NEEDS IS MET.
BEING ABLE TO GO OUT AND SOCIALISE.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

If she hasn't got the car I couldn't take her to seaside or the Zoo without that she would be stuck in the house constantly all the time

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Depending on Public transport is a problem. the costs and the crowdeners plus the cuts that are being made by cutting down the services. You need to get out sometimes. Being stuck between 4 walls day in day out brings on depression which causes more problems which can be avoided. which in turn will cause more problems on other services. The other members of the public are not helpful and you get called names and get abuse of them. It is terrible when public Transport is crowded you get crushed and called names. I couldn't use the public transport I am sick and my daughter is so I find it very difficult to manage.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Appropriate levels of care and equipment to help you function and live with dignity in your own home.

Advocates / carers / supporters / family who ensure your needs are met. There has to be accountability of the services provided -

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

MAINLY BEING ABLE TO TRAVEL TO
GET OUT TO VISIT PEOPLE.

ACCESS TO CLUBS WITH PEOPLE IN
A SIMILAR SITUATION TO HAVE A
BIT OF ENTERTAINMENT + CHATS
A BIT OF COMPANY AS MANY PEOPLE
DO NOT HAVE RELATIVES;

ACCESSABLE LIBRARIES

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

being able to travel.

" " " shop

" " " get shopping home without having to pay extra

" " " visit friends and family

" " " to and from appointments doc, hospital dentists
which Amy and Rida don't do.

house work.

clothes washing.

shower or bathe

get things from cupboards and shelves even in shops eg top
and bottom shelves.

being able to socialise.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

1/ MY CAR IS THE MOST IMPORTANT COMMODITY TO ME, IT ALLOWS ME MY INDEPENDENCE.

I DON'T HAVE TO RELY ON ANYONE ELSE, ONLY MY WIFE WHO IS MY DAILY CARER, SHE HELPS ME LOAD ALL THE NECESSARY AIDS IN THE BOOT OF THE CAR,

I CAN SOCIALISE, VISIT FRIENDS, GO SHOPPING, OR TAKE THE OCCASIONAL BREAK AWAY FOR A FEW DAYS.

WITHOUT MY CAR I WOULD BE TOTALLY HOUSE BOUND.

"BUSES ARE A NO-NO AND TOO FAR AWAY TO GET TO."

"TAXIS WOULD WORK OUT FAR TOO EXPENSIVE AND VERY INCONVENIENT."

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Important activities are the same as those of everyone, being able to participate fully to the best of one's abilities in whatever one chooses to do, in comfort and safety.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

DAYS OUT

MEETING PEOPLE AND SOCIASINS

BEING ABLE TO DRESS

TOILET NEEDS

LOOKING AFTER YOUR APPEARANCE

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Mobility car - which enables us to take our daughter on holiday, days ~~breaks~~ ^{out}, dentist and hospital appointments.

Day Centre - so our daughter can meet people and join in activities with the community.

Due to our daughter's condition she is unlikely to live an independent life and therefore the input and time devoted by family and friends is most important.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Being able to get to meetings
or social activities

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Knowing how to deal with money

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

WORK

TRAVEL

SHOPPING

ACCESS TO INFORMATION

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

HELP AND SUPPORT BY FAMILY MEMBERS
BEING ABLE TO SET OUT AND MEET FRIENDS
AND RELATIVES

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

- 1/ FREEDOM TO TRAVEL
MAKING EVERYWHERE MORE ACCESSABLE
- 2/ EQUIPMENT THATS AFFORDABLE

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

- a) Being INDEPENDANT.
- b) Not Relying on other People.
- c) Use of OWN CAR to be able to Fulfill Point A+B
- d) Being able to have sufficient care needs / help.

As a wheelchair user for 7 yrs, whilst being able to walk you take things for granted i.e. walking, use of shower, toilet being able to go out to socialise without having to turn up the place I'm visiting have adequate disabled facilities.

Every disabled person (in wheelchair) wants to live a independent life.

I use a car, which helps me to get around be independent and work pay my taxes, take my car away, I want be able to work and be independent.

being social, being able to go to work and be in employment.

Being able to move from A to B

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Affordable ^{& suitable} transport - for all disabled people young or old - not everyone can climb onto a bus.

In the home - adaptations of household goods
i.e. kettle - sinks - cookers etc.
Stairs door handles & knobs

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

- To be able to access activities that others take for granted in the community.
- To ensure wheelchair / appropriate access.
- To ensure community supports them to live independently
- Education on disability so others are less judgemental / more accepting of those with disabilities.

G.F.M.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Transport and the ability to get around independently is paramount. The chance to meet people and share activity is really important.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

x my husband needs help with travel
all times

x my husband is always in help from other
people.

Needs help at work all time

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Being able to go for a walk without being attacked or people sending me the wrong way.

I would need to have a guide dog to assist me on my walks.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Travel,

Choice - Somethings, ie respite or daycare facilities are limited or are decided for an individual rather than an option or choice given.

Adaptations - Switches - technical equipment that are adapted to allow a person to communicate or make choices.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

You need daily living skills, a certain level of hygiene ((with support if needed)) psychial wellbeing, access to local community facilities such as doctors, dentist, psychiatrist and social clubs. Support if needed in attend shops, markets, cinema's, leisure centres, and strolls in parks.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Trying to get out, this brings in transport again going to clubs are OK but not every one cup of Tea.

Sandwell Council have changed times for disabled shopping trolleys not every one can rise early They restrict us on this subject.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

- * Travel
- * Having mobility
- * Transport - car.
- * Accessable services
- * Access to buildings
- * Crossing - at roads
- * Surfaces - pavements, roads.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Everyday living, being able to go places when you want to & not come up against obstacles all the time

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

The things I would like to live an independent life, is being able to do things for myself, instead of having to have other people doing things for me,

3. **What activities or actions are the most important to live an independent life?**

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Travel around
Have a fair income.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

motorability car or wheelchair (electric)

having access to shops, clubs

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

- Ability to get out

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

To be able to travel.

To have support with communication

To have some one to assist with day to day tasks

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

Some people will never be independent.

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

USE MY CANE

GO WHERE WE ARE RECOGNISED

3. What activities or actions are the most important to live an independent life?

Give examples of the things you must be able to do to live an independent a life as possible i.e. being able to travel.

- Being able to travel as and when the disable person wants same as someone who is non-disable.

Eg. Shopping trip or 300.