# Randomised controlled trial of the "Teens and Toddlers" programme

# **Appendix D Study Materials**

- Teens and Toddlers guidance for teachers selecting girls for the T&T programme
- The revised trial guidance for teachers selecting girls for the T&T programme
- Information sheet explaining the RCT to teenagers
- Teenagers consent form
- Parents consent form
- Baseline self-completion questionnaire<sup>1</sup>
- Follow-up one self-completion questionnaire
- Additional self-completion questionnaire on process and perceptions of impact (T&T girls only)
- Follow-up two self-completion questionnaire

<sup>1</sup> We have not included the CAPI questionnaire or showcards that were used for cohort 1 at baseline because all the analysis in the report is based upon questions that were included in the self completion questionnaires. However these materials are available from the research team on request.

# teens toddlers

#### INFORMATION SHEET

#### **Teenager Selection Tool for teachers**

Children Our Ultimate Investment UK

47 Bermondsey Street London SE1 3XT

Tel: 020 7089 6180 Tel: 020 7378 6893 Fax: 020 7378 8477 info@teensandtoddlers.org.uk www.teensandtoddlers.org.uk

You may be aware that the Teens and Toddlers programme will be working with some of the young people from your school in the near future. If you have received this form, some of the students from your class or year group are being considered for the programme.

Our aim at Teens and Toddlers is to work with the young people who are considered to be most at risk of experiencing or causing early pregnancies. As you might imagine, selecting the right young people for the programme can be quite a complex process. However, through our research, we have identified a number of key criteria that have been shown to have an influence on whether a teenager is more or less likely to become a teenage parent.

We have also found that teachers are very good at predicting the behaviour of their students. Therefore we need your assistance to help us identify which young people are most in need of the Teens and Toddlers programme. On the following page is a 20 item questionnaire that asks you to rate the young person under consideration for the programme according to a number of personality characteristics, attitudes and behaviours, and background factors. All you need to do is tick one of the three boxes for each of the items listed. We estimate that each questionnaire will take no more than 5 minutes to complete.

Please understand that the purpose of this form is to identify which young people will benefit most from the programme, so that we can hopefully prevent some teenage pregnancies from occurring. Your responses will not be considered as judgemental or derogatory to the young people. None of the information you provide will ever be raised with the young people, and the Teens and Toddlers facilitators will not have access to this information. Teachers should be assured that the main aim of the questionnaire is to help us identify the right teenagers to include, and the data won't be used for anything other than research purposes.

It is very important to note that we are very careful in the way we store data. The questionnaire completed by you is only used to select young people, and then responses are quickly stored on a password-protected database which only very few members of staff have access to.

We recognise that some of the questions are entirely subjective and therefore your answers are not expected to be definitive in any way. You may or may not know the answers to the questions asked, but please use your judgement if you suspect the answer to be "yes" or "no".

Thank you very much for your help with this matter and for taking the time to complete the questionnaire.

Please note that the school will be responsible for identifying, and excluding from the project

- people on a list kept under s.1 Protection of Children Act 1000 (individuals considered unsuitable to work with children;
- people subject to a disqualification order under the Criminal Justice and court Services Act 2000 (having committed a sexual offence or an offence of violence against a child or having been involved in the supply of drugs to a child).

Student Number	Ag	Age:				
About the teeneger's personality						
About the teenager's personality						
How does this teenager compare to characteristics?(tick one box per item)	his/her	peers	on	the fol	lowing	personality
				Lower	About th	•
				than peers	same as	s than peers
				<b>P</b>		
<ol> <li>Shyness (or withdrawn-ness)</li> </ol>						
<ol><li>Negativity and lack of self-belief</li></ol>						
<ol><li>General sadness (or depression)</li></ol>						
Nervousness (or anxiety)						
5. Anger (or aggressiveness)						
Disengagement from others				Ш	Ш	
About the teenager's attitudes and behavi	ours					
How does this teenager compare to his/her	peers on	the foli	owin	g attitude	es and b	ehaviours?
(tick one box per item)						
				Less	About th	
This teenager says and does things that sugg	gest they.			than	same as	
				peers	peers	peers
7. Frequently use alcohol and/or drugs						
8. Are not interested in thinking about the	eir future					
9. Are disengaged from and uninterested	d in Scho	ol				
10. Are sexually active						
11. Believe it is acceptable to have a child	d as a tee	nager				
About the teenager's background						
The following background issues are well-co	document	ed 'risk	fact	ors' for te	eenage	pregnancy.
Please rate this teenager from your knowledg	ge of their	backgr	ouna	•		
				No or	Don't	Yes or
This teenager:			•	'I suspect not"	know ?	"I suspect so"
					•	55
12. Has a poor school attendance record	(truancy)					
13. Experienced puberty earlier than their	peers					
14. Has a history of sexually transmitted i	nfections					
15. Has previously been pregnant (or cau	ised a pre	gnancy	)			
16. Has a family member who is/was preg	gnant as t	een				
17. Has a history of abuse (physical, sexu	ual or emo	otional)				
18. Is currently in care, or has been in car	re in the p	ast				
19. Has a history of family instability & lacks p models	positive ro	ole				

20. Generally does not perform well at school



#### INFORMATION SHEET

# Children Our Ultimate Investment UK

## **Advice for Teachers on Teenager Selection**

47 Bermondsey Street London SE1 3XT

> Tel: 020 7089 6180 Tel: 020 7378 6893 Fax: 020 7378 8477

The Teens and Toddlers programme will be working with some of the young people from your school this year. If you have received this form, some of the students from your class or year group will be considered for the programme.

Teens and Toddlers works with young people who could be at risk of experiencing early pregnancies. The first step of the programme is to select students who might be at <u>risk</u> from your school. We have identified some <u>criteria</u> that have been shown to influence whether someone is more likely to become a teenage parent. We would appreciate your assistance in helping us identify which young people might benefit from the Teens and Toddlers programme.

At this stage, we would like you to invite girls in your class or year group who have some or all of the following characteristics to the Teens & Toddlers briefing meeting to be held at your school in the next couple of weeks.

# Please give students who have some or all of the below characteristics an invitation letter to the briefing meeting:

- Are disengaged from or uninterested in school
- ▶ In general, do not perform well or under perform (i.e. do not work to their potential) in school
- ► Exhibit poor or disruptive behaviour in class
- ▶ Have a poor attendance record
- Parent rarely/never attends parents' evenings
- ► Parent or sibling was a teenage parent
- Currently/previously in care

It is very important that that you invite only those students to the briefing meeting who meet these criteria. This way we give the opportunity to the students in most need.

N.B. The school is responsible for ensuring that the following are not invited onto the project

- Those on a list kept under s.1 Protection of Children Act 2000 (individuals considered unsuitable to work with children;
- Those subject to a disqualification order under the Criminal Justice and Court Services Act 2000 (having committed a sexual offence or an offence of violence against a child or having been involved in the supply of drugs to a child).

Thank you very much for your help with this matter and for taking the time to help with the selection process.





## Questions about the Research

# (?) What is the study about?

The study is an evaluation of Teens and Toddlers which is a programme that involves work experience in nurseries and some classroom education. The research will try to find out how well the Teens and Toddler programme works by comparing the teenagers who take part in the Teens and Toddlers programme with teenagers who do not. Researchers will therefore interview teenagers taking part in the programme **and** a group that do not take part in the programme.

# ? How was I selected for the study?

The teachers at your school were asked to choose a small number of girls who were the right age and who might benefit from being able to take part in the Teens and Toddlers programme. From this group, half will take part in Teens and Toddlers and the other half won't take part in Teens and Toddlers but will still take part in the research.

# Will I be in the group that does Teens and Toddlers or the group that doesn't?

To make everything fair, we need to choose the two groups randomly. This random selection is like tossing a coin to decide who takes part in the programme and who doesn't. This means that if you agree to take part in the study you might be randomly chosen to do the Teens and Toddlers programme or randomly chosen not to do the programme. You will find out which group you are in after everyone's done the first questionnaire. If you are in the group not doing the Teens and Toddlers programme, we will really need your help with the questionnaires.

## (?) What will I have to do?

A researcher will come to your school during the school day so that you can complete a questionnaire. It would ask about your experiences at school, your home life, attitudes to parenthood and sexual health and relationships. Then we would like you to fill in a questionnaire two more times, 5 months from now, and 18 months from now to see how things have changed.

## $^{(2)}$ Who is carrying out the study?

The study is funded by the Government (the Department for Children, Schools and Families). It is being carried out by two research organisations: (1) the National Centre for Social Research (NatCen) and (2) the London School of Hygiene and Tropical Medicine. You can find out more about them by going to their websites (<a href="www.natcen.ac.uk">www.natcen.ac.uk</a> or <a href="www.lshtm.ac.uk">www.lshtm.ac.uk</a>). These organisations and the researchers working for them are independent of the Government and your school.

## (?) Is it confidential?

Yes! Anything that you say will be treated in strict confidence in accordance with the Data Protection Act. You will not be identified in any research report, and what you say will **not** be shared with your teachers, parents or Teens and Toddlers staff (unless you told us that you or someone else is at risk of serious harm, if this happened we would discuss this with you first before anyone else was told).

If you have any questions about this study, please contact Ivonne Wollny (email <a href="mailto:ivonne.wollny@natcen.ac.uk">ivonne.wollny@natcen.ac.uk</a>, tel 020 75497145).



#### **Children Our Ultimate Investment UK**

# Choosing to participate in Teens & Toddlers 47 Bermondsey Street

London SE1 3XT

Tel: 020 7089 6180 Tel: 020 7378 6893 Fax: 020 7378 8477

\_\_\_\_\_, agree to the following.

- I understand that I will be asked to complete three questionnaires about my experiences at school, my home life, attitudes to parenting, and sexual health.
- I understand that I might be in a group that does the Teens and Toddlers programme, or in a group that doesn't, and that this will be decided randomly so that everything is fair.

If I am in the group that does the Teens and Toddlers programme I agree to the following.

- To participate in the activities, workshops and discussions.
- To honour the guidelines that we agree as a group, and in particular that I will not be violent to myself, other participants, facilitators, nursery staff and toddlers. This includes no verbal or physical violence, or violence to the environment of the nursery.
- To understand that drugs and alcohol are NOT allowed at any time on the premises.
- To attend every session on time, to participate in each one and to complete the assignments to the best of my ability. I understand that if I miss more than three sessions, I will not be awarded the full certificate for successfully completing the project (which goes onto my school record of achievement).
- To follow the guidance of my facilitators and to make this as rewarding as I can.
- To keep the children's safety and well being as my main aim.
- To recognise that I am gaining valuable work experience. I will be treated like a member of staff at the nursery, and I must behave in a professional manner.
- To remember what I learn in Teens & Toddlers, so that I can use those skills to achieve all I hope to achieve in the future.
- To understand that I can be a positive role model to a child, and that I can make a difference to his/her life.
- To work towards successfully gaining a National Award (NCFE Level 1 in Interpersonal Skills), if I want to. To understand that the facilitators will offer support and coaching to help me achieve
- To participate in one-to-one sessions during the project so that I can make full benefit of the programme in my life.
- I understand that upon completion of the project, I will be given a T&T certificate which clearly states the subjects I have studied and the skills I have mastered.

## Teen Consent Form

This form tells you what will happen to the personal information you give Teens and Toddlers during the programme. Please read it and tick the boxes if you understand and agree. If you have any questions, please ask the Project Manager.

- I have read and understood the 'Questions about the Research' sheet and the 'Choosing to participate' sheet provided. I have been given a full explanation of the nature, purpose, location and duration of the project, and of what I will be expected to do.
- □ I am aware that the Programme includes questionnaires and interviews for research purposes.
- I understand that all personal data relating to me will be held and processed in the strictest confidence, in accordance with the Data Protection Act. By signing this form I give my consent for Teens and Toddlers, NatCen and the London School of Hygiene and Tropical Medicine to hold sensitive personal data and understand that this data will be used for research purposes.
- I understand that what I say during T&T is confidential. However, I understand that this confidentiality may need to be broken if I disclose that I (or someone else) is at risk of serious harm (child protection issues). If this happens, it will be discussed with me first before anyone else is told.
- □ I understand that I am free to leave the programme at any time without needing to justify my decision.

Name:		 	
Signature:	<del> </del>	 	· · · · · · · · · · · · · · · · · · ·
Date:			



# Children Our Ultimate Investment UK

47 Bermondsey Street London SE1 3XT Tel: 020 7089 6180 Tel: 020 7378 6893 Fax: 020 7378 8477 info@teensandtoddlers.org.uk www.teensandtoddlers.org.uk

# PARENTAL CONSENT FORM Teens & Toddlers Programme and Evaluation

Teens and Toddlers is a programme that involves classroom education plus work experience in local nurseries. The classroom education covers child development, nutrition, safety, parenting and sexual health. The work experience involves learning to help take care of a toddler alongside the toddler's regular teachers. One-to-one mentoring is also available to those teenagers on the programme who could benefit from this. Those taking part can earn an Accredited National Award in Interpersonal Skills, level 1 (NCFE). It is being delivered in your borough starting on 22<sup>nd</sup> or 23<sup>rd</sup> September.

We are evaluating the programme to find out how well it works. This important evaluation is being funded by the Government (the Department for Children, Schools and Families) and done by the National Centre for Social Research and the London School of Hygiene and Tropical Medicine. For more information, see their websites (<a href="https://www.natcen.ac.uk">www.lshtm.ac.uk</a>). The evaluation involves some teenagers taking part in the programme and other teenagers not taking part in the programme, so that we can compare the two groups. Teenagers will be randomly selected for either one group or the other. This random selection is like tossing a coin to decide who participates in the programme. If you agree that your teenager can be involved, your teenager may then be randomly selected to take part in the programme or to be part of the comparison group (and therefore will not receive the programme).

Your teenager's teacher thought they might benefit from being able to take part in the Teens and Toddlers programme so we would like to give them the chance to participate. If you agree that your teenager can take part in the evaluation, they will be interviewed three times over the course of the next year and a half. These interviews are totally confidential and done by experienced researchers who will ask questions about various topics such as experiences at school, home life, attitudes to parenthood, and sexual health.

If your teenager is randomly selected to take part in the Teens and Toddlers programme, your teenager will be met at their school at 12.30pm and escorted to the nursery by a Teens and Toddlers worker and make their own way home from the nursery. We will work from 1pm to 3:45pm (1pm - 2:45pm with the toddlers, 2:45pm – 3:45pm in classrooms) on **Tuesday or Wednesday** afternoons for **20 weeks**, breaking for normal school holidays. Researchers will also visit the nursery to interview some teenagers on their own or in small groups to find out what they think of the programme, and observe how it is working.

Anything that your teenager says to the researchers will be treated in strict confidence as required by the Data Protection Act. If you would like more information about the evaluation, contact Dr Peter Keogh at NatCen (p.keogh@natcen.ac.uk, 020 7549 8528)

In order for your teenager to take part in the evaluation, the random selection and, if selected, the Teens and Toddlers programme, we need you to sign the attached consent form. Thank you for reading this information and taking the time to consider allowing your teenager to participate in such a unique programme!

Peter Hein Director

Miranda Taggart Project Manager

### PARENTAL CONSENT FORM - Please read the following very carefully:

I understand and give permission that:

- My teenager will take part in the evaluation described in the accompanying letter.
- My teenager will be allocated randomly to participate in the Teens and Toddlers programme or to be part of the comparison group in the evaluation.
- If selected my teenager will take part in the programme as described in the accompanying letter.
- All personal information will be held and processed in the strictest security and confidence in accordance with the Data Protection Act.
- Anonymised quotes from my teenager may be used in the evaluation and reports produced from this.
- My teenager is free to withdraw from the study at any point without giving a reason.

oxdot Yes, I have understood the above information and give permission for my teenager to take part
$\square$ No, I don't give permission to have my teenager participate in any of the above.
our name: (please print)
ddress:
ost Code:
mergency contact no:
tudent Name:
our relationship to Student:
ge of student:
there any medical condition that we need to be aware of? (Yes / No)
yes, what is that condition?
our Signature:



# Teens & Toddlers Evaluation SELF-COMPLETION QUESTIONNAIRE

P2922: Team: Green BLUE

Serial 1001-06 CKL 1007 Card 1008 = 1 Batch 1009-13 Spare 1014-20

This questionnaire is part of some research that will be used to find out how well the Teens and Toddler programme works. We will treat all your answers as strictly confidential, and what you say will not be shared with your teachers, parents or Teens and Toddlers staff.

We really want to find out what **you** think and so it is important that you fill in the questionnaire quietly by yourself and don't share your answers with anyone else. There are no right or wrong answers, this is just about you.

There are some instructions for completing the questionnaire below.

#### Instructions for completing the questionnaire

- Each question can be answered either by ticking the box next to your answer or by writing in a number
- The arrows will tell you which question to answer next.
- If there are no arrows, just carry on to the next question.
- For most questions you should choose one answer only
- The questions where it is OK to choose more than one answer will say "Tick as many as are true"

### **EXAMPLE QUESTIONS**

Q1 Did you have breakfast this morning?

Yes ✓ ¹

No □ ² → Q3

How many people did you eat breakfast with?



If you have any questions now or while you are completing the questionnaire, please raise your hand and ask the interviewer for their help.

### **ABOUT YOURSELF**

We need to know your name, address, phone number and date of birth so that we can contact you the next time we'd like to speak to you. Please fill these in below.

First Name									
Surname									
Address									
Postcode				<u> </u>	7				
Phone			Y	ı	<b>V</b>	Y	<b>y</b> ,		
Number									
Date of Blath	_				 				
Date of Birth									

Now please tear the page off and give it to the interviewer

The interviewer will put this page in a sealed envelope so that your name is kept separate from your answers to the questionnaire.

SOME INFORMATION ABOUT YOU AND THE PEOPLE YOU LIV	E WITH
Firstly, what kind of house or flat do you live in?	
One rented from the council or a housing association	1 1021
One rented from a landlord	d 2
One owned by your family (including one with a mortgage	) 3
Children's home	e 4
Othe	r5
Don't know	V 8
Which of the following people do you live with?	
Natural mothe	r
Adoptive mothe	r ² → Q3
Step mother (your parent's partner, even if they are not married	)
Foster mothe	r    ⁴ → Q3
None of these	e
And does your mother/ step mother / foster mother do any paid work, either part time or full time?	
Yes	S 1023
No	2
How do you find talking to your mother/ step mother/ foste mother about personal things?	
Very easy	y 1
Quite easy	y 2
Quite difficul	t 3
Very difficul	it 4

Q5	Which of the following people do you live with?				
	Natural father	] 1	<b>→</b> Q6		1025
	Adoptive father	2	<b>→</b> Q6		
	Step father (your parent's partner, even if they are not married)	3	<b>→</b> Q6		
	Foster father	4	<b>→</b> Q6		
	None of these	5	<b>→</b> Q8		
Q6	And does your father/ step father / foster father do any paid work, either part time or full time?				
	Yes	] 1			1026
	No	2			
Q7	How do you find talking to your father/ step father/ foster father about personal things?				
	Very easy	1			1027
	Quite easy	2			
	Quite difficult	3			
	Very difficult	4			

Which of the following people do you live with?

	ick as many as are true
1028-4 <b>Q9</b>	Grandparent 1
Q9	Brother or sister (including half-/foster-/step brothers or sisters)
Q9	Son or daughter 3
Q9	Niece or nephew 4
Q9	Aunt or uncle
Q9	Cousin 6 =
Q9	Other person in your family 7
Q9	Other person not in your family s
Q10	None of these
	Do any of the adults that you live with do any paid work, either part-time or full-time?
104	Yes, working full time or part time

No, not working

144

1045-46

White British	1
White Irish	2
Other White background	3
Mixed	
Mixed – White and Caribbean	4
Mixed – White and Black African	5
Mixed – White and Asian	6
Other mixed background	7
Asian or Asian British	
Asian/Asian British – Indian	8
Asian/Asian British – Pakistani	9
Asian/Asian British – Bangladeshi	10
Other Asian background	11
Black or Black British	
Black/Black British - Caribbean	12
Black/Black British - African	13
Other Black background	14
Chinese or other ethnic group	
Chinese	15
Other background	16

White

What is your family's main language at home?		
	English 1	104
	Other 2	
Q12 And which of these religious groups do you belor	ng to, if any?	
	Christian 1	104
	Muslim 2	
	Hindu 3	
	Sikh 4	
	Jewish 5	
	Buddhist 6	
	Other 7	
	None of these 8	
Q13 Do you get free school meals at lunchtime?		
	Yes 1	104
	No 2	

How much do you like school?		
Very much	1	1050
Quite a lot	2	
Not much	3	
Not at all	4	
When are you planning to leave school or sixth form?		
As soon as possible	1	1051
Straight after your GCSEs,	2	
When you're 18	3	
After you're 18	4	
And then what are you planning to do?  Tick as many as are true		
Continue in full-time education (university, college)	1	052-57
Find a job	2	
Training (e.g. skill-seekers, apprenticeship, youth training)	3	
Go abroad for at least 6 months	4	
Take some time off	5	
Something else	6	
How important is it to you to get good marks in your schoolwork, tests or exams?		
Very important	1	1058
Fairly important	2	
Not very important	3	
Not at all important	4	

WHAT YOU THINK ABOUT SCHOOL

Q18	How often do you usually miss school without permission?	
	Include times when you missed the whole day, and when you just missed some of the lessons.	
	By this we mean <i>truanting</i> or playing truant, <i>bunking off</i> , or <i>skipping</i> school. We don't mean time off with your school's permission or going on holiday in term time.	
	A few times a week 1	105
	Once a week 2	
	Once every two weeks 3	
	Once a month 4	
	Less often than once a month 5	
	Never 6	
Q19	In the last 6 months have you been suspended or temporarily excluded from school?	
	Yes 1	106
	No 2	
Q20	And have you ever been expelled or permanently excluded from school?	
	Yes 1	106
	No 2	

# ABOUT YOUR RELATIONSHIPS AND SEXUAL EXPERIENCES Are you currently seeing anyone? Q21 1072 Yes – I'm seeing a boy (or a man) **→** Q22 Yes – I'm seeing a girl (or a woman) **→** Q24 No How do you find talking to this person about personal things? **Q22** (If you are seeing more than one person, please answer this question about the person you are seeing more of) 1073 Very easy Quite easy Quite difficult Very difficult **Q23** How often does this person push you to do things that you do not want to do? (If you are seeing more than one person, please answer this question about the person you are seeing more of) 1074 Very much Quite a bit Not much Not at all And have you ever kissed or cuddled a boy (or a man)? **Q24** 1075 Yes No And have you ever touched a boy's (or a man's) private parts, or **Q25**

has he touched yours?

Yes 1
No 2
149

1076

And have you ever had sex with a boy (or a man)?	
Yes	1077
No	
About how many different boys (or men) have you ever had sex with?	
Write in	1078-79
How regularly have you had sex in the last 3 months with a boy (or a man)?	
At least once a week 1	1080
At least once a month 2	
Less than once a month 3	
Not regularly 4	
Not at all 5	
Now thinking about the <b>first</b> time that you had sex with a boy (or a man), how old were you then?	
Write in	1081-82
Which of these best describes the <b>first</b> time you had sex with a boy (or a man)?	4000
I did not plan it to happen beforehand 1	1083
I planned it to happen beforehand (but not together) 2	
We planned it together beforehand 3	
Don't know 8	

Q31	And which of these best describes the <b>first</b> time you had sex with a boy (or a man)?		
	I was about the right age	1	1084
	I was too old	2	
	I was too young	3	
	Don't know	8	
Q32	And which of these best describes the <b>first</b> time you had sex with a boy (or a man)?		4005
	I was happy about it	1	1085
	I regretted it	2	
	I wasn't happy about it but didn't regret it	3	
	Don't know	8	
Q33	And when you <b>first</b> had sex with a boy (or a man), which of these was most true?		4000
	I put a lot of pressure on my boyfriend/ partner	1	1086
	I put <b>some</b> pressure on my boyfriend/ partner	2	
	There was no pressure either way	3	
	My boyfriend/ partner put <b>some</b> pressure on me	4	
	My boyfriend/ partner put a lot of pressure on me	5	
	Don't know	8	

Q34	Still thinking about the first time you had sex with a boy (or a n	nan), did	you use		
		Yes	No	Don't Know	
		1	2	8	1087
	a condom?				
	the pill?				1088
	the morning after pill (emergency contraception pill)?				1089
	any other contraception or protection?				1090
A	nd what other contraception or protection was that? (Please write)				1091
				Spare	1092-97
Q35	Now thinking about the <b>last</b> time you had sex with a boy (or a l	man), dio	d you use		
		Yes	No	Don't Know	
		1	2	8	
	a condom?				1098
	the pill?				1099
	the morning after pill (emergency contraception pill)?				1100
	any other contraception or protection?				1101
A	nd what other contraception or protection was that? (Please write)				1102
				Spare 1	1103-08
Q36	And in the last <b>3</b> months, how many times would you say that you have had sex with a boy (or a man) without using a <b>condom</b> ?				
	None	1			1109
	Once	2			
	Twice	3			
	Three to five times	4			
	Six to ten times	5			
	More than ten times	6			

Have you ever been pregnant (including any miscarriages or abortions (terminations))?	
Yes	1 → Q38
No	2 → Q41
Thinking about your most recent pregnancy.	
Did you want to become pregnant?	
Yes	1111
No	2
Not sure	8
Were you pregnant in the past or are you pregnant now?	
Past	1 → Q40
Now	2 <b>→</b> Q41
And did you have the baby, have an abortion (termination), or have a miscarriage?	
Had the baby,	1113
Had an abortion (termination)	2
Had a miscarriage?	3

#### YOUR ATTITUDES TOWARDS RELATIONSHIPS AND SEX

do you think is a good age to have sex for the first time?				
	_	1.	1114	-15
Age 12 or younger		] 1		
Age 13		2		
Age 14		3		
Age 15		4		
Age 16		5		
Age 17		6		
Age 18		7		
Age 19		8		
Age 20		9		
Age 21		10		
Age 22 or older		11		
Don't know		98		
hich of these situations would be a good time to have sex first time?		_		
When you fancy someone		] 1	1	116
1	Age 12 or younger Age 13 Age 14 Age 15 Age 16 Age 17 Age 18 Age 19 Age 20 Age 21 Age 22 or older Don't know	Age 12 or younger  Age 13  Age 14  Age 15  Age 16  Age 17  Age 18  Age 19  Age 20  Age 21  Age 22 or older  Don't know  Age 30  Age 40  Don't know  Age 41  Age 50  Age 60  Age 70  Age 70  Age 70  Age 80  Ag	Age 12 or younger  Age 13  Age 14  Age 15  Age 16  Age 17  Age 18  7  Age 19  Age 20  9  Age 21  10  Age 22 or older  11  Don't know  98  Anich of these situations would be a good time to have sex first time?	Age 12 or younger  Age 13  Age 14  Age 15  Age 16  5  Age 17  6  Age 18  7  Age 19  8  Age 20  9  Age 22 or older  11  Don't know  98  hich of these situations would be a good time to have sex first time?

When you have a boyfriend 2

When you've been going out with your boyfriend for long enough 3

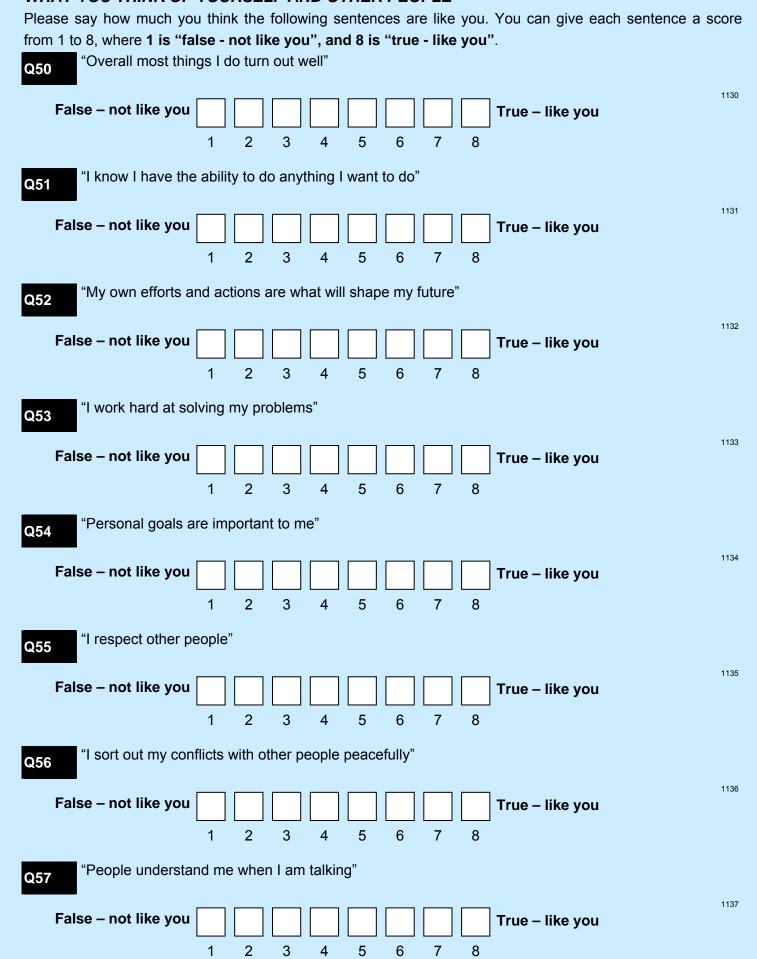
When you're married 4

Don't know 8

Q43 Please tell us how much you agree or disagree v	vith the fo	ollowing	sentence	s.		
	Agree Strongly	Agree	Neither agree nor disagree	Disagree	Disagree strongly	
Sex is about excitement and feeling good, so it's ok that people don't always think about using protection	1	2	3	4	5	1117
I would always use a condom with a new partner	1	2	3	4	5	1118
It's ok for women to smoke when they are pregnant						1119
And how much alcohol do you think it's okay for when they are pregnant?	r women	to drink				
As m	uch as th	ey want	1			1120
	Qı	uite a lot	2			
	Not ve	ry much	3			
		None	4			
Q45 How easy or difficult would it be for you to						
	Very easy	Easy	Difficult	Very difficult	Don't know	
use a condom properly?	1	2	3	4	8	1121
talk openly about sex with a boyfriend?	1	2	3	4	8	1122
discuss going on the pill in a clinic or with a doctor?						1123
As far as you know, are the following true or false	e					
		True	False	Not :		
people are less likely to catch infections passed on by if they use condo	·					1124
people are less likely to catch infections passed on by		1	2			1125
people might have a sexually transmitted infection wi		1	2	3		1126

Q47	How many days after having sex do you think you can take the morning after pill (emergency contraceptive pill) to stop you getting pregnant?				1127
	Only within one day of having sex		1		1121
	Up to three days after having sex		2		
	Up to one week after having sex		3		
	Not sure		8		
DRINK	ING				
Q48	Do you ever get drunk?				
	Yes	s	1 →	Q49	1128
	No		2 →	Q50	
Q49	How often would you say you get drunk?				
	Less than once a month		1		1129
	Once or twice a month		2		
	Once a week		3		
	More than once a week		4		

#### WHAT YOU THINK OF YOURSELF AND OTHER PEOPLE



Thinking over the last six months, how true is thi	s				
		Not true	Partly true	Certainly true	:
I worry	a lot?	1	2	3	1138
I am often unhappy, down-hearted or te	arful?				1139
Q59 Thinking over the last six months, how much do	you agre	ee or disa	gree with the	se sentences	
	Agree Strongly	Agree	Neither Disag agree nor disagree	gree Disagree strongly	
I can usually find the right words to say how I am feeling	1	2	3 4		1140
I am usually in touch with my own feelings	1		3 4	5	1141
I can usually share my feelings with others when I want to		2	3 4		1142
I can usually express my feelings better than other people my age	1	2	3 4	5	1143
I am usually really good at noticing how other people are feeling	1	2	3 4		1144
I like myself					1145
Are there any other adults such as teachers, you could talk to about personal t		orkers, or			
	J	Yes	1		1146
		No	2		
How often are the following true?					
Always	L	Jsually	Sometimes	Never	
When you go out, your parents/guardians know where you are going	[	2	3	4	1147
When you go out, your parents/guardians know who you are with					1148
When you go out, your parents/guardians say what time you should be home					1149

you do at school?	
Often	1150
Sometimes	2
Not very often	3
How often do your parents/guardians tell you that you have done something <b>well</b> ?	_
All of the time	1151
Most of the time	2
Sometimes	3
Rarely	4
Never	5
Could you tell me if any of these things are true for you at the moment?	
Tick as many as are true	
I have a friend to talk to if I am worried or upset about something	1152-55
I'm proud of my friends	2
Till ploud of my menus	
My friends stick by me if I get into trouble	] 3
	] 3 ] 4
My friends stick by me if I get into trouble	]
My friends stick by me if I get into trouble  My friends work hard at school	] 4
My friends stick by me if I get into trouble  My friends work hard at school  None of these  Do your parents/guardians know who your friends are, do they	] 4
My friends stick by me if I get into trouble  My friends work hard at school  None of these  Do your parents/guardians know who your friends are, do they know	] 4 ] 5
My friends stick by me if I get into trouble  My friends work hard at school  None of these  Do your parents/guardians know who your friends are, do they know  none of them	] 4 ] 5   1156

# YOUR ATTITUDES TO BECOMING A PARENT OR BEING A PARENT What do you think would be the ideal age for you to become a **Q66** mum? 1157-58 16 or under 17-18 19-20 21-22 23-24 25-26 27-28 29-30 31 or over Never 10 How likely do you think it is that you will have a baby before you **Q67** are 20, is it ... 1159 ... very likely ... fairly likely ... fairly unlikely ... or very unlikely? Has anyone in your family had a baby before they were 20? Q68 1160

Yes

No

And how much do you agree or disagree with the	e sentenc	es belov	W			
	Agree Strongly	Agree	Neither agree nor disagree	Disagree	Disagree strongly	
	1	2	3	4	5	
having a baby before the age of 20 would <b>make me</b> feel more grown up?	1	2	3	4	5	1161
having a baby before the age of 20 would <b>give me</b> someone to love?						1162
Q70 How much easier or harder would having a baby	make a t	teenage	r's life			
	A lot easier	A little easier	Makes no difference	A little harder	A lot harder	
in towns of bossels as and accommodation 0	1	2	3	4	5	1163
in terms of housing and accommodation?	1	2	3	4	5	
in terms of social life and time with friends?	1	2	3	4		1164
in terms of <b>money</b> ?			3	4	5	1165
	1	2	3	4	5	1166
in terms of working?	Ш	Ш		Ш	Ш	
How easy or difficult do you think it is to be a goo	od parent	?				
	Ve	ery easy	1			1167
	Fai	rly easy	2			
Neither	easy nor	difficult	3			
	Fairly	difficult	4			
	Very	difficult	5			
When you do exams in the future, would it be your school let us look at your results? We information confidential and would not tell anyon	would ke					
		Yes	1			1168
		No	2			

THIS IS THE END OF THE QUESTIONNAIRE - Please seal it in the brown envelope and hand it back to the interviewer



# Teens & Toddlers Evaluation SELF-COMPLETION QUESTIONNAIRE

P2922: Team: Green BLUE

Serial 1001-06 CKL 1007 Card 1008 = 1 Batch 1009-13 Version 1014 Spare 1015-20

This questionnaire is part of some research that will be used to find out how well the Teens and Toddler programme works. We will treat all your answers as strictly confidential, and what you say will not be shared with your teachers, parents or Teens and Toddlers staff.

We really want to find out what you think and so it is important that you fill in the questionnaire quietly by yourself and don't share your answers with anyone else. There are no right or wrong answers, this is just about you.

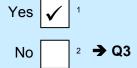
There are some instructions for completing the questionnaire below.

#### Instructions for completing the questionnaire

- Each question can be answered either by ticking the box next to your answer or by writing in a number
- The arrows will tell you which question to answer next.
- If there are no arrows, just carry on to the next question.
- For most questions you should choose one answer only
- The questions where it is OK to choose more than one answer will say "Tick as many as are true"

## **EXAMPLE QUESTIONS**

Q1 Did you have breakfast this morning?



How many people did you eat breakfast with?



If you have any questions now or while you are completing the questionnaire, please raise your hand and ask the interviewer for their help.

#### ABOUT YOURSELF

We need to know your name, address, phone number and date of birth so that we can contact you the next time we'd like to speak to you. Please fill these in below.

First Name									
Surname									
Address									
Postcode									
Phone Number									
Data of Dist				 					
Date of Birth									

Now please tear the page off and give it to the interviewer

The interviewer will put this page in a sealed envelope so that your name is kept separate from your answers to the questionnaire.

SOME	INFORMATION ABOUT YOU AND THE PEOPLE YOU LIVE	E WI	ΤH					
Q1	Firstly, what kind of house or flat do you live in?							
	One rented from the council or a housing association		1				10	21
	One rented from a landlord		2					
	One owned by your family (including one with a mortgage)		3					
	Children's home		4					
	Other		5					
	Don't know		8					
Q2	Which of the following people do you live with?							
	Natural mother		1	<b>→</b>	Q3		10	)22
	Adoptive mother		2	<b>→</b>	Q3			
	Step mother (your parent's partner, even if they are not married)		3	<b>→</b>	Q3			
	Foster mother		4	<b>→</b>	Q3			
	None of these		5	<b>→</b>	Q5			
Q3	And does your mother/ step mother / foster mother do any paid work, either part time or full time?							
	Yes		] 1				10	)23
	No		2					
Q4	How do you find talking to your mother/ step mother/ foster mother about personal things?							
	Very easy		1				10	24
	Quite easy		2					
	Quite difficult		3					
	Very difficult		4					

Q5	Which of the following people do you live with?					
	Natural father	1	→ Q	6	1025	5
	Adoptive father	2	→ Q	6		
	Step father (your parent's partner, even if they are not married)	3	→ Q	6		
	Foster father	4	→ Q	6		
	None of these	5	→ Q	3		
Q6	And does your father/ step father / foster father do any paid work, either part time or full time?					
	Yes	] 1			1026	3
	No	2				
Q7	How do you find talking to your father/ step father/ foster father about personal things?					
	Very easy	1			1027	7
	Quite easy	2				
	Quite difficult	3				
	Very difficult	4				

Which of the following people do you live with?

Q8

		Tick as many as are true
1028-43	ent ☐ ¹ → Q9	Grandparent
	ers)	Brother or sister (including half-/foster-/step brothers or sisters)
	ater 3 → Q9	Son or daughter
	ew 4 → Q9	Niece or nephew
	cle 5 <b>→ Q9</b>	Aunt or uncle
	sin	Cousin
	nily 7 → Q9	Other person in your family
	nily 8 → Q9	Other person not in your family
	ese	None of these
	her	Do any of the adults that you live with do any paid work, either part-time or full-time?
1044	ime 1	Yes, working full time or part time
	king 2	No, not working

## And what ethnic group do you belong to?

## White

1	n	4	5	-4	6

White British	1
White Irish	2
Other White background	3
Mixed	
Mixed – White and Caribbean	4
Mixed – White and Black African	5
Mixed – White and Asian	6
Other mixed background	7
Asian or Asian British	
Asian/Asian British – Indian	8
Asian/Asian British – Pakistani	9
Asian/Asian British – Bangladeshi	10
Other Asian background	11
Black or Black British	
Black/Black British - Caribbean	12
Black/Black British - African	13
Other Black background	14

Chinese or other ethnic group

15

16

Chinese

Other background

English Other  2  And which of these religious groups do you belong to, if any?
And which of these religious groups do you belong to, if any?
Christian <sup>1</sup>
Muslim <sup>2</sup>
Hindu <sup>3</sup>
Sikh
Jewish <sup>5</sup>
Buddhist <sup>6</sup>
Other <sup>7</sup>
None of these 8
Do you get free school meals at lunchtime?
Yes 1
No 2

WHAT YOU THINK ABOUT SCHOOL	
How much do you like school?	
Very much	105
Quite a lot	2
Not much	3
Not at all	4
When are you planning to leave school or sixth form?	
As soon as possible	105
Straight after your GCSEs,	2
When you're 18	3
After you're 18	4
And then what are you planning to do?	
Tick as many as are true	4050.5
Continue in full-time education (university, college)	1052-5
Find a job	2
Training (e.g. skill-seekers, apprenticeship, youth training)	3
Go abroad for at least 6 months	4
Take some time off	5
Something else	6
How important is it to you to get good marks in your schoolwork, tests or exams?	
Very important	105
Fairly important	2
Not very important	3
Not at all important	4

Q18	How often do you usually fillss school without perfilssion?		
	Include times when you missed the whole day, and when you just missed some of the lessons.		
	By this we mean <i>truanting</i> or playing truant, <i>bunking off</i> , or <i>skipping</i> school. We don't mean time off with your school's permission or going on holiday in term time.		doca
	A few times a week	1	1059
	Once a week	2	
	Once every two weeks	3	
	Once a month	4	
	Less often than once a month	5	
	Never	6	
Q19	In the last 6 months have you been suspended or temporarily excluded from school?		
	Yes	1	1060
	No	2	
Q20	And have you ever been expelled or permanently excluded from school?		
	Yes	1	1061
	No	2	
Q21	Since we last spoke to you, did you attend any personal development or education programmes for young people other than Teens and Toddlers that were not part of normal school?		
	Yes	1	106:
	No	2	
Q22	Can you tell me what kind of programme this was?		
			1063

Natoen, 101-133 Kings Road, Dientwood, Essex Givi14 41	
ABOUT YOUR RELATIONSHIPS AND SEXUAL EXPERIENCES  Are you currently seeing anyone?	
Q23	
Yes – I'm seeing a boy (or a man)	1 → Q24
Yes – I'm seeing a girl (or a woman)	2 → Q24
No	₃ → Q26
How do you find talking to this person about personal things?	
(If you are seeing more than one person, please answer this question about the person you are seeing more of)	
Very easy	107
Quite easy	2
Quite difficult	3
Very difficult	4
How often does this person push you to do things that you do not want to do?	
(If you are seeing more than one person, please answer this question about the person you are seeing more of)	
Very much	107
Quite a bit	2
Not much	3
Not at all	4
And have you ever kissed or cuddled a boy (or a man)?	
Yes	107
No	2
And have you ever touched a boy's (or a man's) private parts, or has he touched yours?	
V	107

No

And have you ever had sex with a boy (or a man)?	
Yes	1 → Q29
No [	2 → Q43
About how many different boys (or men) have you ever had sex wit	h?
Write in	1078-79
How regularly have you had sex in the last 3 months with a boy (or a man)?	
At least once a week	1080
At least once a month	2
Less than once a month	3
Not regularly	4
Not at all	5
Now thinking about the <b>first</b> time that you had sex with a boy man), how old were you then?	(or a
Write in	1081-82
Which of these best describes the <b>first</b> time you had sex with a boy (or a man)?	4002
I did not plan it to happen beforehand	1083
I planned it to happen beforehand (but not together)	2
We planned it together beforehand	3
Don't know	8

Q33	And which of these best describes the <b>first</b> time you had sex with a boy (or a man)?		
	I was about the right age	1	1084
	I was too old	2	
	I was too young	3	
	Don't know	8	
Q34	And which of these best describes the <b>first</b> time you had sex with a boy (or a man)?		
	I was happy about it	1	1085
	I regretted it	2	
	I wasn't happy about it but didn't regret it	3	
	Don't know	8	
Q35	And when you <b>first</b> had sex with a boy (or a man), which of these was most true?		
	I put a lot of pressure on my boyfriend/ partner	1	1086
	I put <b>some</b> pressure on my boyfriend/ partner	2	
	There was no pressure either way	3	
	My boyfriend/ partner put <b>some</b> pressure on me	4	
	My boyfriend/ partner put a lot of pressure on me	5	
	Don't know	8	

Still thinking about the <b>first</b> time you had sex with a boy (or a n	nan), did	you use .	
	Yes	No	Don't Know
a condom?	1	2	8 1087
a condom:			1088
the pill?			
the morning after pill (emergency contraception pill)?			1089
any other contraception or protection?	$\Box$		1090
And what <i>other</i> contraception or protection was that? ( <i>Please write</i> )	Ш		1091
And what other contraception of protection was that? (Please write)			
			Spare 1092-97
Now this line about the Loct time you had accomitte a bout on a	\ alia		
Now thinking about the <b>last</b> time you had sex with a boy (or a r	·		
	Yes 1	No 2	Don't Know
a condom?			1098
the pill?			1099
the marning ofter nill (emergency contracention nill)?			1100
the morning after pill (emergency contraception pill)?	Ш		1101
any other contraception or protection?			
And what other contraception or protection was that? (Please write)			1102
			Spare 1103-08
And in the last <b>3</b> months, how many times would you say that you have had sex with a boy (or a man) without using a <b>condom</b> ?			
None	1		1109
Once	2		
Twice	3		
Three to five times	4		
Six to ten times	5		
More than ten times	6		

Q39	Have you ever been pregnant (including any miscarriages or abortions (terminations))?	
	Yes	1110
	No	
Q40	Thinking about your most recent pregnancy.	
	Did you want to become pregnant?	1111
	Yes 1	1111
	No 2	
	Not sure 8	
Q41	Were you pregnant in the past or are you pregnant now?	
	Past	1112
	Now 2 → Q43	
Q42	And did you have the baby, have an abortion (termination), or have a miscarriage?	
	Had the baby, 1	1113
	Had an abortion (termination) 2	
	Had a miscarriage?	

## YOUR ATTITUDES TOWARDS RELATIONSHIPS AND SEX

	Q43	What do you think is a good age to have sex for the first time	ıe?
--	-----	--	-----

Age 12 or younger	1114-15
Age 13	2
Age 14	3
Age 15	4
Age 16	5
Age 17	6
Age 18	7
Age 19	8
Age 20	9
Age 21	10
Age 22 or older	11
Don't know	98
And which of these situations would be a good time to have sex for the first time?	4440
When you fancy someone	1116
When you have a boyfriend	2
When you've been going out with your boyfriend for long enough	3
When you're married	4
Don't know	8

Please tell us how much you agree or disagree v	vith the fo	ollowing	sentence	es.		
	Agree Strongly	Agree	Neither agree nor disagree	Disagree	Disagree strongly	
Sex is about excitement and feeling good, so it's ok that people don't always think about using protection	1	2	3	4	5	1117
I would always use a condom with a new partner	1	2	3	4	5	1118
It's ok for women to smoke when they are pregnant						1119
And how much alcohol do you think it's okay fo when they are pregnant?	r women	to drink				
As m	uch as th	iey want	1			1120
	Qı	uite a lot	2			
	Not ve	ry much	3			
		None	4			
How easy or difficult would it be for you to						
	Very easy	Easy	Difficult 3	Very difficult	Don't know 8	
use a condom properly?	1	2	3	4	8	1121
talk openly about sex with a boyfriend?	1	2	3	4	8	1122
discuss going on the pill in a clinic or with a doctor?						1123
As far as you know, are the following true or falso	e					
		True	False	Not		
people are less likely to catch infections passed on b						1124
people are less likely to catch infections passed on b		1	2			1125
people might have a sexually transmitted infection wi		1	2		3	1126

_	NatCen, 101-135 Kings Road, Brentwood, Essex CM14 4L	_X				V2
Q49	How many days after having sex do you think you can take the morning after pill (emergency contraceptive pill) to stop you getting pregnant?					
	Only within one day of having sex		1		1	1127
	Up to three days after having sex		2			
	Up to one week after having sex		3			
	Not sure		8			
DRINK	ING					
Q50	Do you ever get drunk?					
	Yes		1	<b>→</b> Q51	1	1128
	No		2	<b>→</b> Q52		
Q51	How often would you say you get drunk?					
	Less than once a month		1		1	1129
	Once or twice a month		2			
	Once a week		3			
	More than once a week		4			

1130

1131

1132

1133

1134

1135

1136

1137

### WHAT YOU THINK OF YOURSELF AND OTHER PEOPLE

Please say how much you think the following sentences are like you. You can give each sentence a score from 1 to 8, where 1 is "false - not like you", and 8 is "true - like you".

Q52 "Overall r

"Overall most things I do turn out well"

False – not like you

1 2 3 4 5 6 7 8

True – like you

Q53

"I know I have the ability to do anything I want to do"

False – not like you

1 2 3 4 5 6 7 8

True – like you

"My own efforts and actions are what will shape my future"

False – not like you

1 2 3 4 5 6 7 8

True – like you

"I work hard at solving my problems"

False – not like you

1 2 3 4 5 6 7 8

True – like you

"Personal goals are important to me"

False – not like you

1 2 3 4 5 6 7 8

True – like you

"I respect other people"

False – not like you

1 2 3 4 5 6 7 8

True – like you

"I sort out my conflicts with other people peacefully"

False – not like you

1 2 3 4 5 6 7 8

True – like you

"People understand me when I am talking"

False – not like you

1 2 3 4 5 6 7 8

True – like you

Thinking over the last six months, how true is thi	s				
		Not true	Partly true	Certainly true	
I worry	a lot?	1	2	3	1138
I am often unhappy, down-hearted or tea	arful?				1139
Thinking over the last six months, how much do	you agre	ee or disa	agree with the	se sentences .	
	Agree Strongly	Agree	Neither Disa agree nor disagree	gree Disagree strongly	
I can usually find the right words to say how I am feeling	1	2		4 5	1140
I am usually in touch with my own feelings					1141
I can usually share my feelings with others when I want to	1	2		4 5	1142
I can usually express my feelings better than other people my age	1	2	3	5	1143
I am usually really good at noticing how other people are feeling	1	2		4 5	1144
I like myself					1145
Are there any other adults such as teachers, y		orkers, o	r		
other relatives you could talk to about personal t	nings?	Yes	3 1		1146
		No	2		
How often are the following true?					
Always	U	sually	Sometimes	Never Never	
When you go out, your parents/guardians know where you are going	[	2	3	4	1147
When you go out, your parents/guardians know who you are with					1148
When you go out, your parents/guardians say what time you should be home					1149

And how often do you talk to your parents/guardians about what you do at school?		
Often	1	1150
Sometimes	2	
Not very often	3	
How often do your parents/guardians tell you that you have done something <b>well</b> ?		
All of the time	] 1	1151
Most of the time	2	
Sometimes	3	
Rarely	4	
Never	5	
Could you tell me if any of these things are true for you at the moment?		
Tick as many as are true		1152-55
I have a friend to talk to if I am worried or upset about something	1	1102-00
I'm proud of my friends	2	
My friends stick by me if I get into trouble	3	
My friends work hard at school	4	
None of these	5	
Do your parents/guardians know who your friends are, do they know		
none of them	1	1156
some of them	2	
most or them	3	
or all of them?	4	

YOUR ATTITUDES TO BECOMING A PARENT OR BEING A PAR What do you think would be the ideal age for you to become a mum?	ENT	Τ
16 or under		1157-5
17-18		2
19-20		3
21-22		4
23-24		5
25-26		6
27-28		7
29-30		8
31 or over		9
Never		10
How likely do you think it is that you will have a baby before you are 20, is it		
very likely		115
fairly likely		2
fairly unlikely		3
or very unlikely?		4
Q70 Has anyone in your family had a baby before they were 20?		
Yes		116

2

No

And how much do you agree or disagree with the	e sentenc	es belo	W			
	Agree Strongly	Agree	Neither agree nor disagree	Disagree	Disagree strongly	
having a baby before the age of 20 would make me feel more grown up?	1	2	3	4	5	1161
having a baby before the age of 20 would <b>give me</b> someone to love?						1162
Q72 How much easier or harder would having a baby	make a t	teenage	r's life			
	A lot easier	A little easier	Makes no difference	A little harder	A lot harder	
in terms of housing and accommodation?	1	2	3	4	5	1163
in terms of social life and time with friends?	1	2	3	4	5	1164
in terms of <b>money</b> ?	1	2	3	4	5	1165
in terms of working?						1166
How easy or difficult do you think it is to be a goo	od parent	?				
	Ve	ery easy	1			1167
	Fai	irly easy	2			
Neither	easy nor	difficult	3			
	Fairly	difficult	4			
	Very	difficult	5			
When you do exams in the future, would it be your school let us look at your results? We information confidential and would not tell anyon	would ke					
		Yes	3 1			1168
		No	2			

THIS IS THE END OF THE QUESTIONNAIRE - Please seal it in the brown envelope and hand it back to the interviewer



# Teens & Toddlers Evaluation SUPPLEMENTARY QUESTIONNAIRE

P2922: Team: Green GREEN

Serial 2001-06 CKL 2007 Card 2008 = 2 Spare 2009-20

Q75  Please tell us how much you enjoyed the different	nt parts	of Teens	and Tod	dlers		
r loade tell ac new mach yea enjeyea alle amere.	A lot	A little			(I didn't do this bit)	
	1	2	3	4	tillo bitj	2024
How much did you enjoy the toddler time in the nursery?						2021
How much did you enjoy the group work after the toddler time?	1	2	3	4		2022
How much did you enjoy writing the journals for the National Award?	1	2	3	4	5	2023
National Award?	1	2	3	4	5	
How much did you enjoy the counselling sessions?						2024
And how much did you enjoy doing Teens & Toddlers overall?	1	2	3	4		2025
overain.						
Q76 Please tell us how often you found the different p	oarts of Never	Teens ar Not very often	nd Toddle Fairly often	ers difficul Very often	(I didn't do this	nging.
Q76 Please tell us how often you found the different p	Never	Not very often	Fairly often	Very	(I didn't	nging.
Please tell us how often you found the different pour found the differe	Never	Not very often	Fairly often	Very often	(I didn't do this	
Please tell us how often you found the different position of the different position.  How often did you find the toddler time in the nursery difficult or challenging?  How often did you find the group work in the classroom difficult or challenging?	Never	Not very often	Fairly often	Very often	(I didn't do this	2026
Please tell us how often you found the different position of the different position.  How often did you find the toddler time in the nursery difficult or challenging?  How often did you find the group work in the classroom	Never  1  1  1  1	Not very often  2  2  2  2	Fairly often  3  3  3	Very often  4  4	(I didn't do this bit)	2026 2027
Please tell us how often you found the different product of the different product of the difficult of the following of the did you find the group work in the classroom difficult or challenging?  How often did you find writing the journals for the	Never	Not very often  2  2  2	Fairly often  3  3	Very often  4  4	(I didn't do this bit)	2026 2027

## What would you say were the best things about Teens and Toddlers?

Tick as many as are true		
Spending time with the other girls	01	2031-58
The nursery staff	02	
The T&T facilitator	03	
My toddler in the nursery	04	
The role playing	05	
The counselling	06	
Writing the journals for the National Award	07	
Check-in time	08	
The time spent in the nursery	09	
The group work in the classroom	10	
The things I learnt through doing Teens and Toddlers	11	
Getting the National Award	12	
It made me feel good about myself	13	
Other	14	
and what other best thing was that? (Please write)		2059

Q78

What would you say were the most difficult or challenging things about Teens and Toddlers?

Tick as many as are true		
Spending time with the other girls	01	2070-99
The nursery staff	02	
The T&T facilitator	03	
My toddler in the nursery	04	
The role playing	05	
The counselling	06	
Writing the journals for the National Award	07	
Check-in time	08	
The time spent in the nursery	09	
The group work in the classroom	10	
I didn't get enough help and support	11	
There was too much work	12	
The work was too hard	13	
It made me feel anxious, angry, sad or bored	14	
Other	15	
and what other difficult or challenging thing was that? (Please write)		2100
How do you think the Teens and Toddlers programme could be improve	ed?	
		2

Q80	How many times would you say you talked to the counsellor?				
	None		1	2122	
	Once		2		
	2-3 times		3		
	4-5 times		4		
	More than 5 times		5		
<i>THE N</i> Q81	And did the Teens and Toddlers sessions ever make you feel like any of those ways listed below?	RS I	ИΑ	DE YOU FEE	L
	Tick as many as are true			0.000.07	
	Нарру		1	2123-27	
	Positive about things		2		
	Interested		3		
	Excited		4		
	Responsible		5		
	None of these		6		
Q82	Did the Teens and Toddlers sessions ever make you feel like any of those ways listed below?				
	Tick as many as are true			2128-33	
	Angry		1		
	Irritated or annoyed		2		
	Frustrated		3		
	Sad or down		4		
	Anxious		5		
	Bored		6		
	None of these		7		

**Q83** How much do you agree or disagree with the following sentences? Agree Agree Neither Disagree Disagree strongly agree nor strongly disagree 2134 'I felt proud of doing the Teens and Toddlers programme.' 2135 'I felt embarrassed about doing the Teens and Toddlers programme.' 2136 'Other young people said nice things about me doing the Teens and Toddlers programme.' 2137 'Other young people teased me about doing the Teens and Toddlers programme. 2138 'Other young people were jealous of me doing the Teens and Toddlers programme.' How did your parents/guardians feel about you doing the Teens **Q84** and Toddlers programme?

	eer about you doing the Teens
1	Very positive
2	Quite positive
3	Neither positive nor negative
4	Quite negative
5	Very negative

Did you get the level 1 qualification in Interpersonal Skills?

Yes 1

No 2

Q86

Now that you've done Teens and Toddlers, can you tell us how much more you think you know about these topics than you did before?

	A lot	A little	Nothing	Not sure	
	1	2	3	4	
Contraception					
	1	2	3	4	
Sexually transmitted infections					
	1	2	3	4	2143
Sex and relationships					
	1	2	3	4	
Communication					
	1	2	3	4	
Managing anger					
	1	2	3	4	
Giving and receiving negative feedback					
<b></b>	1	2	3	4	2147
Child development					
Describes and being a recent	1	2	3	4	
Parenting and being a parent					
Other	1	2	3	4	
Other				Ш	2150
and what other topic do you know more ab	out? <i>(Pl</i>	lease wri	te)		2150
					Spare 2151-60
How often did you talk to other young people who Teens and Toddlers about what you did or learn programme?					
		Alway	S1	<b>→</b> Q88	2161
		Usuall	y2	<b>→</b> Q88	
	S	ometime	S 3	<b>→</b> Q88	
		Neve	r 4	<b>→</b> Q89	

Which of the following parts of the Teens and Toddlers programme did you talk to other young people about?

Tick as many as are true		2162-79		
Contraception	1	2102-13		
Sexually transmitted infections	2			
Sex and relationships	3			
Communication	4			
Managing Anger	5			
Giving and receiving negative feedback	6			
Child development	7			
Parenting and being a parent	8			
Other	9			
and what <i>other</i> part of the programme did you talk about? (Please write)	<u> </u>	2180		
For each sentence below, please say whether it is not true, partly true		Spare 2181-90 ainly true.		
	Not true	Partly true	Certainly	
	1	2	true 3	
Teens and Toddlers taught me how to get advice about my health				219 <sup>-</sup>
Teens and Toddlers made me want to delay becoming a parent until I'm older				2192
Now that I've done Teens and Toddlers I get on with people better				2193
I have become friends with the other girls on the programme who I was not previously friends with				2194
Teens and Toddlers helped me communicate better with people				219
Teens and Toddlers changed what I thought about parenting and being a			П	2196
Teens and Toddlers changed what I want to do when I finish school				2197
Since doing Teens and Toddlers I feel better about myself				2198

Which of the following school lessons did you miss because you were attending Teens and Toddlers instead?

'I fell behind with my school work as a result of

attending Teens and Toddlers.'

Tick as many as are true... 2199-228 01 Art Design Technology 02 Drama English (including English literature and English language) 04 Food Technology 05 Geography 06 History 07 08 ICT (Information and Communication Technology) 09 Languages (including French, German and Spanish) 10 Mathematics 11 PE (Physical Education) 12 PSHE (Personal, Social and Health Education) RE (Religious Education) 13 Science (including Physics, Biology and Chemistry) Other 15 ... and what other lesson did you miss? (Please write...) Spare 2230-39 How much do you agree or disagree with the following sentences? **Q91** Agree Agree Neither Disagree Disagree strongly agree nor strongly disagree 2240 'I try harder at school as a result of attending Teens and Toddlers.3

2241



# Teens & Toddlers Evaluation SELF-COMPLETION QUESTIONNAIRE

P2922

Serial 1001-06 CKL 1007 Card 1008 = 1 Batch 1009-13 Version 1014 Spare 1015-20

This questionnaire is part of some research that will be used to find out how well the Teens and Toddler programme works. We will treat all your answers as strictly confidential, and what you say will not be shared with your teachers, parents or Teens and Toddlers staff.

We really want to find out what **you** think and so it is important that you fill in the questionnaire quietly by yourself and don't share your answers with anyone else. There are no right or wrong answers, this is just about you.

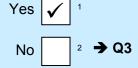
There are some instructions for completing the questionnaire below.

### Instructions for completing the questionnaire

- Each question can be answered either by ticking the box next to your answer or by writing in a number
- The arrows will tell you which question to answer next.
- If there are no arrows, just carry on to the next question.
- For most questions you should choose one answer only
- The questions where it is OK to choose more than one answer will say "Tick as many as are true"

### **EXAMPLE QUESTIONS**

Q1 Did you have breakfast this morning?



How many people did you eat breakfast with?



If you have any questions now or while you are completing the questionnaire, please raise your hand and ask the interviewer for their help.

# SOME INFORMATION ABOUT YOU AND THE PEOPLE YOU LIVE WITH Firstly, what kind of house or flat do you live in? Q1 1021 One rented from the council or a housing association

_					
One rented from a landlord	2				
One owned by your family (including one with a mortgage)	3				
Children's home	4				
Other	5				
Don't know	8				
Which of the following people do you live with?					
Natural mother		1 →	Q3		1022
Adoptive mother		2 →	Q3		
Step mother (your parent's partner, even if they are not married)		3 <b>→</b>	Q3		
Foster mother		4 <b>→</b>	Q3		
None of these		5 <b>→</b>	Q5		
And does your mother/ adoptive mother/ step mother / foster mother do any paid work, either part time or full time?					
Yes		1			1023
No		2			
How do you find talking to your mother/ adoptive mother/ step mother/ foster mother about personal things?					
Very easy		1			1024
Quite easy		2			
Quite difficult		3			
	$\equiv$				

Q5	Which of the following people do you live with?	
	Natural father	1025
	Adoptive father	
	Step father (your parent's partner, even if they are not married)	
	Foster father    4 → Q6	
	None of these <sup>5</sup> → Q8	
Q6	And does your father/ adoptive father/ step father / foster father do any paid work, either part time or full time?	
	Yes 1	1026
	No 2	
Q7	How do you find talking to your father/ adoptive father/ step father/ foster father about personal things?	
	Very easy 1	1027
	Quite easy 2	
	Quite difficult 3	
	Very difficult 4	

Q8	which of the following people do you live with?			
	Tick as many as are true			
	Grandparent	1 <b>→</b> Q	9	1028-4
	Brother or sister (including half-/foster-/step brothers or sisters)	2 <b>→ Q</b>	9	
	Son or daughter	3 <b>→ Q</b>	9	
	Niece or nephew	4 <b>→</b> Q	9	
	Aunt or uncle	5 <b>→</b> Q	9	
	Cousin	6 <b>→</b> Q	9	
	Other person in your family	7 <b>→ Q</b>	9	
	Other person not in your family	∗ <b>→</b> Q	9	
	None of these	9 <b>→</b> Q	10	
Q9	Do any of the adults that you live with do any paid work, either part-time or full-time?			
	Yes, working full time or part time	1		1044
	No, not working	2		
			Spare	1045-48
Q10	Do you get free school meals at lunchtime?			
	Yes	1		1049
		_		
	No	2		

## WHAT YOU THINK ABOUT SCHOOL How much do you like school? Q11 1050 Very much Quite a lot Not much Not at all When are you planning to leave school or sixth form? Q12 1051 As soon as possible Straight after your GCSEs, When you're 18 After you're 18 And then what are you planning to do? Q13 Tick as many as are true... 1052-57 Continue in full-time education (university, college) Find a job 3 Training (e.g. skill-seekers, apprenticeship, youth training) Go abroad for at least 6 months Take some time off 6 Something else How important is it to you to get good marks in your schoolwork, Q14 tests or exams? 1058 Very important Fairly important

196

Not very important

Not at all important

Q15	How often do you usually miss school without permission?			
	Include times when you missed the whole day, and when you just missed some of the lessons.			
	By this we mean <i>truanting</i> or playing truant, <i>bunking off</i> , or <i>skipping</i> school. We don't mean time off with your school's permission or going on holiday in term time.			1059
	A few times a week	1		1059
	Once a week	2		
	Once every two weeks	3		
	Once a month	4		
	Less often than once a month	5		
	Never	6		
Q16	In the last 6 months have you been suspended or temporarily excluded from school?			4000
	Yes	1		1060
	No	2		
Q17	And have you ever been expelled or permanently excluded from school?			
	Yes	1		1061
	No	2		
Q18	Since we last spoke to you, did you attend any personal development or education programmes for young people other than Teens and Toddlers that were not part of normal school?			
	Yes	1	→ Q19	1062
	No	2	→ Q20	
Q19	Can you tell me what kind of programme this was?			
				1063

## ABOUT YOUR RELATIONSHIPS AND SEXUAL EXPERIENCES Are you currently seeing anyone? **Q20** 1072 Yes – I'm seeing a boy (or a man) → Q21 Yes – I'm seeing a girl (or a woman) No How do you find talking to this person about personal things? **Q21** (If you are seeing more than one person, please answer this question about the person you are seeing more of) 1073 Very easy Quite easy Quite difficult Very difficult **Q22** How often does this person push you to do things that you do not want to do? (If you are seeing more than one person, please answer this question about the person you are seeing more of) 1074 Very much Quite a bit Not much Not at all And have you ever kissed or cuddled a boy (or a man)? **Q23** 1075 Yes No And have you ever touched a boy's (or a man's) private parts, or **Q24**

has he touched yours?

Yes 1
No 2
198

1076

Q25 And have you ever had sex with a boy (or a man)?	
Yes	1077
No	
About how many different boys (or men) have you ever had sex with?	
Write in	078-79
How regularly have you had sex in the last 3 months with a boy (or a man)?	
At least once a week 1	1080
At least once a month 2	
Less than once a month 3	
Not regularly 4	
Not at all 5	
Now thinking about the <b>first</b> time that you had sex with a boy (or a man), how old were you then?	
Write in	081-82
Which of these best describes the <b>first</b> time you had sex with a boy (or a man)?	4000
I did not plan it to happen beforehand 1	1083
I planned it to happen beforehand (but not together)	
We planned it together beforehand 3	
Don't know 8	

Q30	And which of these best describes the <b>first</b> time you had sex with a boy (or a man)?		
	I was about the right age	1	1084
	I was too old	2	
	I was too young	3	
	Don't know	8	
	And which of these best describes the <b>first</b> time you had sex with a boy (or a man)?		1005
	I was happy about it	1	1085
	I regretted it	2	
	I wasn't happy about it but didn't regret it	3	
	Don't know	8	
Q32	And when you <b>first</b> had sex with a boy (or a man), which of these was most true?		4000
	I put a lot of pressure on my boyfriend/ partner	1	1086
	I put <b>some</b> pressure on my boyfriend/ partner	2	
	There was no pressure either way	3	
	My boyfriend/ partner put <b>some</b> pressure on me	4	
	My boyfriend/ partner put a lot of pressure on me	5	
	Don't know	8	

Q33 Still thinking about the <b>first</b> time you had sex with a boy (or a r	man), did	you use .	
Tick one box on each line			
	Yes	No	Don't Know
	1	2	8 1087
a condom?			
the pill?			1088
			1089
the morning after pill (emergency contraception pill)?			
any other contraception or protection?	$\Box$	$\Box$	1090
any exiter contraception or protocaem.			1091
And what <i>other</i> contraception or protection was that? ( <i>Please write</i> )			
			Spare 1092-97
Now thinking about the <b>last</b> time you had sex with a boy (or a	man), did	you use	
Tick one box on each line			
	Yes	No	Don't Know
	1	2	8 1098
a condom?			
the pill?			1099
·			
the morning after pill (emergency contraception pill)?			
any other contraception or protection?			1101
,,,	Ш		1102
And what <i>other</i> contraception or protection was that? ( <i>Please write</i> )			
			Spare 1103-07
And in the last 3 months, how many times would you say that you			
have had sex (with a boy (or a man)) without using contraception (e.g. a condom, the pill, the morning after pill,			
injections, or an implant)?			
None	1		1108
Notice			
Once	2		
T			
Twice	3		
Three to five times	4		
Six to ten times	5		
More than ten times	6		

And in the last <b>3</b> months, how many times would you say that you have had sex with a boy (or a man) without using a <b>condom</b> ?			
None	1		1109
Once	2		
Twice	3		
Three to five times	4		
Six to ten times	5		
More than ten times	6		
Have you ever been pregnant (including any miscarriages or abortions (terminations))?			
Yes	1	→ Q38	1110
No	2	→ Q41	
Thinking about your most recent pregnancy.			
Did you want to become pregnant?			
Yes	1		1111
No	2		
Not sure	8		
Were you pregnant in the past or are you pregnant now?			
Past	1	→ Q40	1112
Now	2	→ Q41	
And did you have the baby, have an abortion (termination), or have a miscarriage?			
Had the baby,	1		1113
Had an abortion (termination)	2		
Had a miscarriage?	3		

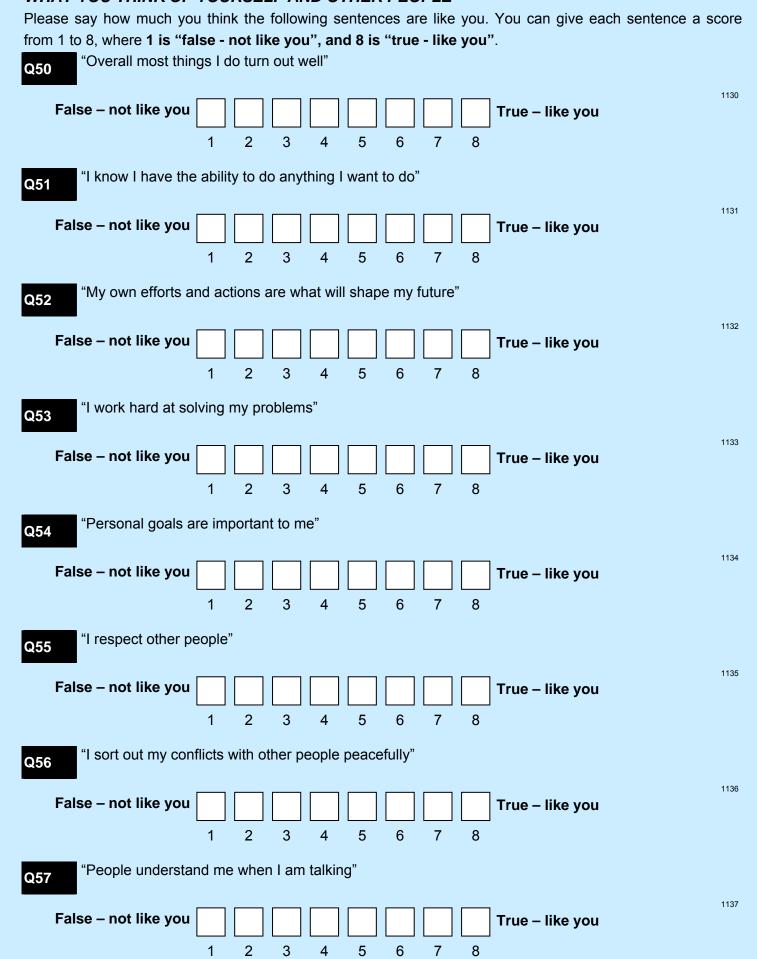
YOUR ATTITUDES TOWARDS RELATIONSHIPS AND SEX		
What do you think is a good age to have sex for the first time?		
Age 12 or your	ger 1	1114-15
Age	13 2	
Age	14 3	
Age	15 4	
Age	16 5	
Age	17 6	
Age	18 7	
Age	19 8	
Age	20 9	
Age	21 10	
Age 22 or o	der 11	
Don't kı	OW 98	
And which of these situations would be a good time to have for the first time?	sex	
When you fancy some	one 1	1116

When you have a boyfriend 2 When you've been going out with your boyfriend for long enough 3 When you're married Don't know

Please tell us how much you agree or disagree with the following sentences. Q43 Tick one box on each line ... Agree Agree Disagree Disagree Neither Strongly agree nor strongly disagree 2 1117 Sex is about excitement and feeling good, so it's ok that people don't always think about using protection 1 2 3 1118 I would always use a condom with a new partner 1119 It's ok for women to smoke when they are pregnant And how much alcohol do you think it's okay for women to drink **Q44** when they are pregnant? 1120 As much as they want 2 Quite a lot Not very much None How easy or difficult would it be for you to ... **Q45** Tick one box on each line ... Difficult Don't Very Easy Very difficult know easy 3 2 8 1121 ... use a condom properly? 1122 ... talk openly about sex with a boyfriend? 1123 ... discuss going on the pill in a clinic or with a doctor? Q46 As far as you know, are the following true or false ... Tick one box on each line ... True False Not sure 1124 ... people are less likely to catch infections passed on by sex if they use condoms? 1 1125 ... people are less likely to catch infections passed on by sex if they use the pill? 1126 ... people might have a sexually transmitted infection without realising it?

Q47	How many days after having sex do you think you can take the morning after pill (emergency contraceptive pill) to stop you getting pregnant?				1127
	Only within one day of having sex		1		1121
	Up to three days after having sex		2		
	Up to one week after having sex		3		
	Not sure	:	8		
DRINK	ING				
Q48	Do you ever get drunk?				
	Yes	;	1 →	Q49	1128
	No	)	2	Q50	
Q49	How often would you say you get drunk?				
	Less than once a month		1		1129
	Once or twice a month		2		
	Once a week		3		
	More than once a week		4		

### WHAT YOU THINK OF YOURSELF AND OTHER PEOPLE



Q58 Thinking over the last six months, how true is t	his									
Tick one box on each line		Not true	Partly true	Certainly true						
		1	2	3						
I worr	y a lot?				1138					
I am often unhappy, down-hearted or t	earful?	1	2	3	1139					
Thinking over the last six months, how much do you agree or disagree with these sentences										
Tick one box on each line	A	A	Nathan Diagon	Di						
	Agree Strongly	Agree	Neither Disagragree nor disagree	ree Disagree strongly						
	1	2	3 4	5	4440					
I can usually find the right words to say how I am feeling					1140					
I am usually in touch with my own feeling	s	2	3 4	5	1141					
I can usually share my feelings with others when I war		2	3 4	5	1142					
	01	2	3 4	5	1143					
I can usually express my feelings better than other people my ag					1143					
I am usually really good at noticing how other peopl	1	2	3 4	5	1144					
are feelin	g L									
I like myse	If	2	3 4	5	1145					
Are there any other adults such as teachers, other relatives you could talk to about personal		orkers, o	r							
——— other relatives you could talk to about personal	umgs:	Vos	1		1146					
		Yes	· '							
		No	2							
Q61 How often are the following true?										
Tick one box on each line										
Always	U	sually	Sometimes	Never						
When you go out, your parents/guardians	[	2	3	4	1147					
know where you are going  When you go out, your parents/guardians	[				1148					
know who you are with					4440					
When you go out, your parents/guardians say what time you should be home					1149					
			_							

And how often do you talk to your parents/guardians about what you do at school?		
Often	1	1150
Sometimes	2	
Not very often	3	
How often do your parents/guardians tell you that you have done something <b>well</b> ?		1151
All of the time	1	1191
Most of the time	2	
Sometimes	3	
Rarely	4	
Never	5	
Could you tell me if any of these things are true for you at the moment?		
Tick as many as are true		1152-55
I have a friend to talk to if I am worried or upset about something	1	1152-55
I'm proud of my friends	2	
My friends stick by me if I get into trouble	3	
My friends work hard at school	4	
None of these	5	
Do your parents/guardians know who your friends are, do they know		
none of them	1	1156
some of them	2	
most or them	3	
or all of them?	4	

## YOUR ATTITUDES TO BECOMING A PARENT OR BEING A PARENT What do you think would be the ideal age for you to become a Q66 mum? 1157-58 16 or under 17-18 19-20 21-22 23-24 25-26 27-28 29-30 31 or over Never 10 How likely do you think it is that you will have a baby before you **Q67** are 20, is it ... 1159 ... very likely ... fairly likely ... fairly unlikely ... or very unlikely? Has anyone in your family had a baby before they were 20? Q68 1160 Yes

No

Q69	And how much do you agree or disagree with the	much do you agree or disagree with the sentences below								
	Tick one box on each line									
		Agree Strongly	Agree	Neither agree nor disagree	Disagree	Disagree strongly				
		1	2	3	4	5	1161			
ha	aving a baby before the age of 20 would make me feel more grown up?	1	2	3	4	5				
h	naving a baby before the age of 20 would <b>give me</b> someone to love?						1162			
Q70	How much easier or harder would having a baby	make a t	eenage	er's life						
	Tick one box on each line									
		A lot easier	A little easier	Makes no difference	A little harder	A lot harder				
	in terms of housing and accommodation?	1	2	3	4	5	1163			
	in terms of social life and time with friends?	1	2	3	4	5	1164			
		1	2	3	4	5	1165			
	in terms of <b>money</b> ?	1	2	3	4	5	1166			
	in terms of working?						1100			
Q71	How easy or difficult do you think it is to be a goo	od parent	?							
		Ve	ery easy	1			1167			
		Fai	rly easy	2						
	Neither	easy nor	difficul	t 3						
		Fairly	difficul	t 4						
		Very	difficul	t 5						

## THIS IS THE END OF THE QUESTIONNAIRE

Please seal it in the brown envelope and hand it back to the interviewer

## THANK YOU VERY MUCH!!!