

50plus Nottinghamshire

LinkAge Plus

Resource Centres

Resource centres for people over 50. The place to go:

- for information, advice and services;
- to keep active and healthy;
- to meet other people;
- to share skills and expertise;
- run by older people for older people.

Older people can just call in for information and advice, or stay longer and enjoy the opportunities and activities on offer. Light refreshments and a freshly cooked two course lunch are available at low cost.

Resource Centres

Achievements against objectives

Resource centres are a one stop shop which make provision for regular activity as well as providing information for new people who pop in.

Wider achievements

Development of a network of community hubs allow for services to be delivered in response to local peoples' needs.

Resources

- A co-ordinator and cook are required together with volunteers.
- An appropriate building within the community with access to equipment and other activities.
- Lots of energy and innovation is required.

Key lessons learned

- Many older people prefer to get information by face to face contact from someone they trust.
- Resource centres are the local hub for the provision of information, advice and a place providing access to services and activities.
- Provision of a hot meal is very important to older people.
- Resource centres are good for meeting other people and reducing isolation as well as delivering services.
- Toe-nail cutting is very popular.

Further Information

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www.nottinghamshire.gov.uk/home/social_care/notts50plus.htm

Related documents

Resource Centre Guide

