

Later Life Newsletter

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A message from the new Minister of State for Pensions, Baroness Altmann

In her first interview since taking the new role, the 59-year-old economist says she has three tasks: ensuring that the new pension freedoms, the new state pension and auto-enrolment are steered through with the maximum of understanding by the public. Read the full interview in the Evening Standard [here](#)

Dementia from the inside A new SCIE film takes an innovative approach to what it might feel like to live with dementia. It features the voice of a woman who has the condition, and the viewer gets a view of life from her perspective. View the film [here](#)

New Website – Veterans Information Portal is now available to assist armed forces veterans. This site covers a wide scope from housing, employment and support. <https://www.theviptree.co.uk/>

Find trusted tradesmen for elderly It's difficult to find tradespeople you can trust and it's even more of a worry when an older, vulnerable person needs help. That's why the government have set up [TrustMark](#)

Did you know you can claim your State Pension online? Claim by going to

[GOV.UK](#). As a result of customer feedback DWP has produced a video to show how. The video shows viewers what to do from receiving their letter inviting them to claim, through to completing their claim online. It tells customers what information they will need before they start and what happens next once they've submitted their claim. The video can be found on the [DWP Pension Tube channel](#)

All library authorities have specialist collections of 25 books for those affected by dementia and their carers. They can be prescribed by health professionals as a course of treatment or just borrowed by library customers for free. The Reading Agency link to this national scheme is [here](#)

Walking is good for everyone and a great way to stay active and spend time out of doors. **Living Streets** has produced a [booklet](#) which brings together walking stories from across the UK to inspire us to create better walking environments where we live and build more walking into our day.

Age UK's [Talking Treatments film](#) is now available online. Older people as a group are drastically under-represented as users of talking treatments which may be due to the stigma attached to seeing a therapist. Funded by NHS England and produced in partnership with [IAPT](#) and Age UK Camden, the film aims to promote IAPT and increase awareness of depression and anxiety amongst older people and outline how talking treatments can help with these issues.

What causes falls within the home? The chances of falling increase dramatically as you get older and less mobile, with falls in the home affecting over a third of people

aged 65 If your parent or loved one has had a fall or a near-miss, it might be time to assess their living space to make sure it is as safe as possible. See a common list of hazards [here](#).

National Audit Office report on the implementation of the first phase of the Care Act cites "*The first phase of the Department of Health's new approach to adult social care has been implemented well. But this places new responsibilities on local authorities whose core funding is being significantly reduced*" [read the report](#)

'Transforming not excluding – the impact of information technology and innovation on later life' was the subject of a Symposium held at the Palace of Westminster. The event was organised by the SE England Forum on Ageing as part of a wider project on digital inclusion being undertaken in partnership with South East Age UKs. Read the [Symposium report](#)

"All Our Futures", the Housing and Ageing summit report from the Housing and Ageing Alliance is available [here](#).

LINKs is the weekly e-bulletin from the Housing LIN (Learning and Improvement Network) and contains the latest information, resources and events. Subscribe [here](#)

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