## Did you know that no amount of antibiotics can cure your cold?

Colds, most coughs, sinusitis, ear infections and sore throats get better without antibiotics, as your body can usually fight these infections on its own.



Ask your pharmacist for advice about your symptoms



Find out more and choose a pledge to help tackle Antibiotic Resistance at <a href="https://www.antibioticguardian.com">www.antibioticguardian.com</a> (takes less than 3 minutes and it is free)

Supported by:











