OFFICIAL - SENSITIVE PERSONAL WHEN COMPLETE

ROYAL NAVY & ROYAL MARINES

SURVEY OF WORKING PATTERNS

2015/2016





2015/2016 SURVEY OF WORKING PATTERNS

- You have been randomly selected to take part in this year's Royal Navy and Royal Marines Survey of Working Patterns. The success of this survey depends on all selected personnel keeping their diary and recording their working patterns for the whole week.
- Defence Statistics (Surveys) conduct this survey for the Armed Forces' Pay Review Body (AFPRB). The AFPRB relies on this survey to provide the information it needs on the working patterns of Service personnel. The results form an important part of the evidence used by the AFPRB each year, when it makes its pay award recommendations.
- The questionnaire requires you to complete a 7-day diary, recording how much time you spend each day on various types of activity. The questionnaire also asks for some background information to allow results to be compiled for different groups of personnel.
- Your survey will be treated in the strictest confidence and no person from your chain of command will see your completed questionnaire.
- The results of this survey are always reported and presented so that individuals cannot be identified by their responses.
- You should start completing the questionnaire on the first Monday after receiving it. However, if you are on leave for the full seven days, please complete the questionnaire the following week. All questionnaires must be completed and returned within a fortnight of receipt in the envelope provided.
- For advice on completing the questionnaire, or questions on the survey itself, please phone the Working Patterns Helpline on 020 7218 0117 (9621 80117).
- Thank you very much for completing this questionnaire. Please return the completed questionnaire in the envelope provided to your Unit Admin Office who will coordinate responses for your Unit. If you are not able to return the questionnaire to a central coordinator then please send it direct to: a:cet Ltd (CWP), Office 306, Building 3, Chiswick Park, 566 Chiswick High Road, LONDON, W4 5YA.

Working Patterns Helpline 020 7218 0117 (9621 80117)

Return to: a:cet Ltd (CWP), Office 306, Building 3, Chiswick Park, 566 Chiswick High Road, LONDON, W4 5YA.

SECTION ONE: YOUR SERVICE DETAILS

Q1 Please write your SERVICE NUMBER in the spaces provided (including any letters):

Q2 In which of the following rank groups are you? *Please tick ONE response only.*

_ieutenant Commander to Commodore (RM Major to Brigadier)	
Midshipman to Lieutenant (RM 2Lt to Captain)	
Petty Officer to Warrant Officer (RM Sergeant to Warrant Officer)	
Able Rate to Leading Rate (RM Marine to Corporal)	

Please answer Q3 if you are an Officer in the Naval Service. If you are a Navy Rating, answer Q4. If you are from the Other Ranks in the Royal Marines, answer Q5.

Q3 (Officers only) What is your SPECIALISATION? Please tick ONE response only.

Warfare		
Engineering		
Logistics	Royal Marines	
Medical	-	
Dental		

Officers, now please go on to Q6

Q4 (Naval Ratings only) What BRANCH are you in? Please tick ONE response only.

Operations Chaplain Warfare Nursing	Medical / Dental Service Police / Coxswain / PT / Phot
Marine Engineering Weapon Engineering	Fleet Air Arm (but not Air Engineering) Family Services
Air Engineering Logistics	QARNNS Other

Naval Ratings, now please go on to Q6

Q5 (Royal Marines Other Ranks only) What BRANCH are you in? Please tick ONE response only.

GD / Specialist Quals (SQ)	
Technical Quals (TQ)	
Specialist (SP)	
RM Musician / Bugler	

Royal Marines Other Ranks, now please go on to Q6

Q6 Were you on SEA or SHORE SERVICE for the week recorded? Please tick ON	VE response only.
---	-------------------

Sea Service	Please go to Q7
Shore Service	Please go to Q8

Q7 If you were on Sea Service, which location were you mainly serving in this week? Please tick ONE response only.

At Sea Alongside (Base Port) Refit/FTSP period displaced from Base Port Alongside (Other) Squad (Harmony time)

Sea Service, now please go to Q9

Q8 If you were on Shore Service, what was your principal activity? *Please tick ONE response only.*

(E.g. Training Course, medical appointments, Adventure Training, Sport etc.)

Shore Service, now please go to Q9

Q9 What date did your diary start on? This must be a MONDAY. For example, if the Monday when you start the diary is 14th March 2016, please enter 14 03 2016.

_	MO	NTH			
ΦAΥ			YEAR	2	

Now please go to Section Two on the next page

SECTION TWO: YOUR WORKING PATTERN FOR ONE WEEK

For each of the seven days from Monday to Sunday, for the week you are recording, please state against each six hour time period, how much time in hours and minutes (*to the nearest 15 minutes*) you spent on the following: WORK, BREAKS, ON-CALL and OFF-DUTY. The lists below show how different types of activities should be recorded.

If you were on leave all day, please tick the relevant box and leave the rest of that day's grid blank. Leave includes Individual Leave Allowance (including Authorised Absence (AA), Post Operational Leave (POL), Seagoers Leave (SGL), Annual Leave Allowance including Public Holidays (ALA)), other types of leave such as Maternity Leave, Re-Engagement Leave, Compassionate Leave etc.

At the end of each day, please add up the total number of hours accounted for in each time period. Each of these totals should be **six hours**. If the total is not six hours, please review your responses to the survey and ensure that each column of the grid adds up to six hours.

Possible	activities	to	be	recorded

<u>WORK</u>	Includes:	 Normal work Working from home Duty personnel, when working Exercise / Operations working time Compulsory fitness training 	 Instruction / training courses Duty travel Ceremonial / hosting duties Service representational activities Secondary duties (for example Mess Treasurer)
BREAKS	Include:	Meal and tea breaks	
<u>ON CALL</u>	Includes:	Held in specified locationOn call at place of duty (e.g. off watch at sea)	 Duty personnel, when on standby Period of off duty / stand down on exercise or operations
OFF DUTY	Includes:	 Leave (for less than 24 hours) Off duty / stand down (except when on Exercise / operations – see on call) 	Home to duty travel

EXAMPLE

Q1 Were you deployed on operations, exercise or at sea today?

 \boxtimes

Yes 🗌 No 🖾

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today *Please go on to Monday* On sick leave all day today *Please go on to Monday*

Diary:

	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work			3	30	2	45		
Breaks			0	30	1	15		
On Call					2	00	6	00
Off Duty	6	00	2	00				
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now go on to Monday's grid on the next page

MONDAY

Q1 Were you deployed on operations, exercise or at sea today?

 \square

Yes 🗌 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today *Please go on to Tuesday* On sick leave all day today *Please go on to Tuesday*

Diary:

	00:01 to 06:00		06:01 to 12:00 12:01		12:01 t	o 18:00	18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now go on to Tuesday's grid on the next page

TUESDAY

Q1 Were you deployed on operations, exercise or at sea today?

 \square

Yes 🗌 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today Please go on to Wednesday On sick leave all day today *Please go on to Wednesday*

Diary:

	00:01 1	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes	
Work									
Breaks									
On Call									
Off Duty									
Total	6	00	6	00	6	00	6	00	

Please check that all sections add up to exactly six hours

Now go on to Wednesday's grid on the next page

WEDNESDAY

Q1 Were you deployed on operations, exercise or at sea today?

Yes 🗌 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today *Please go on to Thursday* On sick leave all day today *Please go on to Thursday*

Diary:

	00:01 1	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes	
Work									
Breaks									
On Call									
Off Duty									
Total	6	00	6	00	6	00	6	00	

Please check that all sections add up to exactly six hours

Now go on to Thursday's grid on the next page

THURSDAY

Q1 Were you deployed on operations, exercise or at sea today?

 \square

Yes 🗌 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today Please go on to Friday On sick leave all day today *Please go on to Friday*

Diary:

	00:01 1	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		to 24:00
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now go on to Friday's grid on the next page

FRIDAY

Q1 Were you deployed on operations, exercise or at sea today?

 \square

Yes 🗌 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today Please go on to Saturday On sick leave all day today Please go on to Saturday

Diary:

	00:01 1	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes	
Work									
Breaks									
On Call									
Off Duty									
Total	6	00	6	00	6	00	6	00	

Please check that all sections add up to exactly six hours

Now go on to Saturday's grid on the next page

SATURDAY

Q1 Were you deployed on operations, exercise or at sea today?

Yes 🗌 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today	
Please complete diary	

On stand down / weekend leave *Please go on to Sunday*

On leave all day today Please go on to Sunday \square

On sick leave all day today

Diary:

	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now go on to Sunday's grid on the next page

SUNDAY

Q1 Were you deployed on operations, exercise or at sea today?

Yes 🗌 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On stand down / weekend leave *Please go on to Section 3* On leave all day today *Please go on to Section 3*

On sick leave all day today *Please go on to Section 3*

Diary:

	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now please go on to Section Three on the next page

SECTION THREE: DESIGNATED READINESS OVER THE PAST WEEK

Q1 During the past week how many days did you spend on the following activities or designated states of readiness? *Please check that your answers add up to 7 days.*

Deployed on operations, exerci	se or at sea	
Immediate readiness:	Less than 24 hours	
Immediate readiness:	Less than 2 days	
Extremely high readiness:	R1 (2 days notice)	
Very High readiness:		
High readiness: R2	2 R4Poi (50(2000 300 days fibtice)	
Medium to very low readiness:	R6 to R11 (40 or more days)	
Not held on a state of readines	S	
Total		7

Now please go on to the Section Four on the next page

SECTION FOUR: LEAVE OVER THE LAST TWELVE MONTHS

Q1 During the last twelve months, did you have to change authorised periods of leave for Service reasons? *Please tick ONE response only.*

Go to Q2
Thank you, there are no more questions

Yes

Q2 How many times during the last twelve months did you have to change authorised periods of leave for Service reasons? *Please tick ONE response only*.

L	J		

Once	
Three times	
More than three times	

Twice

Please check you have completed all the questions to which you were directed and make sure you've not missed out any of the days in Section Two.

Thank you for completing this questionnaire.

Please turn to back cover for details of how to return your questionnaire.

Please return your questionnaire within a fortnight of receipt, in the envelope provided, to the Admin Office who will coordinate the return of questionnaires for your Unit.

If you are not able to return your questionnaire to the Admin Office then please send it direct to:

a:cet Ltd (CWP) Office 306 Building 3 Chiswick Park 566 Chiswick High Road LONDON W4 5YA **OFFICIAL - SENSITIVE PERSONAL WHEN COMPLETE**

ARMY

SURVEY OF WORKING PATTERNS

2015/2016



2015/2016 SURVEY OF WORKING PATTERNS

- You have been randomly selected to take part in this year's Army Survey of Working Patterns. The success of this survey depends on all selected personnel keeping their diary and recording their working patterns for the whole week.
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SECTION ONE: YOUR SERVICE DETAILS

Q1 Please write your SERVICE NUMBER in the spaces provided (including any letters):



Q2 In which of the following RANK GROUPS are you? *Please tick ONE response only.*

Major to Brigadier	
nd Lieutenant to Captain	
Sergeant to Warrant Officer	
Private to Corporal	

Q3 What is your REGIMENT / CORPS? Please tick ONE response only.

H Cav / RAC RA RE R SIGNALS Infantry AAC

2

RLC	
REME	
AGC	
Army Medical Services	
Other	

Q4 Which LOCATION were you mainly serving in this week? *Please tick ONE response only*.

England / Wales / Scotland / Northern Irela	nd 🗌	
Germany		
Overseas Operational Theatres		(E.g. Op TORAL, Op KIPION etc.)
Elsewhere abroad		(Including Falkland Islands)

Q5 For the week recorded, what was your principal activity? *Please tick ONE response only.*

Routine Work	
Operational Tour	
Pre – Deployment training	
Other	(E.g. Training Course, medical appointments, Adventure
	Training, Sport etc.)

Exercise

Q6 What date did your diary start on? This must be a MONDAY.

For example, if the Monday when you start the diary is 14th March 2016, please enter 14 03 2016.

		MO	NTH			
DA	Y			YE	AR	

Now please go to Section Two on the next page

SECTION TWO: YOUR WORKING PATTERN FOR ONE WEEK

For each of the seven days from Monday to Sunday, for the week you are recording, please state against each six hour time period, how much time in hours and minutes (*to the nearest 15 minutes*) you spent on the following: **WORK**, **BREAKS**, **ON-CALL** and **OFF-DUTY**. The lists below show how different types of activities should be recorded.

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At the end of each day, please add up the total number of hours accounted for in each time period. Each of these totals should be **six hours**. If the total is not six hours, please review your responses to the survey and ensure that each column of the grid adds up to six hours.

Possible activities to be recorded

<u>WORK</u>	Includes:	 Normal work Working from home Duty personnel, when working Exercise / Operations working time Compulsory fitness training 	 Instruction / training courses Duty travel Ceremonial / hosting duties Service representational activities Secondary duties (for example Mess Treasurer)
BREAKS	Include:	Meal and tea breaks	
ON CALL	Includes:	Held in specified locationOn call at place of duty	 Duty personnel, when on standby Period of off duty / stand down on exercise or operations
OFF DUTY	Includes:	 Leave (for less than 24 hours) Off duty / stand down (except when on Exercise / operations – see on call) 	Home to duty travel

EXAMPLE

Q1 Were you deployed on operations, exercise or at sea today?

 \boxtimes

Yes 🗌 No 🖂

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today Please go on to Monday On sick leave all day today *Please go on to Monday*

Diary:

	00:01 t	o 06:00	06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work			3	30	2	45		
Breaks			0	30	1	15		
On Call					2	00	6	00
Off Duty	6	00	2	00				
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now go on to Monday's grid on the next page

MONDAY

Q1 Were you deployed on operations, exercise or at sea today?

Yes 🗌 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today Please go on to Tuesday On sick leave all day today Please go on to Tuesday

Diary:

	00:01 t	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		o 24:00
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now go on to Tuesday's grid on the next page

TUESDAY

Were you deployed on operations, exercise or at sea today? Q1

Yes 🗌 No

Q2 Were you: Please tick one box only.

> Not on leave today Please complete diary

 \square

On leave all day today Please go on to Wednesday On sick leave all day today \square Please go on to Wednesday

Diary:

	00:01 1	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes	
Work									
Breaks									
On Call									
Off Duty									
Total	6	00	6	00	6	00	6	00	

Please check that all sections add up to exactly six hours

Now go on to Wednesday's grid on the next page

WEDNESDAY

Q1 Were you deployed on operations, exercise or at sea today?

Yes 🗌 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today Please go on to Thursday On sick leave all day today *Please go on to Thursday*

Diary:

	00:01 1	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		to 24:00
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now go on to Thursday's grid on the next page

THURSDAY

Q1 Were you deployed on operations, exercise or at sea today?

Yes 🗌 🛛 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today *Please go on to Friday* On sick leave all day today *Please go on to Friday*

Diary:

	00:01 1	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes	
Work									
Breaks									
On Call									
Off Duty									
Total	6	00	6	00	6	00	6	00	

Please check that all sections add up to exactly six hours

Now go on to Friday's grid on the next page

FRIDAY

Q1 Were you deployed on operations, exercise or at sea today?

Yes 🗌 🛛 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today *Please go on to Saturday* On sick leave all day today

Diary:

	00:01 1	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes	
Work									
Breaks									
On Call									
Off Duty									
Total	6	00	6	00	6	00	6	00	

Please check that all sections add up to exactly six hours

Now go on to Saturday's grid on the next page

SATURDAY

Q1 Were you deployed on operations, exercise or at sea today?

Yes 🗌	No	
-------	----	--

Q2 Were you: Please tick one box only.

Not on leave today	
Please complete diary	

On stand down / weekend leave *Please go on to Sunday* On leave all day today Please go on to Sunday On sick leave all day today *Please go on to Sunday*

Diary:

	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now go on to Sunday's grid on the next page

SUNDAY

Q1 Were you deployed on operations, exercise or at sea today?

Yes 🗌 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On stand down / weekend leave Please go on to Section 3

On leave all day today *Please go on to Section 3*

On sick leave all day today *Please go on to Section 3*

Diary:

	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now please go on to Section Three on the next page

SECTION THREE: DESIGNATED READINESS OVER THE PAST WEEK

Q1 During the past week how many days did you spend on the following activities or designated states of readiness? *Please check that your answers add up to 7 days.*

Deployed on operations, exerc	cise or at sea	
Immediate readiness:	Less than 24 hours	
Immediate readiness:	Less than 2 days	
Extremely high readiness:	R1 (2 days notice)	
Very High readiness:		
High readiness:	R4Por R50(2000 300 days fibtice)	
Medium to very low readiness	: R6 to R11 (40 or more days)	
Not held on a state of readiness		
Total		7

Now please go on to the Section Four on the next page

SECTION FOUR: LEAVE OVER THE LAST TWELVE MONTHS

During the last twelve months, did you have to change authorised periods of leave for Service Q1 reasons? Please tick ONE response only.

Go to Q2
Thank you, there are no more questions

Yes

No Q2 How many times during the last twelve months did you have to change authorised periods of leave for Service reasons? Please tick ONE response only.

Once	
Three times	
More than three times	

Twice Please check you have completed all the questions to which you were directed and make sure you've not missed out any of the days in Section Two.

Thank you for completing this questionnaire.

Please turn to back cover for details of how to return your questionnaire.

Please return your questionnaire within a fortnight of receipt, in the envelope provided, to the Admin Office who will coordinate the return of questionnaires for your Unit.

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OFFICIAL - SENSITIVE PERSONAL WHEN COMPLETE

ROYAL AIR FORCE

SURVEY OF WORKING PATTERNS

2015/2016



2015/2016 SURVEY OF WORKING PATTERNS

- You have been randomly selected to take part in this year's Royal Air Force Survey of Working Patterns. The success of this survey depends on all selected personnel keeping their diary and recording their working patterns for the whole week.
- Defence Statistics (Surveys) conduct this survey for the Armed Forces' Pay Review Body (AFPRB). The AFPRB relies on this survey to provide the information it needs on the working patterns of Service personnel. The results form an important part of the evidence used by the AFPRB each year, when it makes its pay award recommendations.
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Working Patterns Helpline 020 7218 0117 (9621 80117) Return to: a:cet Ltd (CWP), Office 306, Building 3, Chiswick Park, 566 Chiswick High Road, LONDON, W4 5YA.

SECTION ONE: YOUR SERVICE DETAILS

Q1 Please write your SERVICE NUMBER in the spaces provided (including any letters):



Squadron Leader to Air Commodore
Pilot Officer to Flight Lieutenant
Sergeant to Warrant Officer / Master Aircrew
Aircraftman to Corporal

Please answer Q3 if you are an Officer, and if you are from the Other Ranks, please answer Q4.

Q3 (Officers only) What is your SPECIALISATION? Please tick ONE response only.

General Duties		
Flying Branch	Personnel	
ATC Branch		
ABM Branch	Logistion of Music	
Int Branch		
Flt Ops Branch		
RAF Regiment		
Provost Branch		
Engineering	□ Nursing □	

Office Department v please go on to Q5

Q4 (Airmen and Airwomen only) What is your TRADE GROUP? Please tick ONE response only.

TG1	Aircraft Engineering	TG14	Photographic/Air Cart
TG4	Information & Communication Technology	TG15	Medical
TG5	General Engineering	TG16	Dental
TG6	Logistics Driver	TG17	Personnel (Support)
TG8	Force Protection	TG18	Logistics (Supply/Movements)
TG9	Air Traffic Control	TG19	Logistics (Catering/Chef)
TG10	RAF PTI	TG21	Musician
TG11	Intelligence		
TG12	Aerospace Systems Operating		Obsolescent trades
TG13	Survival Equipment Fitter		Non-Commissioned Aircrew

Other Ranks, now please go on to Q5

2

Q5 Which LOCATION were you mainly serving in this week? *Please tick ONE response only.*

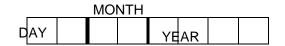
England / Wales / Scotland / Northern Ireland	
Overseas Operational Theatres	(E.g. Op TORAL, Op KIPION etc.)
Elsewhere abroad	(Including NATO/Exchange/Embassy appointments,
	Falkland Islands, Cyprus etc.)

Q6 For the week recorded, what was your principal activity? *Please tick ONE response only.*

Routine Work	
Operational Tour	
Pre – Deployment training	
Other	(E.g. Training Course, medical appointments, Adventure Training, Sport etc.)

Q7 Exercise What date did your diary start on? This must be a MONDAY.

For example, if the Monday when you start the diary is 14th March 2016, please enter 14 03 2016.



Now please go to Section Two on the next page

SECTION TWO: YOUR WORKING PATTERN FOR ONE WEEK

For each of the seven days from Monday to Sunday, for the week you are recording, please state against each six hour time period, how much time in hours and minutes (*to the nearest 15 minutes*) you spent on the following: **WORK**, **BREAKS**, **ON-CALL** and **OFF-DUTY**. The lists below show how different types of activities should be recorded.

If you were on leave all day, please tick the relevant box and leave the rest of that day's grid blank. Leave includes Individual Leave Allowance (including Authorised Absence (AA), Post Operational Leave (POL), Seagoers Leave (SGL), Annual Leave Allowance including Public Holidays (ALA)), other types of leave such as Maternity Leave, Re-Engagement Leave, Compassionate Leave etc.

At the end of each day, please add up the total number of hours accounted for in each time period. Each of these totals should be **six hours**. If the total is not six hours, please review your responses to the survey and ensure that each column of the grid adds up to six hours.

<u>WORK</u>	Includes:	 Normal work Working from home Duty personnel, when working Exercise / Operations working time Compulsory fitness training 	 Instruction / training courses Duty travel Ceremonial / hosting duties Service representational activities Secondary duties (for example Mess Treasurer)
BREAKS	Includes:	Meal and tea breaks	
<u>ON CALL</u>	Includes:	Held in specified locationOn call at place of duty	 Duty personnel, when on standby Period of off duty / stand down on exercise or operations
OFF DUTY	Includes:	 Leave (for less than 24 hours) Off duty / stand down (except when on Exercise / operations – see on call) 	Home to duty travel

EXAMPLE

Q1 Were you deployed on operations, exercise or at sea today?

Yes 🗌 No 🖂

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today Please go on to Monday On sick leave all day today

Diary:

	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work			3	30	2	45		
Breaks			0	30	1	15		
On Call					2	00	6	00
Off Duty	6	00	2	00				
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now go on to Monday's grid on the next page

MONDAY

Q1 Were you deployed on operations, exercise or at sea today?

 \square

Yes 🗌 🛛 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today Please go on to Tuesday On sick leave all day today

Diary:

	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now go on to Tuesday's grid on the next page

TUESDAY

Q1 Were you deployed on operations, exercise or at sea today?

 \square

Yes 🗌 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today Please go on to Wednesday On sick leave all day today Please go on to Wednesday

Diary:

	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now go on to Wednesday's grid on the next page

WEDNESDAY

Q1 Were you deployed on operations, exercise or at sea today?

Yes 🗌 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today Please go on to Thursday On sick leave all day today *Please go on to Thursday*

Diary:

	00:01 t	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes	
Work									
Breaks									
On Call									
Off Duty									
Total	6	00	6	00	6	00	6	00	

Please check that all sections add up to exactly six hours

Now go on to Thursday's grid on the next page

THURSDAY

Q1 Were you deployed on operations, exercise or at sea today?

Yes 🗌 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today Please go on to Friday On sick leave all day today Please go on to Friday

Diary:

	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now go on to Friday's grid on the next page

FRIDAY

Q1 Were you deployed on operations, exercise or at sea today?

Yes 🗌 🛛 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On leave all day today Please go on to Saturday On sick leave all day today Please go on to Saturday

Diary:

	00:01 t	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes	
Work									
Breaks									
On Call									
Off Duty									
Total	6	00	6	00	6	00	6	00	

Please check that all sections add up to exactly six hours

Now go on to Saturday's grid on the next page

SATURDAY

Q1 Were you deployed on operations, exercise or at sea today?

Yes 🗌 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On stand down / weekend leave Please go on to Sunday On leave all day today *Please go on to Sunday*

On sick leave all day today *Please go on to Sunday*

Diary:

	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now go on to Sunday's grid on the next page

SUNDAY

Q1 Were you deployed on operations, exercise or at sea today?

Yes 🗌 No 🗌

Q2 Were you: Please tick one box only.

Not on leave today Please complete diary On stand down / weekend leave *Please go on to Section 3*

On leave all day today *Please go on to Section 3*

On sick leave all day today *Please go on to Section 3*

 \square

Diary:

	00:01 to 06:00		06:01 to 12:00		12:01 to 18:00		18:01 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours

Now please go on to Section Three on the next page

SECTION THREE: DESIGNATED READINESS OVER THE PAST WEEK

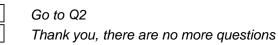
Q1 During the past week how many days did you spend on the following activities or designated states of readiness? *Please check that your answers add up to 7 days.*

Deployed on operations, exercise or at sea				
Immediate readiness:	Less than 24 hours			
Immediate readiness:	Less than 2 days			
Extremely high readiness:	R1 (2 days notice)			
Very High readiness:				
High readiness:	R2 R4R3 (\$50(2000 300 days fibtice)			
Medium to very low readiness	s: R6 to R11 (40 or more days)			
Not held on a state of readiness				
Total		7		

Now please go on to the Section Four on the next page

SECTION FOUR: LEAVE OVER THE LAST TWELVE MONTHS

During the last twelve months, did you have to change authorised periods of leave for Service Q1 reasons? Please tick ONE response only.



Q2 How many times during the last twelve months did you have to change authorised periods of leave for Service reasons? Please tick ONE response only. No

Once	
Three times	
More than three times	

Twice Please check you have completed all the questions to which you were directed and make sure you've not missed out any of the days in Section Two.

Thank you for completing this questionnaire.

Please turn to back cover for details of how to return your questionnaire.

Please return your questionnaire within a fortnight of receipt, in the envelope provided, to the Admin Office who will coordinate the return of questionnaires for your Unit.

If you are not able to return your questionnaire to the Admin Office then please send it direct to:

a:cet Ltd (CWP) Office 306 Building 3 Chiswick Park 566 Chiswick High Road LONDON W4 5YA